

Our deepest fear is not
that we are inadequate.

Our deepest fear is that
we are powerful beyond measure.

It is our light not our
darkness that most frightens us.

We ask ourselves,
who am I to be brilliant, gorgeous,
talented and fabulous?

Actually, who are you not to be?

You are a child of God.

Your playing small
does not serve the world.

There's nothing enlightened
about shrinking so that other people
won't feel insecure around you.

We were born to make
manifest the glory of
God that is within us.

It's not just in some of us;
it's in everyone.

And as we let our own light shine,
we unconsciously give other people
permission to do the same.

As we are liberated from our own fear,
Our presence automatically
liberates others.

Marianne Williamson