

# Damflask Diary



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## New Committee

Your new committee were duly elected at the clubs annual AGM on 25<sup>th</sup> September.

Your new masters are as follows;

**Chairman** – Liz Brown who oversees the running of the club and generally keeping everyone at Damflask in tow.

**Captain** – Cat McDougall who is in charge of training, coaching, racing and anything else not mentioned here that might crop up. Busy in other words!

**Secretary** – Gareth Morris – being organised, writing minutes and organising club meetings.

**Treasurer** – Ian Ripley – running the money.

**Entries Secretary** – Claire Hinchcliffe – controls race entries, and makes sure you pay.

**Membership Secretary** – Rosie Cowen – controls membership and makes sure you pay.

**Health and Safety** – Mike Luckham – makes sure you don't turn inside the metal buoy, amongst other things.

**Social Secretary** – John Johnson - organises socials and encourages you to attend.

**Ordinary Members** – Meri Middleton, Kate Davies – here for any miscellaneous thoughts, actions or jobs that the club might have.

## Training

The new Buzz Erg Space is now fully up and running. This has greatly improved access to ergs for club members and has certainly created a "Buzz" amongst those using them. I'm looking forward to seeing some faster paced Sheffield Boats as a result. If you haven't had a go yet then contact your squad leader for more info.

Circuits kicked off with a huge attendance and a few notable updates. The addition of time for moving between stations added a few more seconds to several slackers workouts. The wounded stare towards the timer of an entire gym as they eeked out a few more sit ups, not knowing when the pain might end, was quite a sight on the first night this was initiated. The removal of the erg section has proved controversial for some? The possibility of an extra leap in bounding runs has convinced the writer however.



CSRC new Erg Space – Cornish Street

## Head of the Don – 1<sup>st</sup> of Many

The head of the Don started the long role into winter and deepest darkest head season. Luckily the sun did glimpse through and provided a good warmth for the first of the season. Plenty of red and silver quadrants racing today as shown in the results table below. Some notable performances;

- Junior Girls coxed quad, despite being forced to row time only in an open division, they trounced all the other competition including some J15&16 Boys quads.
- Senior women's coxed 4 who left all others in their wake as they swept to their first victory of the season.
- Robbie in his scull who decided to give his mere mortal opposition a chance by going for a quick warm up race in the morning before the actual race in Div 2. He still beat his nearest rival by 10s grasping the title of champion sculler of the Don from Matt Tapley's 2 year reign.



R. Schofield



From Bow: A. Kearse, F. Scarisbric, K. Davies, M. Middleton. Cox: V. McDougall

Big Thank you to Jim who had his first trailering experience. For those of you not in the know, it is real pain being the first person to arrive and the last person to leave at a race as well as being responsible for so much equipment so we need to appreciate these people, otherwise we won't get to race.

Crew	Div	Position – Boat Class	Position - Category	Time (4000m)
4- (Luckham)	1	1/1	T/O	15.32.8
1x (Schofield)	1	1/1	T/O	16.51.7
Mx2x(Alesbrook)	1	2/4	1/1	17.58.0
W4+(Middleton)	1	1/5	1/3	18.26.1
W8+(Middleton)	2	3/3	3/3	19.13.6
4x+(Junior Girls)	2	1/4	T/O	20.25.1
W2-(Hinchcliffe)	2	DNF	T/O	-
MasD 2x (McDougall)	2	9/10	3/3	20.38.0

1x (Schofield)	2	1/20	1/3	17.23.2
1x (Alesbrook)	2	12/20	3/3	19.45.3
MsA1x(Crossley)	2	18/20	4/4	21.41.8

Table 1 CSRC results - Head of the Don

## Captain flies the flag at Ancholme

Attendance dropped somewhat at the next event of the calendar with only one intrepid single sculler bearing the expectations of CSRC on her shoulders. Performing admirably in a very busy division (see picture) over the 2750m course coming 7<sup>th</sup> out of 17 scullers with a time of 13.14.0.



C. McDougall

## Pleasant day at Dee

Whilst those at Damflask were struggling to hold on to their woolly hats as the white horses raced for the dam wall, conditions in Dee were rather benign. This made for an excellent days racing even without the prospect of silverware as all of the clubs boats ended up time only. Even so it was a very impressive effort to trek over to Chester to put down times, which were all fairly competitive.

Crew	Div	Position – Boat Class	Position - Category	Time (3800m)
IM1 4- (Alesbrook)	1	3/3	T/O	13.33.1
WMasC 2- (Hinchcliffe)	1	2/2	T/O	16.45.1
MxMasA2x(Alesbrook)	2	1/1	T/O	15.39.6
IM2 4- (Luckham)	2	1/1	T/O	13.26.1

Table 2 CSRC Results - Dee Head

## JJ's Musings

Unfortunately John Johnson was not around Sheffield when I was writing this. His excuse being he was heading south to give parliament something to think about??

Whilst we all work that one out I have shamelessly lifted this off his most recent notice, which covers everything pretty succinctly.

*A quick social update for November.*

*We'll be having a rowing social next Friday evening (17th) at the Doctors Orders (near the Children's hospital). Nothing major, just a few drinks. Get there from 8pm onwards. It would be great to see as many people as possible there.*

*For info I was looking into the idea of organizing go-karting social in November but the initial enquiries looked a bit expensive. I'll look into it more and perhaps resurrect that idea in the new year!*

*Christmas Ceilidh update:*

*As per the previous message the Christmas Ceilidh will be on Friday 22nd December. I can confirm that the venue will be Crookes Social Club (same as last year) and we will be sticking with the winning formula of being entertained by Ceilidh band 'Roger the Badger' and being fed by 'Andy the Pie Man' (and not the other way round!).*

*Please put the date in your diary. It's a great evening (and becoming a bit of a rowing club institution). I'd particularly encourage new members to come along and join in, and for old/recent members to come along and catch up with everyone.*

*I'll be in touch soon to confirm ticket prices and when they'll be available (i.e. once I've printed them!).*

*Any Qs, give me a shout*

*Guido... Sorry – John*



Ceilidh in action!

## Coming up...

Several races to look forward to before we can get started on the mince pies.

A few members will be braving the Tideway on Remembrance Sunday to pitch their skills against the worst the Thames can throw at them in the annual 4's head of river. Rather than me, I'll stick to my sheltered little corner of the neck I think.

York promises much in terms of the red and silver blades with plenty of boats entering. Make sure you pay up **all** of your race fees first if you want to represent the club and race there.

Finally the race everyone is preparing for – the Plum Pudding Regatta. Date will soon be confirmed by committee so watch this space.

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I hope you have enjoyed this new update from the Dam. Any suggestions for content or photos you would like to see in the next issue please email;

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