Course: 3-D Treatment of Scoliosis according to principles of C.L. Schroth
School: Barcelona Scoliosis Physical Therapy School (BSPTS)
Host: Scoliosis Physiotherapy & Posture Centre (SPPC)
231 McLeod Street, Ottawa, Canada K1M 0X9

Instructor: Andrea Lebel, MSc. PT
- Schroth Certified Physiotherapist, BSPTS Instructor,
- Scientific Exercise Approach to Scoliosis certified,
- Board Member & Secretary of Intl. Scientific Society on Scoliosis Orthopaedic and Rehabilitation Treatment

Course Date options (2 ½ days):
- Oct 12th – Oct 14th, 2018 (Fri 9:00 am – Sun 1:00 pm)
- Nov 9th – Nov 11th, 2018 (Fri 9:00 am – Sun 1:00 pm)

Fees: $ 700 Cdn ($ 545 US)

Registration: limited numbers for each course, pre-registration is required.

Contact Information: scoliosisphysiotherapy@gmail.com

Course Highlights
- Review the New Principles of Corrections according to BSPTS (advisable if you have obtained your certification prior to 2018).
- Learn more on how to treat patients of all ages, who are not candidates for surgery, how to improve quality of life with scoliosis and sagittal conditions, hyperkyphosis and flat back.
- Learn how to modify the Schroth Method exercises for very young patients and seniors (over 70 years).
- Observation of neurological scoliosis (assessment and treatment).
- We will cover pre- and post surgical treatments (fusion and non fusion surgeries).
- Watch group physiotherapy sessions and learn how to manage group physiotherapy.
- Practice how to teach group sessions to patients in a small group setting. You will have an opportunity to prepare and teach exercises in a group setting.
- Case discussions.
- If you need help with accommodations, please let me know in advance.