

Premarital Counseling Abuse Screening

Premarital Assessment

Each partner should fill out this assessment independently. It seeks to identify potential abusive patterns in a relationship prior to marriage. It is recommended that you do not identify that this assessment is a screening for abusive patterns. Ask each individual privately to provide detailed examples, for each area where there is a concern. Consider seriously, any concerning responses even if there are only a few. During the engagement period, there usually is only a shadow of what might develop in the marriage.

Scoring:

Part 1: Investigate all answers that are marked neutral, disagree and strongly disagree.

Part 2 and Physical Intimacy: Investigate all answers that are marked strongly agree or agree.

Name_____

Date_____

PREMARITAL ASSESSMENT

D. STRICKLAND, M.Div.

Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
My partner responds humbly to the negative feedback I give them.					
My partner is honest and open about their past.					
My partner works towards implementing the changes I request of them.					
When my partner and I have different preferences we are able negotiate and compromise.					
My partner encourages my relationships with my friends and family.					
My partner is honest and open with me.					
When we have conflict, my partner expresses sorrow and remorse for hurting me.					
When we have a conflict, I feel that we resolve the issue and have closure.					
I have the freedom to be myself around my partner.					
I feel like I can say 'no' to things.					
When there are tasks to be done I feel that my partner pitches in.					
I have seen my partner serve their family and friends.					
My partner is patient with me.					
When I have emotional or spiritual needs my partner works to care for me					
My partner takes responsibility for their mistakes.					
I feel that my partner encourages me.					
My partner demonstrates empathy for me when I am hurting.					
My partner takes the time to understand me.					
My partner prays or uses to scripture in a way that encourages me.					
Part 2					
My partner blames me when things go wrong.					
My partner has had to change jobs several times claiming that they were treated unfairly or was not appreciated at work.					
My partner speaks negatively about their previous partners.					
My partner and their friends speak disrespectfully about women.					
My partner is overly generous and attentive leaving me uncomfortable at times.					
My partner does most of the talking and about the things that interest them.					
My partner often blames something or someone when things go wrong.					
My partner has to have it their way.					

Name_____

Date_____

Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
I often have to capitulate or give in to end an argument.					
I feel the need to rescue my partner					
My partner often is short or rude to wait staff.					
My partner makes me feel guilty when we argue.					
My partner often corrects me.					
My partner gets jealous when I spend time with other people.					
My partner does not always give me straight answers.					
My partner uses humor or sarcasm to express how they are feeling.					
My partner uses guilt to make me do something they want me to do.					
My partner criticizes my friends and family.					
My partner is critical of my appearance.					
I feel intimidated by my partner.					
I feel like I do not measure up to my partners expectations.					
My partner is chronically late for things.					
I often feel sorry for my partner.					
My partner accuses me of doing things I have not done.					
My partner is jealous of my other relationships.					
My partner checks my cell phone without my permission.					
My partner checks up on me, texts often or monitors what I am doing.					
My partner got serious about our relationship very quickly.					
My partner is easily insulted.					
My partner is moody.					
My partner has a temper.					
I have seen my partner drive recklessly when angry.					
My partner shows anger by throwing things.					
My partner has physically hurt himself or herself or me.					
My partner tells me what to do.					
My partner is possessive of me.					
My partner is insecure so I feel the need to build them up.					
My partner uses the bible to condemn me.					
When my partner prays for me, they highlight my faults.					
Physical Intimacy					
The physical boundaries I expressed are honored.					
My partner goes out of their way to say they would never look at porn or cheat.					
I feel pressure in the physical aspects of our relationship.					
I have been an unwilling participant in a sexual act.					
My partner does not feel loved unless they get physical affection.					