

The Book of Ephesians

A Spirit filled love (v. 18)

It starts with being **filled with the Spirit...**

- Requirements to be Spirit filled
 - Believe in Jesus Christ as Savior (John 14:16-18)
 - Stop suppressing the power of the Spirit (1 Thess. 5:19)
- Results of being Spirit filled
 - Spirit will convict you (John 16:7-11)
 - Spirit will guide you to truth (John 16:13-15)
 - Spirit's truth will set you free to love her (John 8:31-36)

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...which leads to a **forsaking of the flesh...**

- 1 Corinthians 6:12-20 – Sexual sin destroys a man from the inside
- 1 Thessalonians 4:1-6 – Abstaining from sexual sin is a sign of sanctification
- 2 Timothy 2:22 – Rather than pursuing sexual sin pursue righteousness

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...that will produce the love of the **fruit of the Spirit...**

- Galatians 5:22-26 – The fruit of the Spirit begins with love and ends with self control