

THE RAPID ACCESS ADDICTION CLINIC

AT ST. PAUL'S HOSPITAL

Sam Gill, RN
Clinical Nurse Leader

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OBJECTIVES

- RAAC Mandate and Goals
- Referrals
- RAAC Services
- Statistics
- Teaching/Research
- Working with community agencies
- What is outside RAAC mandate
- Contact info



RAAC MANDATE AND GOALS



Mandate: The RAAC is a low-barrier outpatient clinic providing short-term outpatient clinical treatment for people living with substance use. The RAAC also provides consultation for community providers on challenging cases.

Goals: To stabilize patients of their addiction and connect patients to treatment programs and primary care in the community.

- treatment initiation/engagement
- withdrawal management
- relapse prevention
- connection to community care

**Accepts appointments and walk-ins
RAAC patients & bridging scripts**



REFERRALS



From:

- Self
- SPH Emergency Department
- AMCT
- Community (Family MDs, CHCs, Detox, VCH Mental Health Team, Foundry, outreach, jail, etc)

Process:

- phone or faxed referral form
- connect with intake coordinators (SW)
- goal to schedule patients within 24-48 hrs



RAAC SERVICES

- Addiction medicine
- Nursing
- Peer navigators
- Social work



Staffing model

Mon-Fri	Weekends/stat holidays
2 MDs (plus learners)	1 MD
1 RN	1 RN
2 LPN	1 LPN
2 SW	1 SW
1 peer	1 peer
1 clerk	1 clerk

RAAC SERVICES

Specialized full spectrum Addiction Medicine (any substance use disorder)

Nursing:

- Physical and mental health Assessment
- Harm reduction education
- Monitoring treatment progress
- Help manage withdrawal symptoms/administer meds
- Treatment option education
- Short-term case management
- Triaging new visits



RAAC SERVICES CONTINUED

Peer Navigation:

-Provide general health system navigation, education, and resources (including outreach) & harm reduction supplies

-Ensures immediate support to patients by providing:

- accompaniment to clinic and community agencies
- emotional support, model lived experience of recovery, tangible insight to path to recovery
- linkage to community recovery agencies, promote the value of RAAC/engaging in treatment
- Peer office provides safe space/snacks/access to clothing room
- Support clinic QI initiatives
- All-around an invaluable resource



RAAC SERVICES CONTINUED

Social Work:

- Applications to treatment programs and financial aid
- Gaining access to Pharmacare
- Connections to community services, primary care
- Support in accessing housing/shelters
- Short-term Drug and Alcohol Counseling
- Bridging services from our clinic to the community
- Access to groups offered through Urban Health (Smoking cessation, contingency management – CBT group under development)
- Screening new intakes/referrals

ANCILLARY SERVICES/FURTHER SUPPORT

Specialty clinics

Psychiatry

- Up to 3 sessions
- Concurrent disorders
- By physician referral (RAAC MD)
- Diagnostic clarification, consultation/recommendations
short-term follow-up (in context of stabilizing substance use)



Chronic pain

- By physician referral (RAAC MD)
- Must be in context of addiction (pure CP referrals not accepted)

Dietician

- Short-term consultation and support for food-insecure clients, rapid/unexplained weight loss, or anyone who would benefit from dietary support

ANCILLARY SERVICES/FURTHER SUPPORT (CONT'D)

Overdose Prevention Site

- On-site (walking distance from RAAC)
- Peer-ran (rain city employees contracted)
- Safe space to use under supervision & to test drugs



Transitional care center/HUB ED

- Located inside SPH Burrard building (close to RAAC)
- Temporary shelter beds (12 beds)
- Ability to follow up frequently at RAAC while awaiting longer-term housing or intake to treatment/detox

Indigenous health & wellness team

4 regular team members

Provide culturally competent spiritual health support integrated with care plans, ceremonies (ie. Smudging)



STATS

RAPID ACCESS ADDICTION CLINIC (RAAC)

March 18, 2019

RAAC
Opened



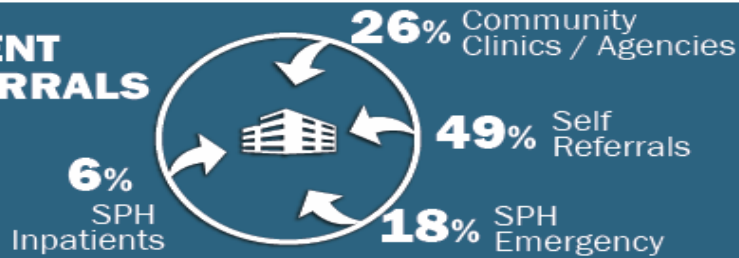
4324 Patients
seen

Number of patients referred for:

Opiate Use: **66%** Benzo Use: **2%**
Alcohol Use: **21%** Stimulant Use: **4%**
Consult Only: **3%** Other: **4%**



PATIENT REFERRALS



1797



Patients transferred to community for continued care



The RAAC Team consists of:

- 20** Addiction Medicine Physicians
- 3** Full-Time Nurses
- 3** Social Workers
- 3** Peer Navigators
- 2** Administrative Assistant
- 1** Clinical Nurse Leader
- 1** Patient Care Manager

Patients started on Opioid Agonist Therapy (OAT)
(e.g. Methadone, Suboxone)

2317

28

Average number of **new patients each week**

90 days

Average Length of Stay

providencehealthcare.org/raac

Providence
HEALTH CARE
How you want to be treated.

Providence
HEALTH CARE

TEACHING/RESEARCH

Teaching

- Teaching is integrated in with clinical care at RAAC
- Medicine: Addiction fellows, GPs, residents, med students
- Typically 2-3 learners per week
- Nurses and nurse practitioners



Research

- Research is integrated in with clinical care at RAAC
- Currently 3 trials (OPAC, OPTIMA, iOAT)
- Recruitment within RAAC (by nurses –supported by research staff co-located in clinic)
- Screening built-in to initial consent process

WORKING WITH COMMUNITY AGENCIES



Liaise with community:

- Returning clients
- Linking to primary care
- Linking to OAT prescriber
- Shared care
- Consultation on complex cases
- Support family MDs to provide treatment
- Bridging scripts

OUTSIDE OF MANDATE

- Individuals who are attached to addiction medicine already (unless referral is provided by their MRP –unless for bridging)
- Individuals with an active prescription
- Individuals seeking bridging prescriptions who want to alter their treatment plan (covered in RAAC bridging policy)
- Primary care

HOW TO CONTACT US

2nd Floor Burrard Building at SPH
ph: 604-806-8867/ fax: 604-297-9678
7 days a week 9am-4pm

sgill6@providencehealth.bc.ca
604-329-1613

