



SPRING MENU

Our seasonally inspired menu items are fresh and delicious, featuring locally sourced and sustainable ingredients, made from scratch spreads and dressings, and in-house baked goods. We deliciously accommodate vegan, vegetarian, and gluten-free requests. Like us on Facebook and follow us on Instagram for announcements and special events.

SANDWICHES & WRAPS

Choice of White, Wheat, Rye, Rosemary Focaccia, or Spinach Wrap. Served with kettle chips and a pickle.

Classic Chicken Salad \$9.95

Slow roasted, local pasture-raised chicken, onion, celery, herbs, mayo, Bibb lettuce

Turkey and Gouda \$8.95

Herb roasted turkey, smoked gouda, sun-dried tomato basil spread, salad greens

Southern Club \$8.95

Herb roasted turkey, signature benedictine spread, bacon, Bibb lettuce

Roast Beef \$9.95

Foxhollow grass fed beef, horseradish cheddar, house pickled vegetables, salad greens, mayo

Pimento Cheese and Bacon \$8.95

Signature pimento cheese, bacon, apples, Bibb lettuce

Hummus Vegetable Sandwich \$7.95

Curry cilantro hummus, cucumber, carrots, pickled red onion, salad greens

Sweet Potato Black Bean Wrap *Vegan \$7.95

Roasted local sweet potatoes, black beans, roasted red peppers, caramelized onions, salad greens

***Box lunches, sandwich platters, and whole quiche available with 48 hours or two business days notice.**

****Looking for something else? Contact our catering team for custom menus for any event!**

Catering@farmtoforkfood.com or 502-365-3276.

Office hours are Monday-Thursday 9am-4pm and Friday 9am-12pm.

SOUP OF THE DAY

Chef's Whim price varies

QUICHE OF THE DAY \$7.95

Made from scratch crust, local eggs, seasonal vegetables, and cheese. Served with side house salad.

SALADS

House Salad \$5.95

Local salad greens, house pickled vegetables, pepitas, Herb vinaigrette

Seasonal Salad *GF \$7.95

KY Bibb lettuce, strawberries, cucumbers, feta, almonds mint, basil, strawberry vinaigrette

Power Salad *GF \$8.95

Local salad greens, roasted seasonal vegetables, spiced chickpeas, Capriole goat cheese, toasted pepitas, herb vinaigrette

Chicken Salad Plate *GF \$9.95

Our classic chicken salad on KY Bibb lettuce, herb vinaigrette

SIDES

Kettle Chips \$1.25

Side Salad *Vegan, GF \$2.95

Seasonal Pasta Salad \$2.95

Herb Potato Salad *GF \$2.95

Wheat Berry Salad *Vegan \$3.25

Fresh Fruit *Vegan, GF \$3.25

Open Tuesday-Friday 10am-3pm

For carryout orders, email cafe@farmtoforkfood.com or call 502-410-5714.