

TLA CATERING DEPARTMENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger (Wheat Gluten Milk)	Chicken Pie (Wheat Milk Gluten)	Roast of the day	Sausage Roll (Gluten Soya Wheat Egg)	Fish n Batter (Fish Wheat Gluten)
Lasagne V (Wheat Gluten Barley)	Quiche V (Wheat Gluten Egg Milk)	Roast Potatoes	Baked Fresh Cajun Wedges (Celery Gluten Wheat)	Chips
Baked Fresh Potato Wedges	Creamed Potatoes (Milk)	Steamed Carrots	Baked Beans	Peas
Sweetcorn		Lentil Curry V (Wheat Gluten)	Macaroni Cheese (Milk Wheat Gluten)	Salmon (Fish)
Sponge (Wheat Milk Egg Gluten)	Carrots	Jam Doughnuts (Wheat Gluten Milk)	Choc Oat Cake (Milk Wheat Barley)	Marble Cake (Wheat Gluten)
Custard (Milk)	Apple Crumble (Wheat Gluten)	Custard (Milk)		Custard (Milk)

SANDWICHES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Bacon Sandwich	Chicken Mayo Sandwich	All Day Breakfast	Ham Sandwich	Cheese Sandwich
Cheese Salad Wrap	BLT	Ham Sandwich	Chicken Salad Wrap	Chicken Sandwich
Sausage Sandwich	Cheese Sandwich	Chicken Sandwich	Cream Cheese & Cucumber	BLT
Ham Sub	Cheese Sub	Cheese Sub	Chicken Sub	Cheese Sub
Cheese Sub	Chicken Sub	Ham Sub	Cheese Sub	Ham Sub

HOT & COLD FOOD TO TAKE AWAY DAILY

ASSORTED PANINIS

SALAD CART

SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TV'S

The Griffin

Year 9 Brilliant Club

On Wednesday twelve Year 9 students visited Selwyn College at the University of Cambridge for the launch of The Brilliant Club. As part of the programme the students will be working over the next few weeks with a PhD researcher - Claudia Linan Segura from the University of East Anglia where they will be developing critical thinking, argument construction, time management and independent research skills which will help them develop their potential for the future. In their work with the researcher they will complete many tasks and the project finishes with the students writing a 2,500 word assessment which will be graded as though they were at university.

Whilst at Selwyn College the students listened to a talk about universities and learnt that there are over 165 universities in the United Kingdom offering over 50,000 courses and how important it is when considering a university to research the course on offer as the topics included within a subject vary from one university to another. Within The University of Cambridge the students learned that this University like Oxford is made up of colleges. The University of Cambridge has 31 colleges with over 100 faculty departments and currently over 18,000 students which includes 11,820 undergraduates.

Afterwards Dr Matt Wise talked to the students about why they should aspire to Higher Education and getting the students to consider what the benefits of gaining a degree would be in helping them with their future and as an individual in developing their independence and independent learning. Dr Wise told the students that progression through Further Education to Higher Education starts with their achievement at GCSE.

Following this we were taken on a tour of the university by one of the Student Ambassadors enabling our students to talk to a first year student about his initial experience at university, how he has coped with the change from living at home to being away and also to be taken on a tour of the college.

Mrs Green
 Careers Adviser



Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Web-site

Year 8 Options – Trial Run

On Friday this week, Year 8 students participated in a trial run of the Year 8 Options process. This was to test the form that we might use and to get an indication of which subjects are likely to be popular when we complete the process in March.

Students, Parents and Carers will receive more details about what is available nearer the time. Students do not need to worry if they change their mind when it comes to the real thing, the process this week was simply to ensure we get the best offer for them in March.

Mr S Essex
Deputy Headteacher

6 NATIONS RUGBY CHAMPIONSHIP 2019
FEBRUARY 1ST - MARCH 16TH

IRELAND V ENGLAND - SATURDAY 2ND FEBRUARY
ENGLAND V FRANCE - SUNDAY 10TH FEBRUARY
WALES V ENGLAND - SATURDAY 23RD FEBRUARY
ENGLAND V ITALY - SATURDAY 9TH MARCH
ENGLAND V SCOTLAND - SATURDAY 16TH MARCH

Collect Consent form from Mr Julier & Pay £30 on Parent Pay
9am – 9pm Saturday 9 March

Finance Notices

1. Sharp el-531 calculators available via ParentPay
2. TLA school tie and replacement locker key now available via ParentPay
3. Year 10 and 11 Science Revision guides - available via ParentPay
4. Year 8 French Residential Trip - Third instalment due 1 February
5. Mersea Camp - Second instalment due 8 February 2019
6. Year 10 Ypres and the Somme - Second instalment due 28 January 2019
7. England v Italy Rugby - Payment due 31 January 2019
8. Year 10 GCSE Science Live Trip - Payment due 1 February **LIMITED PLACES, PLEASE BOOK TO AVOID DISAPPOINTMENT AS FANTASTIC TRIP!**

Please make sure that dinner money payments are up to date using ParentPay, our online payment system. Any queries please contact Main Office.

TLA House Cup Totals

- 1st Nelson 13.60
- 2nd Darwin 13.27
- 3rd Austen 12.92

Last week's top earner was Tegan Andrews 7A-JK with 26 stars.

Well Done!

Assemblies for Week Commencing 28 January

This week Martin Russell, Head of Creative Learning and Talent at Mercury Theatre will be coming in to deliver an assembly to the Year 10 and 11 students on career opportunities within the theatre and Creative Arts Sector.

The House assemblies will be taken by Mr Lamb and the topic will be 'Numeracy'.

Attendance Winners

This week's attendance winners with 100% attendance were 7D-AA.

Congratulations!

E-Safety

What is my digital footprint?

The digital footprint is the trail of digital information we leave behind us when we do anything online, when we share things, join groups or buy things.

This footprint can be searched for and shared by people we know and people we do not. One of the simplest ways people can discover their digital footprint is by searching for themselves using search engines such as Google, but this is not the only way that people can search for information about you.

Always think before you post anything as 48% of employers will use search engines to research candidates before considering them for a position.



Diary Dates Diary Dates

Thursday 31 January	Year 11 Poetry Live
Monday 4 February	Year 8 Maths Olympiad
Thursday 7 February	Year 10 Parents' Evening
Friday 8 February	Year 10 Science Live Trip
Monday 11 February	Year 9 Girls STEM/Careers Trip University of Essex
Friday 15 February	PSHE Careers Day - All Years
Friday 15 February	Last Day of Half Term
Monday 25 February	Non Student Day
Tuesday 26 February	First Day of Next Half Term
Thursday 28 February	World Book Day
Friday 1 March	Year 11 School Photographs