

August 2010

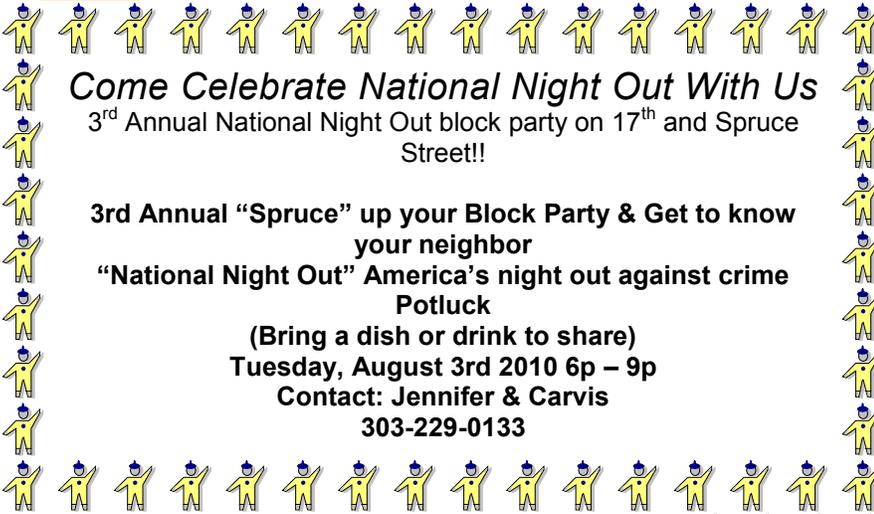
Welcome

to a new look for EMNA News. We hope you enjoy the style and input is always welcome.

EMNA is currently looking for a newsletter editor. If you have a few computer skills and a creative flair, consider volunteering. EMNA will also be needing to fill some board positions in December. Consider volunteering about 2 hours a week and contribute to the betterment of the community.



It is the intent of this editor that you can **save this front page** for handy reference to upcoming activities and important contacts on the back.



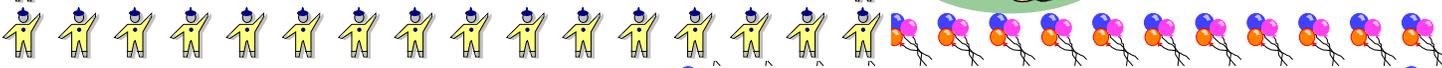
Come Celebrate National Night Out With Us

3rd Annual National Night Out block party on 17th and Spruce Street!!

3rd Annual "Spruce" up your Block Party & Get to know your neighbor

"National Night Out" America's night out against crime
Potluck

(Bring a dish or drink to share)
Tuesday, August 3rd 2010 6p – 9p
Contact: Jennifer & Carvis
303-229-0133



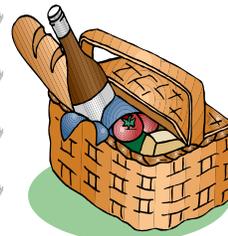
East Side Mobility Plan Meeting

Implementation Phase Public Workshop

Thursday, August 26
5:30-7:30 p.m.
Central Park East Picnic Pavilion
(MLK Blvd. & Beeler Street)
Denver, CO 80238

www.denvergov.org/eastside

Please Support the businesses in our newsletter. Do business locally.



Celebrate Summer with

EMNA's ANNUAL PICNIC

Saturday, August 14th, 2010

11:00 a.m. to 2:00 p.m.

VERBENA PARK SHELTER

12th Ave & Verbena

Burgers, Food & Fun Provided

By EMNA

OFFICERS / EMNA BOARD

President: Rob Wilson
303-320-0707
robwilson@msn.com

Vice-President: John Russell
303-333-3981
Russelljc303@gmail.com

Secretary: Linda Johnson
720-891-6585
emna_secretary@live.com

Treasurer: Tera Holzschuh
303-929-2308
tera.in.denver@gmail.com

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Ed Wasserman
720-212-0442
ed.wasserman@gmail.com

Board Member At-Large:
Jennifer Coleman
303-229-0133
redlady@cheerful.com

OTHER

Stapleton CAB: Laura Edler
303-321-0205
prairiepainter@aol.com

NEWSLETTER

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bonnagayhart@comcast.net

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Joe DeBrower

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303-929-2308
tera.in.denver@gmail.com

SUNSHINE LADY

Betty Aguilar
303-322-3291
bjgram@comcast.net

POLICE CONTACTS

Dispatch (Non-Emergency)
Report Suspicious Activity
720-913-2000

DISTRICT 2

Commander: Rhonda Jones
3921 Holly Street
Denver, CO 80207
720-913-2677

Community Resource Officers

Tech. Reyes Trujillo
720-913-1094
Reyes.Trujillo@denvergov.org
Tech. Amy Esten
720-913-1095
Amy.Esten@denvergov.org

DISTRICT 3

Commander: Kris Kroncke
1625 S. University Blvd.
Denver, CO 80210
720-913-1275

Community Resource Officers

Tech. Tony Burkhardt
720-913-1231
Anthony.Burkhardt@denvergov.org
Tech. Cari Jimenez
720-913-1175
Cari.Jimenez@denvergov.org

Gang Bureau

303-331-4081

SCAT Team

Sgt. Kevin Bray, 720-913-1163

Traffic Problems

Neighborhood Enforcement
Sgt. Ron Johns
720-865-6942

NOTE: If you call 911 from your cell phone, please specify that you need DENVER 911.

CITY DEPARTMENTS

All City-related business or non-emergency information/questions:
Call: 311
E-mail: 311@ci.denver.co.us
Fax: 720-913-8490
Hours: 6:00 a.m. to 11:00 p.m.

Upcoming SCFD Free Days

Scientific and Cultural Facilities District (SCFD)

Denver Zoo
Wednesday, October 13th
Thursday, October 21st

Denver Museum of Nature & Science
Sunday, August 8th
Monday, August 30th

Denver Art Museum
Saturday, August 7th

Denver Center for the Performing Arts
- Program operates as a ticket drawing. Apply for free tickets.

Denver Botanic Gardens
Wednesday, August 25th
@ 1005 York Street location only

Friday, August 6th
@ Chatfield location only

www.scfid.org

EMNA General Meeting

Bi-Monthly on the 3rd Wed /month

October 20th @ 6:30

Montclair Community Center

6740 E. Colfax, Denver

Refreshments Provided

EMNA News

EMNA News is published bi-monthly by the East Montclair Neighborhood Association. The newsletter is distributed to neighbors and businesses in the East Montclair area. It was started in 1972, and has continued to this day. Contributions of articles and letters are welcomed and published in the newsletter at the discretion of the editor and president.

MESSAGE FROM THE PRESIDENT ... Rob Wilson

Greetings Neighbors! No Message this time but a public example of neighbors helping neighbors and good reasons to be a part of this organization and to be friends with your neighbors, Enjoy!

**Extra precautions against break ins in Park Hill!!!
From my friend Tony Beach:**

Hello Park Hill Neighbors and Friends,

A neighbor of mine on the 2300 Block of Grape Street just shared with me that for the last two nights (early mornings: Wednesday 3:00 A.M. and Tuesday 2:30 A.M. / July 13th and 14th) she and her husband witnessed a silver SUV (possibly a Ford make) driving down the street while stopping and looking into parked cars. On both occasions the SUV was driving slowly from north to south as they apparently cased our block (cars and homes).

While I've received other emails about similar incidents where suspects are driving around looking into parked cars with flash-lights at night, this one takes it one step further.

This morning (Wednesday July 14th, around 3:00 A.M.) my neighbor observed what appeared to be an Hispanic male dressed in a black T-shirt and black pants outside the suspicious SUV while the driver remained in the car. My neighbor watched him make his way up onto the sidewalk in front of my home while bypassing my parked car, going toward the front stairs of the house looking up at it. When she yelled out at him he returned to the SUV and they drove off. This same silver SUV has repeatedly done this on our block two nights in a row now.

My neighbor called the District 2 Police Station on both occasions to report the incident, and while waiting to see if any officers would respond, she never saw that any came by.

This is disturbing -- for my home was broken into in broad daylight in February of 2008 along with other neighbors' homes that very same day while no one was at home. The "M.O." of those crimes were characterized by knocking or ringing the doorbells to see if anyone was home, and then making their way around to the rear of the homes to force their way in. This steps things up a notch, if in fact, that the intent now could be to break into an occupied home in the wee hours of the morning. And to boot, many of us have young children and other family members at home.

I have to thank my observant and concerned neighbors, on which both occasions (in the 2008 break-in, as well as this potentially attempted and foiled break-in) the crimes were either interrupted in process or prevented from happening by their astute and brave actions in confronting the suspects.

Please, don't hesitate in immediately calling 911 to report suspicious activity or persons in our neighborhood. It's our homes, our neighborhood -- and we can trust our intuitions. Yelling from a safe distance seems to have proven successful as well evidently. Remember, if the police do decide to investigate a report, it will take them time to arrive on a scene. Our moments of hesitation and/or wondering if we ought to make a call could dramatically affect the outcome of an unfortunate situation. If the situation warrants it, be convincing in the urgency of your call to 911.

Thank you, and a very special thanks to my neighbors who've had my back over the years -- as I've had theirs,
Tony Beach

_____ and the Follow-Up from Denver Police continued on page 6

Fall Yard Clean-Up Help Available Through EMNA and Mile High Youth Corps

Once again, Alexandra Lee, Outreach Coordinator for MHYC, confirmed they will be able to assist EMNA members in need of help with their fall yard maintenance.

Mile High Youth Corps engages youth in jobs that help the planet and provide pathways to a promising future. Mile High Youth Corps members are planting trees and building parks, constructing green buildings, installing energy-efficiency measures and high-efficiency toilets in low-income homes and community organizations, and so much more. The Corps engages youth in entry-level green jobs and training.

If you want help with fall clean up in your yard please contact **Bonna Gayhart**. Appointments will be set up in early September. EMNA makes donations to MHYC for this service and is proud to help clean up the neighborhood.

DENVER ENCOURAGES NATIONAL NIGHT OUT CELEBRATIONS TO HEIGHTEN CRIME PREVENTION AWARENESS

Permit fees will be waived for neighborhood block parties Tuesday, Aug. 3

DENVER, CO - On Tuesday, August 3rd, 2010, Denver neighborhoods will join communities nationwide for the "27th Annual National Night Out" to celebrate the role of citizens and neighborhoods in preventing crime. The primary focus of National Night Out is to heighten crime-prevention and drug-prevention awareness, generate support for and participation in local anti-crime programs, strengthen neighborhood spirit and police-community partnerships, and alert would-be criminals that Denver's neighborhoods are organized and united against crime.

Officers from the Denver Police Department will visit the gatherings to help organize block watches and provide safety information to residents. Denver Public Works will waive its street closure permit fee for the third year in a row to encourage neighborhoods to host block parties, cookouts, parades, youth activities or other events. This effort will allow neighborhoods to save money while hosting a fun and safe event. Event organizers will still need to apply for permits and provide barricades. Barricades may be rented by a variety of vendors around the city.

For more information on the National Night Out program visit www.nationaltownwatch.org. For Denver permit information call 311. The Denver Public Works Permit Operations information desk is located in the Wastewater Management Building at 2000 W. Third Ave, Room 107, Denver.

CRIME PREVENTION TIPS Technician Reyes Trujillo DPD District 2 - 720-913-1094

Be sure you have your house number on both the alley and street side of your house. Firemen and police officers frequently approach from the alley.

Don't make your yard a safe hiding place for criminals. Use chain link instead of privacy fences. Thorny bushes such as roses deter peeping toms.

Dead bolts on your doors are essential, being sure they are keyed both inside and out if they are within 40 inches of glass. Tell your locksmith you want the best!

Dusk to dawn lighting is great - both exterior and interior. Use motion detector lights outside and timers inside. Also leave the radio or TV on when you're away from home.

Best wishes and remember to report suspicious activities and people when it occurs.

Emergency #911

Non-emergency (no crime in progress) 720-913-2000

Dist 2720-913-1000 for SCAT/CRO ongoing complaints and information.



David Starr is a business member and educates EMNA members regularly.

Strength Training Benefits More than Muscles

Regular weight training does more than just build better muscles, it builds a better, healthier body. Several new studies confirm the benefits of mild-to-moderate resistance training, which includes reduced blood pressure, lower LDL ("bad") cholesterol levels and higher HDL ("good") cholesterol levels, all of which improve cardiovascular health overall. Weight training is also believed to improve the way the body processes sugar, which could reduce the risk of developing diabetes. Another study examined the effect of weight training on osteoarthritis, a common condition among older adults that affects balance and increases the risk of falling. This study and others confirm that exercise of any kind improves strength, gait and ability to perform activities of daily living among older adults with osteoarthritis, and, in many cases, reduces the pain associated with the disease.

If you are interested in beginning a resistance training program, **contact David E Starr of starrFIT Personal Training at 720-270-5994 or david@starrfit.com to begin today!**

Source: Circulation: Journal of the American Heart Association, February 22, 2000; Hypertension: Journal of the American Heart Association, (35) 2000; Journal of the American Geriatrics Society, 2000; 48: 131-138

EMNA Offers It's Condolences

CONDOLENCES to the family of **Emma Erkman**. Emma and her husband, who passed away a few years ago, were long-time residents of East Montclair. They were members of EMNA from 1992 to 2007 – 15 years! Emma died May 22, 2010, at the age of 93 and will be missed by her family and friends.

Hildegarde “Hildy” KRSTOF will be missed by her family, friends, and neighbors. After a few months in an assisted living facility, she passed away recently at the age of 95. Hildy came to Denver 60 years ago from Chicago and had been a member of EMNA since 1980 (30 years)! She was a talented artist who expressed this talent in numerous ways in addition to her lovely paintings. She decorated wedding cakes, made quilts, did ceramics, made sugar eggs, and even learned to sew furs at the Emily Griffith School! She faithfully served on EMNA's telephone committee for about 15 years. So long, dear friend.

TRIBUTE to the MEMORY of CHARLENE “CHUCK” CIACIO

Donald Carroll

In memory of my best friend Charlene “Chuck” Ciacio who passed away May 7, 2010. Many of you will remember she was a long-time member of EMNA and involved in establishing and backing the Beacon Club/Cop Shop in our neighborhood. She worked very hard on numerous projects to improve our environment.

In the summer of 2008, Chuck and I took a road trip west of Cheyenne, Wyoming. When she saw the electric generating “windmills”, she stopped me by the side of the road with the comment, “Look at the dancing angels.”

The next time this happened was in 2009 on the road to Kansas City, Missouri, with the same request: “Stop, Don! I feel like dancing.”, which she did by dancing around the car, waving her arms and, “Come on, join me” and to please Chuck, I did.

The last time this happened was this last May 4th. Visiting her friends in Liberal, Kansas, we took a trip north to Dodge City, KS, and ran into the largest field of “wind generators” we had ever seen. So, again, with our established ritual, I pulled over around and around the car, waving our arms and dancing with the angels with new results! Now cars passing by us opened their windows and waved back at us.

These are my best memories of “Chuck”. I invite you all, my friends and neighbors to join in my remembering. If I can do this, so can you. Whenever you see a windmill – stop, dance around your car, wave your arms, and become a dancing angel. You will get a special feeling remembering Chuck and remembering me – and YOU can be “a dancing angel”.

P.S. I dare you! Right now! Stand up, wave your arms, dance around. Feel it? You ARE a dancing angel!

Services were held at Montclair Methodist Church on July 20th for Marjorie Nicely who lived at 1244 Spruce Street for many years. She was a member of EMNA and was active in the community. She belonged to the Montclair Methodist Church where her husband Bob was a longtime member of the choir.

Ideas

Alleys seem to be a huge problem in our area. What would you think about closing off one entrance to alleys in our neighborhood to create alley cul-de-sacs? Close one side to pedestrians as well as vehicles— robcwilson@msn.com

NEIGHBORHOOD COMPLAINTS

If you would like to file a complaint anonymously about violations such as trash and weeds in yards, abandoned or junk cars, illegal dumping, too many people living in one house, etc., call Ed Wasserman, 720-212-0442, Property Upkeep Committee. If you would like to make the complaint yourself, you can do it on-line. Go to the Neighborhood Complaint Form at: <http://www.denvergov.org/NISConcerns/complaintform>. If you don't have access to a computer, call 3-1-1 for help and information.



Welcome New and Returning Members !
We hope you find the information and the events beneficial.

Barbara & Roger Baggett	Rosemary Street Denver, CO 80220
Leonor & Jose Perez	Xenia Street Denver, CO 80220
Jean & Felix Murphy	Ulster Street Denver, CO 80220
Umit & Elvan Goksi Kaya	Rosemary Street Denver, CO 80220
James Collings & Kathy Broy	Willow Street Denver, CO 80220
Justin & Brenda Thornton	Unita Street Denver, CO 80220
Gale Vigil-Lindsay & Victor Lindsay	
Donald Carroll	Roslyn Street Denver, CO 80220
MTA Liquors	727 Quebec Street Denver, CO 80220

Neighbors Helping Neighbors—Commander Jones Response—Con't.

We have identified a pattern of burglaries in your neighborhood. They have been occurring overnight when people are likely at home. So far of the six, five have been through unlocked garage doors and one by using the key from a key box. To date, there have been no witnesses on these burglaries. Nighttime burglaries are very concerning for us as well!

I followed up on the information from Mr. Beach. Officers were dispatched on both of the calls you reference and both times contacted the "paperboy" delivering papers in silver Ford Escape. They said that the man delivering papers was older and they observed him leaning on cars to steady himself before he walked to doors to drop the papers. The detectives are following up on this as we recognize this may be a ruse. The burglaries actually started on the 15th and occurred on the 15th, 16th and 18th for the most part.

We have given this information to all of the officers in the district and they are making a concerted effort to spend much more time patrolling there during the overnight hours. We are also working on any leads we can find to solve these crimes and identify the perpetrators.

I do appreciate Mr. Beach's comments that **it is imperative that everyone watch for any suspicious activity and call us immediately – no matter how trivial it may seem at the time.** We will be as vigilant as possible in responding to those calls.

Thank you all for your concerns and for working with us in solving this. Please pass this information along to all of your neighbors. Most importantly, remind everyone to lock their doors and windows as these thieves are taking advantage of the opportunities of unlocked doors and windows for easy, quick, quiet access to your homes and garages.

Rhonda Jones, Commander
Denver Police Department
District Two
720-913-1005



**EMNA NEEDS
YOU!!**

VOLUNTEER TODAY!

TAXES & BOOKKEEPING BY JAN

1435 Syracuse Street, Denver, CO 80220 303-377-4895

Notary Public
Income Tax Practitioner
Small Business Bookkeeper



Taxes For Less

Jan Franklin, Owner
janijaye@comcast.net

**East Montclair Neighborhood Association
General Meeting
June 16, 2010**

The meeting was called to order at 6:33 by Rob Wilson, EMNA President. Rob introduced himself as well as the 2010 EMNA Board Members. He informed the general members present about the vision and plans that the 2010 EMNA Board has for our community.

Tony Burkhardt, our District 3 (south of Colfax) Neighborhood Resource Officer, and Amy Esten, our District 2 (north of Colfax) Neighborhood Resource Officer attended the meeting.

They informed us that auto break-ins are on the rise throughout the Denver Metro area. They suggested that car owners should NOT leave their car registrations, insurance cards, or any other paperwork in their car. Carry this information in your wallet or purse. Apparently, there have been cases in which the thieves have used the personal information provided on this paperwork to produce false credit cards, and commit identity theft. Tony & Amy also suggested that car owners lock ALL personal items in the trunk, out of view, when shopping and running errands, etc. Take all personal property out of the car when you get to your final destination.

With the summer months upon us, we like to leave our windows open so we can have our Colorado breezes blowing through our homes. Unfortunately, this also is an easy entrance for thieves. There have been several break-ins in our neighborhood, recently. Amy Esten suggested that we keep our windows & doors closed & locked when we're not at home.

One of the guests at the meeting brought up an issue that has been an on-going problem in their part of our neighborhood. One of Denver Police Athletic League sponsored teams practice at one of our neighborhood parks. The neighbors have dealt with loud music, trash left in the park after the practice, participants & spectators parking in front of driveways, and many other issues. Tony & Amy suggested that whether or not you live near a park, if you have any problems, you should call one of the City agencies (listed at the end of the minutes) for assistance. We were told by both Tony and Amy, if you feel anything suspicious is happening in your neighborhood, CALL THE POLICE. They will be happy to assist you. If it takes what seems to be a long time for the police to come, please remember that they need to prioritize their calls in order of severity.

Another bit of information that Tony shared with us; if you are going on vacation, put timers on your interior lights, and keep your home looking 'occupied'. You can also call the Denver Police Department and ask them to add your home to their patrol. Tony said that it's called a 'vacation check'. Call the DPD for details.

We have a new restaurant in our neighborhood! Pandora's Mexican Restaurant and Lounge's application for a cabaret/liquor license was approved. The restaurant is located at 7800 East Colfax (at Spruce). They are hoping that all of the final details will be finished up within the next week, and their Grand Opening is slated for June 25, 2010. The owners, Jose & Rafaela, treated us to delicious food, including fajita chicken, rice, beans & wonderful pico de gallo. Pandora's will specialize in authentic Mexican and Tex/Mex cuisine. Both Jose & Rafaela are very excited to be part of our community.

On July 27, 2010, there will be an appeals hearing for the Zion Church on the corner of 16th & Syracuse. In April, they were cited for several code violations, and are appealing the charges.

Tera Pagel-Holschuh informed the members present about the available information and progress of the Eastside Mobility Study. Some of the ideas to alleviate traffic congestion along Quebec, without displacing residents, are to make Quebec a one way street travelling south, and making Syracuse a one way going north (from 11th to Montview. Another idea being considered, is widening Yosemite street to help alleviate traffic congestion that will eventually come from I-70.

The decision for the 600K GOCO Grant for the park at 13th & Xenia is scheduled for June 17th, 2010. Donations are still being accepted. Naming of the park is still open. One suggestion that was made, and was very well accepted by the meeting attendees, is The Bonna Gayhart Park. Bonna has been involved with EMNA and the community for 30+ years, and is a wonderful asset to the community.

Rob announced to the meeting attendees that we have an opening for another Board Member, as well as the need for a new Editor for our bi-monthly newsletter.

EMNA will incorporate Roundtable discussions with members and the EMNA Board, to find out the best ways to move our organization forward and to be more productive. More information about this will be available soon.

Ed Wasserman gave us information and results about the Colfax Marathon. EMNA was the only neighborhood association to participate in the race. We hope to have more participation next year.

Linda Johnson, Secretary

East Montclair Neighborhood Association

TREASURER'S REPORT

May/June/July Revenue:

Ad Income:	\$ 45.00
Family Dues:	170.00
Business Dues:	25.00
Member Donations:	10.00
Mail Fees:	40.00
Yard Sale	418.76
FOF Ticket Sales	190.00
Flower Power	<u>284.50</u>
Total:	\$ 1183.26

Bank Balance: \$ 2163.35

May/June/July Expenses:

Printing:	427.65
Postage :	47.20
Misc.	94.91
Yard Sale	<u>208.56</u>

Total: \$ 778.32



JOIN EMNA

EMNA wants you to get involved and make a difference in your neighborhood!

Goals: improve our quality of life, provide a neighborhood voice, and have fun!
Benefits: receive our newsletter and be able to vote on issues brought before the organization.
 If you are interested, please join us and participate in our activities.

2010 EMNA MEMBERSHIP APPLICATION / RENEWAL FORM

Name 1: _____

Name 2: _____

Address: _____

Phone: _____ Ext. _____

E-mail: _____

To receive our newsletter by e-mail, check here _____

DUES: Family: \$10.00 for voting members (max of 2, age 18 or older)

Business: \$25.00 (includes business card ad in next issue)

Annual Mailing Fee: \$5.00

PLEASE CHECK AREAS OF INTEREST:

- Officer/Board Member _____
- Refreshment Committee _____
- Telephone Committee _____
- Program Committee _____
- Zoning & Licensing Committee _____
- Graffiti Committee _____
- Special Events _____
- Membership Committee _____
- Property Upkeep Committee _____

If you are a first time member, where did you hear about us? _____

PAYMENT: Dues \$ _____

Mailing Fee \$ _____

Donations \$ _____

Total \$ _____

Remit to: EMNA Membership

P. O. Box 201273

Denver, CO 80220-1273

Make checks payable to EMNA



East Montclair Neighborhood Association

Support EMNA

Boundaries of the East Montclair Neighborhood Association are from Quebec to Yosemite, and from 11th Avenue to Montview. Additionally, the area between Quebec and Syracuse from Montview to 23rd Avenue is also included.

Advertising Rates:

Full Page \$120.00
1/2 Page \$ 60.00
1/4 Page \$ 30.00
Business Card . . . \$ 15.00

Advertisers make checks payable to: **EMNA**

Mail to: **EMNA Advertising**
P. O. Box 201273
Denver, CO 80220-1273

Note: Send electronic, publishable advertisements with your payment.

EMNA newsletters are published bi-monthly. All submissions of newsletter items and/or advertising must be received by the 25th of the month prior to publication date.

LETTERS TO THE EDITOR

You are invited to submit letters to the editor on any subject you choose, such as comments on the newsletters, neighborhood concerns, a good neighbor, suggestions for general meetings or projects, etc.

Please send your letters to: Newsletter Editor, P O Box 201273, Denver, CO 80220-1273
or e-mail them to bonnagayhart@comcast.net

East Montclair Neighborhood Association
P. O. Box 201273
Denver, CO 80220-1273
Address Service Requested