



British Tang Soo Do Institute Open Championships

General Rules

HYUNG SCORING PROCEDURE

1. Scoring system: 7 points (lowest score) to 10 points (highest score).
2. There will be a minimum of 5 judges (from mixed clubs to ensure fair judging) for each ring.
3. Each judge will issue points according to the 7—10 point scoring system with increments of 0.1.
4. All scores from each of the 5 judges will be added to determine a total for each competitor.
5. The highest and the lowest score will be deducted in order to determine the winner; these scores will only be added back at the end of the competition in the event that there is a joint Grand Champion winner, in order to determine the overall Grand Champion winner.
6. In the event of a tie, the contestants will be asked to perform the same hyung together. If this results in another tie the contestants will be asked to perform a different hyung relevant to their grade, this hyung will be chosen by a senior judge.
7. All hyungs performed must be part of the agreed syllabus within your club or association which your Master or Instructor teaches you, no hyungs created by individuals are permitted to ensure fair and consistent judging.

HYUNGS COMPETITION REQUIREMENTS

Competitors will be required to perform traditional hyung's during the Championships. no chil sung hyungs allowed.

All hyungs must be performed in line with the competitor's rank which is in line with your association/club which your instructor teaches you at that rank. You will be down marked for doing a higher hyung than your rank. E.g Red belt performing a black belt form will be down marked.

FREE SPARRING

GENERAL INFORMATION AND REQUIREMENTS

1. There will be absolutely no jewellery worn during free sparring.
2. Fingernails and toenails will be cut to ensure no cutting or scratching of the opponent due to jagged or long nails.
3. Gum shields, protective groin guards, headgear and safety hand and foot pads are mandatory. NO UFC style hand mitts allowed. NO elasticated foot pads with just cover feet allowed, it must be a full foot pad. If the competitor does not comply with these safety regulations, they will not be allowed to enter this section.

SCORING SPARRING COMPETITION

1. There are 5 judges. The Head Judge is selected in the centre and controls the ring.
2. Judging system: Referees will make calls in the following manner:
 - a. **Point** - Hand raised in the air in direction of the contestant scoring point.

- b. **No Point** - Wave both hands in a crisscrossing manner downwards at waist level.
 - c. **Couldn't See** - Place both hands over the eyes.
 - d. **To Heavy Contact e.g. Clashing** - Hit fist against open palm twice and raise arm toward contestant making contact.
3. Score system:
- a. 2 points for controlled kick to head
 - b. 1 point for controlled kick to body
 - c. 1 point for controlled reverse punch/back fist
 - d. 5 points maximum for winner
4. Fight duration will be 2 minutes, if competitors have drawn after 2 minutes an extra 1 minute will be added, if competitors have still drawn after the additional 1 minute, then the next point scored will determine the winner.
5. Warnings or disqualification will be given if any of the following occur:
- a. Sweeping of the competitors leg
 - b. Any intentional contact is given; this will result in instant disqualification.
 - c. Excessive contact, especially to the face e.g. which draws blood can lead to a disqualification (bleeding from the nose etc.) However, if the judges agree that it was an accidental incident then they will continue.
6. Angry and uncontrolled competitors which have had two warnings will be stopped and disqualified by the centre ring judges to prevent the opponent getting injured. You will get warnings for using unsighted techniques e.g. spinning back fist and spinning kicks.
7. Team Sparring – Teams of 3 ladies or 3 men which must be over 16 and must be dan grades. All 3 team members will fight one fighter from every team. Total points add up for the winner of the team.

Let our sparring be controlled and fun! Tang Soo