



## Upcoming Events

### June 14

PTFA Bingo at Moreleigh

### July 18

PTFA Summer Party

# East Allington Primary School and Nursery

[www.eastallingtonprimary.org.uk](http://www.eastallingtonprimary.org.uk)

[parent@eastallingtonprimary.org.uk](mailto:parent@eastallingtonprimary.org.uk)

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**READ READ READ! Just 10 minutes every day- who wouldn't want to improve their child's chances in life? You could change another child's life! Read on to find out more...**

## Volunteer for September

As you know, school budgets are stretched as never before. There is less and less money to pay for support staff to carry out all important interventions that make a huge difference to children's learning. **Can you help?** Just a few hours reading support can make a massive difference and even change a life. Working with children is exciting and fulfilling. If you have any time to spare – even an hour, please contact us.

**Hopefully, Sports Day will have happened by the time you receive this newsletter. Thank you to staff for organising this and PTFA for supporting as ever.**

## Breaktime Snacks

We encourage children to bring in a healthy snack at morning break – fruit or raw vegetables. Children in nursery, reception, year one and year two receive a piece of fruit or vegetable daily under the nation School Fruit & Vegetable Scheme.

## Attendance Data

This Week's Figures:

Foundation 98.04% (up)

Class 1 97.13% (down)

Class 2 96.3% (up)

Class 3 93.48% (up)

School: 96.17% (up)

Well done on overall attendance. We have just tipped over our target of 96%. Help us to maintain and improve this figure.

Education Welfare Office visited this week and we have reported more information to Devon.

## Early Morning & After School

You can access ParentPay to pay for any sessions. Please check.

## Parent forum

Next forum will be held on 27 June at 2:45 – please come and chat about your school.

**BINGO TONIGHT- MORELEIGH VLLAGE HALL 7.30pm**

### Parent Governor

**We are looking for another parent governor to help make this school the best it can be. If you are interested in this role, please register your interest in the School Office.**

### Administrator post

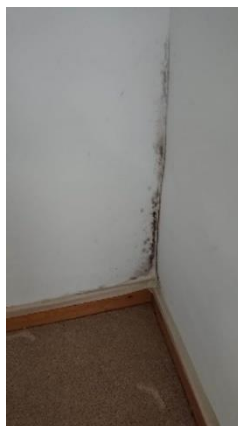
We will interview in the week beginning 17<sup>th</sup> June.

### School council and Family groups

**The school council are still debating whether children should be allowed to play with sticks and dens on the field – there are divisions, but we will find a compromise! Opinions are being sought so the children can decide how this can be managed. Please talk to your child about this at home. The school council have also been given the task of looking after our play equipment in our new shed.**

### Drainpipe Plea

Parents are asked to deter children going into the driveway of the barn conversions at Burley Farm, those on the way up to school on the left, and playing in a drain area. Photos below show damage to a pipe and its consequences inside one of the barns. It is repeatedly being pulled and consequently the water is running down the wall and causing damp inside. The owner of the property keeps mending it and then it is pulled off again.



### Sun

**Hopefully this will appear again – please remember hats and sun cream!**

## **\*Dates \* Events\* Trips\* Visits\* Information\***

Please read this section carefully.

14 June	PTFA Bingo at Moreleigh Village Hall 7.30pm Eyes Down
17 June	Class 1 to Zoo
	Foundation Class to Higher Norton Farm
19 June	Year 6 to KCC for Science & Technology Day
(21 June	Reserve Sports Day)
24 to 26 June	Class 3 Residential
26 June	Class 2 to Zoo
27 June	Parent Forum 2.45pm
28 June	Nursery & Foundation to Zoo
3 July	Year 6 Induction Day at Kingsbridge Community College
8 July	KCC Parents Information Evening
12 July	Sailing Day for Year 6 and some Y5
17 July	1.15pm Year 6 Leavers' Assembly
18 July	Visual Screening for Reception Year
18 July	<b>PTFA Summer Party</b>
19 July	<b>End of school year</b>
2 September	<b>Non Pupil Day</b>
3 September	<b>Children return from Summer holiday</b>
11 October	Junior Life Skills Y6
18 October	<b>Non pupil day</b>
21 – 25 October	<b>Half term</b>
28 October	Tempest Photography
20 December	<b>End of Term</b>

### **Trip Contributions**

**A number of trips are planned. There is still time to make your contribution. Payments may be made online through ParentPay for children in Reception to Year 6. You may also pop in to the School Office and pay with cash or by cheque.**

### **As You Sow (or plant), So Shall You Reap**



Gardening Club member, Henry, picked the first crop of beetroot on Thursday.

The crop is looking good, we think you will all agree.

**Updated internet safety information; please keep yourself informed and keep your child safe:**

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://parentinfo.org/>

Parent Info is a free web service providing information to parents and carers.

<https://www.nspcc.org.uk/ShareAware>

Advice from NSPCC on social networks, apps and games.

<https://www.childnet.com/parents-and-carers>

A non-profit organisation working with others to help make the internet a great and safe place for children.

### **Talk to your child's teacher**

If you would like to have a chat with your child's teacher, please make an appointment – we are always happy to talk.

### **Talk to us! Communicating with teachers**

If you wish to communicate with your child's teacher on line, please use the [parent.@eastallingtonprimary.org.uk](mailto:parent.@eastallingtonprimary.org.uk) email address and not their personal or work email addresses. Messages will be passed onto them and they will respond to you. Face to face is best.

### **Batteries**

We're still collecting old batteries for recycling. Please give to your child to bring into school.

### **PTFA Update**

June 14th - Bingo Moreleigh village hall - we need a minimum of 30 prizes- please help.

July 6th - PTFA running children's games at the Church/Village Fete

July 18th - Summer Party at Venn Farm 3.30 - 5.30 for EVERYONE!

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**BINGO TONIGHT- MORELEIGH VLLAGE HALL 7.30pm**

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What is domestic violence and abuse?

Domestic violence and abuse is any type of hurt taking place between adults who are close to each other. Domestic violence and abuse might be between parents, boyfriend and girlfriend or between lesbian or gay couples, or within families. For example, your parent or step-parent, brother, sister or uncle might be hurting their partner at home.

The hurt can take place in lots of different ways. Sometimes it can result in physical violence, but it can also be emotional abuse, financial abuse or sexual abuse. Domestic violence and abuse can happen to anyone. Most people think it mainly happens to women, but it can happen to men as well. There are lots of different types of domestic violence and abuse; some of these are listed below:

- hitting, slapping, pulling hair, biting and kicking
- name calling, bullying, controlling what the other person does (mental/emotional abuse)
- controlling or taking all the money, not letting the other person work
- forcing the person to have sex, touching them against their will

What if it's happening at home, to a parent or family member?

Your parents and other family members should always look after and care about you, never hurt you and never hurt each other. You have a right to be safe and protected from being hurt. If someone is hurting you, or someone at home, or if you are frightened about being hurt, tell an adult who you trust.

If you can't talk to anyone you know, there are lots of organisations that can help. The staff at [Childline](#) and [The Hide Out](#) can offer support and advice.

Childline Tel: 0800 1111 Website: <a href="http://www.childline.org.uk">www.childline.org.uk</a>	The Hide Out Website: <a href="http://www.thehideout.org.uk">www.thehideout.org.uk</a>
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*"I thought that it was all my fault: that the shouting and fighting was because of me. I would have done anything to make it stop."*

No matter how hard it is to see someone in your family being hurt, it's important that you don't try and stop the violence and hurt yourself. It's much safer for you to try and find out what help is available.

**What if I am being hurt by my boyfriend or girlfriend?**

If you are worried about the way you are being treated it's important to talk to someone about it. Perhaps there is an adult you trust, your friend's parent or a teacher who you can talk confidentially to about what's happening. If you don't feel there is anyone you can talk

to nearby, you could contact one of Devon's specialist (confidential) support services ([link to specialist support services](#), Childline on 0800 1111 or visit [The Hideout](#))

What if I have experienced rape or sexual violence?

Sexual violence is any unwanted sexual act or activity including but not restricted to: rape, sexual assault, sexual harassment, so-called honour-based violence, female genital mutilation, trafficking, sexual exploitation, and ritual abuse. Sexual violence can be perpetrated by a complete stranger, or by someone known and even trusted, such as a friend, colleague, family member, partner or ex-partner.

If you have been raped or experienced any other kind of sexual violence, no matter where you were, what you were doing, what you were wearing, what you were saying, if you were drunk or under the influence of drugs, it was not your fault and you did not deserve this.

If you need help, you can talk to someone at a sexual health centre (called GU clinics), your GP or a hospital or you can call [Childline](#) on 0800 1111, so you can talk to someone about how you feel.

What if it is happening to a friend?

*"I listened to what was happening to my friend and was able to tell him about this website. I didn't really think it would help, but he told me he wouldn't have known what to do if I hadn't been around to help out."*

If your friend tells you that they are being hurt at home, or by their boyfriend or girlfriend, or if someone they live with is being hurt, you may feel it's hard to know what to do. You could tell them about this website, tell them to talk to an adult they trust (such as a teacher) or, if you want to, give them the number for Childline – 0800 1111 – so they can talk to someone about any of their problems.

If your friend tells you about being hurt at home, or by their boyfriend or girlfriend, you may feel frightened for them or upset at the thought of what is happening to them. You may worry about them and want to stop them from being hurt, but it's important to remember that you shouldn't try and sort it out yourself. If you are feeling very upset you can telephone Childline on 0800 1111, so you can talk to someone about how you're feeling.

Thanks

Emily Risby

SENDCo

### And a reminder about Timid to Tiger Season Two:

Due to the successful first season, we have decided to run the Timid to Tiger parent programme again. Though dates have yet to be confirmed, past parental requests have been taken into consideration.

A **question and answer meeting** will be held at **Blackawton Primary School** on **Wednesday 26<sup>th</sup> June at 2:45** in the school hall.

The **'Timid to Tiger' parent programme** is aimed at supporting parents to help their child approach life more confidently, and learn to tolerate their worries and fears through life's ups and downs. This programme is an evidence-based initiative with a strong emphasis on schools collaborating with parents to support their child.

One parent review can be seen below:

Did you think that the Timid to Tiger programme was a worthwhile process? *Definitely yes it's a lifeline for us. It makes you realise you are not alone and others go through similar struggles.*

What was the impact on your child's anxiety issues? *This has given me the tools to manage my child in a more proactive way to possibly even diffuse an issue before it happens.*

What strategies will you continue? *Praise, child led play and ignore if needed.*

What evidence have you seen that your child's anxieties have improved? *My child is calmer and beginning to manage others in a better way.*

If you were to recommend it to another parent, what might you say? *Children don't come with a manual and this course gives you modern day tools to manage the everyday obstacles, events or behaviour you may come across.*

What might you change about the programme? (Timing, presenting approach, etc) *none.*

Where there any extra's you got from the programme you weren't expecting? *Yes being given guidance and mindfulness tools to understand behavioural issues. I am a lot calmer with my child and that makes for a happier child.*

We hope to see lots of faces from all schools there.

Emily & Vicky