Course: 3-D Treatment of Scoliosis according to principles of C.L. Schroth
School: Barcelona Scoliosis Physical Therapy School (BSPTS)
Host: Scoliosis Physiotherapy & Posture Centre (SPPC)
231 McLeod Street, Ottawa, Canada K1M 0X9
Instructor: Andrea Lebel, MSc. PT
• Schroth Certified Physiotherapist, BSPTS Instructor,
• Scientific Exercise Approach to Scoliosis certified,
• Board Member & Secretary of Intl. Scientific Society on Scoliosis Orthopaedic and Rehabilitation Treatment

Course Date options (2 ½ days):
• Oct 12th – Oct 14th, 2018 (Fri 9:00 am – Sun 1:00 pm)
• Nov 9th – Nov 11th, 2018 (Fri 9:00 am – Sun 1:00 pm)

Fees: $ 700 CAN ($ 545 US)
Registration: limited numbers for each course, pre-registration is required.
Contact Information: scoliosisphysiotherapy@gmail.com

Course Highlights
• Review the New Principles of Corrections according to BSPTS (advisable if you have obtained your certification prior to 2018).
• Learn more on how to treat patients of all ages, who are not candidates for surgery, diagnosed with scoliosis and sagittal conditions, hyperkyphosis and flat back.
• Learn how to modify the Schroth Method exercises for very young patients and seniors (over 70 years).
• Observation of neurological scoliosis (assessment and treatment).
• We will cover pre- and post surgical treatments (fusion and non fusion surgeries).
• Watch group physiotherapy sessions and learn how to manage group physiotherapy.
• Practice how to teach group sessions to patients in a small group setting. You will have an opportunity to prepare and teach exercises in a group setting.
• Case discussions.
• If you need help with accommodations, please let me know in advance.