Healthy Native Nation

Supporting individuals and families dealing with FASD or developmental disabilities.

PI: Christina Chambers, MPH PhD  PD: Annika Montag, PhD

Rhonda Romero  Research Assistant  

Toni Jensen  Research Assistant
**Healthy Native Nation**  
*(formerly Tribal NOFAS)*

**Goal:** To establish two NOFAS affiliates within the San Diego County AIAN community: one reservation-based and one urban.

**Methods:** Determine the needs and priorities of the community with respect to FASD (or developmental challenges) through focus groups, interviews, and a community survey. Create a NOFAS structure for each site. Establish each NOFAS. Evaluate the effect of each NOFAS affiliate on knowledge about, access to, and uptake of relevant services.
Institutional Review Board (IRB)

The IRB monitors and reviews research projects to ensure all research conducted by IHC protocol and cultural standards.

Dr. Deborah Morton  
Epidemiologist  
Chair-IHC/IRB Committee

Romelle Majel-McCauley  
Chief Executive Officer  
Indian Health Council

Dr. Dan Calac  
Chief Medical Officer  
Indian Health Council

Theda Molina  
Board of Directors  
Indian Health Council

Patricia Ockert  
Board of Directors  
Indian Health Council

Martina Portillo  
Community Representative

Ray Flores  
Community Representative

Geneva Lofton-Fitzsimmons  
Community Representative

Linda Locklear  
Community Representative
Institutional Review Board

IRB

Goal: Ensures all research observes basic ethical principles. Promote research activities. Human subjects’ protection required. Assures Cultural context/appropriateness. Protection of Tribal members.

Methods: Approval of process for research application. Understand the purpose of the research. Monitor research efforts. Annual review. Request Report. Request research/data to be given back to community. Approve manuscripts before submission.
Indian Health Council, Inc.
Current Research Projects

NARCH VII Projects

**Administrative Core**

Principal Investigator: Dan Calac/CMO (IHC) – dcalac@indianhealth.com
Principal Investigator: Stephanie Brodine – Stephanie.Brodine@med.navy.mil
CA-NARCH Administrative Assistant: Shirleen McComack - smccomack@indianhealth.com

**Healthy Native Nation – HNN**

Development of a Model & Support Network for FASD

Principal Investigator: Christina Chambers - chchambers@ucsd.edu
Co-Investigator: Annika Montag - annikamontag@gmail.com amontag@indianhealth.com
Program Director: Annika Montag - annikamontag@gmail.com
Research Assistant: Rhonda Romero – rromero@indianhealth.com
Research Assistant: Toni Jensen – tjensen@indianhealth.com

**Pill Take Back Project - PTB**

Reducing availability and misuse of prescription pain pills

Principal Investigator: Roland Moore - roland@prev.org
Principal Investigator: Daniel Calac – dcalac@indianhealth.com
Project Manager: Tony Luna – tluna@indianhealth.com
Research Assistant: Jaquellyn (Peery) Smith – jsmith@indianhealth.com

**Student Development**

Increase number of Native American Students in Health and Science careers

CA-NARCH Program Director: Stephanie Brodine – Stephanie.Brodine@med.navy.mil
Student Program Coordinator: Geneva Fitzsimmons - gfitzsimmons@sea.ucsd.edu
Student Program Research Director: Richard Armenta – rfarmenta@gmail.com
Indian Health Council – Affiliated Research

Ready, Set, Go: San Diego Native Community! - RSG
Principal Investigator: Christina Chambers - chchambers@ucsd.edu
Co-Investigator: Annika Montag - annikamontag@gmail.com
Co-Investigator: Dan Calac/CMO (Indian Health Council) – dcalac@indianhealth.com
Coordinator: Annika Montag - annikamontag@gmail.com
Research Assistant: Maya Goodblanket – mgoodblanket@indianhealth.com
Research Assistant: Ami Admire – aadmire@indianhealth.com

PIRE
Preventing Underage Drinking by Southwest California Indians: Building Capacity
Principal Investigator: Roland Moore - roland@prev.org
Principal Investigator: David Gilder/MD – dgilder@scripps.edu
Research Coordinator: Jennifer Geisler – jgeisler@indianhealth.com
STUDENT DEVELOPMENT
Increase number of Native American Students in Health and Science careers
CA-NARCH
Program Director: Stephanie Brodine – Stephanie.Brodine@med.navy.mil
Student Program Coordinator: Geneva Fitzsimmons - gfitzsimmons@ucsd.edu
Research Coordinator: Richard Armenta – rarmenta@ucsd.edu

Institutional Review Board - IRB
Monitors and reviews research projects to ensure all research conducted by IHC protocol and cultural standards
Principal Investigator: Deborah Morton – deb.don@cox.net

Pill Take Back Project - PTB
Reducing availability and misuse of prescription pain pills
Principal Investigator: Roland Moore - roland@prev.org
Principal Investigator: Daniel Calac – dcalac@indianhealth.com
Project Manager: Tony Luna – tluna@indianhealth.com
Research Assistant: Peery White – peeryw@indianhealth.com

Healthy Native Nation - HNN
Principal Investigator: Christina Chambers - chchambers@ucsd.edu
Co-Principal Investigator: Dan Calac – dcalac@indianhealth.com
Coordinator: Annika Montag - annikamontag@gmail.com
Research Assistant: Rhonda Romero – rromero@indianhealth.com
Research Assistant: Toni Jensen – tjensen@indianhealth.com

Ready, Set, Go! - RSG
Principal Investigator: Christina Chambers - chchambers@ucsd.edu
Coordinator: Annika Montag - annikamontag@gmail.com
Research Assistant: Maya Goodblanket – mgoodblanket@indianhealth.com
Research Assistant: Ami Admire – aadmire@indianhealth.com

CA-NARCH Administrative Assistant: Shirleen McComack - smccomack@indianhealth.com
COMPLETED INDIAN HEALTH COUNCIL RESEARCH PROJECTS

CAM - Acupuncture/Diabetes  
Complementary Alternative Medicine  
Principal Investigator: Deborah Wingard - dwingard@ucsd.edu  
Co-Principal Investigator: Matt Allison - mallison@ucsd.edu  
Coordinator: Anne Bailey – abailey@indianhealth.com

Healthy Women/Healthy Native Nation - Fetal Alcohol  
Prenatal Consumption among Native American Women in San Diego County  
Principal Investigator: Christina Chambers - chchambers@ucsd.edu  
Co-Principal Investigator: Dan Calac – dcalac@indianhealth.com  
Co-Principal Investigator: John Clapp – jdclapp@mail.sdsu.edu  
Coordinator: Annika Montag - annikamontag@gmail.com  
Coordinator: Corinna Nyquist – cnyquist@indianhealth.com  
Research Assistant: Marlene’ Dusek – mdusek@indianhealth.com  
Research Assistant: Alexandrea Camp-Mazzetti – amezzetti@indianhealth.com  
Research Assistant: Liana Nelson - fullbloodskates@gmail.com  
Research Assistant: Marina Ortega - marinaortega13@hotmail.com

Healthy Gums – Healthy Heart - Perio/Dental  
Oral Flora, Periodontitis, and Vascular Dysfunction in Young Native Americans  
Principal Investigator: Roberta Gottlieb- robbieg@sciences.sdsu.edu  
Assistant - Niki Stockdale nstockda@sciences.sdsu.edu  
Co-Principal Investigator: Sue Lindsay - slindsay@mail.sdsu.edu  
Co-Principal Investigator: Scott Kelley - skelley@sciences.sdsu.edu  
Coordinator: Carrie Lambert – clamber@indianhealth.com

PIRE  
Preventing Underage Drinking by Southwest California Indians: Building Capacity  
Principal Investigator: Roland Moore - roland@prev.org  
Principal Investigator: David Gilder – dgilder@scripps.edu  
Coordinator: Jennifer Roberts – jroberts@indianhealth.com  
Research Assistant: Tony Luna – luna008@gmail.com
COMPLETED INDIAN HEALTH COUNCIL AFFILIATED RESEARCH PROJECTS

LIVERLICIOUS
Principal Investigator: Daniel Calac – dcalac@indianhealth.com
Co-Principal Investigator: Claude Sirlin
Jeffrey Schwimmer
Deborah Wingard
Michael Middleton
Annika Montag

DEPRESSION STUDY
Principal Investigator: Tony Luna – tluna@indianhealth.com
Co-Principal Investigator: Gerardo Gonzalez

HEPATITIS C
Quality of Life among Hepatitis C American Indian/Alaska Natives in Rural Southern California
Principal Investigator: Dale Todicheeney
Cynthia D. Connelly
Jane M. Georges
Deborah J Morton
Daniel J. Calac
Pill Take-Back

*Pill Take Back Project promotes controlled disposal and reduction of misuse of pain medications.*

PI: Dr. Dan Calac

PI: Roland Moore/PhD

Tony Luna  
Project Manager

Peery White  
Research Assistant
Pill Take Back Project

Goal: To reduce availability and misuse of prescription pain pills in the IHC service area, using drug drop boxes and medication lock boxes.

Methods: To recruit participants in the lobby areas of the clinics to complete anonymous surveys on attitudes and perceptions of opioid prescription pain and illegal drug use and misuse.
Ready, Set, Go!

*Exploring possible causes of learning and behavioral challenges in 5-7 year-old children including things that may have happened to their mothers during pregnancy.*

**PI:** Christina Chambers, MPH PhD  
**PC:** Annika Montag, PhD

**Maya Goodblanket**  
Research Assistant

**Ami Admire**  
Research Assistant
**Goal:** Exploring possible causes of learning and behavioral challenges in 5-7 year-old children including things that may have happened to their mothers during pregnancy. To bring evaluation and diagnosis to the community & to contribute to a national FASD prevalence estimate.

**Methods:** Recruit parent-child dyads where the child receives a free exam by a developmental pediatrician and neurodevelopmental testing by a specialist, and the parent completes interviews regarding the course of the pregnancy and the child.
# Student Development

## CA-NARCH

*Student Development Program actively supports students in the sciences and health fields.*

<table>
<thead>
<tr>
<th>PI: Dr. Stephanie Brodine</th>
<th>Geneva Lofton-Fitzsimmons</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Student Program Coordinator</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Richard Armenta/PhD</th>
<th>Shirleen McComack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Research Coordinator</td>
<td>Administrative Assistant</td>
</tr>
</tbody>
</table>

---

![Group Photo 1](Image)

![Group Photo 2](Image)
Student Development

CA-NARCH

**Goal:** Develop a cadre of skilled AI/AN scientists and health professionals engaged in research. Encourage community based participatory research linked to the health priorities of the AI/AN communities and to reduce health disparities. Enhance partnerships and reduce distrust of research by AI/AN community.

**Methods:** To actively recruit and support local community college and university students into a series of science enrichment programs through facility mentoring and involvement in research projects at the IHC clinic.
PIRE/Underage Drinking

Preventing Underage Drinking by Southwest California Indians: Building Capacity

PI: Roland Moore/PhD

Co-PI: David Gilder/MD

Jennifer Geisler
Preventing Underage Drinking by
Southwest California Indians:
Building Capacity

PIRE - Pacific Institute for Research and Evaluation

Goal: To prevent underage drinking through assessment of underage drinking in Native American communities enhanced intervention programs for youth who are drinking, and community engagement in policy and norm change.

Methods: Surveys to find prevalence of underage drinking followed by motivational interviewing and an educational program.