

## Soups/Salads

- Rasam**• - spicy tomato lentil soup - 5.45  
**Tomato Soup** - Indian spiced tomato soup - 5.95  
**Mulligatawny Soup**• - tomato lemon herb lentil soup - 5.95  
**Garden Soup** - mixed vegetable soup - 5.95  
**Sambar (side order)** - tangy lentil broth - 5.45  
**Garden Salad** - lettuce, tomato, cucumber, carrots, house - 5.95  
**Katchumber Salad**• - chopped vegetable salad, lemon vinegar - 6.95

## Appetizers

### Assorted

batata vada, samosa, pakora & bajjia - 11.95

### Papadum

lentil wafers w/sweet spicy sauce - 2.95 w/masala - 3.95

**Masala Spiced Cashew Nuts**• - 7.95

### Behl Puri

puffed rice,crispy noodles,tomato, onion w/ tamarind&cilantro-6.95

### Idli

steamed rice & lentil flour cakes - 6.95,  
in rasam• or sambar• bowl - 7.95

### Idli Vada

combo of one idli & one vada - 6.95,  
in rasam• or sambar• bowl - 7.95

### Medu Vada

lentil flour donuts - 6.95  
in rasam• or sambar• bowl - 7.95

### Dahi Vada

vada in yogurt sauce - 7.95

### Batata Vada

potato fritters in a sweet and spicy sauce - 6.95

### Pakora

minced spinach mixed vegetable & chickpea flour fritters - 7.95

### Bajjia

vegetables (choice of potatoes, onions, mirch, plantain  
or mixed) in chickpea batter - 6.95

### Bonda

potato fritters - 6.95

### Alu Chaat

potato in a yogurt tamarind & cilantro sweet spicy sauce - 7.95

### Chana Chaat

chickpeas in a yogurt, tamarind & cilantro sauce - 7.95

### Samosa

potato & green pea turnovers - 6.95

### Samosa Chaat

samosas in a yogurt tamarind & cilantro sweet spicy sauce - 7.95

### Papri Chaat

crispies topped with tamarind, sweet yogurt & date chutney - 7.95

## Punjabi Curries

served with basmati rice

### Alu Palak

potato & creamed spinach - 11.95

### Alu Matar

potato, green pea & mildly spiced tomato sauce - 11.95

### Alu Gobi

potato, cauliflower & mildly spiced tomato sauce - 11.95

### Alu Chana

potato, chickpea & mildly spiced tomato sauce - 11.95

### Alu Baigan

potato, eggplant, tomato & onion - 11.95

### Baigan Bartha

eggplant, tomato & onion - 11.95

### Chana Saag

spinach, chickpea & cream sauce - 11.95

### Chana Masala

chickpea, onion & masala spices - 11.95

### Gobi Masala

cauliflower & masala spices - 11.95

### Bhindi Masala

okra, tomato, onion & masala spices - 11.95

**Any allergies, please inform waiter.**

### **Dal Makhani**

Dal in spicy cream sauce - 11.95

### **Malai Kofta**

two vegetarian 'meatballs' in a spicy tomato cream sauce - 12.95

### **Navratan Korma**

mixed vegetables, nuts & cream sauce - 12.95

### **Kadhai Paneer Masala**

paneer, tomato, bell pepper & masala spices - 12.95

### **Matar Paneer**

green peas, cheese & tomato cream sauce - 12.95

### **Palak Paneer**

creamed spinach & cheese - 12.95

### **Chole Batura**

large puffed bread with spicy chickpeas - 13.95 (no rice)

## **Gujarati Curries**

served with basmati rice

### **Undhiyu**

potato, eggplant, yam, pigeon peas - 11.95

### **Kala Chana**

black chickpea, onion & tomato, coconut milk - 11.95

### **Whole Mung or Yellow Dal**

mung or yellow green dal, tomato & spice - 11.95

### **Sukhi Bhaji**

potato, hot pepper, onion - 11.95

### **Kadi-Pakora**

creamy mildly spiced yogurt sauce - 11.95, with pakodas - 12.95

### **Dal Palak**

Southern style lentil and spinach curry served w/ Basmati rice - 11.95

## **Dosa**

large crispy crepes served with coconut chutney & sambar

### **Sada**

crispy rice & lentil flour crepe - spice free - 10.95

### **Masala**

sada dosa with a mildly spiced potato filling - 11.95

### **Ghee Masala**

sada dosa filled with masala & butter - 12.95

### **Paper**

extra thin & crispy - 11.95

### **Paper Masala**

paper dosa with a mildly spiced potato filling - 12.95

### **Onion Dosa**

crispy rice & lentil flour crepe with onion - 11.95

### **Gun Powder Masala Dosa**

crispy rice & lentil flour crepe, potato & powdered chillies - 12.95

### **Paneer Masala Dosa**

sada dosa filled with masala & paneer - 12.95

### **Spinach Masala Dosa**

sada dosa filled with spinach masala - 12.95

### **Spinach Paneer Masala Dosa**

sada dosa filled with spinach masala & paneer - 13.95

### **Mysore Sada**

hot mysore spices added to the crispy rice & lentil flour crepe - 11.95

### **Mysore Masala**

sada dosa with mysore masala filling - 12.95

### **Rava**

semolina & rice flour crepe flecked w/cilantro - 11.95

### **Rava Masala**

rava dosa filled with mildly spiced potatoes - 12.95

### **Onion Rava**

semolina & rice flour crepe flecked w/cilantro & onions - 12.95

### **Onion Rava Masala**

rava dosa filled with masala & onion - 12.95

### **Mysore Rava Masala**

rava dosa filled with masala & mysore spices - 13.95

### **Paneer Rava Masala**

rava dosa filled with masala & paneer - 13.95

### **Rava Masala w/Chili & GunPowder**

rava dosa filled with masala & hot green & powdered chillies - 13.95

### **Coconut Rava Masala**

rava dosa filled with coconut & masala & chillies - 13.95

**Any allergies, please inform waiter.**

## Uttapam

savory rice & lentil flour pancakes sprinkled with cilantro and various toppings served with coconut chutney & sambar\*

Plain - 9.95

Coconut - 11.95

Paneer\* - 11.95

Mushroom - 11.95

Pea & Onion - 11.95

Onion & Hot Pepper\* - 11.95

Mixed Vegetable - onion, tomato, pea & carrot - 12.95

Chili, Tomato & Garlic\* - 12.95

Chili & Cheese (our Pizza!)\* - 12.95

## Thali

items are served together on a traditional thali set

### Tiffin Wallah

papadum, palak paneer\*, chana masala, rasam\*, raita\*, chapati, rice & kheer\* - 18.95

### Gujarathi

batata vada, kachori, undhiyu\*, kadi, rice, poori, date chutney & rasmalai\* - 18.95

### Punjabi

mutar paneer\*, chana masala, dal, chapati, appetizer of the day, rice, raita\*, dessert\* - 18.95

### Rajasthani

bhindi masala, malai kofta\*, dal, chapati, appetizer of the day, rice, raita\*, dessert\* - 18.95

### South India

idli, medu vada, masala dosa, uttapam, sambar\*, coconut chutney & badam halwa\* - 18.95

### Sapadu

papadum, aviyal, poriyal, kootu, korumbu\*, rasam\*, sambar\*, yogurt\*, poori, rice & dessert - 18.95

## Rice

served with raita\*

### Pulav

basmati with mixed vegetables - 11.95

### Kashmiri Pulav\*

basmati with fruits, nuts, saffron, rose & cream sauce - 12.95

### Biryani

basmati rice with vegetables & spices - 12.95

## Bread

Chapati - whole wheat flat breads - 5.95

Pulka - fat-free flat breads - 5.95

Paratha - layered whole wheat bread - 5.95

Stuffed Paratha - choose onion, paneer\*, pea or potato-6.95

Malabar Paratha-layered bread, specialty of Kerala-8.95

Poori - fried puffy bread - 5.95 poori & masala - 8.95

## Accompaniments

Ghee\* - 1.95

Mango, Coconut or Date Chutney - 2.95

Fresh Homemade Yogurt\* - 2.95

Raita\* - cool yogurt with cucumber, onion & mint - 3.95

Achar\* - spicy Indian pickles - 2.95

Dosa Podi\* - ground chili in oil - 2.95

Rice - plain steamed basmati - 3.95

## Desserts

### Kheer\*

rice pudding - 6.95

### Gulab Jamun\*

milkballs soaked in sweet syrup - 6.95

### Rasmalai\*

sweet cheese in saffron cardamom cream - 6.95

### Ice Cream\*

mango or vanilla - 6.95

### Kulfi\*

dense cardamom scented ice cream - 6.95

### Gajar Halwa\*

shredded carrots & cheese in sweet syrup - 6.95

### Badam Halwa\*

sweet almond paste with ghee & saffron - 6.95

### Halwa a la Mode\*

warm badam halwa topped with ice cream - 8.95

**Any allergies, please inform waiter.**

# WEEKEND SPECIALS

## Appetizers

### Rava Idli

steamed spiced semolina cakes - 7.95  
in rasam\* or sambar\* bowl - 8.95

### Kanjeepuram Idli

steamed spiced rice cakes w/ginger, cumin & ghee - 7.95  
in rasam\* or sambar\* bowl - 8.95

### Dal Vada\*

fried ground lentil patties w/onion & green chili - 6.95

### Pao Bhaji\*

Marathi style vegetable curry served with a soft toasted bread roll - 10.95

### Gobi Manchurian

batter fried cauliflower florets with an Asian inspired tomato glaze & cooked until dry - 13.95

## Thali

### Weekend Thali\*\*

rava idli, dal vada, pongal, mini masala dosa,  
badham halwa, sambar, coconut chutney - 18.95

## Dosas/Adai

served with coconut chutney & sambar\*

### Topi Dosa

kids' special spice-free dosa in the shape of a cone - 10.95

### Set Dosa

steamed rice & lentil flour crepe, soft & fluffy - 10.95, with masala - 12.95

### Pesarattu with Upma\*

green moong dal dosa w/onion, chili & spices - 13.95

### Pondicherry Masala Dosa\*

South Indian specialty - masala dosa with dosa podi, red onion, tomato & chili - 13.95

### Chili & Cheese Dosa\*\*

our version of a quesadilla, crisp dosa spread with cheese & a dash of chili - 13.95

### Spring Dosa

our version of a spring roll  
dosa wrapped around sauteed cabbage, carrot & bell pepper - 13.95

### Jaipur Masala Dosa\*\*

crisp dosa w/spicy cheese, onion, tomato, chili & pea filling - 13.95

### Adai\*

mixed lentil tawa pancake w/onion, chili, aviyal, & jagri - 13.95

### Malabar Paratha & Kurma

multilayered bread, specialty of Kerala, & vegetable kurma - 13.95

## Rice, Grains & Noodles

### Pongal\* / Vada

rice & lentils with a dash of ginger & chili - 12.95

### Upma\*

Indian polenta, semolina w/ onion, chili, ginger & spices - 11.95

### Vermicelli Upma\*

vermicelli noodles with onion, tomato, potato, cashews, peanuts, chili and seasoned with Indian spices - 12.95

### Aviyal\*

coconut curry with mixed vegetables & cream, with rice - 12.95

### Bisibelabath\*

rice, lentils, peanuts, mixed vegetables & South Indian spices served with papadam - 11.95

### Tomato Rice

tomato flavored served with raita & papadam\* - 10.95

### Yogurt Rice\*

spiced rice & yogurt served with pickle\* - 10.95

### Lemon Rice

lemon flavored rice served with raita & papadam\* - 10.95

### Tamarind Rice\*

tamarind & spice rice dish served with raita & papadam\* - 10.95

### Coconut Rice

rice flavored with coconut and served with raita & papadam\* - 10.95

### Fried Rice

our version of Chinese fried rice with onion, carrot, cabbage, bell pepper, soy sauce & spices\* - 11.95

**Any allergies, please inform waiter.**

## Beverages

### Soda

coke, diet coke, 7-up, ginger ale, thumbs up, limca, fanta - 2.25

### Mineral Water - 2.25

**Perrier** (sparkling mineral water) - 2.95

### Masala Chai

Indian chai spiced tea with milk - 2.95

### Tiffin Coffee

Indian coffee with hot frothy milk - 2.95

### Mango Juice - 4.95

### Lassi

yogurt shake choice of mango, sweet or salty - 4.95

### Mango Milkshake

mango & milk - 4.95

### Chaas

yogurt shake with salt and spices - 4.95

## Beer/Wine

**Taj Mahal** 12 Fl Oz - 6.95 650 ml - 9.95

**1947** 12 FL Oz - 6.95

**King Fischer** 12 Fl Oz - 6.95 650 ml - 9.95

**Flying Horse** Royal Lager Beer 650 ml - 9.95

**Lion Stout** 12 Fl Oz - 6.95

**Montauk Summer** 12 Fl Oz - 6.95

**Braven Buschwick Pilsner** 12 Fl Oz - 6.95

**Harpoon IPA** India Pale Ale 12 Fl Oz - 6.95

**Alfasi** Chile Merlot (Red) 750 ml - 38 By Glass - 9.95

**Vina Encina** 100% Tempranillo (Red) 750 ml - 38 By Glass - 9.95

**Red by W. California** (Red) 750 ml - 38 By Glass - 9.95

**White by W. California** (White) 750 ml - 38 By Glass - 9.95

## • Spicy , • Dairy

All of our authentic Southern Indian dishes are prepared fresh to order from wholesome natural ingredients and in accordance with Kosher dietary laws. 30 minutes or more may be required in order to serve the freshest food possible.

Tiffin is actually an old-English word for a light meal, and eventually became the name for a multi-compartment metal lunch box. Tiffin Wallah, in India, translates as "one who carries the box." Tiffin Wallahs originated over a century ago to bring tasty Indian food to the workplace and have evolved into an amazing lunch delivery system in India. We are bringing the concept to New York City. Delicious vegetarian South Indian dishes delivered fresh to your table.

Currently delivering in the Murray Hill area.

CERTIFIED KOSHER

JAIN, VEGAN OPTIONS AVAILABLE

## Luncheon Buffet

Monday through Friday 11:30 am - 3:00 pm

Various curries, rices, breads, salads & desserts prepared fresh daily.

## Luncheon Buffet Delivery

Lunch delivery includes 2 curries, 1 rice, 2 breads, salad & dessert.  
additional items below extra

(raita, relish, coconut, coriander/tamarind chutney, sambar)

**Any allergies, please inform waiter.**