

## **Cognitive Rehabilitation and Exposure Therapy for Veterans with Hoarding Disorder**

**Category**

Mental Health

**Enrollment Closing Date**

Nov 1, 2020

**Description**

The purpose of this research study is to find out more about effective treatments of hoarding disorder in Veterans. You will be asked questions about your hoarding symptoms and psychiatric history and complete a series of tests that examine your memory, attention, and problem-solving skills. Then, you will be randomly selected for one of the following: 26 sessions of Cognitive Rehabilitation and Exposure Therapy or 26 sessions of Exposure Therapy only.

**Requirements**

- \*Must be 45-65 years old.
- \*Must have a diagnosis of hoarding disorder

**Benefits**

- \*You will receive 26 individual sessions of treatment at NO cost to you
- \*Possible relief in your anxiety symptoms and/or improved quality of life
- \*Compensation up to \$100 for completion of all study assessments

**Contact  
Information****Name** Catherine Ayers, Ph.D., ABPP**Phone** (858) 552-8585 ext. 1251