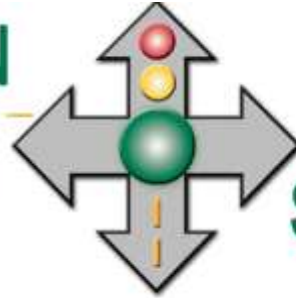


# TRANSPORTATION

"MEETING ALL OF YOUR DRIVING NEEDS  
SINCE 1997"



# SOLUTIONS

## Driving and Diabetes

How can diabetes affect my driving abilities?

- Feeling sleepy or dizzy
- Episodes of confusion/disorientation
- Vision deficits
- Neuropathy-nerve damage can make feeling your feet and knowing where they are difficult
- Loss of consciousness/seizure activity

Warning signs to look for:

- Accidents/fender benders that you cannot recall
- Difficulty seeing signs in the distance or on the sides of the road
- Pressing the wrong pedal (gas/brake) by mistake
- Pressing both pedals simultaneously
- Foot slipping off the pedal
- Pressing pedal too hard or not hard enough

**\*Do not drive if you are experiencing a hyper- or hypoglycemic episode!**

If you, or those who drive with you, notice any of the above warning signs, you may need a driving evaluation. A Certified Driving Rehabilitation Specialist can provide a comprehensive driving evaluation to determine potential safety issues.

**Resources:** *Transportation Solutions:* 814-833-2301 [www.drivingneeds.com](http://www.drivingneeds.com)  
*National Highway Safety Administration:* [www.NHTSA.gov](http://www.NHTSA.gov)  
*Erie Country Diabetes Association:* 814-454-0715 [www.diabeteserie.org](http://www.diabeteserie.org)

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