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Announcements: October 9th – Academy Closed (Columbus Day) / October 27th – Halloween Party

Birthdays: Joshua Arroyo - October 3rd / Brianna Moore – October 16th / Angel Torres – October 16th / Louis Nuñez – October 20th / Justine Burgos – October 30th

The Code of 26: Code No. 13: Perseverance: Continuing to pursue a goal even when you want to quit.

 Code No. 14: Humor: Having fun, but not making fun of others.

* Back Take (Turtle)
* Clock Choke (Turtle)
* Bow & Arrow
* Back Defense
* Positional Sparring
* Tactical Stand Up
* Hip Escapes
* Arm Bar (Guard)
* Guard Pull
* Mat Chats
* Single Leg X Entry
* Straight Ankle Lock
* Single Leg X Sweep
* Single Leg X to X Guard
* Positional Sparring

 **OCTOBER CURRICULUM**
Tiny Grapplers, Little Grapplers, Junior Grapplers, Teen Grapplers

Reminders: Always Bow when Stepping On and Off the Mat

 BXJJ School Patch Must be on ALL Gi Uniforms

 BXJJ Rashguard must be worn during No-Gi Class

Teen Grapplers

Little Grapplers

Tiny Grapplers

* Warm Ups
* Airplane Base
* Lego Grips
* Roll the Ninja

Junior Grapplers