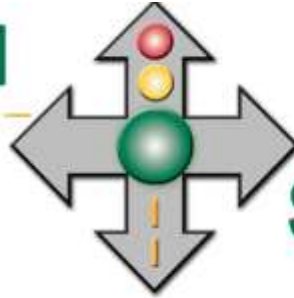


TRANSPORTATION

"MEETING ALL OF YOUR DRIVING NEEDS
SINCE 1997"



SOLUTIONS

Driving and Parkinson's disease

How can Parkinson's affect my driving abilities?

- Tremors
- Limited range of motion
- Slowed information processing
- Slowed reaction time
- Decreased multitasking/divided attention
- Impaired visual perceptual skills
- Limited short-term memory
- Decreased visual skills such as acuity, peripheral vision, contrast sensitivity, glare recovery
- Drowsiness from medications

Warning signs to look for:

- Difficulty operating the vehicle including smooth gassing, braking, turns, etc.
- Not noticing signs, signals, or other traffic
- Drifting remaining in the center of the lane
- Needing help or instructions from passengers
- Unable to react quickly especially in high traffic
- Difficulty parking
- Driving at inappropriate speeds: too fast or too slow
- Fender benders, accidents, or near misses
- Trouble driving at night

If you, or those who drive with you, notice any of the above warning signs, you may need a driving evaluation. A Certified Driving Rehabilitation Specialist can provide a comprehensive driving evaluation to determine potential safety issues.

Resources: *Transportation Solutions:* 814-833-2301 www.drivingneeds.com

National Highway Safety Administration: www.NHTSA.gov

Parkinson's Partners of NW PA: 814-899-3030 www.parkinsonpartners.org

Parkinson Foundation of Western PA: 412-837-2542 pfpwpa.org

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