



DUKE OF EDINBURGH'S AWARD



entrust
Inspiring Futures

YOUR ADVENTURE STARTS HERE



Entrust manage the DofE Licence for Staffordshire.
We are proud to be able to support young people in
achieving their DofE Award.

DofE gives all young people aged 14-24 the chance to develop skills for life, work, fulfil their potential and have a brighter future. You will find yourself helping people from the community, getting fitter and developing a range of skills.

About the Award

There are **3 AWARD LEVELS** (Bronze, Silver and Gold). You achieve your Award by completing a personal programme of activities in four sections (five if you're going for Gold):

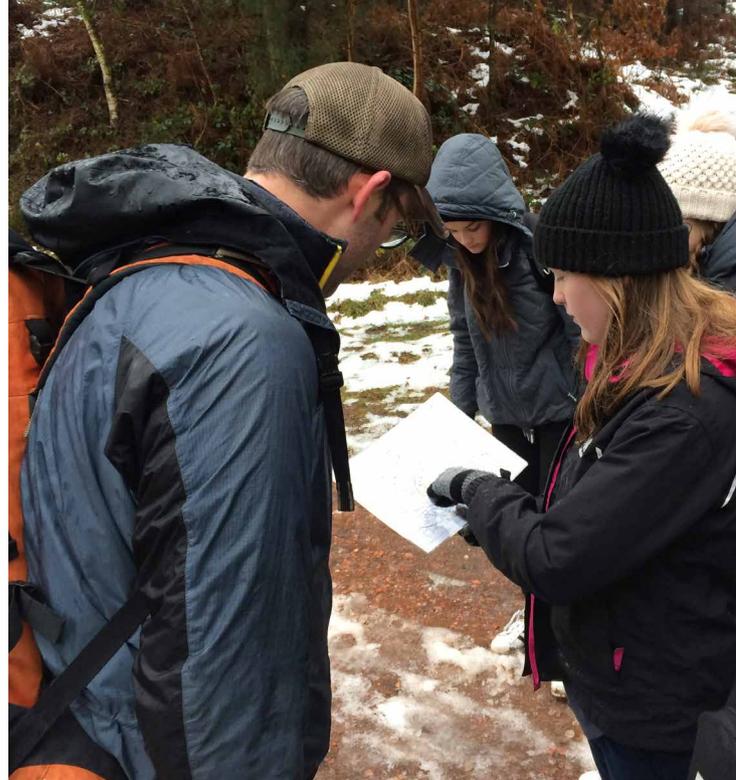
1. Volunteering
2. Physical
3. Skills
4. Expedition
5. Residential (Gold only).

How do I start my DofE Journey?

Start your DofE adventure today with Entrust.

1. **Contact the DofE Team at Entrust** - Decide what level of DofE programme you would like to do (Bronze, Silver or Gold) linked to your age.
2. **Complete** a registration form and pay a registration fee to Entrust.

Once you are registered to start your DofE you will receive your online eDofE log in/link via email and a welcome pack in the post - containing helpful information and your DofE Reward Card. You will use this account to record your DofE Activities, upload pictures and keep a track of your progress. When you have completed each section, submit it for approval in your eDofE account. A member of the DofE Team will arrange to meet you to help you set up your account.



Completing the Award

In Staffordshire we have created a model which allows young people to access and complete their DofE Award.

There are three ways to complete the DofE:

1. Via your school (if the school is a Direct Licence Centre)
2. Via a local DofE Volunteer Group
3. Via direct enrolment through Entrust as an independent participant.

You can create a unique person programme, which is fun and will give you the vital skills needed for your future work and life.

Entrust will verify your sections and your overall Award when you have completed all the sections. You can get support along the way from the DofE Team at Entrust.

When you achieve your Award you'll receive a badge and certificate. Remember to tell your Entrust Leader about your plans so you don't waste your time on activities which won't count or don't fit with the right section. Once everything is agreed and in place you're ready to start your adventure.

FIND OUT MORE

To find out more about the DofE Award and how we can help you, please email dofe@entrust-ed.co.uk



LET US PROVIDE YOUR DofE EXPEDITION

Entrust hold a Approved Activity Provider (AAP) Licence.
We can provide DofE Expeditions: On foot, by canoe or
kayak or by bike.

This is the most memorable part of your DofE Journey. It will push your limits, test your resilience and build character. Most of all it will create great memories and will be an exciting experience from start to finish.

Approved Activity Provider (AAP)

Entrust are an Approved Activity Provider (AAP), which means that we have been granted a licence by the Duke of Edinburgh's Award to provide expeditions and residentials to participants.

Helping to achieve your goal

We ensure that staff are appropriately accredited to provide the highest standard of outdoor instruction. Approved by Mountain Training, British Canoeing and British Cycling Associations, our instructors can offer unique ways to ensure you achieve your goals including:

- Bespoke packages
- Expeditions at UK-wide locations
- Training days
- Practice and qualifying expeditions

We can provide expeditions direct for Schools. These expeditions can be tailored to the needs of the schools, location of the school and budget. In addition we have open expeditions throughout the year.

Kit list

Entrust will provide:

- Tents - allocated to a group, you will be expected to share with the same gender and age group
- Cooking stove and gas
- Map and compass

You will need to provide:

- Walking boots and waterproof clothing
- Sleeping bag and roll mat
- Rucksack
- Food
- Personal first aid kit
- Personal medication (if required)
- Clothing, wash kit, pillow (optional), towel etc
- Transport to/from the start/finish of the expedition

Guidance from Entrust

The DofE have a recommended Kit List for expeditions. You can view the list at:

www.dofeshopping.org/dofe-expedition-kit-list/

Please do not feel that you have to buy everything on this list. Depending on the type of expedition, our instructors will provide you with advice and guidance on essential kit as well as appropriate food to take on the expedition.

FREQUENTLY ASKED QUESTIONS



How much does the DofE Award cost?

To register for your Award you have to pay a small registration cost, this buys your place from DofE. Entrust adds a £5.00 administration fee. This is to support the set up, approving and verification of your Award along with support along the way.

Bronze £20.00 + £5.00 = £25.00 Silver £20.00 + £5.00 = £25.00 Gold £27.00 + £5.00 = £32.00



What other costs do I need to consider?

The costs of completing the expedition section. You need to use an Approved Activity Provider, such as Entrust. Also there maybe some costs involved depending on what activities you choose to do for your sections. Please contact us for more information.



Do I need to attend a group on a regular basis if I register with Entrust as an Independent participant?

No you do not have to attend a group, you will be an 'independent participant', this means you can work through your award at your own pace; you use the online eDofE website to log all your evidence and activity. The Entrust DofE team will support you through your Award. We may at times hold meetings at various locations we would encourage you to attend these meetings to get support for completing your Award. There are local voluntary DofE groups in some areas of Staffordshire, these groups can offer you more support, drop in sessions and regular meeting sessions – if you want to join one of these groups Entrust will transfer your account over to the most local group. Speak to your DofE manager about this in more detail.



Where can I find out what activities I can do for each DofE section?

You can log onto www.dofe.org and look at the different opportunities available in your local area. You can also research what type of activities you can do for each section. You can look for Approved Activity Providers (AAP) – these organisations are approved by DofE to provide an activity for you.



What is the age range for the different levels and DofE overall?

Participants will be able to enrol on the Bronze Award at any time in the school year that they turn 14, without having to wait for their 14th birthday. This means that students will be able to take part in the expeditions with their peer group, which will be better for those with summer birthdays. Likewise, the pilot allows them to enrol in the Silver Award in the school year when they turn 15. However for Gold Award, the age requirement stays the same and the participant must be aged 16 before they can enrol.



What do the sections of the DofE Award consist of?

Examples such as:

- Volunteering: undertake services that benefit the community.
- Physical: improve in an area of sport, dance or fitness.
- Skills: develop practical, social skills and personal interests.
- Expedition: planning, training for and completion of an adventurous journey in the UK or aboard.

At Gold level, participants must do an additional Residential section, which involves staying and working away from home doing a shared activity.

Each section must be done for a minimum period of time. It must be monitored and then assessed by someone with knowledge of that particular activity to achieve an Award. Each progressive level demands more time and commitment from participants.



What are the outcomes and guiding principles of DofE?

- Non-competitive
- Achievable by all
- Voluntary
- Personal development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable



Why should I do a DofE Award? What will I gain from it?

DofE Award is a complete personalised, balanced programme. A programme of activities that develops the whole person. You will develop skills and personal attributes that you can use and apply throughout life. The award also nurtures self belief, confidence, a sense of identity and cultivates respect for people with different cultures and backgrounds.

Having a DofE Award on your CV will help to open up many opportunities when applying for college/university, and seeking employment in the future.



For more information on our DofE Award
please email: dofe@entrust-ed.co.uk
www.entrustoutdoors.co.uk