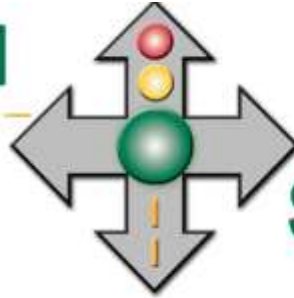


# TRANSPORTATION

"MEETING ALL OF YOUR DRIVING NEEDS  
SINCE 1997"



# SOLUTIONS

## Driving and Aging

How can typical aging affect my driving abilities?

- Decreased visual attention
- Slowed information processing
- Decreased short-term memory
- Slowed reaction time
- Decreased multitasking/divided attention
- Decreased visual skills such as acuity, peripheral vision, contrast sensitivity, glare recovery

Warning signs to look for:

- Not noticing signs, signals, or other traffic
- Needing help or instructions from passengers
- Slowed or poor decision-making
- Getting easily frustrated
- Getting lost or confused
- Driving at inappropriate speeds: too fast or too slow
- Fender benders, accidents, or near misses
- Difficulty identifying hazards such as potholes, speed bumps, road conditions, etc.

If you, or those who drive with you, notice any of the above warning signs, you may need a driving evaluation. A Certified Driving Rehabilitation Specialist can provide a comprehensive driving evaluation to determine potential safety issues.

**Resources:** *Transportation Solutions:* 814-833-2301 [www.drivingneeds.com](http://www.drivingneeds.com)  
*National Highway Safety Administration:* [www.NHTSA.gov](http://www.NHTSA.gov)

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