



SuperYak's Adventures at Home

SENSORY BOTTLES!

Materials Needed:

- Clear plastic bottle (any size so long as it has an airtight cap)
- Food coloring
- Cooking oil or baby oil
- Sensory bottle items (as many as are available to you)
 - Glitter, variety of shaped beads, googly eyes, small figurines, etc.

SuperYak's Reminders!

- Be kind, be safe, and try your best!

Instructions

1. Take the cap off of your clear plastic water bottle, which should be empty and clean
2. Fill the bottle $\frac{1}{2}$ full with water
3. Add a couple drops of food coloring
4. Add Sensory bottle items by type
5. Fill the bottle the rest of the way full with cooking oil or baby oil (this will slow how fast the items move in the liquid)
6. Close the bottle securely
7. Move the sensory bottle around in your hands, and see how the contents move and swirl!

Be sure to record your favorite part(s) of the activity in your SuperYak's Adventures at Home Journal! Parents/Guardians can submit photos to SuperYak's Adventures at Home Blog through CY's website.



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SuperYak's Extra Challenges

- Try shining a light through your sensory bottle, what does it look like now?
- Make an additional sensory bottle as a surprise gift to someone else that you live with!
- Research why the oil and water don't mix!

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