

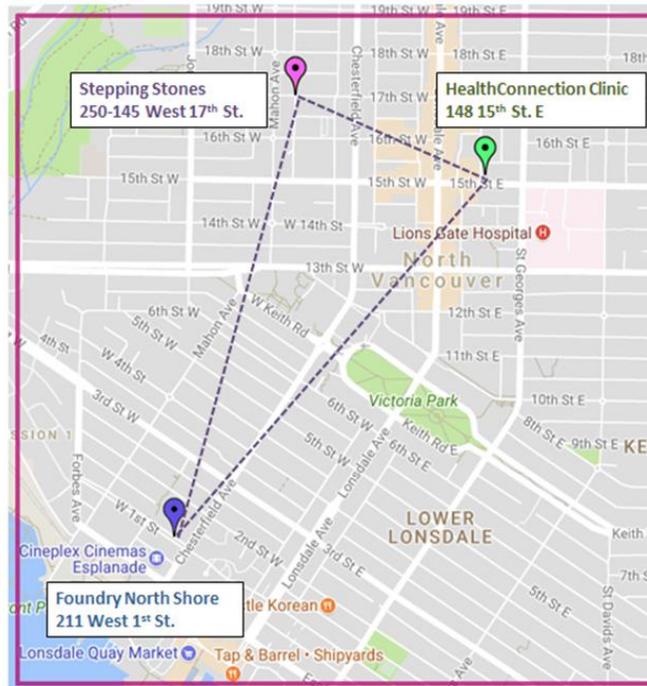
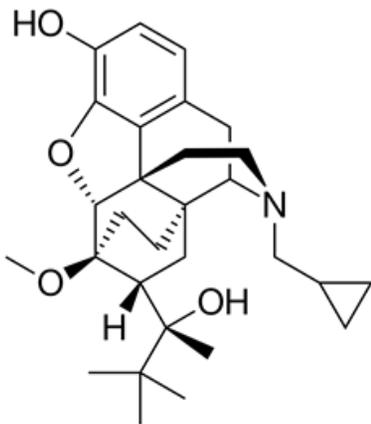
## What is OAT?

Opioid Agonist Therapy (OAT), are medications prescribed by a Physician or Nurse Practitioner as part of a client specific substance use treatment plan. OAT helps to decrease cravings and withdrawal symptoms associated with opioid withdrawal.

North Shore OAT Clients have access to a variety of services to help meet their needs and specific goals.

Some examples of commonly prescribed OAT medications are Methadone, Suboxone, and Slow-release Oral Morphine (Kadian).

For more information please contact one of the North shore OAT Services or speak to you care provider.



### Adult Services (19+)

#### **Stepping Stones Concurrent Disorders Service**

250-145 W. 17<sup>th</sup> Street, North Vancouver  
(Ph): 604.982.5616

#### **HealthConnection Clinic**

148 E. 15<sup>th</sup> Street, North Vancouver  
(Ph): 604.984.3777

### Youth Services

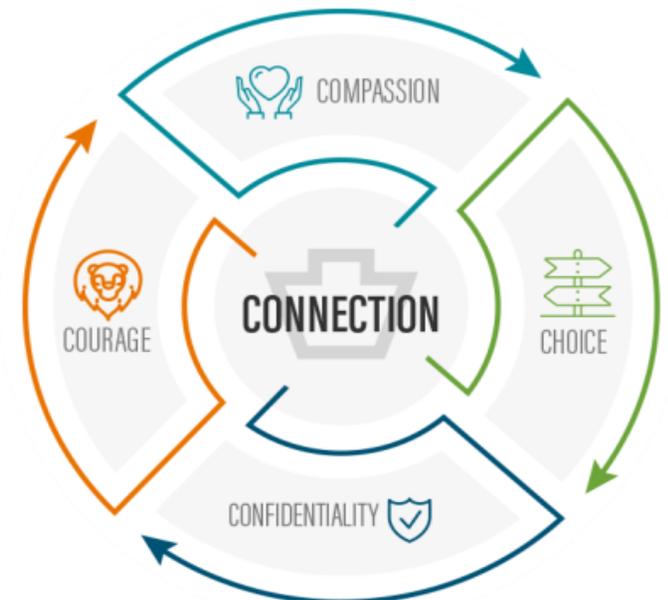
#### **Foundry North Shore**

(Youth 12-24 yrs.)  
211 W. 1st, Street, North Vancouver  
(Ph): 604.984.4060



# North Shore OAT Services

## Opioid Agonist Therapy



## Stepping Stones Concurrent Disorders Service

- Designed to support people struggling with problematic substance use who may also have mental health issues.
- The team consists of counsellors, nurses, an addiction medicine physician, psychiatrist and outreach.
- Services offered include a variety of group psychoeducational sessions and group counselling, a Day Program, consultations with an addictions physician and a psychiatrist, individual therapy, outreach support, and referrals to residential
- Referrals may come from clients, community agencies and physicians.



## HealthConnection Clinic

- We provide family medicine for people who have complex medical, mental health, substance use and social needs (housing, income and access to food).
- If you do not have a family doctor already, you can be seen by a doctor or nurse practitioner to see if the clinic would meet your needs, and have HealthConnection as your medical home.
- When appropriate, clients may be referred to substance use treatment programs, including the North Shore Opioid Agonist Therapy (OAT) program
- Our team includes Nurse Practitioners, Doctors, Nurses, a Social Services Worker and Office Assistants and we work together to help with your health needs.

## Foundry North Shore

- A province-wide network of integrated health and social service centres for young people ages 12-24.
- Foundry centres provide a one-stop-shop for young people to access mental health care, substance use services, primary care, social services and youth and family peer supports.
- We provide safe, non-judgmental care, information and resources, and work to reach young people earlier - before health challenges become problematic.
- Foundry brings health and social services together in a single place to make it easier for young people to find the care, connection and support they need.

