

**Holloman AFB Fitness Center Statement of Understanding (SOU)  
of Rules During Unmanned Operations**

**Applicant Name (Rank if AD):** \_\_\_\_\_ **Squadron:** \_\_\_\_\_

**Common Access Card Barcode Number:** \_\_\_\_\_ **CAC Expiration Date:** \_\_\_\_\_

**TDY?**            **Yes/No**

**DEPENDENT/RETIREE ONLY:**

**Sponsor Name, Rank and Squadron:** \_\_\_\_\_

**Your Email & Phone Number:** \_\_\_\_\_

**Compliance with these rules is mandatory.**

I understand and agree that my access to the Fitness Center during unmanned operations is a privilege which may be revoked immediately for any violation of the rules. As a DoD CAC holding member/authorized patron, I agree to abide by all Holloman AFB Fitness Center rules for unmanned operations. The Fitness Center will post the rules, which may be amended as needed at the discretion of the Holloman AFB Fitness Center Superintendent.

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARAGRAPH 1. HOLLOMAN AFB FITNESS CENTER RULES DURING UNMANNED OPERATIONS:**

- Only Common Access Card (CAC) holders/authorized patrons who have registered with the Fitness Center for access during unmanned operations will have permission to use the Fitness Center during unmanned operations.
- Guests CANNOT attend with you during unmanned operations.
- CAC sharing (piggy-backing) is strictly prohibited and will result in immediate loss of privileges.
- Non-registered personnel CANNOT attend during unmanned operations.
- You will swipe your access card once for entry at the front door of the Fitness Center. If you are already in the facility when it closes, you will exit the facility and swipe back in for accountability.
- You will ensure that upon gaining entry to or when leaving the facility, the door closes securely behind you. All other doors MUST remain closed except in an emergency.
- There will be no supervision or assistance during unmanned operations, and you are expected to behave in accordance with good order and discipline. You will exercise reasonable care, and obey all posted rules and instructions, including the instructions on the fitness equipment regarding safe usage.

- Your access during unmanned access will be granted for twenty-four (24) months at a time. The Fitness Center Superintendent/designee has the right to terminate your privileges at any time without notice.
- Offices, locker rooms, and spin room will be locked and off limits.
- Cameras will closely monitor activities within and around the Fitness Center during unmanned operations. Actions such as theft, defacement or intentional damage to government property will be reported.
- In the event of a power outage, the facility will close immediately. Members must gather their belongings and exit the building promptly unless dangerous conditions exist outside.
- In the event of Natural Disaster, Major Accident, and CBRNE incident I will follow the published procedures.
- If you become injured or have a medical emergency, that will most likely not be anyone on site to respond to your emergency. If you need assistance, an emergency phone is located in the front lobby. The use of the “Buddy System” is HIGHLY ENCOURAGED; therefore, individuals are recommended to have at least one authorized workout partner with them.
- For patrons (dependents, retirees etc.) issued Fitness access card from fitness staff, only one card will be issued. If lost or stolen no new card will be issued. No exceptions. If card is lost or stolen please report to Fitness center as soon as you can.
- Violation of the rules will result in loss of privileges and Military members are subject to the UCMJ.

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARAGRAPH 2: DAMAGED, LOST OR STOLEN PROPERTY:**

I understand that the United States Government, the United States Air Force, Holloman AFB, all administrative subdivisions and agencies thereof, and the respective personnel and employees thereof are not responsible for any of my personal property that is damaged, lost or stolen while in or around the Holloman AFB Fitness Center. I understand and agree that I may be held liable for all damage I cause to the equipment or physical infrastructure of the Holloman AFB Fitness Center.

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARAGRAPH 3: ASSUMPTION OF RISK OF INJURY AND WAIVER OF CLAIMS:**

I assume all risk of injury and waive all rights to pursue money damages or any relief of any kind as a result of injury or other loss occurring at or near Holloman AFB Fitness Center. In the event I am injured while at HAFB Fitness Center during unmanned operations, I will hold harmless the United States Government, the United States Air Force, Holloman AFB, any administrative subdivision or any agency thereof, and the respective personnel and employees thereof from all claims of any sort for damages or for other relief. I

understand and agree that the Fitness Center will be unsupervised and that no military personnel or other employee will be on site to help me use the equipment or exercise in the manner that I choose to exercise. I acknowledge there are possible dangers connected with any physical activity (including the dangers of physical injury and death) and knowingly and voluntarily waive my rights to make legal or equitable administrative subdivisions or agencies thereof and the respective personnel and employees thereof. This assumption of risk and waiver of liability applies to my family members and successors.

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARAGRAPH 4: PRE-EXISTING MEDICAL CONDITIONS:**

I represent that I am in good physical health and have no symptoms, medical conditions, impairments, or diseases that may be aggravated, worsened, or induced by my intended use of the Holloman AFB Fitness Center during unmanned operations. If I have any health or medical concerns now or after I register, I will immediately discontinue my use of the Fitness Center during unmanned operations until I am cleared for physical activity by a competent medical physician. I agree not to engage in any use of the Fitness Center that will result in self-injury or adversely affect my health or safety.

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**I am /am not  being issued access card from fitness center to use as Fitness Access card and understand policy in place concerning lost/stolen cards and one time issue of card.**

**Initials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**I am  / am not  familiar with how to *safely* operate all fitness equipment available during unmanned hours. If not, an equipment orientation is required before using facility after-hours.**

**Orientation Date:** \_\_\_\_\_

**An orientation is required for the Emergency/Safety Zone [Emergency procedures/information, Phone, Automated External Defibrillator (AED), first aid kit with instructions].**

**Orientation Date:** \_\_\_\_\_

**I certify that I have read and understand the rules of operations during unmanned operations at the Holloman AFB Fitness Center, and I agree to all of the terms and conditions of this statement of understanding.**

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*(Parent/Legal Guardian for individuals 16-17 yrs of age)*

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_