

PERSONAL DETAILS

Address: 48 Mount Rundle
Triq San Remig
Kirkop ZRQ10

Date of Birth: 8th February 1965

Telephone Nos.: 21690838, 99865733

Email: rslgal@yahoo.co.uk

WORK EXPERIENCE

- Position:* **Post-graduate clinical practice course co-ordinator**
Dr. Lidija Pecotic, Gestalt Psychotherapy Training Institute Malta (EAGTI-GPTIM)
Post-graduate training centre in psychotherapy
- Period:* 2014 to date
-
- Position:* **Clinical Psychologist-** Community Mental Health Services – Health Department
- Period:* 28/09/2009 – to date
- Job description:* Psychological assessments, and interventions with people with mental health problems
-
- Position:* **Clinical Psychologist, Gestalt Psychotherapist and Supervisor in Private Practice**
- Period:* **2009 to date**
- Job description:* **Psychological assessments, interventions with clients. Supervision with psychology trainees and Gestalt trainee students and Gestalt therapist**
-
- Position:* **Visiting Senior Lecturer** – Department of Psychiatry Faculty of Health Science. University of Malta
- Period:* October 2010 – to date
- Job description:* Facilitate Behavioural Sciences Seminars and Tutorials for medical students.
-
- Position:* **Appointed psychologist for clinical psychological assessment and report writing**
- Period:* 2009 to date
- Job description:* Clinical assessment of individuals undergoing marriage annulment through the church
Curia Metropolitan Tribunal Malta Church
-
- Position:* **Trainee Psychologist** – Community Mental Health Services – Health Department
- Period:* 06/09/2004 – 26/09/2009
- Job description:* Work with patients suffering from mental health problems within the primary health.

Position: **Lecturer for mental health nurses** - Institute Of Health Care
Period: 04/08/2004 - 26/09/2009
Job description: Lecture and co-ordinate modules for mental health nurses. Supervise Dissertaions.

Position: **Staff Nurse** at St. Vincent de Paule Residence
Period: 09/05/1999 - 01/08/2004
Job description: Nursing care for the elderly

Position: **Tutor** - Health Division
Period: 10/09/1996 - 01/05/1999
Job description: Teaching and lecturing in the Nursing Aide Programme

Position: **Staff Nurse** at National Blood Transfusion, Health Division
Period: 01/05/1990 - 01/03/1993
Job description: Responsibilities at the National Blood Transfusion
 In charge of one of the shifts that helped in the donation of blood from donors

Position: **Staff Nurse and Deputy Nursing Officer** at Gynaecological Ward, Health Division
Period: 15/08/1985 - 01/05/1990
Job description

- Caring for patients at the Gynaecological ward.
- In charge of same ward for 2 years

EDUCATION

Dates	October 2007 – October 2009
Title of qualification awarded	Masters In Clinical Psychology - Distinction
Principal subjects / occupational skills covered	Assessment and psychological support for children, adults, families and elderly. Special focus of people with Mental Health Problems
Name and type of organisation providing education and training	Dissertation Title: Living Outside Mental Illness. The Subjective Experience of Recovery From Mental Illness – (Grade A) University of Malta
Dates	October 2000 - October 2004
Title of qualification awarded	Psychology (Hons) Degree 2nd Upper class
Principal subjects / occupational skills covered	Specialised in Clinical and Organisational Psychology - Subsidiary Area specifically in Theology (20 credits) - Thesis title: The relationship between medical care providers and couples with infertility (Grade A)
Name and type of organisation providing education and training	University of Malta
Dates	01/08/2001 - 04/11/2006
Title of qualification awarded	Gestalt Psychotherapist
Principal subjects / occupational skills covered	Post Graduate Diploma in Psychotherapy

Name and type of organisation providing education and training	Gestalt Principles Theory and practical applications. -Theory and practice of Gestalt Psychotherapy and its application as well as other psychotherapeutic Approaches (Psychoanalysis, Constructivism, Jungian, Transactional Analysis, etc.)
Name and type of organisation providing education and training	Gestalt Psychotherapy Training Institute Malta run by Dr Lidija Pecotic
Level in national or international classification	Recognised as a European Accredited Psychotherapy Training Institute (EAPTI)
Dates	01/02/1982 - 31/05/1985
Title of qualification awarded	Staff Nurse
Principal subjects / occupational skills covered	Medical and Surgical Nursing
Name and type of organisation providing education and training	Heath department

CONTINUOUS EDUCATION

Dates	December 2010 – December 2011
Title of qualification awarded	Diploma in Supervision
Principal subjects / occupational skills covered	Integrative supervision for Psychotherapists
Name and type of organisation providing education and training	Gestalt Psychotherapy Training Institute Malta in association with European Centre for Psychotherapeutic Studies
Level in national or international classification	Post graduate Diploma
Dates	03/1998 - 05/1998
Title of qualification awarded	Breast Feeding Management
Principal subjects / occupational skills covered	Supporting and Counselling to mothers during breast-feeding
Name and type of organisation providing education and training	Institute of Health Care University of Malta
Dates	02/1998 - 02/1998
Title of qualification awarded	Supervisor and Assessor
Principal subjects / occupational skills covered	Supervising and Assessing in Clinical Practice
Name and type of organisation providing education and training	Supervising and Assessing nursing students in their clinical placements
Name and type of organisation providing education and training	Institute Of Health Care University of Malta

CONFERENCES AND SHORT COURSES

- **Main speaker for a lecture about Recovery in Mental Health at the Malta Psychologist Association- 4th April 2013**
- EMDR Training – November 2011. Basic Training in EMDR. Training provided by EMDR Institute, Inc.
- EMDR Part 2 - May 20-22 2013. part of the basic Training in EMDR. Training provided by EMDR Institute, Inc.
- Novel psychotropic medication – 4th May, 2010. The Malta Psychological Association
- Working with Obsessional Compulsive Disorder Using Cognitive Behaviour Therapy – 13th September, 2010. The Malta Psychological Association
- Refocus on Recovery Conference. 20th to 22nd September, 2010. Institute of Psychiatry King's College London.
- **Elderly Mental Health. 26th to 27th October 2009. Speaker in the conference. Maltese Association of Psychiatric Nurses**
- Panic Disorder – A Cognitive Behavioural Treatment Approach. 13th and 14th April 2007. Prof Paul Salkovskis and Continuing Professional Development and Training Malta
- Grieving – Coping with Loss 20-22 April 2001. Salesian Pastoral Youth Services
- Psychiatric Nursing: The Change Agent in Mental Health. 23rd January, 2007.
- Integrated Cognitive Behaviour Therapy in the Treatment of Anxiety and Depression. 5th-7th April 2006. Malta Psychological Association
- Photographs and Memories. 21st-23 October 2005. GPTIM
- Fantasy and Imagination – Practical Implication. 7th – 9th April 2006. GPTIM
- Body in Analysis – Jungian Perspective. 27th – 29th January 2006. GPTIM
- Transference and Contra-transference in Psychotherapeutic Process. 29th – 31st January, 2005. GPTIM
- How do we come to know Personality? 17th-19th October 2006. GPTIM
- Psychological Meaning and Implications of Fairytales. Using Fairytales to Elaborate Assessment of Personality and Psychopathology. 22nd-24th April 2005. GPTIM
- Main Units of Personality Study. 18th-20th October, 2005. GPTIM
- Entering the Client's Perspective: Spying on the Self. 20th-22nd October, 2006. GPTIM
- Theories of Human Development Through Life Cycle- Old Age, Dying and Death. 19th-21st April, 2005. GPTIM
- Assessing Psychotic Disorders. 4th-6th April, 2006. GPTIM.
- Supervision workshop. 3rd-4th June 2006. GPTIM
- C.J. Jung, Spirituality and Psychotherapy. 24th – 26th January 2006. GPTIM
- Indication and Contra Indication for Specific Therapeutic Interventions in Relation to Different Diagnostic Categories. 16th – 20th February, 2005. GPTIM
- Gestalt Supervision Workshop. 3rd-4th June 2005. GPTIM

- Beauty and Creativity in Human Relationships. 7th – 8th June, 2006. GPTIM
- Use of Metaphor in Psychotherapy Process. 6th - 7th June, 2005. GPTIM
- Body, Movement and Gesture in Psychotherapy. 10th-11th June 2006. GPTIM
- Gestalt Therapy with Couples. 9th -10th June 2005. GPTIM
- Gestalt Therapy with Children. 28th – 29th June 2005. GPTIM
- Application of Gestalt Psychotherapy 23rd – 27th November, 2005. GPTIM
- Concept of Creative Will in Gestalt Therapy. 17th – 19th February, 2006. GPTIM

PERSONAL SKILLS AND COMPETENCES

Social skills and competences	Very good communication skills. Participate in various conferences related to mental health
Organisational skills and competences	Organize various courses for students outside campus for personal, social and development growth
Technical skills and competences	Nursing skills and psychotherapist skills
Computer skills and competences	Basic Computer Skills
Artistic skills and competences	Flower arranging Dress designing
Driving license	Yes

ADDITIONAL INFORMATION

- Has participated in different programmes on the media discussing mental health
- Was a Board member for Institute for Child and Parent learning Support
- Was a Member on the National Board for School Behaviour
- Manage group psychotherapy for small groups
- Participation in National conferences on mental health issues

Languages

Mother tongue(s) **Maltese**

Other language(s)

Self-assessment

European level (*)

English

French

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C1	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
A1	Basic User	A1	Basic User	A1	Basic User	A1	Basic User	A1	Basic User

(*) Common European Framework of Reference (CEF) level

REFERENCES

References available upon request.