



LENT STUDY SERIES

Spiritual Disciplines of the Saints

Looking at Christians of early church history,
and using their lives to talk about
spiritual disciplines.

Led by Rev. Sarina Meyer and Edythe Arnott

**A 3-week study, with each study being given twice
(Wednesday evening and Thursday afternoon)**

1st Study: **Macrina** (*Hospitality*)

- Wednesday, Mar. 4th @ 7:30 pm
- Thursday, Mar. 5th @ 2 pm

2nd Study: **Augustine** (*Confession and Self-Examination*)

- Wednesday, Mar. 18th @ 7:30 pm
- Thursday, Mar. 19th @ 2 pm

3rd Study: **Hildegard of Bingen** (*Creative Expression*)

- Wednesday, Mar. 25th @ 7:30 pm
- Thursday, Mar. 26th @ 2 pm