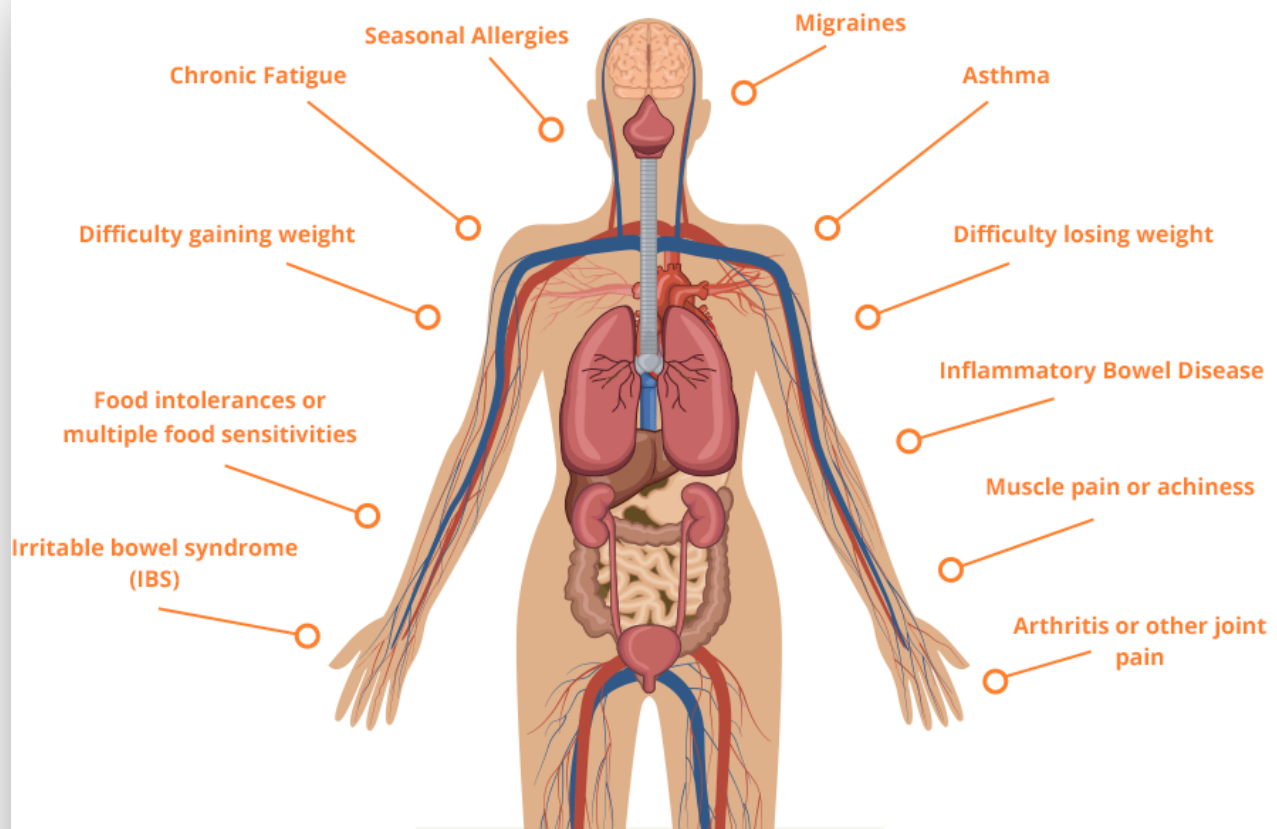


LEAKY GUT??

Take our Test to Find Out??



GUT SYMPTOMS LIKE...

Constipation
Diarrhea

SKIN SYMPTOMS LIKE...

Itchy Skin
Rashes

BRAIN SYMPTOMS LIKE...

Brain fog
Chronic Headaches

Circle the number that most closely fits, then add up your results.

0 = Symptom is not present or rarely present

1 = Mild/sometimes

2 = Moderate/often

3 = Severe/almost always

Constipation and/or diarrhea	0123
Abdominal pain or bloating	0123
Mucous or blood in stool	0123
Joint pain or swelling, arthritis	0123
Chronic or frequent fatigue or tiredness	0123
Food allergies, sensitivities or intolerance	0123
Sinus or nasal congestion	0123
Chronic or frequent inflammations	0123
Eczema, skin rashes or hives (urticaria)	0123
Asthma, hayfever, or airborne allergies	0123
Confusion, poor memory or mood swings	0123
Use of NSAIDS (Aspirin, Tylenol, Motrin)	0123
History of antibiotic use	0123
Alcohol consumption makes you feel sick	0123
Ulcerative colitis, Crohn's or Coeliacs disease	0123

YOUR TOTAL SCORE:

Score 1-5: Leaky gut less apt to be present.

Score 6-10: Leaky gut may possibly be present.

Score 11-19: Leaky gut probably present.

Score 20+: Leaky gut almost certainly present.

