

# MODERN DAY MARY

## NEW YEAR-REFLECTIONS AND LISTENING PRAYER

### Reflect on 2017

1. How did God prove himself faithful through the good and the challenging times this year?
2. What did He teach you through the trials/challenges you faced this year?
3. What truths did God really drive home in your heart this year?

### Pray for 2018

1. Start by praying or prayer journaling about your own personal thoughts and desires for 2018.
2. Once you've laid bare your own struggles and desires for the new year, ask God this question, "What do you want to teach me this year?" or "What would you have me focus on this year?"
3. Quiet your mind and listen. Write down what pops into your mind (do not filter, you can do that later).
4. If something you heard confuses you or you don't know what it might mean, ask Him. Write down what you hear.
5. Take the things you heard that align with scripture, receive it and apply it to your personal goals for the year.