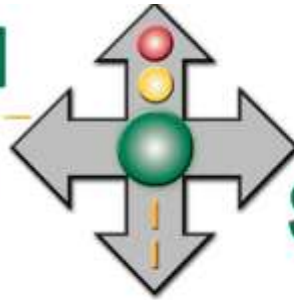


TRANSPORTATION

"MEETING ALL OF YOUR DRIVING NEEDS
SINCE 1997"



SOLUTIONS

Driving and Multiple Sclerosis

How can MS affect my driving abilities?

- Decreased motor control and strength/spasticity
- Slowed reaction time
- Decreased memory and problem-solving
- Fatigue
- Changes in emotional regulation/judgment
- Vision changes including double vision, glare sensitivity, decreased peripheral vision

Factors for consideration:

- Vehicle selection: sedan, SUV, wheelchair accessible mini-van
- Mobility equipment: storing a walker, wheelchair, scooter, etc.
- Reduced effort steering and/or braking for decreased strength
- Mechanical hand controls to compensate for decreased lower body control
- Sunglasses to help with glare/light sensitivity
- Energy conservation techniques
- Medication monitoring with your physician

If you are experiencing any of the above symptoms, a driving evaluation may be appropriate. A Certified Driving Rehabilitation Specialist can provide a comprehensive driving evaluation to determine potential safety issues and recommend solutions.

Resources: *Transportation Solutions:* 814-833-2301 www.drivingneeds.com
National MS Society (PA): 412-261-6347 www.nationalmssociety.org

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