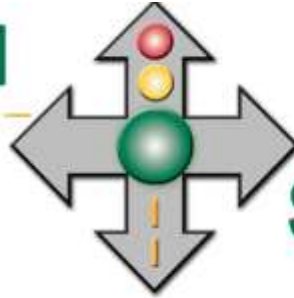


TRANSPORTATION

"MEETING ALL OF YOUR DRIVING NEEDS
SINCE 1997"



SOLUTIONS

Driving and Arthritis

How can arthritis affect my driving abilities?

- Getting into and out of your car
- Turning the ignition key
- Operating vehicle controls such as windows, mirror adjustments, temperature controls, windshield wipers, etc.
- Gripping the steering wheel and making smooth turns
- Fastening your seatbelt
- Moving your head quickly and fully to check for traffic
- Observing traffic as you back out of parking spaces
- Reacting quickly and safely especially in high traffic
- Drowsiness caused by medication

If you have difficulty with any driving tasks, a Certified Driving Rehabilitation Specialist may be able to make recommendations to make driving safer and more comfortable for you

Resources: *Transportation Solutions:* 814-833-2301 www.drivingneeds.com
National Highway Safety Administration: www.NHTSA.gov
Arthritis Foundation (PA): 412-566-1645 www.arthritis.org/pennsylvania

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