2018 Resource Guide to Public Behavioral Health Services in Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties of Maryland

28578 Mary’s Court, Suite 1, Easton, MD 21601
P: 410.770.4801  F: 410.770.4809
Website: www.midshorebehavioralhealth.org
Facebook: www.facebook.com/midshorebehavioralhealth
Pinterest: www.pinterest.com/msbehavioral
**Eastern Shore Operations Center (ESOC) 1-888-407-8018**
Serves as the behavioral health emergent, urgent information and referral call center for all nine counties of the Eastern Shore: Caroline, Cecil, Dorchester, Kent, Queen Anne’s, Somerset, Talbot, Wicomico and Worcester Counties. ESOC is available 24 hours a day, 7 days a week to assess and respond to calls from consumers, family members, community members, businesses and human services agencies. ESOC staff provides linkage to community resources through referral to all appropriate and existing behavioral health and human services.

**Suicide Hotline 1-800-273-TALK (8255) or 1-800-SUICIDE (784-2433)**
Provides counseling for suicide prevention.

**Life Crisis Center Hotline 410-749-HELP**
Provides counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency shelter, shelter referral, medical care, and assistance with the process of prosecution.

**Maryland Crisis Hotline 1-800-422-0009**
Crisis intervention, support and referrals.

**Maryland Crisis Online Chat www.Help4MDYouth.org.**
Available Monday – Friday, 4pm - 9pm. If you are in immediate crisis and a chat specialist is unavailable, please call the Maryland Crisis Hotline at 1-800-422-0009, or if you are not in Maryland, please call the National Suicide Prevention Lifeline at 1-800-273-8255.

**For All Seasons, Inc. Hotline 1-800-310-7273**
Counseling, advocacy, and education to victims of rape, sexual assault and abuse.

**Mid-Shore Council on Family Violence 1-800-927-4673**
Provides direct services for victims of family violence including a 24-hour hotline, crisis intervention, counseling, support groups, emergency shelter, client advocacy, children’s program, court accompaniment, information and referral.

**Postpartum Depression (PPD) Hotline 1-800-PPDMOMS (773-6667)**
Provides peer support and referrals for mothers suffering from postpartum depression.

**Problem Gambling Helpline 1-800-GAMBLER (426-2537)**
The Maryland Center of Excellence on Problem Gambling provides support for those struggling with a gambling addiction.

**Trevor Project Crisis Line 1-866-488-7386**
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. Visit www.thetrevorproject.org for more information on TrevorChat and TrevorText - trained volunteer counselors are ready to listen.

**Veterans Crisis Lines 1-800-273-8255, Press 1 or 1-877-VET2VET (838-2838)**
The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline.

VET2VET is a confidential connection which utilizes trained peer veterans ready to provide hope and help 24 hours a day, 7 days a week. In addition the peer counselor will help the soldier or veteran navigate the often complex VA system to access the mental health resources that are being sought.
**INTRODUCTION TO THE GUIDE**

Mid Shore Behavioral Health, Inc. (MSBH), formally Mid-Shore Mental Health Systems, Inc., is pleased to present the revised 2018 edition of the *GUIDE TO BEHAVIORAL HEALTH SERVICES IN CAROLINE, DORCHESTER, KENT, QUEEN ANNE'S AND TALBOT COUNTIES, MARYLAND*. This guide, while not inclusive of every service or behavioral health provider in the five-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them.

MSBH is a private, not-for-profit 501(c)(3) organization, serving Caroline, Dorchester, Kent, Queen Anne's and Talbot counties. MSBH was incorporated in 1992 through a collaboration of the five county governments and mental health stakeholders.

Some MSBH programs serve the nine county region.

The Board of Directors consists of 10 members appointed by the five local governments, five at-large members, and two charter members representing all stakeholders, specifically consumers, family members, or other residents of the five counties who possess some expertise in the field of behavioral health.

**Mission**

To continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's and Talbot counties through effective coordination of care in collaboration with consumers, their natural support systems, family members, providers, and the community at large.

**Vision**

A rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community as a whole.

**What We Do**

We strive to enhance a regional behavioral health system of care through effective collaboration with consumers, their natural supports, providers, and community leaders. It is our goal to develop a full array of accessible services and resources for the consumer through partnership with our providers and other agencies. We offer guidance in understanding and navigating all that is available in our community. Beyond our primary responsibility for local publicly funded mental health services, MSBH understands that behavioral health is essential to overall health, and many domains of life contribute to one’s behavioral health, especially having a home, purpose and community connection. As such, MSBH seeks to address the needs of the whole person and collaborates to improve the systems of care of the whole community throughout the region. The most important core value of our organization is hope: the belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can and do overcome the internal and external challenges, barriers, and obstacles that confront them in order to achieve wellness.

**What is a Core Service Agency?**

A Core Service Agency (CSA) is a state funded agency, as part of local health departments, local county governments, or non-profit organizations, that operates under contract with the State of Maryland’s Behavioral Health Administration (BHA), a division of the Maryland Department of Health (MDH). The Annotated Code of Maryland Health General Article 10-1201 through 1203 mandates Core Service Agencies, Local Addictions Authorities, and Local Behavioral Health Authorities. Mid Shore Behavioral Health, as a CSA, functions under the MDH Secretary’s authority. Mid Shore Behavioral Health (MSBH) is a regional, non-profit CSA that serves five counties (Caroline, Dorchester, Kent, Queen Anne's, and Talbot), making us the largest regional CSA in the state. Our primary responsibility is for community planning, management, and monitoring of publicly funded medically necessary mental health services in the five-county region for consumers across the life span: children, adolescents, adults and the aging population.
What is the funding source?

The Maryland Department of Health allocates funding for each jurisdiction which includes state dollars and Medical Assistance funding. The total expenditure for the Public Behavioral Health System (PBHS) in the Mid Shore region is approximately $29 million.

Beacon Health Options is the organization under contract with the MDH Medicaid Office to process claims, enroll consumers, pre-authorize medically necessary services, credential providers and pay claims.

Who are the Consumers in the PBHS?

The Public Behavioral Health System (PBHS) provides for medically necessary services for the Medical Assistance recipient and for some individuals who are uninsured (Medical Assistance Ineligible).

Who are the Providers in the PBHS?

Providers in our system include: state psychiatric hospitals, acute hospitals, residential treatment centers, outpatient mental health clinics, psychiatric rehabilitation programs, partial hospitalization services, intensive outpatient services and private providers.

For information on how the Public Behavioral Health System works go to page 73.
Mid Shore Behavioral Health, Inc. (formally Mid-Shore Mental Health Systems, Inc.) can assist you by providing information regarding area resources and other agencies in the area.

MSBH provides assistance to consumers of the public behavioral health system receiving behavioral health treatment and rehabilitation services within the fee for service network. This assistance is obtained via a “Consumer Support Services” Request for pharmacy assistance, transportation to behavioral health-related appointments, laboratory costs as it relates to behavioral health treatments, and other support needs that help to achieve or stabilize community placement, which include one-time annual help with first month’s rent, security deposit, utility turn on or deposit, basic household goods to establish a residence, or past due utility, rent, or mortgage if the applicant can show sustainability, referred to as a “special needs.” All applications are subject to evaluation and approval. Incomplete applications will be denied and returned.

MSBH can also assist with concerns you may have regarding the services you or a family member are receiving. We first encourage you to discuss your concerns directly with the provider. However, if you feel you need further assistance, please call our office.

If you have been denied a service by Beacon Health Options (formerly ValueOptions), the Administrative Services Organization (ASO), you have the right to appeal that decision. Please refer to the Grievances and Appeals section of this guide for more information.

MSBH has a Behavioral Health Services Network (BHSN) that meets quarterly to discuss trends, changes, and issues concerning behavioral health on the Eastern Shore. The network comprises six workgroups whose members include providers, consumers, and behavioral health professionals.

These workgroups are:

- Integration Workgroup
- Child and Adolescent Workgroup
- Aging with Behavioral Health and Disabilities Workgroup
- Crisis Response Workgroup
- Forensic Workgroup
- Continuum of Care Roundtable on Homelessness

Those interested in helping us build the best Public Behavioral Health System are encouraged to participate in these groups and can call 410-770-4801 or visit our website: www.midshorebehavioralhealth.org/bhsn for more information. If you would like to be added to our weekly Mid Shore Behavioral Health Newsletter or our monthly BHSN "Changes" Newsletter, please email your request to lpollard@midshorebehavioralhealth.org.
Youth are to have been in RTC or at risk of going to RTC. Emphasis is on involvement.

If appropriate, community services will be developed to prevent placement in institutional care. The Local CME is Maryland Choices until June 2016.

The role of the LCT is to ensure that community alternatives have been exhausted before a child is placed in institutional care. If appropriate, community services will be developed to prevent placement in institutional care.

The purpose of this committee is to discuss children who are causing concern in the school or the community and develop plans to improve his/her function in these areas.

This service is to help prevent out-of-home placement for youth who are at imminent risk of removal from their homes.

The Local CME is Maryland Choices until June 2016. The role of the LCT is to ensure that community alternatives have been exhausted before a child is placed in institutional care. If appropriate, community services will be developed to prevent placement in institutional care.

The purpose of this committee is to discuss children who are causing concern in the school or the community and develop plans to improve his/her function in these areas.
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# Bridge’s Behavioral Health & Wellness

| Address: 207 N. Liberty Street, Suite B  
Centreville, MD 21617 | Phone: 410-758-8750  
Fax: 410-758-8751 | Hours of Operation:  
Mon., Wed., Thurs. 8am to 5pm,  
Tues. 8am to 7pm,  
Fri. 8am to 2pm | Payment Types Accepted:  
Sliding Scale Fee, Self-Pay,  
Public Behavioral Health,  
Medicare, Private Insurance |
|---|---|---|---|
| Website: [www.bridgesbehavioral.com](http://www.bridgesbehavioral.com)  
Email: bridgesbhw@gmail.com | Providers:  
LGW  
LCSW-C  
LCPC  
PhD  
MD  
RN | Conditions Served:  
ADHD  
Anxiety/Phobias  
Bipolar Disorder  
Chronic Mental Illness  
Co-Occurring  
Depression  
Eating Disorders  
Hoarding Behaviors  
Personality Disorders  
Post-Traumatic Stress Disorder  
Schizophrenia  
Self-Injurious Behaviors | Treatment Modalities:  
Anger Management  
Art Therapy  
Behavioral Treatment  
Cognitive Behavioral Therapy (CBT)  
Eye Movement Desensitization & Reprocessing  
Family Counseling  
General Counseling  
Grief Counseling  
Group Counseling  
Individual Counseling  
Marriage Counseling  
Mental Health Related Support Groups  
Play Therapy  
Progressive Counting  
Psycho Educational Groups  
Trauma-Focused CBT |
| Services:  
Anger Management Group  
Certified Trauma Therapy  
Clinical Psychiatric Evaluation  
Court-ordered Therapy  
Dual-Diagnosis Groups  
Geriatric Assessment  
Mental Health Evaluation & Treatment  
Parent Education Groups  
Psychiatric Medication Services  
School-based Services  
Veteran Services  
Women’s Group |  
Translator? No |  
Website: [www.carolinehd.org](http://www.carolinehd.org)  
Payment Types Accepted:  
Grant Funds, Sliding Scale Fee, Self-Pay,  
Public Behavioral Health,  
Medicare |
| Phone: 410-479-3800  
Fax: 410-479-0052 | Providers:  
LCSW-C  
MD  
CRNP  
Nurse | Conditions Served:  
Clinical Psychiatric Evaluation  
Mental Health Evaluation & Treatment  
Psychiatric Medication Services |  
Translator? Yes, Spanish |  
Website: [www.carolinehd.org](http://www.carolinehd.org)  
Payment Types Accepted:  
Grant Funds, Sliding Scale Fee, Self-Pay,  
Public Behavioral Health,  
Medicare |
| Address: 606 Sunnyside Avenue  
Denton, MD 21629  
Address: 332 N. Main Street  
Federalsburg, MD 21632 | Services:  
Clinical Psychiatric Evaluation  
Mental Health Evaluation & Treatment  
Psychiatric Medication Services | Conditions Served:  
ADHD  
Anxiety/Phobias  
Bipolar Disorder  
Chronic Mental Illness  
Co-Occurring  
Depression  
Personality Disorders  
Post-Traumatic Stress Disorder  
Schizophrenia  
Self-Injurious Behaviors | Treatment Modalities:  
Art Therapy  
Behavioral Treatment  
Cognitive Behavioral Therapy (CBT)  
Family Counseling  
General Counseling  
Group Counseling  
Individual Counseling  
Play Therapy  
Tele psychiatry/Telemental Health |
### Community Behavioral Health

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<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Hours of Operation</th>
<th>Email</th>
<th>Website</th>
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<tr>
<td>Dorchester</td>
<td>426 Dorchester Avenue, Cambridge, MD 21613</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td>Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call</td>
<td><a href="mailto:info@communitybehavioralhealth.net">info@communitybehavioralhealth.net</a></td>
<td><a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></td>
</tr>
<tr>
<td>Queen Anne</td>
<td>142 Coursevall Drive, Centreville, MD 21617</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wicomico</td>
<td>809 &amp; 821 Eastern Shore Dr., Salisbury, MD 21804</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td></td>
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</tbody>
</table>

#### Providers:
- LCSW-C
- LGSW
- LCPC
- LGPC
- PhD
- MD
- CRNP
- PA-C
- Nurse
- APRN/PMH

#### Services:
- Clinical Psychiatric Evaluation
- Court Ordered Substance Use Testing
- Home Health
- Job Search/Placement
- Mental Health & Substance Use Services
- Mental Health Evaluation
- Psychiatric Case Management
- Psychiatric Day Treatment
- Psychiatric Rehabilitation Program Off-Site
- Psychiatric Rehabilitation Program On-Site
- Psychological Testing
- Respite Care
- Substance Use Education/Prevention
- Substance Use Intervention Program
- Substance Use Intensive Outpatient
- Substance Use Outpatient
- Case Management
- Urgent Care Appointment

#### Conditions Served:
- Anxiety/Phobias
- Bipolar Disorder
- Brain Injuries
- Chronic Mental Illness
- Co-Occurring
- Dementia
- Depression
- Developmental Disabilities
- Hoarding Behaviors
- Personality Disorders
- Physical Disabilities
- Post-Traumatic Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Substance Use/Dependence

#### Treatment Modalities:
- Anger Management Counseling
- Art Therapy
- Behavioral Treatment
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Eye Movement Desensitization & Reprocessing
- Family Counseling
- General Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling
- Mental Health Support Groups
- Play Therapy
- Psycho Educational Groups
- Telepsychiatry/Telemental Health
- Transcranial Magnetic Stimulation (TMS)
- Trauma Informed

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### Corsica River Mental Health Services

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<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<th>Hours of Operation</th>
<th>Email</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorchester</td>
<td>502 Poplar Street, Cambridge, MD 21613</td>
<td>443-225-5780</td>
<td>443-225-5783</td>
<td>Admin/Billing: Mon. – Fri. 8:30am to 5pm</td>
<td><a href="mailto:CorsicaClinic@crmsinc.com">CorsicaClinic@crmsinc.com</a></td>
<td><a href="http://www.crhsinc.com">www.crhsinc.com</a></td>
</tr>
<tr>
<td>Queen Anne</td>
<td>120 Banjo Lane, Centreville, MD 21617</td>
<td>410-758-2211</td>
<td>410-758-0698</td>
<td>Dorchester: Mon. – Wed. 8:30am to 5pm, Thurs. 8:30am to 6pm, Fri. 8:30am to 4pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Talbot</td>
<td>933 S. Talbot Street, St. Michaels, MD 21663</td>
<td>410-745-8028</td>
<td>410-745-0492</td>
<td>Queen Anne’s: Mon. and Wed. 8:30am to 5pm, Tues. and Thurs. 8:30am to 8pm, Fri. 8:30am to 4pm</td>
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</table>

#### Providers:
- LCSW-C
- LCPC
- MD
- CRNP
- Nurse

#### Services:
- Clinical Psychiatric Evaluation
- Crisis Intervention
- General Mental Health Info/Education
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Mobile Treatment/ACT
- Psychiatric Medication Services
- Substance Use Education/Prevention
- Substance Use Intervention Program
- Substance Use Outpatient
- Urgent Care Appointments

#### Conditions Served:
- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Depression
- Developmental Disabilities
- Hoarding Behaviors
- Personality Disorders
- Post-Traumatic Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Substance Use/Dependence

#### Treatment Modalities:
- Anger Management Counseling
- Behavioral Treatment
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy (DBT)
- Family Counseling
- General Counseling
- Individual Counseling
- Marriage Counseling
- Mental Health Related Support Groups
- Play Therapy
- Psycho Educational Groups
- Telepsychiatry/Telemental Health
- Trauma Informed

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Translator: Yes, Spanish, Hindi, Gujarati, and Urdu

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Translator: Yes, Spanish
### Dorchester County Wellness Center Program

<table>
<thead>
<tr>
<th>Mailing Address / Admin Office</th>
<th>Phone: 410-228-3223</th>
<th>Hours of Operation: Monday – Friday 8am to 5pm</th>
<th>Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare, Private Insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 Cedar Street, Cambridge, MD 21613</td>
<td>Fax: 410-901-8181</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.dorchesterhealth.org">www.dorchesterhealth.org</a></td>
<td></td>
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</tr>
</tbody>
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### School-Based Locations

- **Mace’s Lane Middle School:**
  - Address: 1101 Maces Lane, Cambridge, MD 21613
  - Phone: 410-228-0973
  - Fax: 410-228-0513

- **North Dorchester High School:**
  - Address: 5875 Cloverdale Road, Hurlock, MD 21643
  - Phone: 410-943-3316
  - Fax: 410-943-3397

- **North Dorchester Middle School:**
  - Address: 5745 Cloverdale Road, Hurlock, MD 21643
  - Phone: 410-943-3275
  - Fax: 410-943-3397

- **Cambridge - South Dorchester High School:**
  - Address: 2475 Cambridge Beltway, Cambridge, MD 21613
  - Phone: 410-228-3825
  - Fax: 410-228-7916

### Providers & Services

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<td>ADHD</td>
<td>Anger Management Counseling</td>
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<tr>
<td>CRNP</td>
<td>Crisis Intervention</td>
<td>Anxiety/Phobias</td>
<td>Art Therapy</td>
</tr>
<tr>
<td>MD</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Bipolar Disorder</td>
<td>Behavioral Treatment</td>
</tr>
<tr>
<td>PA-C</td>
<td>School Based Monitoring of Chronic Illness</td>
<td>Chronic Mental Illness</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
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<td>Nurse</td>
<td>Urgent Care Appointments</td>
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<td>Family Counseling</td>
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<td>APRN/PBH</td>
<td>Walk-in</td>
<td>Depression</td>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
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### Conditions Served

- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Depression
- Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- Post-Traumatic Stress Disorder
- Self-Injurious Behaviors

### Additional Information

- Additional mental health and support services are available in some elementary schools for children impacted by incarceration. Please call 410-943-3653 or 410-228-4368 for eligibility criteria. Hours and staff availability at each Wellness Center vary, please call for more information. The program is administered by the Dorchester County Health Department in collaboration with Dorchester County Public Schools.

### Dover Behavioral Health Systems

- **Address:** 725 Horsepond Road, Dover, DE 19901
- **Phone:** 302-741-0140 / 855-609-9711
- **Fax:** 302-741-8551
- **Website:** www.doverbehavioral.com
- **Hours of Operation:** 24 hours a day, 7 days a week
- **Payment Types Accepted:** Self-Pay, Public Behavioral Health, Medicare, Private Insurance

### Providers

- LCSW
- PhD
- MD
- PA-C
- Nurse
- APRN/PBH

### Services

- Clinical Psychiatric Evaluation
- Detoxification
- Hotline
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Psychiatric Day Treatment
- Psychiatric Hospitalization
- Substance Use Intervention Program
- Substance Use Inpatient Co-Occurring
  - Capable (<30 days)
- Substance Use Intensive Outpatient
- Veterans
- Walk-in

### Conditions Served

- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Brain Injuries
- Chronic Mental Illness
- Co-Occurring
- Depression
- Developmental Disabilities
- Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- Physical Disabilities
- Post-Traumatic Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Sexual Disorders
- Substance Use/Dependence

### Treatment Modalities

- Anger Management Counseling
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Family Counseling
- Gay/Lesbian/Bisexual/Transgender Issues
- General Counseling
- Group Counseling
- Individual Counseling
- Mental Health Related Support Groups
- Psycho Educational Groups
- Trauma Informed

### Additional Information

- Spanish

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Additional mental health and support services are available in some elementary schools for children impacted by incarceration. Please call 410-943-3653 or 410-228-4368 for eligibility criteria. Hours and staff availability at each Wellness Center vary, please call for more information. The program is administered by the Dorchester County Health Department in collaboration with Dorchester County Public Schools.

### Mid-South Dorchester High School

- **Address:** 2475 Cambridge Beltway, Cambridge, MD 21613
- **Phone:** 410-228-3825
- **Fax:** 410-228-7916

### Providers

- LCSW-C
- CRNP
- MD

### Services

- Acute Somatic Care
- Crisis Intervention
- Mental Health Evaluation & Treatment
- School Based Monitoring of Chronic Illness
- Urgent Care Appointments
- Walk-in

### Conditions Served

- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Depression
- Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- Post-Traumatic Stress Disorder
- Self-Injurious Behaviors

### Treatment Modalities

- Anger Management Counseling
- Art Therapy
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Family Counseling
- Gay/Lesbian/Bisexual/Transgender Issues
- General Counseling
- Group Counseling
- Individual Counseling
- Play Therapy
- Psycho Educational Groups
- Trauma Informed
## Eastern Shore Hospital Center

<table>
<thead>
<tr>
<th>Address: 5262 Woods Road</th>
<th>Phone: 410-221-2300 / 888-216-8110</th>
<th>Hours of Operation: 24 hours a day, 7 days a week</th>
<th>Payment Types Accepted: Self-Pay, Public Behavioral Health</th>
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</thead>
<tbody>
<tr>
<td>P.O. Box 800</td>
<td>Fax: 410-221-2497</td>
<td></td>
<td></td>
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<tr>
<td>Cambridge, MD 21613</td>
<td>Website: <a href="http://www.health.maryland.gov/ESHC">www.health.maryland.gov/ESHC</a></td>
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</tr>
</tbody>
</table>

### Providers:
- LCSW-C
- LGSW
- PhD
- MD
- Psy D
- Nurse
- Transactor?

### Services:
- Clinical Psychiatric Evaluation
- Crisis Intervention
- General Mental Health Info/Education
- Geriatric Assessment
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Older Adult/Aging Issues
- Psychiatric Case Management
- Psychiatric Hospitalization
- Psychiatric Medication Services
- Psychological Testing
- Substance Use Education/Prevention
- Use language line & interpreters.

### Conditions Served:
- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Depression
- Hoarding Behaviors
- Personality Disorders
- Post-Traumatic Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Sexual Disorders
- Substance Use/Dependence

### Treatment Modalities:
- Anger Management Counseling
- Art Therapy
- Cognitive Behavioral Therapy (CBT)
- General Counseling
- Group Counseling
- Individual Counseling
- Mental Health Related Support Groups
- Pet Assisted Therapy
- Psycho Educational Groups
- Trauma Informed

ESHC’s mission is to serve citizens of the State of Maryland by providing the highest quality continuum of adult inpatient care, transitional mental health services, and forensic evaluations and treatment based on principles of recovery, wellness, and trauma informed care.

## Eastern Shore Psychological Services

### Kent:
- 315 High Street, Suite 201
- Chestertown, MD 21601

#### Providers:
- LPC
- LCP
- CRNP
- LCADC
- Addictions Counselors

#### Services:
- Clinical Psychiatric Evaluation
- DUI Offender Programs
- General Mental Health Info/Education
- Mental Health & Substance Use Services
- Psychiatric Case Management
- Psychiatric Medication Services
- Psychiatric Rehabilitation Program Off-site
- Psychological Testing
- Substance Use Education/Prevention
- Substance Use Intervention Program
- Substance Use Outpatient

#### Conditions Served:
- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Brain Injuries
- Chronic Mental Illness
- Co-Occurring
- Depression
- Developmental Disabilities
- Hoarding Behaviors
- Personality Disorders
- Physical Disabilities
- Post-Traumatic Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Sexual Disorders

#### Treatment Modalities:
- Anger Management Counseling
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Death and Dying Counseling
- Emotionally Focused Therapy (EFT)
- Family Counseling
- Gay/Lesbian/Bisexual/Transgender Issues
- General Counseling
- Geriatric Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling
- Mental Health Related Support Groups
- Play Therapy
- Psycho Educational Groups
- Sex Offender Counseling
- Trauma Informed / Trauma-Focused CBT

ESPS provides psychotherapy, psychological evaluation, psychiatric assessment and medication management, addiction treatment, as well as family advocacy (PRP) services to children, adolescents, and adults in the Mid Shore area. The agency’s licensed mental health providers offer individual, couples, family and group therapy at our outpatient location and in all of the Talbot County public schools. Their interdisciplinary team can help with all mental health and substance use disorders, trauma reactions, and problems of living within a holistic framework.
For All Seasons, Inc

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ LCSW-C</td>
<td>☑ Access and Visitation Services (QA/Kent)</td>
<td>☑ ADHD</td>
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<td>☑ LCPC</td>
<td>☑ Crisis Intervention</td>
<td>☑ Anxiety/Phobias</td>
<td>☑ Behavioral Treatment</td>
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<td>☑ MD</td>
<td>☑ DUI Offender Programs</td>
<td>☑ Bipolar Disorder</td>
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<td>☑ CRNP</td>
<td>☑ General Mental Health Info/Education</td>
<td>☑ Chronic Mental Illness</td>
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<tr>
<td>☑ Nurse</td>
<td>☑ Hotline – Sexual Assault/Rape Victims</td>
<td>☑ Co-Occurring</td>
<td>☑ Eye Movement Desensitization &amp; Reprocessing (EMDR)</td>
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<tr>
<td>☑ RN</td>
<td>☑ Mental Health &amp; Substance Use Services</td>
<td>☑ Depression</td>
<td>☑ Family Counseling</td>
</tr>
<tr>
<td>☑ BC</td>
<td>☑ Mental Health Evaluation &amp; Treatment</td>
<td>☑ Eating Disorders</td>
<td>☑ Gay/Lesbian/Bisexual/Transgender Issues</td>
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<td>(Psychiatric &amp; Mental Health Nursing)</td>
<td>☑ Mobile Crisis Stabilization Services (Youth)</td>
<td>☑ Hoarding Behaviors</td>
<td>☑ General Counseling</td>
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<td>☑ School Based Mental Health (Dor/Kent)</td>
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<td>☑ Substance Use Outpatient</td>
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<td>☑ Urgent Care Appointments</td>
<td>☑ Schizophrenia</td>
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<td>☑ Veterans</td>
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<td>☑ Mental Health Related Support Groups</td>
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<td>☑ Victims of Human Trafficking</td>
<td>☑ Sexual Disorders</td>
<td>☑ Play Therapy</td>
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<td>☑ Substance Use/Dependence</td>
<td>☑ Psycho Educational Groups</td>
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<td>☑ Trauma Informed</td>
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Translator?: Yes. Spanish

FAS is a private, not for profit, licensed outpatient mental health clinic offering a full continuum of outpatient mental health treatment with offices in Easton, Denton, Cambridge, Queenstown, and Chestertown. FAS also serves as the Sexual Assault/Rape Crisis Center, providing 24/7 Hotline, Advocacy and Crisis Counseling for child and adult victims of sexual violence. Many victim services are provided at no charge and mental health treatment is offered regardless of an individual’s ability to pay. In these circumstances, FAS assists individuals in obtaining public insurance or accesses grants to cover treatment.

Kent County Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>300 Scheeler Road Chestertown, MD 21620</th>
<th>Phone: 410-778-5783</th>
<th>Hours of Operation: Mon. – Thurs. 8 am to 6pm Fri. 8am to 5pm</th>
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<tr>
<td>Fax:</td>
<td>410-778-7344</td>
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<td>Website:</td>
<td><a href="http://www.kenthd.org">www.kenthd.org</a></td>
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<th>Treatment Modalities:</th>
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<td>☑ Older Adult/Aging Issues</td>
<td>☑ Dementia</td>
<td>☑ Gay/Lesbian/Bisexual/Transgender Issues</td>
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<td>☑ Psychiatric Medication Services</td>
<td>☑ Depression</td>
<td>☑ General Counseling</td>
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<td>☑ Psychological Testing</td>
<td>☑ Developmental Disabilities</td>
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<td>☑ Urgent Care Appointments</td>
<td>☑ Eating Disorders</td>
<td>☑ Group Counseling</td>
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<td>☑ Veterans</td>
<td>☑ Hoarding Behaviors</td>
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<td>☑ Personality Disorders</td>
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<td>☑ Self-Injurious Behaviors</td>
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<tr>
<td></td>
<td></td>
<td>☑ Sexual Disorders</td>
<td></td>
</tr>
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</table>

Translator?: No
# Lower Shore Clinic, Inc.

**Address:** 505 E. Main Street  
Salisbury, MD 21804  
**Phone:** 410-341-3420  
**Fax:** 410-341-3397  
**Website:** [Lower-Shore-Clinic.html](http://www.gogettersinc.org/)

<table>
<thead>
<tr>
<th>Providers</th>
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<th>Treatment Modalities</th>
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</thead>
<tbody>
<tr>
<td>LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
<td>Anxiety/Phobias</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
</tr>
<tr>
<td>MD</td>
<td>General Mental Health Info/Education</td>
<td>Bipolar Disorder</td>
<td>Dialectical Behavior Therapy (DBT)</td>
</tr>
<tr>
<td>CRNP</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Chronic Mental Illness</td>
<td>Eye Movement Desensitization &amp; Reprocessing (EMDR)</td>
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<tr>
<td>PA-C</td>
<td>Mobile Treatment/ACT: 410-341-9696</td>
<td>Co-Occurring</td>
<td>General Counseling</td>
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<td>Nurse</td>
<td>Psychiatric Medication Services</td>
<td>Depression</td>
<td>Individual Counseling</td>
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<tr>
<td>APRN/PMH</td>
<td>Same Day Access</td>
<td>Personality Disorders</td>
<td>Psycho Educational Groups</td>
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<td>Urgent Care Appointments</td>
<td>Post-Traumatic Stress Disorder</td>
<td>Telepsychiatry/Telemental Health</td>
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<tr>
<td></td>
<td>Veterans</td>
<td>Schizophrenia</td>
<td></td>
</tr>
</tbody>
</table>

**Translator?** No

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# Marshy Hope Family Services, LLC

**Address:** 813-1 Chesapeake Dr.  
Cambridge, MD 21613  
**Phone:** 410-221-2266  
**Fax:** 410-221-2878  
**Email:** marshyhope@marshyhope.com

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
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<tbody>
<tr>
<td>LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
<td>ADHD</td>
<td>Anger Management Counseling</td>
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<td>MD</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Anxiety/Phobias</td>
<td>Behavioral Treatment</td>
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<tr>
<td>APRN/PMH</td>
<td>Psychiatric Medication Services</td>
<td>Bipolar Disorder</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
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**Translator?** No

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# Shore Behavioral Health

**Address:** 300 Byrn Street  
Cambridge, MD 21613  
**Phone:** 410-228-5511 ext. 2147  
**Fax:** 410-476-5105  
**Website:** [www.shorehealth.org](http://www.shorehealth.org)

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
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<th>Treatment Modalities</th>
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<tbody>
<tr>
<td>LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
<td>ADHD</td>
<td>Anger Management Counseling</td>
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<td>LCPC</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Anxiety/Phobias</td>
<td>Behavioral Treatment</td>
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<tr>
<td>MD</td>
<td>Mental Health &amp; Substance Use Services</td>
<td>Bipolar Disorder</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
</tr>
<tr>
<td>Nurse</td>
<td>Mental Health Intensive Outpatient Therapy, ext. 2147</td>
<td>Chronic Mental Illness</td>
<td>Dialectical Behavior Therapy (DBT)</td>
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<tr>
<td>APRN/PMH</td>
<td>Psychiatric Emergency Room Care</td>
<td>Co-Occurring</td>
<td>Emotionally Focused Therapy (EFT)</td>
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<td>Psychiatric Hospitalization, ext. 2112</td>
<td>Depression</td>
<td>Family Counseling</td>
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<td>Psychiatric Medication Services</td>
<td>Eating Disorders</td>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
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<td>Substance Use Outpatient and Intensive Outpatient, ext. 5452</td>
<td>Hoarding Behaviors</td>
<td>Individual Counseling</td>
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<td>Personality Disorders</td>
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<td>Post-Traumatic Stress Disorder</td>
<td>Mindfulness Based Therapy Approaches</td>
</tr>
</tbody>
</table>

**Translator?** Use telephone interpreter.

SBH offers emergency room evaluations, inpatient mental health and dual diagnosis treatment, intensive outpatient treatment for both mental health and addictions issues, as well as outpatient individual addictions treatment.
## Upper Bay Counseling & Support Services

**Administration:** 200 Booth Street  
Elkton, MD 21921  
**Phone:** 410-996-5104  
410-996-5197  
**Website:** www.upperbay.org

**Cecil:**  
1275-B W. Pulaski Hwy.  
Elkton, MD 21921  
**Phone:** 410-620-7161  
410-620-7168  
**Email:** info@upperbay.org

**Providers:**  
- LCSW-C: Adult Day Programs  
- LCPC: Clinical Psychiatric Evaluation  
- PhD: Crisis Intervention  
- MD: General Mental Health Info/Education  
- CRNP: Mental Health & Substance Use Services  
- Nurse: Mental Health Evaluation & Treatment  
- Psy.D.: Mobile Treatment Team/ACT  
- Psychiatric Medication Services  
- Psychiatric Rehabilitation Program Off-site  
- Psychiatric Rehabilitation Program On-site  
- Psychological Testing  
- Residential Rehabilitation Program  
- Supported Employment  
- Urgent Care Appointments

**Translator?**  
Yes. Spanish

### Services:
- ADHD  
- Anxiety/Phobias  
- Bipolar Disorder  
- Chronic Mental Illness  
- Co-Occurring  
- Depression  
- Developmental Disabilities  
- Eating Disorders  
- Hoarding Behaviors  
- Personality Disorders  
- Physical Disabilities  
- Post-Traumatic Stress Disorder  
- Schizophrenia  
- Self-Injurious Behaviors  
- Sexual Disorders  
- Substance Use/Dependence  
- Anger Management Counseling  
- Art Therapy  
- Behavioral Treatment  
- Cognitive Behavioral Therapy (CBT)  
- Death and Dying Counseling  
- Disability Related Counseling  
- Eye Movement Desensitization & Reprocessing (EMDR)  
- Family Counseling  
- Gay/Lesbian/Bisexual/Transgender Issues  
- General Counseling  
- Individual Counseling  
- Marriage Counseling  
- Play Therapy  
- Psycho Educational Groups  
- Trauma Informed

### Conditions Served:
- Ambulatory Detoxification  
- Clinical Psychiatric Evaluation  
- Crisis Intervention  
- Detoxification  
- General Mental Health Info/Education  
- Mental Health Evaluation & Treatment  
- Psychiatric Medication Services  
- Substance Use Education/Prevention  
- Substance Use Inpatient (<30 days)  
- Substance Use Inpatient Co-Occurring  
- Substance Use Intensive Outpatient  
- Substance Use Outpatient  
- Substance Use Partial Hospitalization Program

### Treatment Modalities:
- Age-Related and Gender-Related Groups  
- Anger Management Counseling  
- Behavioral Modification  
- Cognitive Behavioral Therapy (CBT)  
- Dialectical Behavior Therapy (DBT)  
- Emotional Regulation Therapy  
- Existential Psychology  
- Family Counseling  
- General Counseling  
- Group Counseling  
- Individual Counseling  
- Marriage Counseling  
- Mental Health Related Support Groups  
- Mindfulness Based Therapy  
- Motivational Interviewing  
- Psycho Educational Groups  
- Rational Emotive Behavioral Therapy  
- Trauma Informed and Trauma Groups

---

## Warwick Manor Behavioral Health

**Address:** 3680 Warwick Road  
East New Market, MD 21631  
**Phone:** 410-943-8108  
**Fax:** 410-943-3976  
**Website:** www.warwickmanor.org  
**Hours of Operation:** MH: Mon., Wed., Fri. 8am to 5pm, Tues. and Thurs. 8am to 7:30pm, weekend hrs. available as needed  
**Payment Types Accepted:** Self-Pay, Public Behavioral Health, Private Insurance

**Providers:**  
- LCSW-C  
- LGSW  
- LCPC  
- PhD  
- MD  
- Nurse  
- CRNP  
- DO  
- Addictions Counselors

**Services:**  
- Ambulatory Detoxification  
- Clinical Psychiatric Evaluation  
- Crisis Intervention  
- Detoxification  
- General Mental Health Info/Education  
- Mental Health Evaluation & Treatment  
- Psychiatric Medication Services  
- Substance Use Education/Prevention  
- Substance Use Inpatient (<30 days)  
- Substance Use Inpatient Co-Occurring  
- Substance Use Intensive Outpatient  
- Substance Use Outpatient  
- Substance Use Partial Hospitalization Program

**Translator?**  
No

### Services:
- ADHD  
- Anxiety/Phobias  
- Bipolar Disorder  
- Chronic Mental Illness  
- Co-Occurring  
- Depression  
- Developmental Disabilities  
- Eating Disorders  
- Hoarding Behaviors  
- Personality Disorders  
- Physical Disabilities  
- Post-Traumatic Stress Disorder  
- Schizophrenia  
- Self-Injurious Behaviors  
- Sexual Disorders  
- Substance Use/Dependence  
- Age-Related and Gender-Related Groups  
- Anger Management Counseling  
- Behavioral Modification  
- Cognitive Behavioral Therapy (CBT)  
- Dialectical Behavior Therapy (DBT)  
- Emotional Regulation Therapy  
- Existential Psychology  
- Family Counseling  
- General Counseling  
- Group Counseling  
- Individual Counseling  
- Marriage Counseling  
- Mental Health Related Support Groups  
- Mindfulness Based Therapy  
- Motivational Interviewing  
- Psycho Educational Groups  
- Rational Emotive Behavioral Therapy  
- Trauma Informed and Trauma Groups

### Conditions Served:
- Ambulatory Detoxification  
- Clinical Psychiatric Evaluation  
- Crisis Intervention  
- Detoxification  
- General Mental Health Info/Education  
- Mental Health Evaluation & Treatment  
- Psychiatric Medication Services  
- Substance Use Education/Prevention  
- Substance Use Inpatient (<30 days)  
- Substance Use Inpatient Co-Occurring  
- Substance Use Intensive Outpatient  
- Substance Use Outpatient  
- Substance Use Partial Hospitalization Program

### Treatment Modalities:
- Ambulatory Detoxification  
- Clinical Psychiatric Evaluation  
- Crisis Intervention  
- Detoxification  
- General Mental Health Info/Education  
- Mental Health Evaluation & Treatment  
- Psychiatric Medication Services  
- Substance Use Education/Prevention  
- Substance Use Inpatient (<30 days)  
- Substance Use Inpatient Co-Occurring  
- Substance Use Intensive Outpatient  
- Substance Use Outpatient  
- Substance Use Partial Hospitalization Program

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## Worcester County Health Department

**Main Office:** 6040 Public Landing Drive  
P.O. Box 249  
Snow Hill, MD 21863  
**Phone:** 410-632-1100  
410-632-5682  
**Website:** www.worcesterhealth.org

**Berlin Health Department:**  
9730 Healthway Drive  
Berlin, MD 21811  
**Phone:** 410-629-0164  
410-629-0185  
**Hours of Operation:** Mon. – Fri. 8am to 5pm, Evenings and Saturdays by appointment only, Pocomoke Health Center closed on Fridays.

**Pocomoke Health Center:**  
400 Walnut Street  
Pocomoke City, MD 21851  
**Phone:** 410-957-2005  
410-957-2417  
**Payment Types Accepted:** Grant Funds, Self-Pay, Public Behavioral Health, Medicare, Private Insurance
### Worcester County Health Department

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
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<td>Case Management</td>
<td>ADHD</td>
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<td>LCPC</td>
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<td>PhD</td>
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<td>MD</td>
<td>DUI Offender Program</td>
<td>Chronic Mental Illness</td>
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<td>LCADC</td>
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</table>

### PRIVATE PROVIDERS

#### Anne Arundel Counseling, Inc.

**Main Office:** 7310 Ritchie Highway, Suite 1009
Glen Burnie, MD 21061

**Phone:** 410-768-5988
**Fax:** 410-768-5989

**Queen Anne's:** 633 Railroad Avenue
Centreville, MD 21617
101 Log Canoe Circle, Suite C-3
Stevensville, MD 21666

**Phone:** Call main #
**Fax:** Use main fax

**Email:** info@annearundelcounseling.com
**Website:** [www.annearundelcounseling.com](http://www.annearundelcounseling.com)
**Hours of Operation:** Mon. – Fri. 8am to 9pm, Sat. 8am to 5pm
**Payment Types Accepted:** Sliding Fee Scale, Self-Pay, Private Insurance

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<th>Treatment Modalities</th>
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<tr>
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<td>Crime Victim/Witness Counseling</td>
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</table>
### Chesapeake Bay Psychological Services, LLC

**Address:** 155 Log Canoe Circle  
Stevensville, MD 21666  
**Phone:** 410-604-0226  
**Fax:** 877-643-0126  
**Website:** www.chesapeakebayspsychological.com  
**Email:** questions@chesapeakebayspsychological.com  
**Hours of Operation:** Mon. – Fri. Vary and by appointment only  
**Payment Types Accepted:** Self Pay, Public Behavioral Health, Medicare, Private Insurance

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<td>ADHD, Anxiety/Phobias, Bipolar Disorder, Chronic Mental Illness, Co-Occurring, Depression, Hoarding Behaviors, Mood Disorders, Obsessive Compulsive Disorder, Post Traumatic Stress Disorder, Relationship Issues, Self Injurious Behaviors, Sexual Disorders, Substance Use/Dependence</td>
<td>Anger Management Counseling, Behavioral Treatment, Christian/Pastoral Counseling, Cognitive Behavioral Therapy (CBT), Death and Dying Counseling, Family Counseling, Gay/Lesbian/Bisexual/Transgender Issues, General Counseling, Geriatric Counseling, Individual Counseling, Marriage Counseling, Trauma Informed</td>
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Chesapeake Bay Psychological Services provides a range of services for adults, adolescents, and children. They provide individual, couples and family therapy, psychological testing, consultation services for educational accommodations in grade school or college, and resolution of parenting differences. Please see their website for more information on their staff and areas of experience.
### Chesapeake Counseling, LLC – Catherine Cripps, LCPC, LCPAT

<table>
<thead>
<tr>
<th>Address: 506 Goldsborough Street</th>
<th>Phone: 410-819-8832</th>
<th>Hours of Operation: Mon. – Thurs. 9am to 7pm, Fri. 9am to 12pm</th>
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<td>Offers a continuum of verbal and non-verbal Processing for ages 6 and up.</td>
<td>ADHD, Anxiety/Phobias, Bipolar Disorder, Co-Occurring, Depression, Eating Disorders, Personality Disorders, Physical Disabilities, Post Traumatic Stress Disorder, Self Injurious Behaviors</td>
<td>Art Therapy, Behavioral Treatment, Cognitive Behavioral Therapy (CBT), Eye Movement Desensitization &amp; Reprocessing (EMDR), Emotionally Focused Therapy (EFT), Family Counseling, Gay/Lesbian/Bisexual/Transgender Issues, General Counseling, Group Counseling, Individual Counseling, Marriage Counseling, Psycho Educational Groups, Trauma Informed</td>
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**Translator?**  
No

### Chester River Behavioral Health

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<th>Phone: 410-778-5550</th>
<th>Hours of Operation: Mon. and Thurs. 9am to 7pm, Tues. 9am to 8pm, Wed. 9am to 6pm, Fri. 9am to 5pm</th>
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<td>ADHD, Anxiety/Phobias, Bipolar Disorder, Co-Occurring, Depression, Eating Disorders, Personality Disorders, Physical Disabilities, Post Traumatic Stress Disorder, Self Injurious Behaviors</td>
<td>Anger Management Counseling, Behavioral Treatment, Cognitive Behavioral Therapy (CBT), Death and Dying Counseling, Dialectical Behavior Treatment (DBT), Eye Movement Desensitization &amp; Reprocessing (EMDR), Family Counseling, General Counseling, Geriatric Counseling, Group Counseling, Hypnotherapy, Individual Counseling, Marriage Counseling, Mental Health Related Support Groups, Play Therapy</td>
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<td>Psychological Services for Cancer Patients &amp; Caregivers</td>
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<td>Treatment for Adult Children of Alcoholics</td>
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**Translator?**  
Yes, Spanish

### Evolution Mental Health and Trauma Services, LLC - Vicki J. Rahenkamp, LCPC

<table>
<thead>
<tr>
<th>Address: 295 Bay Street, Unit 7</th>
<th>Phone: 410-820-4280</th>
<th>Hours of Operation: Mon. – Wed. 9am to 8pm, Thurs. – Fri. 9am to 5pm</th>
<th>Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Medicare</th>
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<td>ADHD, Anxiety/Phobias, Bipolar Disorder, Child Sexual Abuse, Complex Trauma, Co-Occurring, Depression, Developmental Disabilities, Personality Disorders, Post Traumatic Stress Disorder, Self Injurious Behaviors</td>
<td>Art Therapy, Childhood Sexual Abuse Support Groups, Cognitive Behavioral Therapy (CBT), Death and Dying Counseling, Family Counseling, General Counseling, Group Counseling, Individual Counseling, Marriage Counseling, Non-offending Caregiver Support Groups, Play Therapy, Trauma Informed – Child and Adult</td>
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**Translator?**  
No
## G.W. Associates – Gail J. Weissert, LCSW-C

| Address: 23627 Willow Pond Road  
| Denton, MD 21629 | Phone: 410-479-0434  
| Fax: 410-479-2723 | Email: weissert.gail@gmail.com  
| Website: www.gweissert.com |

| Payment Types Accepted: Self Pay, Medicare, EAP Program, Private and Most Insurances |

### Detenti Providers: LCSW-C
- Mental Health Evaluation & Treatment
- Older Adults/Aging Issues

### Services: LCSW-C
- ADHD
- Anxiety/Phobias
- Depression
- Eating Disorders
- Post Traumatic Stress Disorder

### Conditions Served: LCSW-C
- Anger Management Counseling
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Emotionally Focused Therapy (EFT)
- Family Counseling
- General Counseling
- Hypnotherapy
- Individual Counseling
- Marriage Counseling
- Trauma Informed

### Translator? No

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## Harvesting Hope Youth and Family Wellness, INC. – Omeaka Jackson, M.A., LCPC

| Address: 204 Cedar Street, Suite 102  
| Cambridge, MD 21613 | Phone: 443-351-4846  
| Fax: 443-378-8475 | Website: www.harvestinghopeinc.org |

| Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health, Medicare, Private Insurance |

### Providers: LCPC
- Anger Management Groups
- Crisis Intervention
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Mentoring/Mentor Training Program
- Parenting Groups
- Self Esteem Building Groups
- Social Skills Groups
- Substance Use Education/Prevention
- Urgent Care Appointments
- Veterans
- Youth Development
- Youth and Family Development Services
- Walk-in

### Services: LCPC
- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Bullying
- Co-Occurring Disorders
- Depression
- Domestic Violence
- Post Traumatic Stress Disorder
- Substance Use/Dependence
- Trouble Teens

### Conditions Served: LCPC
- Anger Management Counseling
- Art Therapy
- Behavioral Treatment
- Christian/Pastoral Counseling
- Cognitive Behavioral Therapy (CBT)
- Crime Victim/Witness Counseling
- Death and Dying Counseling
- General Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling
- Mental Health Related Support Groups
- Parental Counseling
- Play Therapy
- Psycho Educational Groups
- Sandplay Therapy
- Telepsychiatry/Telemental Health
- Trauma Informed

### Translator? No

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Harvesting Hope, Inc. is a youth and family services program sowing seeds of hope in the community. We work with a local high school to provide mentoring and peer leadership skills to the next generation of leaders and providing community based training opportunities to local youth and families in partnership with local community agencies. Our Mission is to uplift the community by working in the community. Our youth are our greatest asset. When we invest in them we invest in the future of our communities. Some people are born leaders while others need guidance and the tools to become leaders. Harvesting Hope, Inc. sow these seeds while our youth and community reap the benefits. When we invest in youth we invest in their family.
# J. David Collins & Associates – J. David Collins, LCSW-C

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Wicomico</td>
<td>540 Riverside Drive, Suite 8 Salisbury, MD 21801</td>
<td>410-548-3333</td>
<td>410-548-3341</td>
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<tr>
<td>Somerset</td>
<td>30256 Mt. Vernon Road Unit A Princess Anne, MD 21853</td>
<td>410-548-3333</td>
<td>410-621-5389</td>
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## Providers: LCSW-C
- Case Management
- Crisis Intervention
- DUI Offender Program
- General Mental Health Info/Education
- Geriatric Assessment
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Substance Use Education/Prevention
- Substance Use Intervention Program
- Substance Use Intensive Outpatient
- Substance Use Outpatient

## Conditions Served: LCSW-C
- ADHD
- Anxiety/Phobias
- Bipolar Disorder
- Brain Injuries
- Chronic Mental Illness
- Co-Occurring
- Depression
- Developmental Disabilities
- Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- Physical Disabilities
- Post Traumatic Stress Disorder
- Self Injurious Behaviors
- Sexual Disorders
- Substance Use/Dependence

## Treatment Modalities: LCSW-C
- Anger Management Counseling
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Crime Victim/Witness Counseling
- Death and Dying Counseling
- Disability Related Counseling
- Family Counseling
- Gay/Lesbian/Bisexual/Transgender Issues
- General Counseling
- Geriatric Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling

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# Pathways to Harmony- Kristina Macgaffin, MSW, LCSWC, FIPA, LLC

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## Provider: LCSWC
- Ex-Offender Reentry Program
- Family Law Courts
- General Info/Education
- Mental Health Evaluation Program Off-Site
- Substance Use Education/Prevention
- Veterans
- In-Hone Doula
- Mother-baby Attachment

## Conditions Served: LCSWC
- Anxiety/ Phobias
- Bipolar Disorder
- Depression
- Personality Disorders
- Self Injurious Behaviors

## Treatment Modalities: LCSWC
- Anger Management Counseling
- Behavioral Treatment
- Christian/Pastoral Counseling
- Death and Dying Counseling
- Domestic Violence Support Groups
- Emotionally Focused Therapy (EFT)
- Family Counseling
- Gay/Lesbian/Bisexual/ Transgender Issues
- General Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling
- Mental Health Related Support Groups
- Trauma Informed
- Intensive Psychotherapy for Depression

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Translator? No
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<td>General Mental Health Education</td>
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<tr>
<td></td>
<td></td>
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<td>Play Therapy</td>
</tr>
</tbody>
</table>
**Peace of Mind Mental Health Services**

**Address:** 8614 Ocean Gateway, Suite 4  
Easton, MD 21601  
**Phone:** 410-690-8181  
**Fax:** 410-690-8185  
**Website:** www.peaceofmindmhs.com  
**Hours of Operation:** By appointment only  
Mon. – Thurs. 9am to 7pm, Fri. 9am to 6pm, Sat. 9:30am to 3:30 pm  
**Payment Types Accepted:** Sliding Fee Scale, Self Pay, Public Behavioral Health, Medicare, Private Insurance

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Treatment Modalities</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ LCSW-C</td>
<td>Mental Health &amp; Substance Use Services</td>
<td>ADHD</td>
<td>Anger Management Counseling</td>
</tr>
<tr>
<td>☑ MD</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Anxiety/Phobias</td>
<td>Behavioral Treatment</td>
</tr>
<tr>
<td>☑ CRNP</td>
<td>Psychiatric Medication Services</td>
<td>Bipolar Disorder</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
</tr>
<tr>
<td>☑ LCPC</td>
<td></td>
<td>Chronic Mental Illness</td>
<td>Couples Counseling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Depression</td>
<td>Death and Dying Counseling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Personality Disorders</td>
<td>Dialectical Behavior Therapy (DBT)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Post Traumatic Stress Disorder</td>
<td>Family Counseling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Schizophrenia</td>
<td>Gay/Lesbian/Bisexual/Transgender Issue</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Self Injurious Behaviors</td>
<td>Geriatric Counseling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sexual Disorders</td>
<td>General Counseling</td>
</tr>
</tbody>
</table>

Peace of Mind Mental Health Services started with a simple premise: Make available to every person the mental health resources needed to live a healthy life. Visit the web for more information and a current list of available therapists.

---

**R. Hutchison, LLC - Rebecca Hutchison, LCSW-C**

**Address:** 295 Bay Street, Unit 7  
Easton, MD 21601  
**Phone:** 410-253-2824  
**Fax:** 410-820-4281  
**Email:** r.hutchisonLLC@outlook.com  
**Hours of Operation:** Mon. 9am to 5pm, Tue. 12pm to 8pm, Wed. 11am to 5pm, Thurs. 11am to 7pm, Fri. & Sat. by appt.  
**Payment Types Accepted:** Self Pay, Public Behavioral Health, Private Insurance

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Treatment Modalities</th>
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<tr>
<td>☑ LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
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</tr>
<tr>
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<td>Crisis Intervention</td>
<td>Anxiety/Phobias</td>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
</tr>
<tr>
<td></td>
<td>General Mental Health Info/Education</td>
<td>Bipolar Disorder</td>
<td>General Counseling</td>
</tr>
<tr>
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<td>Mental Health &amp; Substance Use Services</td>
<td>Chronic Mental Illness</td>
<td>Individual Counseling</td>
</tr>
<tr>
<td></td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Co-Occurring</td>
<td>Trauma Informed</td>
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<tr>
<td></td>
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<td>Self Injurious Behaviors</td>
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</table>

R. Hutchison, LLC d/b/a R. Hutchison Behavioral Health & Consultation Services seeks to provide mental health consultation, assessment, and treatment to people of all ages and cultural backgrounds. Targeted populations include, but are not limited to, trauma survivors and LGBTQ individuals/couples.

---

**Rhythmic Foundations, LLC – Amanda McEntegart, MT-BC**

**Address:** Call for Information  
**Phone:** 410-829-9281  
**Email:** info@rfmusictherapy.com  
**Website:** www.rfmusictherapy.com  
**Hours of Operation:** Call for information  
**Payment Types Accepted:** Private Pay, LLC Network Provider

Music therapy is the clinical and evidenced-based practice in which non-musical goals are achieved within a therapeutic relationship using various music interventions. Services are facilitated by a Board Certified Music Therapist. Rhythm is the “organizer and energizer.” Like a home that needs a strong foundation upon which to stand, or a tree’s roots that must be firmly planted in the ground, rhythm helps to establish that strong foundation to begin to explore, express, and develop.

Rhythmic Foundations, LLC’s goal is to provide that foundation for individuals to accomplish various goals in order to maintain and enhance quality of life.

Serves Caroline, Queen Anne’s, and Talbot counties.
**Ross Behavioral Group**

**Address:** 114 Market Street, Suite 103
Denton, MD 21629

**Phone:** 410-690-7425

**Fax:** 410-690-7480

**Website:** www.rossbg.com

**Hours of Operation:** By appointment only

**Payment Types Accepted:** Sliding Fee Scale, Self Pay, Public Behavioral Health, Private Insurance

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
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<th>Treatment Modalities:</th>
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<td>LCPC</td>
<td>Divorce Resolution</td>
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<td>LCADC</td>
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<td>Christian/Pastoral Counseling</td>
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<td>Crime Victim/Witness Counseling</td>
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<td>Job Search/Placement</td>
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<td>Domestic Violence Support Groups</td>
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<td>Methadone Maintenance</td>
<td>Hoarding Behaviors</td>
<td>Emotionally Focused Therapy (EFT)</td>
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<td>Older Adult/Aging Issues</td>
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<td>Personal Development</td>
<td>Physical Disabilities</td>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
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<td>Post Traumatic Stress Disorder</td>
<td>General Counseling</td>
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<td>Marital Counseling</td>
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<tr>
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<td>Vocational Education</td>
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**Translator?** Yes, Spanish

**The Ross Center provides holistic behavioral health services for all. In addition, TRC offers Mental Health Office Administration and Consulting, Billing and Credential Coordination as well as Seminars, Workshops, and Conference Speakers.**

---

**Sailwinds Family Center, LLC – Pam Schulte, LCSW-C**

**Address:** 403 Race Street
Cambridge, MD 21613

**Phone:** 410-901-9500

**Fax:** 410-901-1388

**Email:** sailwindsfamilycenter@hotmail.com

**Hours of Operation:** Call for information

**Payment Types Accepted:** Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance

<table>
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<td>Family Counseling</td>
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**Translator?** No

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**Shore Neurocognitive Health, LLC Beth Parker- O'Brien, LCSW-C**

**Address:** 29466 Pintail Drive #9
Easton, MD 21601

**Phone:** 443-746-3698

**Fax:** 410-862-3013

**Website:** snhealth.net

**Email:** bethpo@snhealth.net

**Hours of Operation:** Mon-Thur. 8:00am-5:00pm
Friday 8:00am-12:00pm

**Payment Types Accepted:** Self Pay, Medicare

<table>
<thead>
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<th>Providers:</th>
<th>Services:</th>
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<th>Treatment Modalities:</th>
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<td>CRNP</td>
<td>Older Adult/ Aging Issues</td>
<td>Dementia</td>
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<td>Psychological Testing</td>
<td>Depression</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
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<td>Hoarding Behaviors</td>
<td>Death and Dying Counseling</td>
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</table>

**Translator?** No

**Specializing in dementia and anxiety/depression disorders affecting the older adult. Shore Neurocognitive Health, in collaboration with local providers and organizations, assists in providing comprehensive care to individuals, families and caregivers facing the challenges of dementia.**
<table>
<thead>
<tr>
<th>Brenda C. Scribner, MD</th>
</tr>
</thead>
</table>
| **Address:** 10 S. Hanson Street, Suite 5  
Easton, MD 21601 |
| **Phone:** 331-223-9262  
**Text:** 331-223-9262  
**Fax:** 866-266-4480  
**Website:** www.scribner.yourmd.com  
**Email:** Brenda.Scribner@gmail.com |
| **Hours of Operation:** Monday – Friday  
8:30am to 4:30pm |
| **Payment Types Accepted:** Self Pay, Sliding Scale Fee (for pregnant and postpartum women) |
| **Providers:** MD |
| **Services:** Clinical Psychiatric Evaluation  
Mental Health Evaluation & Treatment  
Private Psychotherapy  
Psychiatric Medication Services  
Private Psychotherapy |
| **Conditions Served:** ADHD  
Anxiety/Phobias  
Bipolar Disorder  
Co-Occurring Disorders  
Depression  
Eating Disorders  
Mood Disorders  
Obsessive Compulsive Disorder  
Post Traumatic Stress Disorder  
Relationship Issues  
Sexual Disorders  
Substance Use Disorders |
| **Treatment Modalities:** Anger Management Counseling  
Cognitive Behavioral Therapy (CBT)  
Couples Therapy  
Death and Dying Counseling  
Eye Movement Desensitization & Reprocessing (EMDR)  
Family Counseling  
Individual Counseling  
Life Counseling  
Parent Counseling |

<table>
<thead>
<tr>
<th>Martha Gale Tucker, LCSW-C</th>
</tr>
</thead>
</table>
| **Address:** 104 Church Alley  
Chestertown, MD 21620 |
| **Phone:** 410-310-8414  
**Fax:** 410-778-2179  
**Email:** gale@chesarch.com |
| **Hours of Operation:** Mon. – Thurs. 8am to 6pm,  
Fri. – Sun. upon special request |
| **Payment Types Accepted:** Self Pay, Medicare, Public Behavioral Health, Private Insurance |
| **Providers:** LCSW-C (over 20 years experience) |
| **Services:** Crisis Intervention  
General Mental Health Info/Education  
Older Adult/Aging Issues  
Veterans |
| **Conditions Served:** ADHD  
Anxiety/Phobias  
Bipolar Disorder  
Depression  
Developmental Disabilities  
Physical Disabilities |
| **Treatment Modalities:** Anger Management Counseling  
Behavioral Treatment  
Cognitive Behavioral Therapy (CBT)  
Death and Dying Counseling  
Disability Related Counseling  
Family Counseling  
Gay/Lesbian/Bisexual/Transgender Issues  
General Counseling  
Individual Counseling  
Marriage Counseling  
Play Therapy  
Trauma Informed |

<table>
<thead>
<tr>
<th>Kaitlin M. Waldrip, LCSW-C</th>
</tr>
</thead>
</table>
| **Address:** 5 E. Earle Avenue  
Easton, MD 21601 |
| **Phone:** 443-786-0073  
**Email:** kwaldrip@goeaston.net  
**Website:** www.kwaldriptherapy.com |
| **Hours of Operation:** Mon. – Tues. 8am to 9pm,  
Thurs. 10am to 9pm, Fri. 8am to 5pm |
| **Payment Types Accepted:** Sliding Scale Fee, Self Pay, Private Insurance |
| **Providers:** LCSW-C |
| **Services:** Mental Health Evaluation & Treatment  
Private Psychotherapy |
| **Conditions Served:** ADHD  
Anxiety/Phobias  
Bipolar Disorder  
Depression  
Eating Disorders  
Personality Disorders  
Post Traumatic Stress Disorder  
Relationship Issues  
Sexual Disorders  
Adult Bonding/Attachment Issues  
Behavioral Treatment  
Cognitive Behavioral Therapy (CBT)  
Crime Victim/Witness Counseling  
Death and Dying Counseling  
Eye Movement Desensitization & Reprocessing (EMDR)  
Gay/Lesbian/Bisexual/Transgender Issues  
General Counseling  
Group Counseling  
Individual Counseling  
Marriage Counseling  
Trauma Informed |

Translator?  
No
### Bridges at Worthmore

**Address:** 11570 Still Pond Road  
Worton, MD 21678  
**Phone:** 410-348-2055  
**Website:** www.bridgesatworthmore.org  
**Email:** bridges21678@hotmail.com  
**Hours of Operation:** Mon. – Sat. 8am to 7pm,  
Sun. 10am to 3pm  
**Payment Types Accepted:** Grant Funds, Self Pay

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Treatment Modalities</th>
</tr>
</thead>
</table>
| ☑ P.A.T.H. Certified Professionals  
☑ EAGALA Certified Teams  
☑ LCPC  
☑ LCADC  
☑ LCSW-C | ☑ General Mental Health Info/Education  
☑ Therapeutic Riding  
☑ Youth Development | ☑ ADHD  
☑ Anxiety/Phobias  
☑ Bipolar Disorder  
☑ Brain Injuries  
☑ Chronic Mental Illness  
☑ Co-Occurring  
☑ Dementia  
☑ Depression  
☑ Developmental Disabilities  
☑ Personality Disorders  
☑ Physical Disabilities  
☑ Post Traumatic Stress Disorder  
☑ Schizophrenia  
☑ Self Injurious Behaviors  
☑ Sexual Disorders  
☑ Substance Use/Dependence | ☑ Behavioral Treatment  
☑ Cognitive Behavioral Therapy  
☑ Equine/ Pet Assisted Therapy  
☑ Trauma Informed  
☑ Therapeutic Horsemanship |

**Translator?**  
No

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Bridges is the therapeutic arm of Worthmore Equestrian Center. Founded in 2004, Bridges supports individuals experiencing learning, developmental and emotional challenges in the mid-Atlantic region. Therapies are customized to meet a person’s individual needs beginning with and individualized assessment and development of a goal oriented program.

---

### The Horse Inspired Growth & Learning Center, Inc.

**Address:** 8845 Teal Point Road  
Easton, MD 21601  
**Phone:** 410-878-7820  
**Fax:** 410-770-7176  
**Website:** www.horseinspired.com  
**Email:** robindunning@horseinspired.com  
**Hours of Operation:** Monday – Friday  
9am to 5pm  
**Payment Types Accepted:** Grant Funds, Sliding Fee Scale, Self Pay, MD Choices Provider

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<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Treatment Modalities</th>
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<tbody>
<tr>
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</tbody>
</table>
The Horse Inspired Growth & Learning Center Inc. was established in 2005 for the purpose of providing an ethical, powerful resource for improving lives. After researching certification programs for equine assisted therapy/learning they chose EAGALA www.eagala.org because of its worldwide support of professionals working in the field of Equine Assisted Psychotherapy and Learning.

Equine Assisted Psychotherapy and Learning can address any issue related to mental health such as, but not limited to, depression, anxiety, PTSD, mood disorder or relationship issues. The staff has worked extensively with clients who have experienced or witnessed trauma in their lives as a result of physical, sexual or emotional abuse.

### Idylwild Therapeutic Horsemanship – Lisa May, LSW-C

<table>
<thead>
<tr>
<th>Address: 27203 Chipmans Lane</th>
<th>Phone: 410-754-9141</th>
<th>Hours of Operation: Mon. – Fri. 4pm to 6pm, Sat. 9am to 2pm</th>
<th>Payment Types Accepted: Grant Funds, Sliding Fee Scale, Self Pay</th>
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<tbody>
<tr>
<td>Federalburg, MD 21632</td>
<td>Website: <a href="http://www.idylwildfarm.com">www.idylwildfarm.com</a></td>
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<tr>
<td>Email: <a href="mailto:thevisitingcounselor@gmail.com">thevisitingcounselor@gmail.com</a></td>
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</tbody>
</table>

**Providers:**
- **LCSW-C**
- **P.A.T.H. Certified Instructors**

**Services:**
- Mental Health Evaluation & Treatment
- Older Adult/Aging Issues
- Substance Use Outpatient
- Therapeutic Riding
- Vocational Education
- ADHD
- Anxiety/Phobias
- Aspergers
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Dementia
- Depression
- Developmental Trauma
- Personality Disorders
- Post Traumatic Stress Disorder
- Schizophrenia
- Self Injurious Behaviors
- Sensory Processing
- Substance Use/Dependence

**Conditions Served:**
- Cognitive Behavioral Therapy (CBT)
- Death and Dying Counseling
- Dialectical Behavioral Therapy
- Equine/Pet-Assisted Therapy
- Family Counseling
- General Counseling
- Geriatric Counseling
- Group Counseling
- Individual Counseling
- Marriage Counseling
- Pet Assisted Therapy
- Play Therapy
- Therapeutic Horsemanship/Adventure Challenge
- Trauma Informed

Lisa May is a PATH (Professional Association of Therapeutic Horsemanship) International registered instructor offering outdoor Experiential and Equine Therapy, which often is successful with disorganized, hard to reach, withdrawn, aggressive, minimally verbal individuals, and trauma.

### Talbot Special Riders, Inc.

<table>
<thead>
<tr>
<th>Address: P.O. Box 391</th>
<th>Phone: 301-633-9944 or 410-673-7450</th>
<th>Hours of Operation: Monday – Saturday various times AM and PM</th>
<th>Payment Types Accepted: Grant Funds, Self Pay, Sliding Fee Scale, Scholarships</th>
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<tbody>
<tr>
<td>Easton, MD 21601</td>
<td>Website: <a href="http://www.talbotspecialriders.com">www.talbotspecialriders.com</a></td>
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<tr>
<td>Email: <a href="mailto:specialriders@hotmail.com">specialriders@hotmail.com</a></td>
<td></td>
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</tr>
</tbody>
</table>

**Providers:**
- **P.A.T.H. Certified Instructors**

**Services:**
- Therapeutic Riding
- Veteran Services
- ADHD
- Anxiety/Phobias
- Brain Injuries
- Chronic Mental Illness
- Co-Occurring

**Conditions Served:**
- Depression
- Developmental Disabilities
- Personality Disorders
- Physical Disabilities
- Veterans

**Treatment Modalities:**
- Equine/Pet-Assisted Therapy
- Hippotherapy
- Occupational Therapy

Founded in 1981, Talbot Special Riders in Easton, Maryland has been a leader in therapeutic horseback riding, enhancing the lives of people who are “special”. TSR is a certified member of PATH, Professional Association of Therapeutic Horsemanship International. The program’s overall goal is to build confidence, self-esteem, and a sense of accomplishment. We work on coordination and spatial relationships as well as stretching and strengthening exercises. Our goal is not to turn out great equestrians, but to build confidence, self-esteem, and a sense of accomplishment, increase attention span, and develop the ability to take, understand, and follow directions. We conduct both group riding sessions with our certified instructors and one-on-one Hippotherapy sessions with our occupational therapist.
Talisman offers equine assisted activities and learning, which include therapeutic riding and Hippotherapy to children and adults with physical, cognitive, social, behavioral, and emotional conditions / disabilities. We are a PATH (Professional Association of Therapeutic Horsemanship) International registered center and a 501(c)(3) and instructors are nationally certified in therapeutic riding; therapists are licensed in the state of Maryland. Volunteers and horses are carefully selected and trained for their roles. Talisman’s mission is to partner with the horses to positively and permanently change the mind, body, and spirit of clients/riders.

Substance-Related Disorders & Addiction Services

Anne Arundel Counseling, Inc.

<table>
<thead>
<tr>
<th>Main Office:</th>
<th>Phone: 410-768-5988</th>
<th>Email: <a href="mailto:info@annearundelcounseling.com">info@annearundelcounseling.com</a></th>
<th>Hours of Operation: Mon. – Fri. 8am to 9pm, Sat. 8am to 5pm</th>
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<tbody>
<tr>
<td>7310 Ritchie Highway, Suite 1009</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Glen Burnie, MD 21061</td>
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<table>
<thead>
<tr>
<th>Queen Anne’s:</th>
<th>Phone: Call main #</th>
<th>Email: <a href="mailto:info@annearundelcounseling.com">info@annearundelcounseling.com</a></th>
<th>Hours of Operation: Mon. – Fri. 8am to 9pm, Sat. 8am to 5pm</th>
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<tbody>
<tr>
<td>633 Railroad Avenue</td>
<td></td>
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<tr>
<td>Centreville, MD 21617</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>101 Log Canoe Circle, Suite C-3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stevensville, MD 21666</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Accepted: Self, Private Insurance</th>
</tr>
</thead>
</table>

*A for a full listing of services, please see page 15*

A.F. Whitsitt Center

<table>
<thead>
<tr>
<th>Address: 300 Scheeler Road</th>
<th>Phone: 410-778-6404</th>
<th>Hours of Operation: 24 hours a day, 7 days a week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chestertown, MD 21620</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fax: 410-778-5034</th>
<th>Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Private Insurance</th>
</tr>
</thead>
</table>

| Website: www.kenth.org | |
|------------------------||

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
<td>ADHD</td>
<td>Art Therapy</td>
</tr>
<tr>
<td>MD</td>
<td>Crisis Intervention</td>
<td>Anxiety/Phobias</td>
<td>Behavioral Treatment</td>
</tr>
<tr>
<td>CAADC</td>
<td>Crisis Residential Treatment</td>
<td>Bipolar Disorder</td>
<td>Family Counseling</td>
</tr>
<tr>
<td>SCADC</td>
<td>Detoxification</td>
<td>Brain Injuries</td>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
</tr>
<tr>
<td>Nurse</td>
<td>General Mental Health Info/Education</td>
<td>Co-Occurring</td>
<td>General Counseling</td>
</tr>
<tr>
<td>RN</td>
<td>Mental Health &amp; Substance Use Services</td>
<td>Depression</td>
<td>Group Counseling</td>
</tr>
<tr>
<td>LPN</td>
<td>Mental Health Evaluation &amp; Treatment</td>
<td>Physical Disabilities</td>
<td>Individual Counseling</td>
</tr>
<tr>
<td></td>
<td>Psychiatric Medication Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Substance Use Inpatient (&lt;30 days)</td>
<td>Post Trauma Stress Disorder</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Substance Use Inpatient Co-Occurring</td>
<td>Substance Use/Dependency</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Capable (&lt;30 days)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Substance Use Inpatient Co-Occurring</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Capable (&gt;30 days)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Veterans</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Limited Physical Disability Capable</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Balance Point – Brighton Laznovsky, CHT, LCADC, LCSW-C

Address: 408B North Washington Street  
Easton, Maryland 21601  
Phone: 443-786-2768  
Fax: 410-770-7176  
Email: b.laznovsky@gmail.com  
Hours of Operation: By appointment only  
Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health

* For a full listing of services, please see page 16*

Care Coordination

Talbot County 410-819-5602  
Care coordinators offer resource management support to individuals with substance related disorders. There are care coordinators in each county health department that can assist with: funding/connection with housing, transportation, employment, etc.

Caroline County 410-479-8189

Dorchester County 410-228-7714 ext. 108  
Queen Anne’s County 410-758-1306  
Kent County 443-282-4911

Caroline Behavioral Health

Address: 403 S. 7th Street  
Denton, MD 21629  
Phone: 410-479-1882  
Fax: 410-479-4918  
Website: www.carolinehd.org  
Hours of Operation: Monday – Friday  
8am to 4:30pm  
evening appointments by appointment only  
Payment Types Accepted: Medicaid, Self Pay

Providers:  
- LCADC  
- LCSW-C  
- CAC-AD  
- CSC-AD  
- Care Coordination Referral Services

Services:  
- Co-Occurring  
- Substance Use Disorders  
- Opioid Use Disorder  
- Pregnant Women  
- Veterans

Conditions Served:  
- Cognitive Behavioral Therapy (CBT)  
- General Counseling  
- Individual Counseling  
- Suboxone Program  
- Family Counseling

Treatment Modalities:  
- Tele-Medicine  
- Walk-in

Translator?  
- No

Chester River Behavioral Health

Address: 952 Washington Avenue  
Chestertown, MD 21620  
Phone: 410-778-5550  
Fax: 410-778-0984  
Website: www.chesterriverbehavioral.com  
Email: crbh@verizon.net  
Hours of Operation: Mon. and Thurs. 9am to 7pm, Tues. 9am to 8pm, Wed. 9am to 6pm, Fri. 9am to 5pm  
Payment Types Accepted: Self Pay, Medicare, Private Insurance

Providers:  
- LCADC  
- DWI Offender Programs  
- Jail Based Substance Use Treatment  
- Substance Use Education/Prevention  
- Substance Use Outpatient  
- Narcan Trainings on-site  
- Care Coordination Referral Services

Services:  
- Co-Occurring  
- Substance Use Disorders  
- Opioid Use Disorder  
- Pregnant Women  
- Veterans

Conditions Served:  
- Cognitive Behavioral Therapy (CBT)  
- General Counseling  
- Individual Counseling  
- Suboxone Program  
- Family Counseling

Treatment Modalities:  
- Tele-Medicine  
- Walk-in

Translator?  
- No

Community Behavioral Health

Dorchester: 426 Dorchester Avenue  
Cambridge, MD 21613  
Phone: 844-224-5264  
Fax: 888-509-0010  
Hours of Operation: Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call

Kent: 300 Scheeler Road  
Chestertown, MD 21620  
Phone: 844-224-5264  
Fax: 888-509-0010

Queen Anne: 142 Coursevall Drive  
Centreville, MD 21617  
Phone: 844-224-5264  
Fax: 888-509-0010

Wicomico: 809 & 821 Eastern Shore Dr.  
Salisbury, MD 21804  
Phone: 844-224-5264  
Fax: 888-509-0010

Email: info@communitybehavioralhealth.net  
Website: www.communitybehavioralhealth.net

Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance

Addictions Services: Patients with co-occurring disorders can expect a drug and alcohol clinic, individual and group addictions counseling, outpatient mental health therapy, and psychiatric medication management.

* For a full listing of services, please see page 9 *

* For a full listing of services, please see page 17 *
### Corsica River Mental Health Services

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline</td>
<td>114 Market Street, Suites 205 and 207, Denton, MD 21629</td>
<td>443-225-5780, 410-758-2211, 410-745-8028</td>
<td>Admin/Billing: Mon. – Fri. 8:30am to 5pm; Caroline: Wed. – Fri. by appt. only; Dorchester: Mon. – Wed. 8:30am to 5pm, Thurs. 8:30am to 6pm, Fri. 8:30am to 4pm; Kent: Mon. – Fri. 8am to 4:30pm; Queen Anne’s: Mon. and Wed. 8:30am to 5pm, Tues. and Thurs. 8:30am to 8pm, Fri. 8:30am to 4pm; Talbot: Mon., Tues., Thurs., and Fri. by appt. only; Tue. 8am to 4:30pm, Wed. by appt. only</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance</td>
</tr>
<tr>
<td>Dorchester</td>
<td>502 Poplar Street, Cambridge, MD 21613</td>
<td>410-758-2211</td>
<td>Dorchester: Mon. – Wed. 8:30am to 5pm, Thurs. 8:30am to 6pm, Fri. 8:30am to 4pm</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance</td>
</tr>
<tr>
<td>Kent</td>
<td>516 Washington Ave., Suite 4, Chestertown, MD 21620</td>
<td>410-745-8028</td>
<td>Kent: Mon. – Fri. 8am to 4:30pm</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance</td>
</tr>
<tr>
<td>Queen Anne</td>
<td>120 Banjo Lane, Centreville, MD 21617</td>
<td>410-758-0698</td>
<td>Queen Anne’s: Mon. and Wed. 8:30am to 5pm, Tues. and Thurs. 8:30am to 8pm, Fri. 8:30am to 4pm</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance</td>
</tr>
<tr>
<td>Talbot</td>
<td>300 Talbot Street, Easton, MD 21601</td>
<td>410-758-0698</td>
<td>Talbot: Mon., Tues., Thurs., and Fri. by appt. only; Tue. 8am to 4:30pm, Wed. by appt. only</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 9 *

### Dorchester County Health Department – Addictions Programs (DCAP)

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone:</th>
<th>Fax:</th>
<th>Website</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>524 Race Street, Cambridge, MD 21613</td>
<td>410-228-7714</td>
<td>410-228-8049</td>
<td><a href="http://www.dorchesterhealth.org">www.dorchesterhealth.org</a></td>
<td>Mon. – Thurs. 8am to 8pm, Fri. 8am to 5pm</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private and Most Insurances</td>
</tr>
</tbody>
</table>

DCAP provides assessments, referrals, client education, and outpatient treatment for those identified as having some form of alcohol or other drug use issue. These services emphasize the importance of a thorough assessment to determine if an individual is abusing or dependent on alcohol or other drugs.

### Dover Behavioral Health Systems

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone:</th>
<th>Fax:</th>
<th>Website</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>725 Horsepond Road, Dover, DE 19901</td>
<td>302-741-0140 / 855-609-9711</td>
<td>302-741-8557</td>
<td><a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a></td>
<td>24 hours a day, 7 days a week</td>
<td>Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 10 *
Hudson Health Services

**Address:** 1506 Harting Drive  
P.O. Box 1096  
Salisbury, MD 21802

**Phone:** 410-219-9000  
**Fax:** 410-742-7048  
**Email:** info@hudson-health.org  
**Website:** www.hudson-health.org

**Hours of Operation:**  
24 hours a day,  
7 days a week

**Payment Types Accepted:**  
Grant Funds, Self Pay, Public Behavioral Health, Private Insurance

---

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Treatment Modalities</th>
</tr>
</thead>
<tbody>
<tr>
<td>MD</td>
<td>Case Management</td>
<td>Co-Occurring</td>
<td>Art Therapy</td>
</tr>
<tr>
<td>PhD</td>
<td>Detoxification</td>
<td>Substance Use Disorders</td>
<td>Cognitive Behavioral Therapy (CBT)</td>
</tr>
<tr>
<td>CRNP</td>
<td>Discharge Planning</td>
<td></td>
<td>Family Counseling</td>
</tr>
<tr>
<td>LCSW-C</td>
<td>Employment Readiness</td>
<td></td>
<td>Group Counseling</td>
</tr>
<tr>
<td>RN</td>
<td>Life Skills Training</td>
<td></td>
<td>Individual Counseling</td>
</tr>
<tr>
<td>LPN</td>
<td>Partial Hospitalization</td>
<td></td>
<td>Matrix Model</td>
</tr>
<tr>
<td>CAD-AD</td>
<td>Substance Use Inpatient (&lt;30 days)</td>
<td></td>
<td>Motivational Enhancement</td>
</tr>
<tr>
<td>CSC-AD</td>
<td>Substance Use Inpatient Co-Occurring</td>
<td></td>
<td>Peer Support</td>
</tr>
<tr>
<td>ADT</td>
<td>Capable (&lt;30 days)</td>
<td></td>
<td>Psycho Educational Groups</td>
</tr>
<tr>
<td>Peer Support</td>
<td>Recovery Housing for Substance Use Clients in Recovery</td>
<td></td>
<td>Relapse Prevention</td>
</tr>
<tr>
<td></td>
<td>Vocational Training</td>
<td></td>
<td>Recovery Support Groups</td>
</tr>
<tr>
<td></td>
<td>Residential Treatment</td>
<td></td>
<td>Therapeutic Drumming</td>
</tr>
</tbody>
</table>

Hudson Health Services provides residential treatment for Substance-Use Disorders and other co-occurring disorders in Salisbury, Maryland. The private, non-profit is licensed by the State of Maryland and accredited by The Joint Commission. The organization also operates recovery housing in Georgetown, Delaware and in Salisbury, Maryland.

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J. David Collins & Associates – J. David Collins, LCSW-C

**Dorchester:** 828 Airpax Road  
Building B, Suite 300  
Cambridge, MD 21613

**Wicomico:** 540 Riverside Drive, Suite 8  
Salisbury, MD 216801

**Phone:** 410-901-1333  
**Fax:** 410-901-1366  
**Website:** www.jdavidcollins.com

**Hours of Operation:**  
Mon. – Fri. 9am to 8pm,  
Sat. 9am to 2pm

**Payment Types Accepted:**  
Self Pay, Public Behavioral Health, Medicare, Private Insurance

* For a full listing of services, please see page 19 *

---

Lower Shore Clinic, Inc.

**Address:** 505 E. Main Street  
Salisbury, MD 21804

**Phone:** 410-341-3420  
**Fax:** 410-341-3397  
**Website:** www.gogettersinc.org/Lower-Shore-Clinic.html

**Hours of Operation:**  
Mon. and Thurs. 8am to 8pm,  
Tues. and Wed. 8am to 5pm,  
Friday 8am to 4pm

**Payment Types Accepted:**  
Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare

* For a full listing of services, please see page 13 *

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Maryland Center of Excellence on Problem Gambling

**Phone:** 1-800-426-2537  
**Website:** www.mdproblemgambling.com

For most people gambling is a form of entertainment. Many, if not most people, do not realize that gambling may pose the same risk as alcohol and other drugs for becoming an addiction. A gambling addiction can have the same devastating consequences as alcohol and drug addictions, destroying families, finances, careers and lives. For some people, the desire to gamble becomes so strong it overtakes moral values and results in crimes to obtain more money for gambling. As a gambling problem develops, it becomes more and more devastating, potentially evolving into a crisis situation impacting family members and friends. It is very important to get help as soon as possible as this condition escalates rapidly even resulting in incarceration and suicide. The Center’s 24/7 free and confidential helpline is a great way to start getting help. Call 1-800-GAMBLER.
Maryland QUITline
1-800-QUITNOW (784-8669)
It's free. It's confidential. It works.

Methadone Maintenance

Chesapeake Treatment Services
402 Marvel Court
Easton, MD 21601
410-822-7150
Website: www.chesapeaketreatmentservices.com

BNJ Health Services
505 Dutchmans Lane, B-2
Easton, MD 21601
410-763-9040
Fax: 410-763-9041

CTS offers Suboxone and daily doses of methadone and provide affordable care in a respectful and welcoming environment for individuals who are suffering with the disease of addiction.

BNJ offers methadone maintenance, counseling, and referrals

Narcotics Anonymous
Narcotics Anonymous Hotline: 1-800-317-3222

Mid-Shore Intergroup:
P.O. Box 643
Easton, MD 21601
410-822-4226
Email: info@midshoreintergroup.org
Website: www.midshoreintergroup.org

East of the Bay NA:
P.O. Box 30
Queenstown, MD 21658
1-800-317-3222
Website: www.eastofthebayna.org

Ocean Gateway Area of NA:
P.O. Box 2740
Salisbury, MD 21802
410-548-0894
Email: oceangatewayarea@gmail.com
Website: www.ogana.org

Queen Anne’s County Health Department – Alcohol and Drug Abuse Services

Nielsen Center: 205 N. Liberty Street
Centreville, MD 21617
Phone: 410-758-1306
Fax: 410-758-2133
Website: www.qahealth.org

Hours of Operation:
Monday – Friday
8am to 4:30pm

Payment Types Accepted:
Self Pay

Providers: LCADC CSC-AD
Services: Care Coordination Referrals (Assessment, Treatment, and Medication Treatment)
Conditions Served: None
Treatment Modalities: None

Translator? No

Recovery in Motion – Kent County Health Department
300 Scheeler Road
Chestertown, MD 21620
410-778-5895
Website: www.kenthd.org

Recovery In Motion offers a wide range of services that provide our community with the tools to increase their wellbeing. Support includes individual & group counseling, behavioral health education/prevention, peer support and care coordination to assist persons in recovery with behavior and addiction issues. Visit their website for the monthly schedule of meetings and activities. Other services include 1-on-1 peer support, job search assistance, computer skills, prevention/education, recovery housing, and support groups.
Recovery for Shore

219 S. Washington Street
Easton, MD 21601
Email: recoveryforshore@gmail.com or sdundon@shorehealth.org

Recovery for Shore is a Mid Shore group that promotes the right and resources to recover through advocacy, education and demonstration of the power and proof of long-term recovery. Look for Recovery for Shore on Facebook!

Shore Behavioral Health

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorchester</td>
<td>300 Byrn Street, Cambridge, MD 21613</td>
<td>410-228-5511, ext. 5452</td>
<td>410-476-5105</td>
<td><a href="http://www.shorehealth.org">www.shorehealth.org</a></td>
<td>Mon. – Fri. 8am to 5pm, Evening IOP</td>
<td>Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
<tr>
<td>Talbot</td>
<td>219 S. Washington Street, Easton, MD 21601</td>
<td>410-822-1000 ext. 5452</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 13 *

Substance Abuse and Mental Health Services Administration (SAMHSA)

5600 Fishers Lane
Rockville, MD 20857
1-877-SAMHSA-7 (726-4727)
Website: www.samhsa.gov

SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance use and mental illness on America's communities.

Talbot County Health Department - Alcohol and Drug Services (TCAP)

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 S. Hanson Street, Easton, MD 21601</td>
<td>410-819-5600</td>
<td>Mon. – Fri. 8am to 4:30pm</td>
<td>Grant Funds</td>
</tr>
<tr>
<td>410-819-5691</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.talbothealth.org">www.talbothealth.org</a></td>
<td></td>
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</tbody>
</table>

Providers:

N/A
Translator? Yes, Spanish

Conditions Served:

Care Coordination
Peer Support
Substance Use Education/Prevention
Tobacco Cessation
Narcan Program
County Navigator for Pregnant Women/ Women with Children
Buprenorphine Initiative /Referral
Substance Use/Dependence
Co-Occurring

Talbot Partnership

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Goldsborough Street, Suite 203, Easton, MD 21601</td>
<td>410-819-8067</td>
<td><a href="mailto:info@talbotpartnership.org">info@talbotpartnership.org</a></td>
<td>Mon. – Fri. 8am to 3pm</td>
</tr>
<tr>
<td>410-819-8153</td>
<td></td>
<td><a href="http://www.talbotpartnership.org">www.talbotpartnership.org</a></td>
<td></td>
</tr>
</tbody>
</table>

Providers:

N/A
Translator? No

Conditions Served:

Substance Use/Dependence

Talbot Partnership has a long history of helping build a strong community through drug awareness, education, advocacy and research. Talbot Partnership encourages the community to recognize the problems and implement solutions related to alcohol, tobacco, and other drug use by building a culture that favors a healthy, safe, aware and engaged community.
### Warwick Manor Behavioral Health

**Address:** 3680 Warwick Road  
East New Market, MD 21631  
**Phone:** 410-943-8108  
**Fax:** 410-943-3976  
**Website:** www.warwickmanor.org  
**Payment Types Accepted:** Self Pay, Public Behavioral Health, Private Insurance  
**Hours of Operation:** 24 Hours Admission by Appointment  
**Website:**

*For a full listing of services, please see page 14*

### Worcester County Health Department

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main Office</td>
<td>410-632-1100</td>
<td>410-632-5682</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
<td>Mon. – Fri. 8am to 5pm, Evenings and Saturdays by appointment only, Pocomoke Health Center closed on Fridays.</td>
<td>Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
<tr>
<td>Berlin Health</td>
<td>410-629-0164</td>
<td>410-629-0185</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pocomoke Health Center</td>
<td>410-957-2005</td>
<td>410-957-2417</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*For a full listing of services, please see page 15*

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## RECOVERY CENTERS

### DRI-Dock Recovery and Wellness Center

**Address:** 206 Sunburst Highway  
Cambridge, MD 21613  
**Phone:** 410-228-3230  
**Fax:** 410-228-7086  
**Website:** www.dri-dock.org  
**Hours of Operation:** Monday – Friday 8am to 6pm  
**Payment Types Accepted:** Free Services  

The Dorchester Recovery Initiative (DRI), in conjunction with Chesapeake Voyagers, Inc., promotes personal recovery for all, no matter what path one takes to recovery. They also help to strengthen the recovery community and the services and structures that help folks get and stay in recovery worldwide! They are there for those seeking help for mental health, co-occurring, and addictions concerns.

### The Gratitude House

214 Davis Avenue  
Easton, MD 21601  
410-924-4513  
realslow@goeaston.net  

The Gratitude House has a mission to provide safe, affordable, and supportive housing for men to grow in recovery from drug and alcohol abuse. We are a 10-bed, level II (monitored) recovery residence and also M-SARR/ M-CORR certified. Potential residents must not be on any medications with a potential for abuse and be free from any withdrawal symptoms. It is preferred residents come directly from treatment. No violent or sexual offenders and residents must be able to work full time. Residential fees are $150/ week and funding is also accepted.

### Future Focus Recovery House

708 Church Street  
Cambridge, MD 21613  
443-760-5320  

Women only. Please contact Lori Price, Executive Director, for more information.
Maryland Addiction Recovery Center

Address: 8600 LaSalle Road
Carroll Building, Suite 212
Towson, MD 21286
Phone: 410-773-0500
Fax: 410-773-0501
Email: info@marylandaddictionrecovery.com
Website: www.marylandaddictionrecovery.com

Maryland Addiction Recovery Center provide a safe, caring and therapeutic environment for those suffering from drug and alcohol addiction. We offer patients and their families a customized, individualized and patient-centered treatment approach that promotes long term recovery and provides the tools necessary to reconstruct their lives free from alcohol and drugs. Services include opiate detox, IOP/Outpatient Treatment, adolescent treatment, family and individual counseling, PHP and community living treatment, vocational/life skills training, drug assessments, evaluations, and interventions.

Mid-Shore Fresh Start Program, Inc.

FRESH START is a nonprofit Transitional Supportive Housing program for people recovering from substance-related addiction. Their goal is to provide, in the Mid Shore area, a stable housing environment complemented by aggressive case management to assist the residents in achieving sobriety, independence, and self-sufficiency with enhanced possibilities for future success.

Individuals in the early stage of substance-related recovery often encounter multiple problems which may impede their efforts to remain clean and sober.

In addition to the addiction itself, there are often housing, employment, legal, and family problems.

Support in areas such as housing, jobs, and appropriate emotional and social skills contributes to a greater likelihood that the recovering individual will remain clean and sober over the long term. The Fresh Start Program provides the Mid Shore area with a transitional supportive housing program for persons who have completed a drug and/or alcohol treatment program.

For more information, please visit the website: www.midshorefreshstart.org or email msfreshstart@gmail.com or call Tori A. Brummel, Founder and Director 443-496-1379 or Anthony Lovett, Assistant Director 443-239-1429.

Stella’s House

We guide all residents into a lifestyle based on the 12-step approach as the solution for overcoming the challenges of entering into a life full of freedom, independence, and choice.

MISSION STATEMENT:

Provide the recovering addict and alcoholic with a healthy, safe, and clean environment that promotes recovery from substances and associated problems. Provide a peer based environment to facilitate the initiation and continuance of recovery from the disease of addiction. Improvement in one's physical, mental, spiritual, and social wellbeing. Our mission is to empower personal growth and a foundation of development for long term recovery. We vow to support your transformation in hopes that you become the inspiration for the future.

Located conveniently in the center of Annapolis, Maryland, Stella's House is a group of recovery houses centered on a family style atmosphere which promotes recovery together. We are a multi-house campus, with 3 female house and 2 male houses. All houses are on the Annapolis bus line. We offer a safe, drug, and alcohol free environment that supports abstinence from all mood and mind altering substance. We take an approach based on twelve step programs. We also rely heavily on peer support within the organization. Residents are encouraged to build stability through practice, while dealing with life's responsibilities. The program includes a weekly in-house peer support group that enables and fosters: recovery, life skills, unity, learning, and goal and wellness planning. We offer regular group activities to nurture positive connections and support wholesome fun in recovery. We have a weekly Sunday family dinner for the entire campus. All of which, we firmly believe, help our community recover in harmony!

Annapolis, MD 21403
Phone: +1 4439426490
E-mail: kristen.tellez@stellashousellc.com

Stepping Stone Recovery Houses

Stepping Stone is one of the largest providers of transitional recovery houses in the state of Maryland and is an approved provider for the state-wide ATR (Access To Recovery) program. They have over 100 beds in Baltimore and Anne Arundel County and have a house in Queen Anne’s county.

Stepping Stone Recovery Houses are just that - "A necessary step in the process of freedom through recovery." They provide a structured, clean, and safe living environment that helps those who want help. They encourage independence with a strong support network from a group home environment that is there when needed. Their recovery houses offer all of today's modern necessities such as complimentary phone, cable TV, and high speed internet.

Their recovery house charter is built on the support of the family-unit in the house. The group home structure is invaluable for the health of the person and the overall house. The continuing support of the people in the house provides a framework the individual can build on.

Their recovery homes have a very specific program to achieve success. They take pride in each recovery house and the benefit that is gained not only to the house residents but also to the surrounding local communities.

Their facilities are often considered the best house in the neighborhood. Their separate men’s and women's homes are located within walking distance to many forms of public transportation from Baltimore, to Annapolis, to Severna Park and Glen Burnie.

They are a recognized and recommended transitional housing option working closely with local treatment and medical facilities as well as many Anne Arundel County and neighboring county programs. In addition, they have many contacts and referrals from local aftercare programs, employment agencies and spiritual groups in Anne Arundel and neighboring counties. For more information, please visit the website: www.steppingstonerecoveryhouses.com or call 410-837-3600.
Psychiatric Rehabilitation Services facilitate the individual’s recovery and develop or restore an individual’s independent living and social skills, including the individual’s ability to make decisions regarding: self-care management of illness, life, work and community participation; and promote the use of resources to integrate the individual into the community. Services may be provided in an on-site facility, or in a setting most conducive to promoting the participation of the individual in community life.

<table>
<thead>
<tr>
<th>Administrative Office:</th>
<th>Phone: 410-822-4619</th>
<th>Email: <a href="mailto:cmarker@channelmarker.org">cmarker@channelmarker.org</a></th>
<th>Payments Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline:</td>
<td>Phone: 410-822-4611</td>
<td>Website: <a href="http://www.channelmarker.org">www.channelmarker.org</a></td>
<td></td>
</tr>
<tr>
<td>Dorchester:</td>
<td>Phone: 410-822-4619</td>
<td>Hours of Operation: Monday – Friday 8am to 5pm</td>
<td></td>
</tr>
<tr>
<td>Talbot:</td>
<td>Phone: 410-822-4611</td>
<td>Channel Marker, Inc. is a non-profit organization serving the Caroline, Dorchester, and Talbot county communities since 1982. Established and licensed as a psychiatric rehabilitation program, the organization has worked toward reducing the stigma of mental illness and providing programs to enhance the functioning of individuals with psychiatric disorders. The mission of Channel Marker, Inc. is to promote mental health by providing prevention programs, rehabilitation, and community services to individuals and their families. The agency provides a variety of support services in the area of independent living skills, social skills, coping strategies, and health promotions to clients with serious mental illness such as major depression, bipolar disorder, mood disorders, ADHD, and schizophrenia, as well as co-occurring substance-related disorders. Channel Marker, Inc. operates day, residential, health home, vocational, clinical group practice, and community support services in all three counties for adults. Channel Marker also has community support services in Dorchester and Caroline counties for youth and adolescents.</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
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</thead>
<tbody>
<tr>
<td>☑ LCSW-C</td>
<td>☑ Adult Day Programs</td>
<td>☑ ADHD</td>
<td>☑ Mental Health Related Support Groups</td>
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<tr>
<td>☑ Health Home Nurse</td>
<td>☑ Clinical Group Practice</td>
<td>☑ Anxiety/Phobias</td>
<td>☑ Psycho Educational Groups</td>
</tr>
<tr>
<td>☑ Psych Rehab Staff</td>
<td>☑ General Mental Health Info/Education</td>
<td>☑ Bipolar Disorder</td>
<td></td>
</tr>
<tr>
<td></td>
<td>☑ Health Home Services</td>
<td>☑ Chronic Mental Illness</td>
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<td></td>
<td>☑ Job Search/Placement</td>
<td>☑ Co-Occurring</td>
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<td></td>
<td>☑ Mental Health &amp; Substance Use Services</td>
<td>☑ Depression</td>
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<tr>
<td></td>
<td>☑ Psychiatric Rehabilitation Program Off-Site</td>
<td>☑ Personality Disorders</td>
<td></td>
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<tr>
<td></td>
<td>☑ Psychiatric Rehabilitation Program On-Site</td>
<td>☑ Post Traumatic Stress Disorder</td>
<td></td>
</tr>
<tr>
<td></td>
<td>☑ Residential Rehabilitation Program</td>
<td>☑ Schizophrenia</td>
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<tr>
<td></td>
<td>☑ Supported Employment</td>
<td>☑ Substance Use/Dependence</td>
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<tr>
<td></td>
<td>☑ Transitional Age Youth (TAY) Program</td>
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<tr>
<td></td>
<td>☑ Vocational Education</td>
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<tr>
<td></td>
<td>☑ Youth Development</td>
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Children’s Choice

<table>
<thead>
<tr>
<th>Queen Anne:</th>
<th>1563 Postal Road, Suite 3B</th>
<th>Phone: 410-643-9290</th>
<th>Website: <a href="http://www.childrenschoice.org">www.childrenschoice.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wicomico:</td>
<td>230 Florida Avenue</td>
<td>Phone: 410-546-6106</td>
<td>Payment Types Accepted: Grant Funds, Public Behavioral Health</td>
</tr>
<tr>
<td></td>
<td>Salisbury, MD 21801</td>
<td>Fax: 410-219-2640</td>
<td>Hours of Operation: Mon. – Fri. 8:30am to 4:30pm</td>
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<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
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</table>
**Community Behavioral Health**

**Dorchester:** 426 Dorchester Avenue Cambridge, MD 21613  
**Phone:** 844-224-5264  
**Fax:** 888-509-0010  
**Payment Types Accepted:** Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance

**Queen Anne:** 142 Courseval Drive Centreville, MD 21617  
**Phone:** 844-224-5264  
**Fax:** 888-509-0010  
**Website:** [www.communitybehavioralhealth.net](http://www.communitybehavioralhealth.net)

**Wicomico:** 809 & 821 Eastern Shore Dr. Salisbury, MD 21804  
**Phone:** 844-224-5264  
**Fax:** 888-509-0010  
**Email:** info@communitybehavioralhealth.net

Psychiatric Rehabilitation Program (PRP) provides a therapeutic case manager referred by your therapist to assist you in the community with your treatment goals. Patients receive self-care skills, social skills, housing, money management, mobility and transportation skills, employment assistance, wellness, self-management, and access to available resources.

*For a full listing of services, please see page 9*

---

**Crossroads Community, Inc.**

**Dorchester:** 404 LeCompte Street Cambridge, MD 21613  
**Phone:** 410-221-7540  
**Fax:** 410-221-7541  
**Payment Types Accepted:** Grant Funds, Self Pay, Public Behavioral Health

**Kent:** 937 Gateway Drive Chestertown, MD 21620  
**Phone:** 410-778-9200  
**Fax:** 410-778-9622  
**Website:** [www.cccinconline.com](http://www.cccinconline.com)

**Queen Anne:** 120 Banjo Lane Centreville, MD 21617  
**Phone:** 410-758-3050  
**Fax:** 410-758-1223

**Email:** cci@cccinconline.com  
**Hours of Operation:** Monday – Friday 8am to 4pm

---

**Providers:**  
- CPRP  
- Nurse

**Services:**  
- Adult Day Programs  
- General Mental Health Info/Education  
- Health Home Services  
- Homeless Outreach  
- Job Search/Placement  
- Mental Health and Substance Use Services  
- Older Adults/Aging Issues  
- Psychiatric Rehabilitation Program Off-Site  
- Psychiatric Rehabilitation Program On-Site  
- Residential Rehabilitation Program  
- Respite Care  
- Supported Employment  
- Targeted Case Management  
- Transitional Age Youth (TAY) Program  
- Vocational Education  
- Youth Development

**Conditions Served:**  
- ADHD  
- Anxiety/Phobias  
- Bipolar Disorder  
- Chronic Mental Illness  
- Co-Occurring  
- Depression  
- Developmental Disabilities  
- Eating Disorders  
- Hoarding Behaviors  
- Personality Disorders  
- Post Traumatic Stress Disorder  
- Schizophrenia  
- Self Injurious Behaviors  
- Substance Use/Dependence  
- Anger Management Counseling  
- Behavioral Treatment  
- Gay/Lesbian/Bisexual/Transgender Issues  
- Evidence Based Practice  
- Mental Health Related Support Groups  
- Psycho Educational Groups

Crossroads Community, Inc. established in 1983, is a non-profit whose mission is to teach skills and access resources that empower people with behavioral health needs to live satisfying and productive lives. Crossroads promotes community acceptance through advocacy and community education. Services are provided to those residing in the mid-shore region out of our locations in Chestertown, Centreville and Cambridge. On November 19, 2015, Crossroads was awarded a three year accreditation from the Commission on the Accreditation of Rehabilitation Facilities (CARF) for its Psychiatric Rehabilitation & Health Home Programs for Adults, Young Adults and Youth, Residential Rehabilitation Program & Supported Employment for Adults and Respite Care program for children. The agency provides Targeted & Homeless Outreach Case Management to Adults. Crossroads has also been awarded Maryland Nonprofits’ Standards for Excellence since 2001.
### Eastern Shore Psychological Services

<table>
<thead>
<tr>
<th>Kent:</th>
<th>Phone: 443-282-0102 / 0104</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fax: 443-480-0121</td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.espsmd.com">www.espsmd.com</a></td>
</tr>
<tr>
<td></td>
<td>Hours of Operation: Mon. – Thurs. 8am to 8pm</td>
</tr>
<tr>
<td></td>
<td>Fri. 8am to 7 pm</td>
</tr>
<tr>
<td></td>
<td>Sat. 8am to 4pm</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:info@espsmd.com">info@espsmd.com</a></td>
</tr>
<tr>
<td></td>
<td>Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
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<table>
<thead>
<tr>
<th>Somerset:</th>
<th>Phone: 410-651-4200</th>
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<tbody>
<tr>
<td></td>
<td>Fax: 410-651-4290</td>
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<tr>
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<table>
<thead>
<tr>
<th>Talbot:</th>
<th>Phone: 410-822-5007</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Fax: 410-822-5569</td>
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<thead>
<tr>
<th>Wicomico:</th>
<th>Phone: 410-334-6961</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fax: 410-334-6960</td>
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<tr>
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<td>Hours of Operation:</td>
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<td>Email:</td>
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<td></td>
<td>Payment Types Accepted:</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 11 *

### Go-Getters, Inc.

<table>
<thead>
<tr>
<th>Address: 716 N. Division Street Salisbury, MD 21801</th>
<th>Phone: 410-546-7754</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fax: 410-334-3710</td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:richard.bearman@gmail.com">richard.bearman@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Hours of Operation: Varies by program</td>
</tr>
<tr>
<td></td>
<td>Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare</td>
</tr>
</tbody>
</table>

#### Programs/Locations:

**Newark Location:**
7033 Worcester Highway
Newark, MD 21841
(410) 632-3737

**Princess Anne Location:**
11559 Somerset Ave
Princess Anne, MD 21853
(410) 651-1547

**Beacon Place Crisis Services:**
Offers short term Residential Crisis Services in a community-based setting 24 hours a day, every day of the year.
(410) 749-2578

**Main Street:**
Offers community support, residential and day program services.
(410) 546-0381

**Friendship Network:**
Offers high quality mental health rehabilitation services to people over the age of 55, living in Somerset, Wicomico, and Worcester counties.
(410) 546-3619

**Peer Connection:**
An established rehabilitation program for people with co-occurring disorders.
(410) 546-1822

#### Providers:
- LCSW-C
- LCPC
- PhD
- MD
- CRNP
- Nurse
- PA-C
- APRN/PMH

#### Conditions Served:
- Anxiety/Phobias
- Bipolar Disorder
- Chronic Mental Illness
- Co-Occurring
- Depression
- Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- Post Trauma Stress Disorder
- Schizophrenia
- Self-Injurious Behaviors
- Substance Use/Dependency

#### Treatment Modalities:
- Anger Management Counseling
- Art Therapy
- Behavioral Treatment
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Disability Related Counseling
- Emotive Memory Desensitization & Reprocessing (EMDR)
- Family Counseling
- General Counseling
- Geriatric Counseling
- Group Counseling and Individual Counseling
- Mental Health Support Groups
- Psycho Educational Groups
- Telepsychiatry/Telemental Health

#### Services:
- Adult Day Programs
- Clinical Psychiatric Evaluation
- Crisis Intervention
- Crisis Residential Treatment
- Ex-Offender Halfway House
- General Mental Health Info/Education
- Geriatric Assessment
- Homeless Outreach
- Independent Living Communities for Older Adults
- Job Search/Placement
- Mental Health & Substance Use Services
- Mental Health Evaluation & Treatment
- Mobile Treatment/ACT – 410-341-9696
- Older Adult/Aging Issues
- PAK (ages 18-29) – 443-736-7845
- Protection and Advocacy for Individuals
- Psychiatric Case Management
- Psychiatric Day Treatment
- Psychiatric Medication Services
- Psychiatric Mobile Response Teams
- Psychiatric Rehabilitation Program Off-site
- Psychiatric Rehabilitation Program On-site
- Residential Rehabilitation Program
- Residential Treatment Facilities
- Respite Care
- Senior Housing Information and Referral
- Substance Use Education/Prevention
- Substance Use Intervention Program
- Substance Use Inpatient Co-Occurring Capable (> 30 days)
- Substance Use Outpatient
- Supported Employment
- Urgent Care Appointments
- Veterans
- Vocational Education
- Walk-in
Go-Getters is a community-based psychiatric rehabilitation program whose mission is to assist people recovering from severe mental illness in re-integrating their lives in the larger communities of Somerset, Wicomico, and Worcester counties. Day programs for adults and elderly people in Salisbury, Princess Anne, and Newark offer skills training for independent living, prevocational and vocational skills, food and nutrition training, breakfast, lunch, and snacks, socialization and recreation, a community of support and friendship, supported housing in all three counties, intensive 24-hour supervision, specialized housing for elderly and dually diagnosed people, crisis and respite care for psychiatric and other emergencies, 4 crisis beds, residential alternative to hospitalization, 3 respite beds available to the community for individual and caregiver needs. Lower Shore Clinic provides outpatient psychiatric treatment, ongoing clinical therapy, and primary care to a community caseload of 1000+ Lower Shore residents regardless of ability to pay, same day walk-in intakes for new clients, Assertive Community Treatment (ACT) team for people with greatest mental health difficulties in five counties, integrated health home, family psycho-education groups, 24 hour on-call back up for Go-Getters or Lower Shore Clinic staff working with clients in psychiatric distress, program-wide welcome and treatment for persons recovering from mental illness and substance-related disorders. Unique and uniquely successful co-occurring disorders program, community support system (outreach) serving 3 counties, services provided at home, worksite, or any other location chosen by consumer 7am to 9pm 365 days a year, case management and advocacy model. Services include assistance with medication monitoring, budgeting and money management, gaining entitlements, finding and maintaining employment and volunteer positions, finding and maintaining housing, connecting to community resources, interpersonal and family problems, maintaining good mental health, supported employment and job placement, transportation throughout 3 counties to and from day program centers daily via public transit and as available for critical transportation needs, community trainings on mental health issues, Go-Getters Foundation supports programs and has owned and managed facilities since 1992; assets over $4M. 30 units of housing for indigent elderly persons built in 2005, owned under independent corporations, valued at an additional $3M.

### Upper Bay Counseling & Support Services

<table>
<thead>
<tr>
<th>Administration:</th>
<th>Phone:</th>
<th>Website:</th>
<th>Hours of Operation:</th>
<th>Payment Types Accepted:</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Booth Street Elkton, MD 21921</td>
<td>410-996-5104 410-996-5197</td>
<td><a href="http://www.upperbay.org">www.upperbay.org</a></td>
<td>Mon. – Thurs. 8am to 8am, Fri. 8 am to 3pm</td>
<td>Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
<tr>
<td>Cecil:</td>
<td>Phone:</td>
<td>Email:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1275-B W. Pulaski Hwy. Elkton, MD 21921</td>
<td>410-620-7161 410-620-7168</td>
<td><a href="mailto:info@upperbay.org">info@upperbay.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>251 South Bohemia Ave. Cecilton, MD 21913</td>
<td>443-406-3427</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 14 *

### Worcester County Health Department

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Fax:</th>
<th>Website:</th>
</tr>
</thead>
<tbody>
<tr>
<td>9730 Healthway Drive Berlin, Maryland 21811</td>
<td>410-629-0164</td>
<td>410-629-0185</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
</tr>
</tbody>
</table>

PRP provides an array of services to adults, youth, and families in Worcester County. PRP services are available to county residents who have a serious mental health diagnosis and are receiving behavioral health services. PRP services are intended to empower and assist individuals in developing appropriate social skills, enabling individuals to make positive life choices and become engaged in positive ways in domains of life including home, school, work, and community. Individuals receive assistance in developing skills and knowledge to utilize community resources and become active participants in their community. PRP staff helps arrange care with other behavioral health providers as necessary for your needs and established goals, and often attempt to get families involved as a means of making life easier for you.

* For a full listing of services, please see page 14 *
PEER SUPPORT GROUPS

Chesapeake Voyagers, Inc.

| Main: 342-C North Aurora St. Easton, MD 21601 | Phone: 410-822-1601 | Hours of Operation: Mon., Tues, Wed. and Fri. 11am to 6pm |
| Phone: 410-822-1621 | Carolineweek: Wed. 2pm to 5pm, Fri. 4:30pm to 5:30pm (support group) |
| Fax: 410-822-1612 | Dorchester: Mon. 12pm to 4pm |

Caroline: Call for locations of support groups

Dorchester: 108 Washington St. Cambridge, MD 21613

Phone: Call main # or 443-480-9560

Kent: 300 Scheeler Road Chestertown, MD 21620

Phone: Call main # or 443-786-6319

Queen Anne’s: Call for locations of support groups

Phone: Call main # or 443-480-9560

<table>
<thead>
<tr>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
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<tbody>
<tr>
<td>ADHD</td>
<td>Mental Health Related Support Groups</td>
</tr>
<tr>
<td>Anxiety/Phobias</td>
<td>Peer Support</td>
</tr>
<tr>
<td>Bipolar Disorder</td>
<td>Trauma Informed</td>
</tr>
<tr>
<td>Brain Injuries</td>
<td>CVI provides group-based and one-on-one peer support for adults with mental health needs, substance use issues, and co-occurring disorders. CVI serves residents in all five Mid Shore counties at various locations. They offer a safe, comfortable environment for members to attend where they provide support, advocacy, education, resources, and the opportunity to meet others who they can relate to and build natural supports through those relationships. Consumer Council groups are also held monthly at CVI on the second Tuesday of each month at 3:00pm.</td>
</tr>
<tr>
<td>Chronic Mental Illness</td>
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<td>Co-Occurring</td>
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<td>Depression</td>
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</tr>
<tr>
<td>Post Traumatic Stress Disorder</td>
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</tr>
<tr>
<td>Schizophrenia</td>
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<tr>
<td>Self Injurious Behaviors</td>
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<tr>
<td>Sexual Disorders</td>
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<tr>
<td>Substance Use/Dependence</td>
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</tbody>
</table>

DRI-Dock Recovery and Wellness Center

| Address: 206 Sunburst Highway Cambridge, MD 21613 | Phone: 410-228-3230 | Hours of Operation: Monday – Friday 8am to 6pm |
| Phone: 410-228-7086 | 410-228-3230 | Payment Types Accepted: Free Services |
| Website: www.dri-dock.org | www.dri-dock.org | |

The Dorchester Recovery Initiative (DRI), in conjunction with Chesapeake Voyagers, Inc., promotes personal recovery for all, no matter what path one takes to recovery. They also help to strengthen the recovery community and the services and structures that help folks get and stay in recovery worldwide! We are here for those seeking help for mental health, co-occurring, and addictions concerns.

HALOS Support Group – Compass Regional Hospice

| Address: 255 Comet Drive Centreville, MD 21617 | Phone: 443-262-4109 or 410-643-7674 | Hours of Operation: 2nd Wednesday of each month, 6:30 PM to 8:30 PM |
| Phone: 443-262-4109 | 443-262-4109 or 410-643-7674 | Payment Types Accepted: Free Services |
| Website: www.compassregionalhospice.org | www.compassregionalhospice.org | |

The HALOS (Healing After A Loved One’s Suicide) Support Group is open to adults 18 and over. For more information, please contact Rhonda Knotts, 443-262-4109, rknotts@compassregionalhospice.org, or Wayne Larrimore, 443-262-4108.
Maryland Coalition of Families helps families who have young people with behavioral health needs, including mental health and substance-related challenges. Using personal experience as parents, caregivers and young people, they connect, support, and empower Maryland’s families. MCF empowers parents, caregivers & young people by:
- Helping them navigate services and systems
- Providing them with tools to advocate
- Connecting parents, caregivers and young people to each other
- Ensuring their voice and perspective is heard
- Raising public awareness and fighting stigma

To connect with a Family Peer Support Specialist in your region, please call 410-730-8267 or email referral@mdcoalition.org.

Recovery in Motion – Kent County Health Department

1-on-1 peer support is available Monday and Friday by appointment only. Contact Brenna Fox 410-778-5894 to schedule an appointment. Walk-in 1-on-1 peer support is available Tuesday through Thursday.

Parents, Families, and Friends of Lesbian, Gay, and Transgender Communities (PFLAG) Chestertown

PFLAG promotes the health and well-being of lesbian, gay, bisexual, and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families, and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

We are a national support, education, and advocacy organization for lesbian, gay, bisexual, and transgender (LGBT) people, their families, friends and allies. With 200,000 members and supporters, and local affiliates in more than 350 communities across the U.S. and abroad, PFLAG is the largest grassroots-based family organization of its kind. PFLAG is a non-profit organization and is not affiliated with any religious or political institutions.
Case Management services are provided to assist participants in gaining access to needed medical, mental health, social, educational, and other services.

### Crossroads Community, Inc.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorchester</td>
<td>404 LeCompte Street, Cambridge, MD 21613</td>
<td>410-221-7540</td>
<td><a href="mailto:cci@ccinconline.com">cci@ccinconline.com</a></td>
<td>Grant Funds, Self Pay, Public Behavioral Health</td>
</tr>
<tr>
<td>Kent</td>
<td>937 Gateway Drive, Chestertown, MD 21620</td>
<td>410-778-9200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Queen Anne</td>
<td>120 Banjo Lane, Centreville, MD 21617</td>
<td>410-758-3050</td>
<td></td>
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</tr>
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* For a full listing of services, please see page 35 *

### Hudson Health Services

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>1506 Harting Drive, Salisbury, MD 21802</td>
<td>410-219-9000</td>
<td>24 hours a day, 7 days a week</td>
<td>Grant Funds, Self Pay, Public Behavioral Health</td>
</tr>
<tr>
<td></td>
<td>410-742-7048</td>
<td></td>
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</tr>
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</table>

* For a full listing of services, please see page 28 *

### Upper Bay Counseling & Support Services

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration</td>
<td>200 Booth Street, Elkton, MD 21921</td>
<td>410-996-5104</td>
<td><a href="mailto:info@upperbay.org">info@upperbay.org</a></td>
<td>Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
<tr>
<td>Cecil</td>
<td>1275-B W. Pulaski Hwy., Elkton, MD 21921</td>
<td>410-620-7161</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>251 South Bohemia Ave., Cecilton, MD 21913</td>
<td>410-620-7168</td>
<td></td>
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</tr>
</tbody>
</table>

* For a full listing of services, please see page 14 *

### Wicomico Behavioral Health - Targeted Case Management Program

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Types Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>108 E. Main Street, Salisbury, MD 21801</td>
<td>410-543-5179</td>
<td>Monday – Friday 8am to 5pm</td>
<td>Grant Funds, Public Behavioral Health</td>
</tr>
<tr>
<td></td>
<td>410-543-6680</td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Providers</th>
<th>Services</th>
<th>Conditions Served</th>
<th>Translator</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Case Managers</td>
<td>☑ Homeless Outreach</td>
<td>☑ Bipolar Disorder, ☑ Co-Occurring, ☑ Schizophrenia</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>☑ Targeted Case Management</td>
<td>☑ Chronic Mental Illness, ☑ Depression, ☑ Substance</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Use/Dependence</td>
<td></td>
</tr>
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</table>
MOBILE TREATMENT TEAMS/ACT

Mobile Treatment Teams (MTT)

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
</tr>
</thead>
</table>
| Cecil County | Upper Bay Counseling & Support Services  
200 Booth Street  
Elkton, MD 21921 410-996-5104  
www.upperbay.org | 410-369-3480  
866-582-2034 | 410-996-5104  
| Mid Shore    | Corsica River Mental Health Services, Inc.  
120 Banjo Lane  
Centreville, MD 21617 443-480-8425  
www.crmhsinc.com | 410-341-9696  
www.gogettersinc.org/Lower-Shore-Clinic.html |
| Lower Shore  | Go-Getters, Inc.  
106 Williamsport Circle Salisbury, MD 21801 410-341-9696  
www.gogettersinc.org/Lower-Shore-Clinic.html | 410-341-9696  
www.gogettersinc.org/Lower-Shore-Clinic.html |

Mobile Treatment Services provide assertive outreach, treatment and support to individuals with mental illness who may be homeless, or for whom more traditional forms of outpatient treatment have been ineffective. Service is provided by a multidisciplinary team, is mobile and is provided in the individual’s natural environment (e.g., home, street, shelters). Mobile Treatment Services also are available for children, adolescents and their families who require more intensive intervention in order to clinically stabilize the child’s or adolescent’s psychiatric condition, to promote family preservation and/or to return functioning and quality of life to previously established levels as soon as possible. Services provided include psychiatric evaluation and treatment, clinical assessment, medication management/monitoring, interactive therapies, support with daily living skills, assistance with locating housing, and case management. The duration, frequency and intensity of services provided are determined by an individual’s treatment plan. The goals are to connect consumers to treatment services in the community, avert hospitalizations, and remediate tenuous living situations.
Residential Crisis Services (RCS) are funded with state general funds and are short-term, intensive mental health and support services for children, adolescents, and adults in a community-based, non-hospital, residential setting rendered by a provider approved under Maryland Law (COMAR 10.21.26).

**A.F. Whitsitt Center**

<table>
<thead>
<tr>
<th>Address:</th>
<th>300 Scheeler Road</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Chestertown, MD 21620</td>
</tr>
<tr>
<td>Phone:</td>
<td>410-778-7054</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-778-7104</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.kenthd.org">www.kenthd.org</a></td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>24 hours a day,</td>
</tr>
<tr>
<td></td>
<td>7 days a week</td>
</tr>
<tr>
<td>Payment Types Accepted:</td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Private Insurance</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 26 *

**Go-Getters, Inc. - Beacon Place Crisis Services**

<table>
<thead>
<tr>
<th>Address:</th>
<th>716 N. Division Street</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Salisbury, MD 21801</td>
</tr>
<tr>
<td>Phone:</td>
<td>410-749-2578</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:smobray@lowershoreclinic.org">smobray@lowershoreclinic.org</a></td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>24 hours a day,</td>
</tr>
<tr>
<td></td>
<td>7 days a week</td>
</tr>
<tr>
<td>Payment Types Accepted:</td>
<td>Sliding Scale Fee, Self Pay, Public</td>
</tr>
<tr>
<td></td>
<td>Behavioral Health, Medicare</td>
</tr>
</tbody>
</table>

Beacon Place offers a safe harbor and sanctuary for adults experiencing a psychiatric crisis. As a voluntary alternative to hospitalization, Beacon Place provides short term Residential Crisis Services in a community-based setting 24 hours a day, 7 days a week, 365 days a year.

In addition to Residential Crisis Services, Beacon Place offers crisis counseling. Beacon Place is appropriate as an alternative to psychiatric hospitalization or to shorten the length of a hospital admission. Anyone who is medically stable, under the care of a physician, and awaiting admission to a psychiatric unit can be safely cared for at Beacon Place.

Situated in a quiet community, Beacon Place’s trained crisis staff offer the comforts of a home-like setting augmented with counseling and therapeutic groups. Beacon Place will assist you with meetings with physicians and therapists to further enhance your recovery. Private accommodations support clients’ need for calm and confidentiality.

* For a full listing of services, please see page 36 *

**Harbour House**

7731 West Drive
Glen Burnie, MD 21061
410-255-3539
Fax: 410-255-8583
Website: www.harbour-house.org

Formerly named Anne Arundel Crisis Beds, Harbour House, Inc. is a Maryland 501(c)3 that provides an alternative to hospitalization for adults experiencing a mental health crisis. Harbour House provides a psychiatric inpatient admission alternative for those experiencing a mental health crisis as evaluated by a physician or mental health professional. Without Residential Crisis Services, these individuals are at-risk for inpatient admission. Harbour House can also provide individuals who are being discharged from inpatient facilities a transitional location, as well as individuals needing temporary separation from their current living arrangements. Call 410-255-3539 or email contact@harbour-house.org for more information.
### Dover Behavioral Health Systems

**Address:**
725 Horsepond Road  
Dover, DE 19901

**Phone:**
302-741-0140 / 855-609-9711

**Fax:**
302-741-8557

**Website:**
www.doverbehavioral.com

**Hours of Operation:**
24 hours a day,  
7 days a week

**Payment Types Accepted:**
Self Pay, Public Behavioral Health, Medicare, Private Insurance

* For a full listing of services, please see page 10 *

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### Peninsula Regional Medical Center

**Address:**
100 East Carroll Street  
Salisbury, MD 21801

**Phone:**
410-543-6400

**Fax:**
410-543-7165

**Website:**
www.peninsula.org

**Hours of Operation:**
24 hours a day,  
7 days a week

**Payment Types Accepted:**
Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
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</thead>
<tbody>
<tr>
<td>√ LCSW-C</td>
<td>Clinical Psychiatric Evaluation</td>
<td>√ Anxiety/Phobias</td>
<td>√ Behavioral Treatment</td>
</tr>
<tr>
<td>√ MD</td>
<td>Detoxification</td>
<td>√ Bipolar Disorder</td>
<td>√ Family Counseling</td>
</tr>
<tr>
<td>√ Nurse</td>
<td>Emergency Medical Care</td>
<td>√ Chronic Mental Illness</td>
<td>√ Group Counseling</td>
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<td>General Mental Health Info/Education</td>
<td>√ Co-Occurring</td>
<td>√ Mental Health Related Support Groups</td>
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<tr>
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<td>Homeless Outreach</td>
<td>√ Depression</td>
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<tr>
<td></td>
<td>Hotline</td>
<td>√ Developmental Disabilities</td>
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<td></td>
<td>Mental Health &amp; Substance Use Services</td>
<td>√ Post Traumatic Stress Disorder</td>
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<td>Mental Health Evaluation</td>
<td>√ Schizophrenia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Psychiatric Emergency Room Care</td>
<td>√ Self Injurious Behaviors</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Psychiatric Hospitalization</td>
<td>√ Sexual Disorders</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Walk-in</td>
<td>√ Substance Use/Dependence</td>
<td></td>
</tr>
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### Rockford Center

**Address:**
100 Rockford Drive  
Newark, DE 19713

**Phone:**
302-892-4205

**Fax:**
302-996-0269

**Website:**
www.rockfordcenter.com

**Hours of Operation:**
24 hours a day,  
7 days a week

**Payment Types Accepted:**
Self Pay, Public Behavioral Health, Medicare, Private Insurance

<table>
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<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
</tr>
</thead>
</table>

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43
activities and goal setting. Learn techniques to cope with illness and the things that can trigger it. An individualized treatment plan is created for each patient—and includes daily activities and goal setting.

Our staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness and includes daily activities and goal setting.

We understand how difficult it can be to realize there is a need for counseling and special care for a loved one. Behavioral health problems can be extremely challenging—particularly for family members. Our Behavioral Health team can help your loved one get the treatment and support for a safe transition back into everyday life through our inpatient or outpatient programs.

Our staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness or condition. After diagnosis, your loved one can become an inpatient or referred to outpatient treatment, depending on the program of care that is determined to be the best.

Our 15-bed inpatient unit is located in Union Hospital on the fourth floor. Because patients are residents, they benefit from our full complement of medical services. Receiving treatment here eliminates the need for travel and contributes to a smoother transition. In this therapeutic environment patients learn techniques to cope with illness and the things that can trigger it. An individualized treatment plan is created for each patient—and includes daily activities and goal setting.

Shore Behavioral Health

Address: 300 Bym Street
Cambridge, MD 21613

Phone: 410-228-5511 ext. 2112
Fax: 410-476-5105
Website: www.shorehealth.org

Hours of Operation: 24 hours a day, 7 days a week

Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance

* For a full listing of services, please see page 13 *

Union Hospital of Cecil County

Address: 106 Bow Street
Elkton, MD 21921

Phone: 410-398-4000
Fax: 410-398-0698
Website: www.uhcc.com

Hours of Operation: 24 hours a day, 7 days a week

Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance

Providers:

<table>
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<th>Services:</th>
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<tr>
<td>Adult Day Programs</td>
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<td>Clinical Psychiatric Evaluation</td>
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<tr>
<td>Crisis Intervention</td>
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<tr>
<td>Emergency Medical Care</td>
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<tr>
<td>General Mental Health Info/Education</td>
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<tr>
<td>Mental Health &amp; Substance Use Services</td>
</tr>
<tr>
<td>Mental Health Evaluation &amp; Treatment</td>
</tr>
<tr>
<td>Psychiatric Emergency Room Care</td>
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<tr>
<td>Psychiatric Hospitalization</td>
</tr>
<tr>
<td>Psychiatric Medication Services</td>
</tr>
<tr>
<td>Psychological Testing</td>
</tr>
<tr>
<td>Substance Use Inpatient Co-Occurring Capable (&lt;30 days)</td>
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<tbody>
<tr>
<td>ADHD</td>
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<tr>
<td>Anxiety/Phobias</td>
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<tr>
<td>Bipolar Disorder</td>
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<td>Chronic Mental Illness</td>
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<tr>
<td>Co-Occurring</td>
</tr>
<tr>
<td>Depression</td>
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<tr>
<td>Personality Disorders</td>
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<tr>
<td>Post Traumatic Stress Disorder</td>
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<td>Schizophrenia</td>
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<tr>
<td>Self Injurious Behaviors</td>
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<tr>
<td>Substance Use/Dependence</td>
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<table>
<thead>
<tr>
<th>Treatment Modalities:</th>
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<tbody>
<tr>
<td>Anger Management Counseling</td>
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<tr>
<td>Art Therapy</td>
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<tr>
<td>Behavioral Treatment</td>
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<tr>
<td>Cognitive Behavioral Therapy (CBT)</td>
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<tr>
<td>Death and Dying Counseling</td>
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<tr>
<td>Family Counseling</td>
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<tr>
<td>Gay/Lesbian/Bisexual/Transgender Issues</td>
</tr>
<tr>
<td>General Counseling</td>
</tr>
<tr>
<td>Geriatric Counseling</td>
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<tr>
<td>Group Counseling</td>
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<tr>
<td>Individual Counseling</td>
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<td>Marriage Counseling</td>
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<td>Mental Health Related Support Groups</td>
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<td>Pet Assisted Therapy</td>
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<td>Play Therapy</td>
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<tr>
<td>Psycho Educational Groups</td>
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<tr>
<td>Trauma Informed</td>
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</tbody>
</table>

We understand how difficult it can be to realize there is a need for counseling and special care for a loved one. Behavioral health problems can be extremely challenging—particularly for family members. Our Behavioral Health team can help your loved one get the treatment and support for a safe transition back into everyday life through our inpatient or outpatient programs.

Our staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness or condition. After diagnosis, your loved one can become an inpatient or referred to outpatient treatment, depending on the program of care that is determined to be the best.

Our 15-bed inpatient unit is located in Union Hospital on the fourth floor. Because patients are residents, they benefit from our full complement of medical services. Receiving treatment here eliminates the need for travel and contributes to a smoother transition. In this therapeutic environment patients learn techniques to cope with illness and the things that can trigger it. An individualized treatment plan is created for each patient—and includes daily activities and goal setting.
EMERGENCY DEPARTMENTS

University of Maryland Shore Medical Center at Dorchester
300 Byrn Street
Cambridge, MD 21613
410-228-5511
www.umshoreregional.org

University of Maryland Shore Medical Center at Easton
219 S. Washington Street
Easton, MD 21601
410-822-1000
www.umshoreregional.org

University of Maryland Shore Medical Center at Chestertown
100 Brown Street
Chestertown, MD 21620
410-778-3300
www.umshoreregional.org

University of Maryland Shore Emergency Center at Queenstown
115 Shoreway Drive
Queenstown, MD 21658
410-827-3900
www.umshoreregional.org

Peninsula Regional Medical Center
100 East Carroll Street
Salisbury, MD 21801
410-546-6400
www.peninsula.org

Union Hospital of Cecil County
106 Bow Street
Elkton, MD 21921
410-398-4000
www.uhcc.com

MOBILE CRISIS AND CRISIS RESPONSE

Affiliated Santé Group – Eastern Shore Crisis Response Services

Administrative: 408 Byrn Street
Cambridge, MD 21613
Fax: 410-281-3181
Website: www.thesanegroup.org

Hours of Operation: 7 days a week, 9am to midnight
Payment Types Accepted: Grant Funds, Free Services

Providers: Services: Conditions Served:

☐ LCSW-C ☐ LCPC ☐ LGSW ☐ LSWA ☐ LGPC ☐ MSW interns

☐ Community Linkages ☐ Crisis Intervention/Stabilization (Free) ☐ ADHD
☐ ED and Incarceration Diversion ☐ Bipolar Disorder ☐ Anxiety/Phobias
☐ Limited Transitional Support ☐ Brain Injuries ☐ Hoarding Behaviors
☐ Mental Health Evaluation ☐ Chronic Mental Illness ☐ Personality Disorders
☐ CISM/Debriefings ☐ Co-Occurring ☐ Post Traumatic Stress Disorder
☐ Developmental Disabilities ☐ Crisis As Defined By Individual ☐ Schizophrenia
☐ Dementia ☐ Depression ☐ Self Injurious Behaviors
☐ Sexual Disorders ☐ Substance Use

Translator?

Telephonic interpreter & translation services as needed

ESCRS is part of the Affiliated Sante’ Group Family which is the largest provider of crisis services in Maryland. Mobile Crisis Teams services are dispatched via the Eastern Shore Operations Center (ESOC) 888-407-8018. Mobile Crisis teams operate 7 days a week 9am to midnight serving Cecil, Kent, Queen Anne, Talbot, Caroline, Dorchester, Wicomico, and Somerset Counties. ESOC operates 24/7 and serves all 9 counties on the Eastern Shore.

Worcester County Health Department – Crisis Response Team

Address: 9730 Healthway Drive
Berlin, Maryland 21811
Phone: 410-629-0164
Fax: 410-629-0185
Website: www.worcesterhealth.org
Payment Types Accepted: Grant Funds, Free Services

The Worcester County Health Department’s Crisis Response Team provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital and various other agencies throughout the county. CRT provides an emergency mental health and addiction assessment on the scene and attempts to connect individuals to community resources as appropriate. Assessments are provided by masters’ level mental health professionals.
Respite Services are provided on a short-term basis in the consumer’s home or in an approved community-based setting. Services are designed to support consumers remaining in their homes by providing temporary relief to the consumer’s caregivers.

### Children’s Choice

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Payment Types Accepted</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Queen Anne</td>
<td>1103 Butterworth’s Court, Stevensville, MD 21666</td>
<td>410-643-9290</td>
<td>410-643-9293</td>
<td><a href="http://www.childrenschoice.org">www.childrenschoice.org</a></td>
<td>Grant Funds, Public Behavioral Health</td>
<td>Mon. – Fri. 8am to 5pm, Fri. 8am to 5pm, Sat. please call</td>
</tr>
<tr>
<td>Wicomico</td>
<td>230 Florida Avenue, Salisbury, MD 21801</td>
<td>410-546-6106</td>
<td>410-219-2640</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 34 *

### Community Behavioral Health

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
<th>Website</th>
<th>Payment Types Accepted</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorchester</td>
<td>426 Dorchester Avenue, Cambridge, MD 21613</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td><a href="mailto:info@communitybehavioralhealth.net">info@communitybehavioralhealth.net</a></td>
<td><a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></td>
<td>Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health</td>
<td>Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call</td>
</tr>
<tr>
<td>Queen Anne</td>
<td>142 Coursevall Drive, Centreville, MD 21617</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wicomico</td>
<td>809 &amp; 821 Eastern Shore Dr., Salisbury, MD 21804</td>
<td>844-224-5264</td>
<td>888-509-0010</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 9 *

### Crossroads Community, Inc.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
<th>Website</th>
<th>Payment Types Accepted</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorchester</td>
<td>404 LeCompte Street, Cambridge, MD 21613</td>
<td>410-221-7540</td>
<td>410-221-7541</td>
<td><a href="mailto:cci@ccinconline.com">cci@ccinconline.com</a></td>
<td><a href="http://www.cccinconline.com">www.cccinconline.com</a></td>
<td>Grant Funds, Self Pay, Public Behavioral Health</td>
<td>Mon.-Fri. 8am to 4pm</td>
</tr>
<tr>
<td>Kent</td>
<td>937 Gateway Drive, Chestertown, MD 21620</td>
<td>410-778-9200</td>
<td>410-778-9622</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Queen Anne</td>
<td>120 Banjo Lane, Centreville, MD 21617</td>
<td>410-758-3050</td>
<td>410-758-1223</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 35 *

### Go-Getters, Inc.

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Email</th>
<th>Payment Types Accepted</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>716 N. Division Street, Salisbury, MD 21801</td>
<td>410-546-7754</td>
<td>410-334-3710</td>
<td><a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
<td><a href="mailto:smobray@lowershoreclinic.org">smobray@lowershoreclinic.org</a></td>
<td>Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare</td>
<td>Varies by program</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 36 *
MENTOR Maryland

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ LCSW-C</td>
<td>☑ Crisis Intervention</td>
<td>☑ ADHD</td>
<td>☑ Trauma Informed</td>
</tr>
<tr>
<td></td>
<td>☑ Respite Care</td>
<td>☑ Anxiety/Phobias</td>
<td></td>
</tr>
<tr>
<td></td>
<td>☑ Therapeutic Foster Care</td>
<td>☑ Chronic Mental Illness</td>
<td></td>
</tr>
<tr>
<td>Translator?</td>
<td>No</td>
<td>☑ Co-Occurring</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Depression</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Hoarding Behaviors</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Personality Disorders</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Sexual Disorders</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Self Injurious Behaviors</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>☑ Substance Use/Dependence</td>
<td></td>
</tr>
</tbody>
</table>

Residential Rehabilitation Programs (RRPs) for adults provides support in a residence outside of the individual’s own home and provides needed resources and support not sufficiently available within the individual’s own existing social support system. Residential Rehabilitation Programs (RRPs) provide services based upon the individual’s needs in varying levels of support, both general and intensive, and are subject to additional admission/continued stay criteria.

*RRP Applications are processed through the Core Service Agency (CSA). Please contact your local CSA for placement, not the providers below. To obtain a full listing of Core Service Agencies in Maryland please visit www.marylandbehavioralhealth.org.*

Channel Marker, Inc.

<table>
<thead>
<tr>
<th>Administrative Office:</th>
<th>8865 Glebe Park Drive</th>
<th>Phone: 410-822-4619</th>
<th>Email: <a href="mailto:cmarker@channelmarker.org">cmarker@channelmarker.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline:</td>
<td>508 Kerr Avenue</td>
<td>410-822-0984</td>
<td>Payments Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health</td>
</tr>
<tr>
<td>Dorchester:</td>
<td>420 Dorchester Avenue</td>
<td>410-479-2318</td>
<td>Website: <a href="http://www.channelmarker.org">www.channelmarker.org</a></td>
</tr>
<tr>
<td>Talbot:</td>
<td>222 Port Street</td>
<td>410-820-0124</td>
<td>Hours of Operation: Monday – Friday 8am to 5pm</td>
</tr>
<tr>
<td></td>
<td>Easton, MD 21601</td>
<td>410-228-8330</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-221-6459</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-822-4611</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-822-6186</td>
<td></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 31 *

Crossroads Community, Inc.

| Dorchester: | 404 LeCompte Street | Phone: 410-221-7540 | Email: cci@cciconline.com |
| Kent:       | 937 Gateway Drive  | 410-221-7541        | Payments Accepted: Grant Funds, Self Pay, Public Behavioral Health |
| Queen Anne: | 120 Banjo Lane     | 410-778-9200        | Website: www.cciconline.com |
|            | Centreville, MD 21620 | 410-778-9622          | Hours of Operation: Mon-Fri. 8am to 4pm |
|            |                      | 410-758-3050          |                                    |
|            |                      | 410-758-1223          |                                    |

* For a full listing of services, please see page 32 *
**Go-Getters, Inc.**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone: 410-546-03081</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fax: 410-334-3710</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
</tr>
<tr>
<td></td>
<td>Hours of Operation: Varies by program</td>
</tr>
<tr>
<td></td>
<td>Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare</td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 36 *

**Upper Bay Counseling & Support Services**

<table>
<thead>
<tr>
<th>Administration:</th>
<th>Phone: 410-996-5104</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>410-996-5197</td>
</tr>
<tr>
<td>Cecil:</td>
<td>Phone: 410-620-7161</td>
</tr>
<tr>
<td></td>
<td>410-620-7168</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:info@upperbay.org">info@upperbay.org</a></td>
</tr>
<tr>
<td></td>
<td>Hours of Operation: Mon. – Thurs. 8am to 8am, Fri. 8 am to 3pm</td>
</tr>
<tr>
<td></td>
<td>Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance</td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.upperbay.org">www.upperbay.org</a></td>
</tr>
</tbody>
</table>

* For a full listing of services, please see page 14 *

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**HOUSING PROGRAMS**

**Mid Shore Roundtable on Homelessness (Continuum of Care)**

A Mid Shore collaboration of homeless service providers, community agencies, local governments, stakeholders, and consumers tasked with addressing the issue of homelessness in the Mid Shore region.

**Mission:** To provide leadership to improve the availability and delivery of both housing and supportive services to individuals and families who lack permanent, stable and safe housing in the Mid Shore region. We continually work towards this mission with the following strategies:

1. To collaborate and continually build community partnerships among member organizations to provide a coordinated and seamless service delivery to homeless and unstably housed clients.
2. To identify needs, advocate for, and work towards a comprehensive continuum of care for persons and families without homes.
3. To reduce public stigma of homelessness through community awareness and education.
4. To do long and short term planning, aligning our goals with our federal partners, to accomplish the mission.

For more information, please call Mid Shore Behavioral Health, Inc. 410-770-4801, Jeanine Beasley ext. 303.

**Permanent Supportive Housing (Continuum of Care Housing Program and Supportive Housing)**

Continuum of Care (CoC) Housing Programs are HUD funded rental subsidies for literally homeless person(s)/families with behavioral health disabilities. Eligibility is determined through an intake process by PATH Outreach, Case Management Staff, or CoC Housing Specialist. Program monitoring is provided through Supportive Services staff.

For CoC Housing information, please call Mid Shore Behavioral Health, Inc., 410-770-4801, Jeanine Beasley ext. 303, or Bernard Vervin ext. 319.
Homeless Management Information Systems (HMIS)

Database for local providers is known as Service Point. The system provides information and referral for licensed users, as well as tracking and reporting of homelessness services used in the region. Serving Caroline, Dorchester, Kent, Queen Anne, and Talbot Counties.

For more information, please call Mid Shore Behavioral Health, Inc. 410-770-4801, Jeanine Beasley ext. 303.

Affordable Housing (Main Street Housing)

This program does not provide emergency housing. This is permanent affordable housing for tenants that are eligible for independent community living. Intake and placement require matching the tenant to the proper living situation based on available openings.

For more information, please call Mid Shore Behavioral Health, Inc. 410-770-4801, Gloria Bowen ext. 308.

PATH - Projects for Assistance in Transition from Homelessness (Homeless Outreach Case Management)

Priority population served includes persons with a mental health need who are homeless or at risk of becoming homeless. This program is designed to provide outreach and linkage assistance to street homeless for mental health services and housing.

For more information, please call Gloria Greene, Outreach Worker for Crossroads Community, Inc., at 410-490-3139.

SOAR Initiative (SSI/SSDI Outreach, Access, and Recovery)

SOAR is a national program designed to increase access to Social Security Insurance (SSI) / Social Security Disability Insurance (SSDI) for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder. Local agencies that have SOAR trained staff include Alliance, Inc., Chesapeake Voyagers, Inc., Crossroads Community, Inc., Community Behavioral Health, Mid Shore Behavioral Health, Inc., the Neighborhood Service Center, and St. James Zion Church.

Please contact SOAR lead Johanna Norris for more information at 410-770-4801, ext. 311.

SHELTERS AND HOMELESSNESS SERVICES

Emergency Shelters

<table>
<thead>
<tr>
<th>Salvation Army (Cambridge)</th>
<th>Ridgeway House (Easton)</th>
<th>Talbot Interfaith Shelter (Easton)</th>
<th>Cecil County Men’s Shelter (Elkton)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals and Families</td>
<td>6 bed facility (serves 3 Men, 3 Women)</td>
<td>Help Hotline: 410-253-5414 Individuals and</td>
<td>Men only</td>
</tr>
<tr>
<td></td>
<td>Hours: Mon. – Fri., 4pm to 8am Sat. &amp; Sun. open 24 hours Sheltering and Case Management</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wayfarer’s House (Elkton)</td>
<td>Christian Shelter, Inc. (Salisbury)</td>
<td>HALO (Salisbury)</td>
<td>The Samaritan Shelter (Pocomoke)</td>
</tr>
<tr>
<td>Women and Children</td>
<td>Call for Information</td>
<td>Men, Women and Children</td>
<td>Call for Information</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Cold Weather Shelters

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Location</th>
<th>Phone</th>
<th>Website</th>
<th>Intake Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>His Hope Haven</td>
<td>Caroline County</td>
<td>410-963-3594</td>
<td><a href="http://www.winterhavenshelter.org">www.winterhavenshelter.org</a></td>
<td>Open October through May</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Intake through Caroline County DSS Adult Services: 410-819-4500</td>
</tr>
<tr>
<td>Dorchester Cold Weather Shelter</td>
<td>Dorchester County</td>
<td>410-901-2991</td>
<td></td>
<td>Open December through mid-April</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Location</th>
<th>Phone</th>
<th>Website</th>
<th>Intake Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Samaritan Group</td>
<td>Kent County</td>
<td>443-480-3564 or 410-810-7600</td>
<td><a href="http://www.samaritangroupkent.org">www.samaritangroupkent.org</a></td>
<td>Open January through March</td>
</tr>
<tr>
<td>Haven Ministries</td>
<td>Queen Anne’s County</td>
<td>410-739-4363</td>
<td><a href="http://www.haven-ministries.org">www.haven-ministries.org</a></td>
<td>Open December through mid-April</td>
</tr>
<tr>
<td>Cold Weather Shelter</td>
<td>(Lower Shore)</td>
<td>410-749-4357</td>
<td></td>
<td>Open January through March</td>
</tr>
</tbody>
</table>

### Transitional Shelters

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Location</th>
<th>Phone</th>
<th>Website</th>
<th>Intake Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delmarva Community Services (Cambridge)</td>
<td></td>
<td>410-901-2991</td>
<td></td>
<td>Men</td>
</tr>
<tr>
<td>Wayfarer’s House (Elkton)</td>
<td></td>
<td>410-398-4381</td>
<td></td>
<td>Women and Children</td>
</tr>
<tr>
<td>St. Martin’s House (Ridgely)</td>
<td></td>
<td>410-634-2537</td>
<td></td>
<td>Women and Children</td>
</tr>
<tr>
<td>Village of Hope (Salisbury)</td>
<td></td>
<td>410-860-4803</td>
<td></td>
<td>Women and Children</td>
</tr>
</tbody>
</table>

### Day Shelter and Resource Centers

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Location</th>
<th>Phone</th>
<th>Website</th>
<th>Intake Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Randall Center Day Program</td>
<td>Elkton, MD 21921</td>
<td>410-620-4701</td>
<td><a href="http://www.meetingground.org">www.meetingground.org</a></td>
<td>The Mary Randall Center is the first step for many on the path from shelter to home. It is a place where individuals currently experiencing homelessness are able to shower, collect their mail, launder their clothing, and link with medical services and job seeking assistance. At the Mary Randall Center individuals find the means to new life, restored dreams, and opportunities to build personal and professional skills.</td>
</tr>
<tr>
<td>Haven Ministries Resource Center</td>
<td>St. Paul’s Episcopal Church</td>
<td>410-739-4363</td>
<td><a href="http://www.haven-ministries.org">www.haven-ministries.org</a></td>
<td>The Resource Center advances the missions of both Haven Ministries and St. Paul’s Church by offering a place of referral and case management services to residents of Queen Anne’s County. The Resource Center includes case management services, educational programs, job training, and use of computers and office equipment. Hours of Operation: Monday through Friday 8:30am-4:30pm.</td>
</tr>
<tr>
<td>HALO Day Facility</td>
<td>Salisbury, MD 21804</td>
<td>410-543-2003</td>
<td><a href="http://www.haloministry.org">www.haloministry.org</a></td>
<td>The Day Facility is a safe structured place where homeless individuals and families can come during the daytime hours. Our goal is to help rebuild the dignity of each person by providing services to meet not only the basic needs, but a journey of Hope for Life Change. Services provided include Case Management, Showers, Restrooms, Voice Mail, Mail Services, Locked Storage Facility, and Class Opportunities including GED, Life Skills, and Bible Study. Hours of Operation: Monday – Friday, 8:45 AM to 4:30 PM</td>
</tr>
</tbody>
</table>

### Friends Helping Friends Network, Inc.

<table>
<thead>
<tr>
<th>Phone</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>443-477-3324</td>
<td></td>
</tr>
</tbody>
</table>

A non-profit, Christian-based organization that helps single moms and homeless families by providing temporary shelter, helping them set and reach goals, while working on a budget and a goal plan; teaching them to become independent by helping them to focus by taking away burdens that hold them back.
### Meal Service / Food Pantries

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline</td>
<td>St. Martin’s Barn 14376 Benedictine Lane, Ridgely, MD 21660</td>
<td>410-634-1140</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Dorchester</td>
<td>Delmarva Community Action Center 1000 Goodwill Road, Cambridge, MD 21613</td>
<td>410-901-2991</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Talbot</td>
<td>Salvation Army 200 Washington Street, Cambridge, MD 21613</td>
<td>410-228-2442</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Kent</td>
<td>Community Food Pantry 401 High Street, Chestertown, MD 21620</td>
<td>410-778-0550</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Queen Anne</td>
<td>Haven Ministries 931 Love Point Road, Stevensville, MD 21666</td>
<td>410-739-4363</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Talbot</td>
<td>Neighborhood Service Center 126 Port Street, Easton, MD 21601</td>
<td>410-822-5015</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Talbot</td>
<td>St. Vincent de Paul 29533 Canvasback Drive, Easton, MD 21601</td>
<td>410-770-4505</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Wicomico</td>
<td>Salvation Army 407 Oak Street, Salisbury, MD 21874</td>
<td>410-749-3077</td>
<td>Food Pantry</td>
</tr>
<tr>
<td>Wicomico</td>
<td>HALO Café 119B South Boulevard, Salisbury, MD 21804</td>
<td>410-742-9356</td>
<td>Free Meal Service</td>
</tr>
<tr>
<td>Worcester</td>
<td>Diakonia Shelter 12747 Old Bridge Road, Ocean City, MD 21842</td>
<td>410-213-0923</td>
<td>Food Pantry</td>
</tr>
</tbody>
</table>

### Thrift Stores

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline</td>
<td>St. Martin’s Barn 14376 Benedictine Lane, Ridgely, MD 21660</td>
<td>410-634-1140</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Dorchester</td>
<td>Samaritan House Thrift Shop 12 N. 5th Street, Denton, MD 21629</td>
<td>410-479-1251</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Talbot</td>
<td>Anchor Point Family Thrift Store 714 Meadow Avenue, Cambridge, MD 21613</td>
<td>410-330-0210</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Talbot</td>
<td>Salvation Army 200 Washington Street, Cambridge, MD 21613</td>
<td>410-228-2442</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Kent</td>
<td>Hidden Treasures – Kent Center 711 Washington Avenue, Chestertown, MD 21620</td>
<td>410-778-1219</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Kent</td>
<td>Women In Need 106 Philosphers Terrace, Chestertown, MD 21620</td>
<td>410-778-5999</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Queen Anne</td>
<td>Our Daily Thread 425 Thompson Creek Rd, Stevensville, MD 21666</td>
<td>410-739-4363</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Talbot</td>
<td>Friends Helping Friends 412 S. Harrison Street, Easton, MD 21601</td>
<td>443-477-3324</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Talbot</td>
<td>Goodwill Industries of the Chesapeake 134 N. Washington, Street, Easton, MD 21601</td>
<td>410-770-4458</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Talbot</td>
<td>St. Vincent de Paul 29533 Canvasback Drive, Easton, MD 21601</td>
<td>410-770-4505</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Somerset</td>
<td>Catholic Charities - Seton Center 30632 Hampden Avenue, Princess Anne, MD 21853</td>
<td>410-651-9608</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Wicomico</td>
<td>Goodwill Industries of the Chesapeake 700 S. Salisbury, Blvd, Salisbury, MD 21801</td>
<td>410-219-9072</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Wicomico</td>
<td>HALO Bargain Center 701 Snow Hill Road, Salisbury, MD 21804</td>
<td>410-341-4256</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Wicomico</td>
<td>Salvation Army 215 E Vine Street, Salisbury, MD 21874</td>
<td>410-749-8146</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Worcester</td>
<td>Coastal Hospice Thrift Shop 10445 Old Ocean City, Blvd., Berlin, MD 21811</td>
<td>410-641-1132</td>
<td>Thrift Store</td>
</tr>
<tr>
<td>Worcester</td>
<td>Diakonia ‘Used to be Mine’ Thrift Store 12507 Sunset Avenue #13, Ocean City, MD 21842</td>
<td>410-213-0923</td>
<td>Thrift Store</td>
</tr>
</tbody>
</table>
Chesapeake Caregivers operates two assisted living homes in spacious community settings Annapolis. Whether the care needed is short-term (respite) or long-term, the trained staff at Chesapeake Caregivers are there to meet the needs of all of the residents. Assisted living fees are based on the senior’s specific needs and includes: personal and professional care, 24-hour supervision, personal laundry service, 3 meals and snacks daily, medication management, and transportation for health care needs and social events.

With a team of Certified Nursing Assistants, Chesapeake Caregivers’ Residential Services Agency can also visit a senior’s home to provide services including: companionship services such as escort to outside activities or appointments; personal services such as bathing, grooming, and medication management; and home services such as meal prep with cleanup, general housekeeping, laundry, and shopping/errands.

New LifeStyles is the ultimate resource for senior living and care options. We provide you with everything you need to make an informed, comfortable decision about your own or your loved one's future. New LifeStyles will be "The Source for Seniors", providing comprehensive, quality information on senior residences and care options. This information will be available, free to all that need it. We will lead the market by maximizing quality and advertising exposure for our partners.

Long Term Care (LTC) refers to services that assist people who are aging, have disabilities, or have chronic care needs to maintain their independence in personal or health-related activities. Services can include activities such as shopping, taking medications, managing money, doing activities outside the home, and assistance with personal care such as bathing, dressing, and toileting. Services can be provided in a person's home, in the community, in alternate living facilities (assisted living, congregate housing or nursing homes). While most people who need LTC are 65 or older, a person can use LTC services at any age. An individual may use long term care services for a short period of time after an acute illness or hospitalization or over several months or years.

Many people prefer to receive LTC services in their home or community rather than an institution like a nursing home. You can use this web site to find LTC services in Maryland. The materials included on this site can be used by individuals planning for future needs or an immediate need for themselves or a loved one such as a parent, other relative or friend.
Institute on Aging’s 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. We also make on-going outreach calls to lonely older adults. While there are other organizations that respond to the needs of people who may be contemplating suicide, none provides the type of services that IOA’s Friendship Line offers to respond to the public health problem of suicide among the elderly. Knowing that older people do not contact traditional suicide prevention centers on a regular basis even if they are considering suicide, we created the only program nationwide that reaches out to lonely, depressed, isolated, frail and/or suicidal older adults. Our trained volunteers specialize in offering a caring ear and having a friendly conversation with depressed older adults.

Home Instead Senior Care provides in-home care, companionship care, and home helper care to seniors. They are also licensed by the Maryland Office of Health Care Quality as a residential agency to provide personal care services. Their CAREGiver team also provides Alzheimer's care. They are also proud to serve Veterans with in-home senior care. Each of our CAREGivers is an employee that is fully screened, extensively trained, licensed and bonded. This structure and commitment to quality assures each of our client families of safe, professional, and compassionate care for their loved one.

Home Instead Senior Care is currently providing thousands of hours of senior home care services annually to older adults in the Mid-Eastern Shore Areas.

MAC is the designated area agency on aging for Dorchester, Somerset, Wicomico, and Worcester counties. MAC is dedicated to the principle that older persons are entitled to lives of dignity, security, and physical, mental, and social well-being, as well as full participation in society. To achieve our purpose for all older persons, MAC, an equal opportunity employer and service provider, serves as a focal point from which to address social and economic needs identified by older persons, and to provide a full range of services. MAC is a private, non-profit organization and is proud to be a member agency of the United Way of the Lower Eastern Shore.

The Maryland Department of Aging (MDoA) and the statewide network of 19 Area Agencies on Aging assist older Marylanders with a range of services and sources of information. MDoA administers state and federal programs, many of which are significantly lower in cost than nursing home placement. Programs include information, empowerment, community wellness and nutrition, long term services and supports, and elder rights protections.
Health Services, Disposable Medical Supplies, Durable Medical Equipment. Visit also eligible to receive other Medicaid services which may include: Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services, Disposable Medical Supplies, Durable Medical Equipment. Visit [http://mmcp.health.maryland.gov/longtermcare](http://mmcp.health.maryland.gov/longtermcare) for more information.

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### National Long-Term Care Ombudsman Resource Center

202-332-2275  
Fax: 202-332-2949  
www.ltcombsudsman.org

The Long-Term Care Ombudsman Program resolves the problems of individuals in long-term care facilities, provides information and referral about facility selection and quality care, assists resident and family councils, promotes residents’ rights and represents residents’ needs and interests to public officials. Nursing homes and board and care homes (including assisting living) are visited by long-term care ombudsmen. Ombudsmen are advocates for residents, working with them, and for them, to address complaints. Confidentiality is central to all ombudsman work.

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### Queen Anne’s County Area Agency on Aging

| Administrative Office: | 104 Powell Street  
| --- | Centreville, MD 21617 | Phone: 410-758-0848  
| --- | Fax: 410-758-4489 | Email: cwillis@qac.org | Hours of Operation: Mon. – Fri. 8am to 4:30pm |

The Area Agency on Aging offers programs and activities that support senior citizens in their effort to remain healthy, active, and independent, and to age in place. Services are provided through multi-purpose senior centers located in Grasonville, Kent Island, and Sudlersville; as well as the administrative offices in Centreville. The Queen Anne’s County Area Agency on Aging is designated as a Maryland Access Point, whereby consumers and caregivers can access the availability of long-term care support services and programs. It is designed to be a single point of entry for disabled individuals between the ages of 18 and 59 and for any consumer age 60 and older. The Queen Anne’s County Area Agency on Aging is an E.O.E. and does not discriminate on the basis of race, color, religion, sex, age, national origin or disability in the admission of, access to, or treatment in its programs or activities.

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### Upper Shore Aging

Upper Shore Aging, Inc. is a nonprofit 501(c)(3) organization that is the designated Area Agency on Aging for Talbot, Caroline and Kent counties, serving a potential market of nearly 22,000 persons over the age of sixty years. The organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community as long as possible. Upper Shore Aging, Inc. works closely with the Maryland Department of Aging to serve the needs of its clients.

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For a full list of senior services, contact Betsy Griffin, [bgriffin@chespub.com](mailto:bgriffin@chespub.com), for a copy of the 2018 Senior Resource Guide for Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties.

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**Table: Community First Choice Waiver**

| Community First Choice Waiver | 1-877-463-3464 | Home and Community-Based Options Waiver | 1-844-627-5465 |

Services include: Personal Assistance Services, Personal Emergency Response Systems, Technology, Environmental Assessments, Accessibility Adaptations, Consumer Training, Supports Planning, Transition Services, Nurse Monitoring, and Home Delivered Meals. Services include: Assisted Living, Medical Day Care, Family Training, Case Management, Senior Center Plus, Dietitian and Nutritionist Services, and Behavioral Consultation. Waiver participants are also eligible to receive Community First Choice Service.
Veteran Services

Cambridge VA Outpatient Clinic

| Address: 830 Chesapeake Drive | Phone: 410-228-6243 | Hours of Operation: Mon. – Fri. 8am to 4:30pm | Website: www.maryland.va.gov |
| Cambridge, MD 21613 | Fax: 410-901-4011 |  |  |

Healthcare services include: Audiology, Coumadin Clinic, Hearing Aid Fitting, Medication Management, Mental Health, Primary Care, Occupational Therapy, Optometry, Post Traumatic Stress, Pulmonary, Social Work, Telemental Health, Tele-retinal Imaging, Urology, Vet Center, Women’s Health.

Department of Veterans Affairs and Hotline Numbers

Website: www.va.gov
Benefits: 1-800-827-1000
Health Care: 1-877-222-VETS (8387)
VA Inspector General: 1-800-488-8244
Combat Call Center: 1-877-WAR-VETS (1-877-927-8387)
Homeless Veteran Services: 1-877-4AID-VET (1-877-424-3838)

Maryland’s Commitment to Veterans (MCV)

MCV is an outreach and referral initiative designed to serve those that have served our country. A live representative will connect veterans with a local Regional Resource Coordinator who will find the best services available to meet their needs and ease the transition into civilian life.

For more information, please call 1-877-770-4801, visit the web: veterans.health.maryland.gov, or contact the Dina Karpf, Eastern Regional Resource Coordinator, at 410-725-9996 or dkarpf.mcv@gmail.com.
The Perry Point VA Medical Center provides a broad range of inpatient, outpatient, and primary care services. As the largest inpatient facility in the VA Maryland Health Care System, the medical center provides inpatient medical, intermediate, and long-term care programs, including nursing home care, rehabilitation services, geriatric evaluation and management, respite care, chronic ventilator care, and hospice care.

The Perry Point VA Medical Center is a leader in providing comprehensive mental health care to Maryland’s Veterans. The medical center offers long- and short-term inpatient and outpatient mental health care, including the following specialized treatment programs:

- Mental Health Intensive Case Management
- Psychosocial Rehabilitation and Recovery Center
- Health Improvement Program
- Family Intervention Team
- Outpatient Trauma & Post Traumatic Stress Disorder Program
- Substance Use Residential Rehabilitation Treatment
- Domiciliary Residential Rehabilitation Treatment (for Homeless Veterans)
- Compensated Work Therapy – Transitional Residence

Primary care and specialty outpatient services at the Perry Point VA Medical Center are provided in an outpatient facility that was designed and constructed to meet the needs of Veterans by offering the latest medical technology, ample clinical space and comfortable waiting areas and exam rooms.

Contact: Albert Pacitti, Outreach Social Worker - Healthcare for the Homeless Veterans, at Albert.Pacitti@va.gov for more information.

Salisbury Outstation - VA Vet Center

Address: 926 Snow Hill Road, #3
Salisbury, MD 21804
Phone: 443-248-0362 or 877-927-8387
Hours of Operation: Mon. – Fri. 8am to 4:30pm
Website: www.maryland.va.gov

In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

Veterans Support Centers of America

Veterans Support Centers of America (VSCOA) is a nonprofit organization formed to serve the rural disabled and homeless Veteran community. Their PAWS (Partnering Animals With Soldiers) Program is dedicated to helping both homeless veterans and homeless animals. Visit www.vscoapaws.org or www.facebook.com/VSCOAPAWS for more information. The VSCOA also provides advocacy and limited shelter services. Their extensive network of service providers, knowledge of the Veterans Administration system and professional staff form a unique and successful program of services to support the needs of the rural veteran.

If you are a Veteran in need of shelter, please call: 410-873-2500 or 410-873-2550. For resource questions please call Mike Bargiband at 443-924-0872, mike.bargiband@vscoa.org. For general inquiries, please email: support@vscoa.org or visit the website at www.vscoa.org.

Supportive Services for Veteran Families (SSVF) Programs

St. James AME Zion Church – Zion House
521 Mack Avenue
Salisbury, MD 21801
410-742-1427
Hours of Operation: 10am to 4pm
St. James AME Zion Church – Zion House is a 501(c)(3) nonprofit organization that has served Marylanders since 2002. Each year St. James Zion House assists thousands of individuals through a variety of community-based services. St. James Zion House has worked collaboratively with and received

Alliance, Inc. - Veterans Housing Outreach and Assistance
7701 Wise Avenue
Baltimore, MD 21222
410-282-5900, ext. 3333
Website: www.allianceinc.org

Factors such as joblessness, limited income, disabilities, mental illness, substance use, poor credit, criminal histories, and traumatic events affect housing stability. Alliance’s Supportive Services for Veteran Families (SSVF) program is designed to help Veteran families address
grants from the Wicomico County Health Department, Healthy U, the American Psychological Association, and the Department of Health and Mental Hygiene. The non-profit also served as the Homeless Prevention and Rapid Re-housing vendor for the City of Salisbury utilizing funding obtained through the American Reinvestment and Recovery Act.

Homeless Prevention & Rehousing
There are many circumstances that can lead to homelessness. Some veterans become homeless due to a combination of housing shortages and high unemployment. Other veterans may be dealing with painful memories or health issues and have little access to health care or support from family and friends. SSVF provides direct services to veterans and their families to help homeless, or at-risk veteran families. SSVF provides a link to benefits and resources for family stability.

Services
- Child Care
- Financial Planning
- Legal Services
- Moving Costs
- Rent/Utility Deposit
- Transportation

SSVF Temporary Assistance CANNOT be used for:
- Mortgage costs
- Property taxes
- Construction or renovations
- Credit card bills
- Car payments
- Insurance premiums
- Medical or dental care
- Gift/Food/Gas cards, or
- Furniture

Who is eligible?
Applicants must meet the following guidelines:
- At least one day of active military service
- Applicants must lack the financial resources and support networks needed to obtain housing or remain in existing housing
- Discharge other than dishonorable from active service
- Very low income: <50% of area median income

For more information, contact Lore Chambers at llchambers007@gmail.com.

SSVF offers limited financial assistance that helps Veterans remain in or obtain permanent housing:
- Rent (not including mortgage payments, penalties, or fees)
- Utility fees
- Security or utility deposits
- Moving costs
- Child care
- Transportation

Only participants receiving case management will be eligible for financial assistance payments. All payments made to third parties.

Case Management
Alliance case managers are experienced, trained, and educated professionals who truly care about helping others and who have a unique understanding of Veteran needs. They will:
- Assess your individual needs and situation.
- Develop a plan to help you achieve your housing goals.
- Link you with vital resources at the VA and in the community.
- Monitor progress towards your goals and refine as needed.
- Advocate on your behalf at the VA and in the community.

SSVF participants will receive a short (3-6 months) period of case management to assist them with obtaining permanent housing. For program form, contact John Pomory at jpmomory@allianceinc.org, 410-282-5900 ext. 3015.

For more information, contact Lore Chambers at llchambers007@gmail.com.

County Ride - Queen Anne's County
County Ride is the public transit system for Queen Anne's County and is operated under the Department of Aging. The County Ride team is committed to assisting and increasing the transportation and mobility options of our county residents. The staff is committed to providing quality transit service for the general public and specialized services for seniors and persons with disabilities who are unable to use the fixed-route public system.

County Ride operates two deviated fixed routes, Route 1 and Route 2. Deviated-fixed routes operate on a time schedule. Drivers may deviate off the route for any rider if the deviation will not make the route late. Please call dispatch at 410-758-2361 or 410-758-2357 for more information about deviations.

County Ride also operates a demand response service which is open to everyone. Demand Response is a service for those not able to access Route 1 or Route 2. Please call dispatch at 410-758-2361 or 410-758-2357 to schedule a demand response ride or for more information about the service.

To contact County Ride for more information or to schedule a ride call 410-758-2357 Monday through Friday 8am to 4pm or via email at Transportation@qac.org.
Bay Country Taxi
218 N. Washington Street, Ste. 19
Easton, MD 21601
410-770-9030
Website: www.baycountrytaxi.com

Bay Country Taxi & Transportation Company is a locally-owned and operated company that has been serving the community for over 18 years. Provides fast and friendly pick-up and drop-off services at competitive prices. Get FREE ESTIMATES on all rides.

Delmarva Community Transit – One Stop

One Stops are located in Caroline (410-479-3867), Dorchester (410-221-1910), Kent (410-778-5187), and Talbot (410-822-4155) counties and provide one place for information and assistance about transportation solutions as well as information and assistance to access community agencies and people who may be able to help with other problems one might face. One Stops can make phone calls, assist with paperwork and locate resources, all under one roof. This service is free. Please ask to speak to “One Stop” for help. For Spanish line, dial 410-490-1696 for assistance.

Home Ports
P.O. Box 114
Chestertown, MD
21620 443-480-0940
Website: www.homeports.org

Home Ports is based in Kent County and provides services to its members, who are age 55 and over. There is a fee to be a member. Services include referrals to a vetted list of transportation providers for local and regional transportation needs. Limited volunteer-based transportation services available.

Key Lime Taxi of the Eastern Shore
222 South Bridge St Suite
1 Elkton, MD 21921
Cecil County: 410-996-4950
Kent/Talbot County: 855-996-4950 (Toll Free)
Website: www.elkontaxi.com

Highly experienced taxi drivers know their way around town and show up in a timely manner - enjoy a comfortable ride in one of our clean taxi cabs. Whether you're visiting our city or simply don't want to hassle with parking, let one of our cabs save you the stress of working out your transportation.

MTA Commuter Bus
800-543-9809
Toll Free: 1-866-RIDE-MTA (1-866-743-3682)
Hour of Operation:
MondayFriday, 6am to 7pm
Route 240/250 serves Kent Island of Queen Anne’s County.
## Maryland Upper Shore Transit (MUST)

1-866-330-MUST (6878)  
Website: www.mustbus.org

A fixed route service. MUST is a collaborative effort between Delmarva Community Transit and Queen Anne’s County, County Ride. Special services are available for persons unable to use the regional fixed routes. Contact your local transportation provider for trip availability.

## Partners in Care

400 Brooklets  
Ave. Easton, MD  
21601 410-822-1803  
Website: www.partnersincare.org/upper-shore

Partners in Care based in Talbot County offers a volunteer-based “time bank” transportation program to its members, who are age 60 and over. Contact: Pam O’Brien, Site Coordinator, pamo/brien@partnersincare.org.

## Shore Transit

443-260-2300  
Website: www.shoretransit.org

Shore Transit, a division of the Tri-County Council for the Lower Eastern Shore of Maryland, is the public transit agency for the Maryland lower eastern shore counties of Somerset, Wicomico, and Worcester. Shore Transit offers public transportation via fixed route and origin-to-destination services.

## Upper Shore Take A Ride (USTAR)

USTAR (Upper Shore Take-A-Ride) is a rural transportation program operated by Upper Shore Aging, Inc., serving Kent, Talbot and Caroline counties, Maryland. It is the only multi-jurisdictional transportation enterprise operated in Maryland. USTAR supports the various programs of Upper Shore Aging, and directly provides for the transportation needs of the elderly and disabled persons of the service area, as well as the general public. The program also provides for the transportation needs of Medical Assistance clients, and coordinates services with other social service agencies. Due to the rural nature of the service area, USTAR is a Demand-Response transportation program: clients call a dispatcher and arrange to be picked up from their door. Service is subject to advance scheduling (at least 48 hours’ notice). Contact Cary Malkus, Director of General Services, 410-758-6500, for special transportation projects/trips.

**USTAR Fares:**  
Senior Citizens/Disabled Persons: $.50 per day, if within the county; $2.50 per day, if outside the county (up to 50 miles round trip); $10.00 per day, outside the county and over 50 miles round trip.  
General Public: $1.00 per day, if within the county, $5.00 per day, if outside the county (up to 50 miles round trip), $20.00 per day, outside the county and over 50 miles round trip.

**Local Numbers:** Caroline County: 410-479-3867; Kent County: 410-778-5187; Talbot County: 410-822-4155
An independent living center is a consumer controlled, community-based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities. Independent living services maximize the ability to live independently in the environment of their own choosing. Bay Area Center for Independent Living (Bay Area CIL) offers five core services mandated by the Rehabilitation Act of 1973, as amended, Title VII, Chapter 1, and reauthorized by the Workforce Innovations and Opportunities Act of 2014. Bay Area CIL is a private nonprofit organization established in 1974 to serve citizens with disabilities of the 9 counties of Maryland’s Eastern Shore.

An independent living center is a consumer controlled, community-based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities. Independent living services maximize the ability to live independently in the environment of their own choosing. Bay Area Center for Independent Living (Bay Area CIL) offers five core services mandated by the Rehabilitation Act of 1973, as amended, Title VII, Chapter 1, and reauthorized by the Workforce Innovations and Opportunities Act of 2014. Bay Area CIL is a private nonprofit organization established in 1974 to serve citizens with disabilities of the 9 counties of Maryland’s Eastern Shore.

Benedictine Programs and Services: Educational, residential and day services for children and adults with developmental disabilities, ages 5 through 60. School programs include: functional academics; speech therapy; psychological, psychiatric, social work, counseling and case management; assistive technology; physical and occupational therapy; vocational and transitional services; and intensive collaborative programs designed for students within the Autism Spectrum. The Open Community Program operates state-licensed group homes for adults in Maryland. Benedictine is a fully approved, non-sectarian service provider caring for individuals with special needs without regard to racial, ethnic, or religious background, on Maryland’s Eastern Shore.
Caroline Center, Inc.

Caroline Center inspires program participants to make healthy choices with regards to where, and with whom, they live, learn, work and socialize; and to share in the responsibilities attributing to their quality of life. The Caroline Center offers a Life Enrichment Program, available to adults and transitional-aged youth (18 years of age and older) with intellectual and developmental disabilities; a Residential Program, designed to allow individuals to have access to the services and supports, within the agency and the community, they need to live their lives in the way that they choose; and Support Services, including Community Supported Living Assistance (CSLA) and Family & Individual Supported Services (FISS). These services are available to eligible children and adults with intellectual and developmental disabilities so that they may remain in their own homes. Individuals receive guidance related to daily living skills, meal preparation, transportation, employment opportunities and participation in life enriching activities. FISS services are flexible and responsive to the needs of the individuals and/or families who live within a household. These services enable families to receive emotional, physical and financial support by providing financial assistance, transportation and in-home care for individuals.

Chesapeake Center, Inc.

Chesapeake Center is a community non-profit agency, serving the needs of those with primarily developmental disabilities. They offer vocational training, job training, supported employment and habilitation services. They provide supervised residential settings for adults with DD that target independent living skills training. They can also offer community supports to adults with DD who live on their own and need help with errands, banking, budgeting, community integration, appointments, and securing/retaining benefits.

Chesterwye Center, Inc.

Chesterwye Center offers services for adults with intellectual disabilities, including job search/placement, residential rehabilitation program, respite care, supported employment, vocational education, and community support for adults with developmental disabilities.

<table>
<thead>
<tr>
<th>Providers:</th>
<th>Services:</th>
<th>Conditions Served:</th>
<th>Treatment Modalities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>LCSW-C</td>
<td>Job Search/Placement</td>
<td>Anxiety/Phobias</td>
<td>Behavioral Treatment</td>
</tr>
<tr>
<td>Nurse</td>
<td>Old Adult/Aging Issues</td>
<td>Autism</td>
<td>General Counseling</td>
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<tr>
<td></td>
<td>Program Transportation</td>
<td>Bipolar Disorder</td>
<td>Individual Counseling</td>
</tr>
<tr>
<td></td>
<td>Residential Services for Adults with Intellectual Disabilities</td>
<td>Brain Injuries</td>
<td>Mental Health Related Support Groups</td>
</tr>
<tr>
<td></td>
<td>Respite Care</td>
<td>Chronic Mental Illness</td>
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</table>
Residential services are available to persons with developmental disabilities via a referral service in conjunction with the Dorchester County Health Department's Office of Developmental Disabilities. Based on this referral process, a plan is developed to secure appropriate funding and decide on the level of care needed to meet the individual’s/service plan. Services range from drop-in supervision to 24-hour supervision. Individuals may live in single dwellings or in homes having three to five bedrooms. Staff members receive special training to work in these settings. Each individual is assigned a coordinator who monitors their care and supervision, and makes certain their outcomes and goals are addressed. Call 410-221-1900, ext. 137, for more information.

The Vocational Program is a multi-faceted approach that offers many opportunities for individuals with developmental disabilities. Several avenues of training and work are available based on the McCarron Dial Basic Vocational Evaluations, and the goals and desires of the individual. Call 410-221-1900, ext. 120, for more information.

Respite is a program that helps caregivers get a break from the care they provide a loved one. This allows caregivers to be able to continue to do what they do, caring for a loved one. They can use the respite hours for vacation, appointments they have, shopping, etc. Caregivers are reimbursed. There are five respite care programs administered by Delmarva Community Services. All programs require an application. Please contact the respite office to see if you or your loved one qualifies for one of our programs.

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**Kent Center**

<table>
<thead>
<tr>
<th>Address: 215 Scheeler Road</th>
<th>Phone: 410-778-7303</th>
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<tbody>
<tr>
<td>Chestertown, MD 21620</td>
<td>Fax: 410-778-7305</td>
</tr>
<tr>
<td>Website: <a href="http://www.kentcenter.org">www.kentcenter.org</a></td>
<td>Hours of Operation: Mon. – Fri. 8:30am to 3:30pm</td>
</tr>
<tr>
<td>Payment Types Accepted: Grant Funds, Self Pay, Medicare, DDA Funding</td>
<td></td>
</tr>
</tbody>
</table>

**Providers:**
- Nurse

**Services:**
- Adult Day Programs
- In Home Supportive Services
- Job Search/Placement
- Program Transportation
- Residential Services for Adults with Intellectual Disabilities
- Respite Care
- Supported Employment
- Vocational Education

**Conditions Served:**
- Autism
- Developmental Disabilities
- Intellectual Disabilities
- Physical Disabilities

**Treatment Modalities:**
- Vocational Rehabilitation

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Kent Center, Inc. is a not-for-profit organization, managed under Psychotherapeutic Services, Inc., that provides highly personalized 24-hour a day services for adults who have a broad spectrum of developmental disabilities, such as intellectual disabilities, autism, cerebral palsy, and/or physical disabilities. Since 1970, the mission of Kent Center has been to ensure the safety and wellbeing of each individual family member, treat them with respect and dignity and provide enriching opportunities and choices which will enable them to independently live, work and contribute positively to our community to the greatest extent of their abilities.

Kent Center is the primary provider in Kent and northern Queen Anne’s Counties, of daytime, vocational, PSS (CSLA), respite, supported employment, and/or residential services for 60 adults. Kent Center’s services are tailored to meet the specific needs of each person we have the privilege of working with and focus on enhancing their lives as well as the lives of the families that love them.

Kent Center’s retail thrift store, Hidden Treasures, provides clients interested in working in a controlled environment within Chestertown a sheltered workshop where they can work with group or one-to-one job coaching so they may complete their jobs and experience the pride and satisfaction that come with a job well done. Hidden Treasures is located at the Kent Plaza Shopping Center on Washington Avenue in Chestertown.
### Kinera Foundation

115 Sallitt Dr., Suite C  
Stevensville, MD 21666  
443-249-3126  
Website: www.kinera.org  
Email: info@kinera.org

**Kinera Connect** allows an opportunity for parents of children with special needs to come together, in a supportive setting, to gain information for assisting their children and families, further educate themselves on aspects of special needs areas, gain a support network, and share ideas from family to family. Kinera provides quality childcare for the duration of the meetings, and offers a variety of guest presenters relevant to your child's need and location.

- **Kent Island Kinera Connect**  
  Meets the 3rd Wednesday of each month from 6:30pm-8:30pm  
  Busy Bodies Bay Area Gym – Stevensville  
  For more information contact: Julie Vallecillo, Julie@kinera.org

- **Salisbury Kinera Connect**  
  Meets the second Wednesday of each month from 6:00pm-8:00pm  
  Emmanuel Wesleyan Church - Salisbury  
  For more information contact: Anna Haberkorn, Anna@Kinera.org

**Kinera Foundation Eastern Shore Regional Hub**: Kinera Foundation is committed to ensuring that families raising children with special needs have equitable access to therapies and treatments, within the Region the family resides. Services provided within the Hub are geared toward children with special healthcare needs, and are Patient/Family Centered, coordinated, and centralized. Their therapists and specialists have years of training and experience in the pediatric field, and are focused on providing Family Centered Care. As depicted in the floor plan, Kinera forgoes the traditional waiting area for a Family Lounge, which allows for families to interact in a more natural environment, is aimed at easing anxiety for children waiting, and is equipped with resource computers allowing access to information pertaining to your child's need. We also understand that new spaces and the anxiety of upcoming appointments can be too much for children to endure. To ensure a successful appointment for children with sensory needs, we have a Sensory Friendly Wait Room, equipped with low lighting, sensory toys, and Yogibo (c) chairs. In addition to direct services, the Kinera Foundation Regional Hub aims to provide families with a space to seek information and resources, network with other families, and establish an avenue for the greater community to learn how to create inclusive and community programs for children with special health care needs.

### Pathfinders for Autism

303 International Circle, Suite 110  
Hunt Valley, MD 21030  
443-330-5370  
Toll Free Helpline: 443-330-5341  
Fax: 443-330-5361  
Website: www.pathfindersforautism.org

Pathfinders, Inc. was established as a 501(c)3 nonprofit organization in February 2000 by parents of children with autism, including Baltimore Orioles Hall of Famer William "B.J." Surhoff and his wife Polly Winde Surhoff. After 18 months of development, Pathfinders for Autism launched the Pathfinders for Autism Resource Center – offering knowledgeable staff and a searchable online database to help families in Maryland find critical service providers quickly and efficiently.

Since then, Pathfinders for Autism has grown into the State's largest autism organization dedicated to helping individuals, parents, and professionals find resources, supports, and training while working to increase the awareness of autism spectrum disorders and advocating for the needs of individuals with autism and their families. Open Monday – Friday, 9:00am to 3:00pm by appointment; call in advance.

### Legal Services

**Legal Aid**

#### Upper Eastern Shore  
(Caroline, Kent, Queen Anne’s, and Talbot)  
106 N. Washington Street, Suite 101  
Easton, MD 21601  
410-763-9676  
Fax: 410-763-8752  
Website: www.mdlab.org

#### Lower Eastern Shore  
(Dorchester, Somerset, Wicomico, and Worcester)  
111 High Street  
Salisbury, MD 21801  
410-546-5511  
Fax: 410-860-2148  
Website: www.mdlab.org
Maryland Disability Law Center
1500 Union Ave, STE 2000
Baltimore, MD 21201
410-727-6352 or 800-233-7201
Fax: 410-727-6387
Website: www.disabilityrights.md.org

A private non-profit organization staffed by attorneys and paralegals. The protection and advocacy organization for Maryland.

Maryland Volunteer Lawyer Services
1 North Charles Street, Suite 222
Baltimore, MD 21201
1-800-510-0050
Website: www.mvlslaw.org

Legal assistance for people in need. MVLS provides free or reduced fee representation to low income individuals and non-profit organizations that have civil legal issues throughout Maryland.

Mediation Services

Mid-Shore Community Mediation Center
300 Talbot Street, Suite 206
Easton, Maryland 21601
410-820-5553
mscmc@goeaston.net
Website: www.midshoremediation.org

Mid Shore Community Mediation Center provides mediation and conflict resolution services for all types of disputes and situations, please contact us if you have questions about how mediation may be suitable for your conflict. In addition to mediation, we offer group meeting facilitation and conflict management workshops.

Community Mediation Upper Shore, Inc.
P.O. Box 692
Chester, MD 21620
410-810-9188
Toll Free: 443-207-5159
info@cmusmediation.org
Website: www.cmusmediation.org

The mission of Community Mediation Upper Shore is to provide accessible conflict resolution services through mediation, education, and training in order to promote respectful resolution of conflicts and disputes throughout Queen Anne’s, Kent and Cecil counties in Maryland.

Mid-Shore Pro Bono, Inc.
8 S. West Street
Easton, MD 21601
410-690-8128
Fax: 443-385-0210
Website: www.midshoreprobono.org

Mid-Shore Pro Bono is a legal services provider for Kent, Queen Anne’s, Caroline, Talbot and Dorchester counties. They offer several programs to residents with civil legal issues only.

Recovery Supports and Other Resources

American Red Cross
100 West 10th Street
Wilmington, DE
19801 320-656-6620
Website: www.redcross.org

Americans with Disabilities Act Hotline
1-800-514-0301
This service permits businesses, State and local governments, or others to call and ask questions about general or specific ADA requirements including questions about the ADA Standards for Accessible Design. ADA specialists are available Monday through Friday from 9:30am to 5:30pm except on Thursdays, hours are 12:30pm to 5:30pm.
Food Intake Disorder

Bulimia Nervosa

provides state therapy at The Center is guided by a therapy. Individual and group therapies include

The Center combines a behavioral program to assist in the management of eating disorder impulses with an evidence-based approach. Additional services include outreach to local agencies, resource fairs, and continuing education.

B-HIPP is supported by funding from the Maryland Department of Health and Mental Hygiene and Maryland State Department of Education and is conducted through a partnership among the University of Maryland School of Medicine/Department of Psychiatry, the Johns Hopkins University School of Public Health, and Salisbury University Social Work Department.

For more information, please contact Amy Habeger, LCSW-C, B-HIPP Salisbury Program Coordinator by calling 410-251-9162 or by emailing adhabeger@salisbury.edu.

The Center combines a behavioral program to assist in the management of eating disorder impulses with an evidence-based, multi-modal therapy program. Individual and group therapies include cognitive-behavioral therapy, dialectic behavior therapy, interpersonal therapy, body image therapy, art therapy, occupational therapy, nutritional counseling and mindfulness approaches including gentle yoga, breath work and creative visualization. Family therapy at The Center is guided by a Family-Based Treatment approach (Maudsley model) and family systems theory. The Center for Eating Disorders provides state-of-the-art treatment for females and males of all ages and ethnicities affected by eating disorders.

The program provides a full continuum of evidence-based and individualized care for people struggling with the following disorders: Anorexia Nervosa (AN), Bulimia Nervosa (BN), Binge Eating Disorder (BED) and Compulsive Overeating, Eating Disorder Not Otherwise Specified (EDNOS), Avoidant/Restrictive Food Intake Disorder (ARFID), Body Dysmorphic Disorder (BDD), and other issues in feeding and eating.

Chase Brexton Health Care

Services: The Easton location offers Lab Corp in-house, case management services, a nutritionist (who meets with HIV+ patients), primary care, infectious disease care, and pharmacy services (their pharmacy in Randallstown can fill scripts for patients who are in need of financial assistance for medications and patients have access to Medication Support Team services with the pharmacist from Randallstown).

The Mt. Vernon location in Baltimore offers substance use treatment, support groups, treatment groups and OB/GYN services. The Randallstown and Columbia locations offer mental health clinics, a dental clinic, and in-house pharmacy (with pharmacist that provides Medication Support Team services). All offices on the Western Shore operate in a medical home model and care is highly integrated for all patients. They are hopeful that they will be able to provide this kind of care in Easton in the future. For other location information, visit their website at www.chasebrexton.org.
Chesapeake HELPS! – Chesapeake College

P.O. Box 8
Wye Mills, MD 21679
1-866-722-4HLPS (4577)
Fax: 410-827-7121
Website: www.chesapeakehelps.org

Choptank Community Health System, Inc.

<table>
<thead>
<tr>
<th>Location</th>
<th>Organization</th>
<th>Address</th>
<th>Hours of Operation</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline:</td>
<td>Denton Medical Center</td>
<td>609 Daffin Lane, Denton, MD 21629, 410-479-2650</td>
<td>Monday – Friday, 7:30am to 5:00pm</td>
<td>Family Practice, Internal Medicine, Women's Health (2 days per month), and Pediatric services for central Caroline County.</td>
</tr>
<tr>
<td></td>
<td>Goldsboro Medical &amp; Dental Center</td>
<td>316 Railroad Ave, Goldsboro, MD 21636, 410-634-2380 (Medical), 410-482-2224 (Dental)</td>
<td>Monday – Thursday, 7:30am to 4:30pm, Friday 7:30 to 4:00pm</td>
<td>Family Practice and General Dentistry services for northern Caroline County.</td>
</tr>
<tr>
<td></td>
<td>Federalsburg Medical &amp; Dental Center</td>
<td>215 Bloomingdale Ave, Federalsburg, MD 21632, 410-754-9021 (Medical), 410-754-7583 (Dental)</td>
<td>Monday – Friday, 7:30am to 5:00pm</td>
<td>Family Practice and General Dentistry services for the town of Federalsburg and lower Caroline County.</td>
</tr>
<tr>
<td>Dorchester:</td>
<td>Fassett Magee Health Center</td>
<td>503 A Muir Street, Cambridge, MD 21613, 410-228-4045</td>
<td>Monday – Friday, 7:30am to 5:00pm</td>
<td>Family Practice to the city of Cambridge and Dorchester County.</td>
</tr>
<tr>
<td></td>
<td>Cambridge Dental Center</td>
<td>503 A Muir Street, Cambridge, MD 21613, 410-228-9381</td>
<td>Monday – Friday, 8:00am to 4:30pm</td>
<td>Pediatric services to the city of Cambridge and surrounding lower Dorchester County.</td>
</tr>
<tr>
<td>Talbot:</td>
<td>Bay Hundred Health Center</td>
<td>933 South Talbot Street, Unit 4, St. Michaels, MD 21663, 410-745-0200</td>
<td>Monday – Thursday, 7:00am to 4:30pm, Friday 7:00am to 4:00pm</td>
<td>Family Practice and Behavioral Health services to the town of St. Michaels and surrounding lower Talbot County.</td>
</tr>
<tr>
<td></td>
<td>Easton Pediatrics</td>
<td>522 Cynwood Drive, Suite 100, Easton, MD 21601, 410-770-8910</td>
<td>Monday-Friday, 7:30am-5:00pm, Saturday 9:00am-12:00pm</td>
<td>Pediatric services.</td>
</tr>
</tbody>
</table>

Compass Regional Hospice, Inc.

255 Comet Drive
Centreville, MD 21617
443-262-4100
Fax: 410-758-5471
Website: www.compassregionalhospice.org

Since 1985, Compass Regional Hospice has been dedicated to supporting and helping people through the difficult and challenging time of living with a life-limiting illness. What began as an all-volunteer organization has since developed into a visionary, state-of-the-art organization recognized locally, regionally and statewide for its excellence.

In addition to our home hospice and bereavement care programs, we offer Bridges, a non-medical supportive care program for individuals who are transitioning to the next level of care or are not yet ready for hospice. When care in a patient's home is not possible, our six-bed Residential Hospice Center offers a clinically supportive environment in a home-like setting.

Compass Regional Hospice is a fully licensed, independent, community-based non profit organization certified by Medicare and the State of Maryland, and accredited by the Joint Commission. It is affiliated with the National Hospice and Palliative Care Network and the Hospice Network of Maryland. The Hospice Center welcomes individuals in need from Queen Anne's, Kent, Caroline, Talbot and Anne Arundel Counties.
The mission of Deaf Independent Living Association, Inc. (DILA) is independence of people who are deaf or hard of hearing through communication, connection, and community support.

**Deaf Independent Living Association, Inc. (DILA)**

806 Snow Hill Road
Salisbury, MD 21804
410-754-5052
Fax: 410-543-4874
Videophone: 443-365-2645
Website: www.dila.org
Hours: Mon.-Fri. 9am to 5pm

**Department of Health**

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talbot:</td>
<td>600 Dover Road, Suite 104, Easton, MD 21601</td>
<td>410-819-5600</td>
<td>410-819-5690</td>
</tr>
<tr>
<td>Kent:</td>
<td>3 Cedar Street, Cambridge, MD 21613</td>
<td>410-228-3223</td>
<td>410-228-9319</td>
</tr>
<tr>
<td>Queen Anne's:</td>
<td>206 N. Commerce Street, Centreville, MD 21617</td>
<td>410-758-0720</td>
<td>410-758-2838</td>
</tr>
<tr>
<td>Caroline:</td>
<td>403 S. 7th Street, Denton, MD 21629</td>
<td>410-479-8030</td>
<td>410-479-0554</td>
</tr>
<tr>
<td>Dorchester:</td>
<td>15 Lynchburg Street, Chestertown, MD 21620</td>
<td>410-778-1350</td>
<td>410-778-6119</td>
</tr>
</tbody>
</table>

**Maryland Department of Health**

201 W. Preston Street
Baltimore, MD 21201
410-767-6500 or 1-877-463-3464
Website: www.health.maryland.gov

MDH works together to promote and improve the health and safety of all Marylanders through disease prevention, access to care, quality management, and community engagement.

**Department of Juvenile Services (DJS)**

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talbot:</td>
<td>600 Dover Road, Suite 104, Easton, MD 21601</td>
<td>410-822-5010</td>
<td>410-822-5550</td>
</tr>
<tr>
<td>Kent:</td>
<td>315 High Street, Suite 202, Chestertown, MD 21620</td>
<td>410-778-6103</td>
<td>410-778-6307</td>
</tr>
<tr>
<td>Queen Anne's:</td>
<td>120 Broadway, Suite 9, Centreville, MD 21617</td>
<td>410-819-4180</td>
<td>410-819-4190</td>
</tr>
<tr>
<td>Caroline:</td>
<td>317 Carter Avenue, Suite 105, Denton, MD 21629</td>
<td>410-819-6556</td>
<td>410-819-6559</td>
</tr>
<tr>
<td>Dorchester:</td>
<td>310 Gay Street, Cambridge, MD 21613</td>
<td>410-228-6452</td>
<td>410-228-3342</td>
</tr>
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</table>

**Department of Social Services (DSS)**

<table>
<thead>
<tr>
<th>County</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talbot:</td>
<td>701 Bay Street – Unit 5, Easton, MD 21601</td>
<td>410-770-4848</td>
<td>410-820-7117</td>
</tr>
<tr>
<td>Queen Anne's:</td>
<td>125 Comet Drive, Centreville, MD 21617</td>
<td>410-758-8000</td>
<td>410-758-8110</td>
</tr>
<tr>
<td>Caroline:</td>
<td>207 S. Third Street, Denton, MD 21629</td>
<td>410-819-4500</td>
<td>410-819-4504</td>
</tr>
<tr>
<td>Dorchester:</td>
<td>627 Race Street, Cambridge, MD 21613</td>
<td>410-901-4100</td>
<td>410-901-2705</td>
</tr>
<tr>
<td>Kent:</td>
<td>350 High Street, P.O. Box 670, Chestertown, MD 21620</td>
<td>410-810-7600</td>
<td>410-778-1497</td>
</tr>
</tbody>
</table>

**Eastern Shore Area Health Education Center (AHEC)**

814 Chesapeake Dr
Cambridge, Maryland
410-221-2600
Website: www.esahec.org

The Eastern Shore Area Health Education Center (AHEC) is a private, non-profit, 501(C) 3 organization, which became operational in 1997. Governed by a 16 person Board of Directors, AHEC services the nine counties comprising Maryland’s Eastern Shore. AHEC’s goal is to increase the number of health care providers who provide services in rural and underserved areas and eliminate health disparities among diverse populations of the Eastern Shore by providing and coordinating programs that improve the health status of all. In the face of rapidly changing demographics in the region, AHEC leverages federal, state and local resources to support health careers promotion, health professions student rotations in underserved rural communities, continuing education, and community health promotion activities.
The Forensic Mental Health Program focuses on the intersection between the criminal justice and mental health systems. This program works to evaluate and connect criminal defendants and probationers to the limited community mental health resources available on the Mid Shore. The FMHP staff works closely with Judges, Masters, Parole and Probation Agents and local detention centers to assist in cases where the defendant has mental health and/or co-occurring issues. The FMHP staff can provide mental health evaluations, jail diversion plans, referral and resource connection, mental health treatment monitoring and advocacy. Case management services are provided for diversion and monitoring cases. The staff consists of a mental health coordinator who is a licensed mental health professional with experience in the area of forensics and a case manager with knowledge of Mid Shore resources.

Maryland Community Criminal Justice Treatment Program
The Maryland Community Criminal Justice Treatment Program (MCCJTP) is a State funded jail based mental health program that targets individuals 18 and older who have a serious mental illness, such as schizophrenia, major affective disorder, organic mental disorder, and other psychotic disorders. MCCJTP more commonly referred to as the “jail program” is administered in all five counties of the Mid Shore region, as well as 18 additional jurisdictions in the State. Common goals among participating jurisdictions include:

- Identify individuals in the criminal justice system who have severe and persistent mental illness or who are at risk for re-hospitalization at a psychiatric facility.
- Deliver clinically appropriate mental health services to identified individuals.
  - Health services are delivered in cooperation with the medical/psychiatric staff of the detention center.
  - Health services are delivered by a licensed, Master’s level clinician who is responsible for providing bio-psycho-educational treatment in individual and/or group sessions.
- Case management services conducted by an individual with a minimum degree of baccalaureate who provides coordination of services while the consumer is incarcerated as well as development of an aftercare plan with the consumer in making community referrals, advocating “mainstream” services, and establishing communication for monitoring the receipt of treatment upon re-entry to the community.
- Educate detention center staff members, community mental health providers, and appropriate stakeholders with regard to the needs of this population.
- Maintain communication with courts, parole and probation, and community-based providers to provide information about MCCJTP.

TAMAR is a State funded program offered to women who are detained in Caroline and Dorchester detention centers. These women have been identified, or self-identified, as having a history of physical and/or sexual abuse and a recent treatment history for a mental health condition, as well as a drug use/abuse disorder. Individuals eligible to participate are encouraged to voluntarily join the program with the knowledge that participation does not in itself reduce jail time.

- Program services are delivered by a licensed, Master’s level clinician who is responsible for providing bio-psycho-educational treatment in accordance with the TAMAR program manual.
- Case management services are to be conducted by an individual with a minimum degree of baccalaureate and provide coordination of services while the consumer is incarcerated, as well as development of an aftercare plan with the consumer in making community referrals, advocating “mainstream” services, and establishing communication for monitoring the receipt of treatment upon re-entry to the community.
- Ensure the education of detention center staff members, community mental health providers, and appropriate stakeholders with regard to the needs of trauma survivors.
- Maintain communication with courts, parole and probation, and community-based providers to provide information about TAMAR.

For Community Referrals, please contact Alisha Saulsbury, TAMAR Supervisor, For All Seasons, Inc., at 410-476-4441.
Talbot:
Queen Anne’s
Kent:
Caroline:
are to restore the functional capacity, to normalize the eating patterns, and to improve the quality of life of our patients.

The Johns Hopkins Eating Disorders Program

Department of Psychiatry and Behavioral Science
The Johns Hopkins Hospital
600 North Wolfe Street, Meyer 101
Baltimore, Maryland 21287
Inpatient Admissions: 410-502-5467
Outpatient or Consultation: 410-955-3863
Hopkins Access Line: 800-765-JHHS

The Johns Hopkins Eating Disorders Program is a nationally recognized treatment center for anorexia nervosa, bulimia and other eating disorders. They offer comprehensive evaluations, treatment planning, and ongoing care for patients with eating disorders. Led by a psychiatrist, their interdisciplinary team includes nurses, social workers, occupational therapists, dieticians, and other specialists. Consultations are available, as needed, from gastroenterology, allergy, cardiology, internal medicine, neurology, and other medical specialties at Johns Hopkins. Medical and nutritional interventions are integrated with physical and psychological therapies to develop a comprehensive individualized treatment plan for each patient. Our primary goals are to restore the functional capacity, to normalize the eating patterns, and to improve the quality of life of our patients.

Healthy Talbot

Healthy Talbot is a project of the Talbot Family Network. We believe that healthy communities are made up of healthy families. As a result, we seek to link local families and individuals to information and resources that can help them lead healthier, happier lives.

On our site: www.healthytalbot.org you will find some great information on various topics under the categories of Health, Home, School, Work and Play. You will also find numerous local Resources listed that can offer assistance in anything from parenting or daycare needs to mental health to hunger and nutrition-related needs. Feel free to click around and see if there is something that could benefit your family.

Local events and featured articles are also highlighted.

Futures for Families, LLC

29466 Pintail Drive, Suite
10 Easton, MD 21601
410-924-1032
Website: www.mdcourts.gov/clerks/talbot/family.html

Provides supervised visitation (parent-child time) for families in Talbot County and Caroline County when the court determines a needed for guided contact with one of the parents, or it is necessary to establish or reestablish a parent/child relationship. A court order must be entered to utilize Parent-Child Time. Both parents must contact the Futures for Families Center and complete an intake before visits may occur. Contact Program Director Brenda Ramage, Futures4Families.brenda@gmail.com.

Judy Centers

Mission is to provide comprehensive, integrated, full-day, full-year services that promote school readiness for children from birth through age five.
The Behavioral Health Coalition seeks to bring together community leaders to address the behavioral health needs of individuals, families, and providers in the mid-shore region with our local legislators. Coalition efforts are focused on improving access and service delivery, destigmatization, and increasing awareness. Each year, the Behavioral Health Coalition hosts an annual Legislative Forum for Behavioral Health, inviting local government officials and Delegation from the 36th and 37th Districts to attend.

Coalition partners include: Maryland Coalition of Families, Mental Health Association in Talbot County, Chesapeake Voyagers, Inc., For All Seasons, Inc., Channel Marker, Inc., Crossroads Community, Inc. / Corsica River Mental Health, Affiliated Sante Group’s Eastern Shore Crisis Response, Eastern Shore Psychological Services, Recovery for Shore, and Local Health Departments.

Maryland Behavioral Health Coalition Website: www.mhahmd.org

The Maryland Behavioral Health Coalition brings together 100+ mental health and substance-related disorder organizations representing consumers, advocates, family members, service providers and behavioral health professionals. We are united in our mission to improve behavioral health access and service delivery for all Marylanders.

Since its inception in 1993, the Coalition has achieved numerous legislative and policy victories in behavioral health. These include passage of the Maryland Mental Health Parity Law, the establishment of an integrated, performance-based public behavioral health system, and the protection and expansion of funding for mental health and substance-related disorder services.

For more information, contact Dan Martin, Director of Public Policy, 443-901-1550, ext. 208, or via email dmartin@mhahmd.org.

Local Management Boards (LMB)

Maryland Access Point (MAP)

Upper Shore Aging, Inc. Queen Anne’s Dept. of Community Services
200 Schauber Road 104 Powell Street
Chesterstown, MD 21620 Chesterstown, MD 21613
410-778-2564 410-758-1040

Aging and Disability Resource Centers (ADRC), known locally as Maryland Access Point (MAP), were established as the single entry point for individuals seeking long term support services. Maryland’s 20 local MAP sites provide individual, person centered counseling to consumers seeking information, referral and program support for long term services. The MAP program also provides an online, searchable resource directory to serve the public and professionals in identifying, connecting and accessing private and public resources: www.MarylandAccessPoint.info. Individuals can use the website to directly find and contact service providers or they can find an appropriate agency in their local area to contact for counseling and assistance.

Maryland State AIDS Hotline

1-800-638-6252 Hearing Impaired: 1-800-553-3140 Hispanic AIDS Hotline: (301) 949-0945 Baltimore only TTY area: (410) 333-2437
Monday-Friday, 9am to 5pm (Except Holidays). Information on testing and other referrals.

Maryland Health Connection

P.O. Box 857 Lanham, MD 20703
1-855-642-8572 Website: www.marylandhealthconnection.gov

A one-stop health insurance marketplace where individuals and families can shop, compare and select the health plan that's right for you, making health insurance for Marylanders more accessible.
**Medication Drop Boxes**

<table>
<thead>
<tr>
<th>Caroline:</th>
<th>Dorchester:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Denton Police Department</td>
<td>Cambridge Police Department</td>
</tr>
<tr>
<td>100 N 3rd Street, Denton, MD 21629</td>
<td>3 Washington Street, Cambridge, MD 21613</td>
</tr>
<tr>
<td>Hurlock Police Department</td>
<td>Hurlock Police Department</td>
</tr>
<tr>
<td>200 Neaslon Street, Hurlock, MD 21643</td>
<td>200 Neaslon Street, Hurlock, MD 21643</td>
</tr>
<tr>
<td>Dorchester County Sheriff’s Office</td>
<td></td>
</tr>
<tr>
<td>829 Fieldcrest Road, Cambridge, MD 21613</td>
<td></td>
</tr>
<tr>
<td>Kent:</td>
<td>Kent County Sheriff’s Department</td>
</tr>
<tr>
<td>104 Vickers Dr., Unit B, Chestertown, MD 21620</td>
<td></td>
</tr>
<tr>
<td>Queen Anne’s:</td>
<td>Queen Anne’s County Office of the Sheriff</td>
</tr>
<tr>
<td>Maryland State Police Barracks “S”</td>
<td>505 Railroad Avenue, Centreville, MD 21617</td>
</tr>
<tr>
<td>311 Safety Drive, Centreville, MD 21617</td>
<td></td>
</tr>
<tr>
<td>Talbot:</td>
<td>Talbot County Public Safety Center</td>
</tr>
<tr>
<td>115 W. Dover Street, Easton, MD 21601</td>
<td></td>
</tr>
<tr>
<td>St. Michaels Police Department</td>
<td>100 South Freemont Street, St. Michaels, MD 21663</td>
</tr>
<tr>
<td>Maryland State Police Barracks “I”</td>
<td>7053 Ocean Gateway, Easton, MD 21601</td>
</tr>
</tbody>
</table>

**Mental Health Association of the Eastern Shore**

611 Suite 2 Dutchman’s Lane
Easton, MD 21601
410-822-0444
Fax: 410-820-7283
info@mhamdes.org
Website: www.mhamdes.org
Regional Training Calendar: www.tockify.com/trainingcalendar

Promoting mental wellness and behavioral health through education and advocacy.

**Mentoring Services**

**Talbot Mentors, Inc.**
108 Maryland Ave, Suite 102
Easton, MD 21601
410-770-5999
Fax: 410-770-5991
Website: www.talbotmentors.org

Founded in 1997, Talbot Mentors is a 501(c)3 nonprofit organization. We provide our services to local kids at no cost thanks to the financial support of many individuals, area churches, service clubs and business and with grants from local, regional and national foundations. Our mission is to match young people in Talbot County with volunteer mentors in order to support those children in the challenges and opportunities of adolescence through friendship, guidance, and education.

**Big Brothers Big Sisters**
200 W. Main Street, 3rd Floor
Salisbury, MD 21801
410-543-2447
Fax: 410-543-8032
Website: www.biglittle.org

For more than 60 years, BBBS of the Greater Chesapeake has operated under the belief that inherent in every child is the ability to succeed and thrive in life. As MD’s largest donor and volunteer supported mentoring network, we make meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 18, in your local community. We develop positive relationships that have a direct and lasting effect on the lives of young people.

**Mid-Shore Council on Family Violence**

8626 Brooks Drive, Suite 102
Easton, MD 21601
410-690-3222
Fax: 410-690-3271
Hotline: 800-927-4673
Website: www.mscfv.org

MSCFV is a comprehensive domestic violence program which provides support and the following services to victims in crisis and through their transition to self-sufficiency and independence: Crisis shelter, 24-hour hotline (800-927-4673), individual counseling, advocacy, legal advocacy and accompaniment to court proceedings, attorneys to represent victims in Final Protective Order hearings and divorce and custody cases, economic empowerment services, Transitional Program (including a Transitional House), therapeutic mental health counseling, crisis response and emergency food and clothing and all services are provided in Spanish through a Bilingual Advocate.
The Chesapeake Multicultural Resource Center empowers people from different cultures to become successful and engaged members of the community by coordinating services and informational programs.

Queen Anne’s County Partnership for Suicide Prevention (PSP) Committee

Mission: To make Queen Anne's County citizens knowledgeable and help them recognize indicators of suicidal thinking and link residents in need with prevention and intervention services with emphasis on stigma related events, public service announcements, and education/intervention.

Meets the 3rd Wednesday of every month at 1:15pm at the QAC Board of Education. For more information, please contact Matt Evans, Pupil Personnel Worker at Queen Anne’s County Public Schools, 410-758-2403 x154 or via email at Starke.Evans@qacps.org.

The Renfrew Center specializes in the treatment of anorexia, bulimia, binge eating disorder and related mental illnesses. Programming consists of a comprehensive range of services, including day treatment, intensive outpatient and group therapy.

Rural Assistance Center (RAC) helps rural communities and other rural stakeholders access the full range of available programs, funding, and research that can enable them to provide quality health and human services to rural residents.

Talbot Hospice

Talbot Hospice is a model for community based hospice care at the end of life. Since 1981 they have cared for patients and their families with dignity and respect. They offer comprehensive hospice care in your home, in nursing facilities and at Hospice House. They provide nurses, spiritual support, a bereavement center, family services and compassionate well trained volunteers. "We Celebrate Life Every Day."
Turn Around, Inc.

401 Washington Avenue, Suite 300
Towson, MD 21204
410-377-8111

1800 N. Charles Street, Suite 404
Baltimore, MD 21201
410-837-7000

24-Hour Hotline 443-279-0379
Website: www.turnaroundinc.org

Turn Around’s mission is to build a community free of violence by working with adults and children affected by intimate partner and sexual violence to address their needs and prevent further violence through advocacy and education.

FOR ADDITIONAL RESOURCES, VISIT OUR RESOURCES AND LINKS PAGE AT
http://www.midshorebehavioralhealth.org/resources-links

Overview of the Maryland
Public Behavioral Health System (PBHS)

At MSBH we know that you may have other questions or concerns that this guide does not answer. Please call the 24-hour, toll-free help line at Beacon Health Options: 1-800-888-1965

Beacon Health Options (formally ValueOptions) is the organization under contract with MDH to process claims, enroll consumers, preauthorize medically necessary services, credential providers and pay claims.

EVERYTHING IS CONFIDENTIAL

All staff must follow strict rules and follow all laws and regulations about releasing consumer information. A consumer must provide written authorization before information is released, unless a psychiatric emergency or law shows otherwise. No one can obtain information from the PBHS about your care unless they are part of the Public Behavioral Health System providing or managing your health care services.

How do I know if I need help?

You may need help if:
- you can't cope with daily life;
- you feel very sad, stressed or worried;
- you are not sleeping or eating well; or sleeping too much
- you want to hurt yourself or others; and/or
- you are troubled by strange thoughts or strange sounds (e.g., hearing voices)

How do I know if my child needs help?

Your child may need help if he/she:
- has trouble concentrating;
- loses interest in activities;
- withdraws from friends without explanation;
- shows dramatic changes in sleeping and/or eating;
- is preoccupied with death or violence;
- is frequently aggressive; and/or
- shows a decline in school performance.

Can the system help me?

You can get help if you need mental health care and receive Medical Assistance. You may be able to get help if you have limited income, but do not qualify for Medical Assistance.
If you do not have Medical Assistance, you may need to pay a portion of your care. Your provider can help you determine how much you need to pay, if any.

If you need assistance, contact MSBH at 410-770-4801.

**How can the system help?**

Your benefits include the following:
- A toll-free number for assistance or to answer questions 24-hours-a-day, 7-days-a-week at 1-800-888-1965;
- Help in an emergency or a crisis;
- Many types of mental health services.

Contact your Managed Care Organization (MCO) to make sure your physical care needs are addressed.

**How to use Maryland’s PBHS toll-free Help Line? (1-800-888-1965)**

One call provides access to all services, 24-hours-a-day, any day of the year. Call for help or information about:
- Program benefits and services;
- Obtaining mental health services.

**Who will take the call?**

A Client Service Representative (CSR) will answer the phone. They will ask for general information such as your name and the reason for calling. If treatment is needed, you can speak with a Care Manager.

A Care Manager coordinates the services to be provided. They are experienced and licensed and will help you get the best care possible.

**What types of services are covered?**

Maryland’s PBHS is positioned to meet your mental health needs anywhere in the state. Covered services may include:

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<td>Mental Health Services</td>
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*Please Note: All of the above services may not be available to all consumers.*

**How to get help?**

When you think you might have a mental health problem, getting help may be urgent. You can obtain help quickly in these ways:
- Call Beacon Health Options at any time of the day or night, seven days a week. They will arrange for the right type of service to meet your needs.
- During business hours, you may call or walk into any Public Behavioral Health System provider in your area to request services.
- Your Managed Care Organization (MCO) or Primary Care Physician may refer you to Beacon Health Options for mental health care.

If you’re not sure what to do, call Beacon Health Options: 1-800-888-1965

**Getting Care Approved**

Beacon Health Options must approve a service before a provider can give you care. They approve services that will best meet your needs.

Services are approved because they are: • Appropriate for your needs;
• Provided in the setting that gives you the most freedom; and, • Believed to be the most helpful.

**Emergency Care**
If you believe you or a family member has an emergency, call the Eastern Shore Crisis Response Helpline at 1-888-407-8018 to discuss your concerns. For more information on ESOC and the Mobile Crisis Teams, please refer to pages 2 and 40. Additionally, you can call the Beacon Health Options help line at (800) 888-3944. You will be helped to assess the seriousness of the situation and assisted in obtaining care right away.

Emergency rooms in the mid-shore region are:
- University of Maryland Shore Medical Center at Chestertown, 100 Brown Street, Chestertown, MD
- University of Maryland Shore Medical Center at Dorchester, 300 Byrn Street, Cambridge, MD
- University of Maryland Shore Medical Center at Easton, 219 South Washington Street, Easton, MD
- University of Maryland Shore Emergency Center at Queenstown, 115 Shoreway Drive, Queenstown, MD

Claims and Payment
The Care Manager at Beacon Health Options consults with your provider to develop a care plan. If hospitalization is needed, the Care Manager approves a certain number of days. Beacon Health Options will monitor your care and work with your providers. Beacon Health Options will pay providers for the services that you receive. If you do not receive Medical Assistance, you may be asked to pay part of the fee based on your ability to pay.

Medical Assistance Ineligible
Medical Assistance Ineligible (MAI) consumers are individuals for whom, because of the severity of mental illness and financial need, the cost of medically necessary and appropriate mental health services will be subsidized by the Behavioral Health Administration (BHA). The benefits are subject to the availability of funds appropriated to the Behavioral Health Administration (BHA). The term 'benefit' as referred to MAI consumers does not guarantee rights to services. The term 'uninsured' refers to consumers who have no insurance.

Medical Assistance Ineligible (MAI) consumers may be served in the PBHS if they meet one of the following criteria:
- Meet the criteria for Pharmacy Assistance;
- Have been served in the PBHS within two years;
- Are currently homeless;
- Have SSDI due to psychiatric impairment;
- Are on Conditional Release from MD Medicaid Psychiatric Hospital;
- Have been discharged from a Maryland Medicaid Psychiatric Hospital within the last three months; and/or
- Have been released from jail or prison within the last three years.

Eligibility Requirements
In order to be eligible for benefits, an applicant must be a citizen of the United States with a valid social security number or be one of the following:
- An alien who is lawfully admitted for permanent residence;
- An alien who is permanently residing in the United States under order of law, in accordance with the provisions of the Immigration and Nationality Act, 8 U.S.C. 1011, et seq., including an alien who is lawfully present in the United States under 212(d)(5) of the Immigration and Nationality Act, 8 U.S.C. 1182(d)(5);
- An alien lawfully admitted to the United States on or after April 1, 1981, under the Refugee Assistance Act of 1980, PL 96-212, 8 U.S.C. 1521-1525, and who has resided in the United States for less than 36 months;
- An alien who has been granted (and maintains) temporary lawful residence status under Section 245A of the Immigration and Nationality Act, P.L. 99-603, 8 U.S.C. 1255a, and is in one of the excepted groups; or
- An alien who is a pregnant woman or child and has permanent residence and/or has been lawfully granted temporary resident status.

Residency
In order to be eligible for benefits, an applicant shall be a resident of Maryland. An applicant is a resident of Maryland if, at the time of application, the person is voluntarily living in Maryland with the intention of making Maryland the applicant's home. If an applicant has entered the State for a temporary purpose and is not intending to become a resident of Maryland, the applicant is not eligible. Residency is retained until abandoned. Temporary absence from the State with the intention to return to the State does not interrupt continuity of residency.

Services
Psychiatric Rehabilitation Services for MAI Consumers:
To be eligible for psychiatric rehabilitation and residential rehabilitation services, the consumer must be in the target population. Target population is defined as those children, adolescents and adults for whom, because of the seriousness of their mental illness, extent of functional disability and financial need, the Department has declared priority for publicly funded services.

Target population includes:

**Child or Adolescent** with serious emotional disturbance, a condition that is:
- Diagnosed according to a current Diagnostic and Statistical Manual of the American Psychiatric Association and;
- Characterized by a functional impairment that substantially interferes with or limits the child’s role or functioning in the family, school or community activities.

**Adult** with a serious and persistent mental disorder which is:
- Diagnosed according to a current Diagnostic and Statistical Manual of the American Psychiatric Association and;  
- Characterized by impaired role functioning on a continuing or intermittent basis for at least two years.

**Outpatient Services for MAI Consumers:**
For outpatient services, the consumer must have a Pharmacy Assistance Program Card or meet the criteria for Pharmacy Assistance and have an urgent need for immediate outpatient services.

**Application/Registration Process**

Requests for services for MAI consumers can come from the provider or the consumer by calling Beacon Health Options at 800-888-1965. Beacon Health Options will conduct a preliminary assessment over the phone to establish that the consumer is eligible to receive services in the PBHS. The consumer will then be referred to a provider according to his or her level of need (routine, urgent or emergent). A provider could also request services for MAI consumers through Care Connections. Requests will be forwarded to the CSA for review and authorization.

**Special Circumstances**

A co-pay for services may be required.

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**INFORMATION ON ENTITLEMENTS**

**INCOME SUPPORTS**

**Federal Level:**

1. **Supplemental Security Income (SSI-Title XVI):** This federal government income supplement is for those who meet the Social Security Administration's (SSA) requirements for financial need due to disability, blindness, or age, and have no substantial history of employment. If you are found eligible for SSI, you are automatically eligible for Medical Assistance.

2. **Social Security Disability Insurance (SSDI-Title II):** This federal government income support is also for those who have met eligibility requirements for disability, but is based on the amount and recency of one's past earnings. Benefits from a spouse's record can be granted to a disabled widow over age 50, even if the widow has never been employed. Individuals who are disabled prior to age 18 may be able to draw on a disabled, deceased or retired parent's claim indefinitely.

For both of these entitlements, there is a complex application process and several eligibility requirements that must be met. The application process begins by contacting the local Social Security Office located at 828 Airpax Road Suite 500, Cambridge, Maryland 21613; website: www.ssa.gov/ssi; 410-228-8811 or 1-800-772-1213; to request full information as well as forms to be mailed to you, and to schedule an appointment.

Information that you will need to submit:

- Original social security card and proof-of-age documents (no copies accepted).
- Full medical information including name, address and phone numbers of all physicians, hospitals, clinics, etc. that have provided treatment. This is needed to document your disability.
- Summary of employers and type of work performed during the previous 15 years.
• Copy of the previous year’s W-2 form from any employment.
• Proof of marriage, if the spouse is applying.

It is recommended that the completed application and all accompanying and subsequent documentation be HAND DELIVERED to the Social Security office rather than mailed. You should request a receipt or some documentation from SSA.

If you are applying for SSI, you will also need full information regarding financial assets (bank accounts, stocks, bonds, trust accounts and burial accounts or trusts, etc.). If you are living with family who helps to support you, the monetary award will be less. Families are often contacted regarding how much support they provide. If a recipient of SSI obtains employment, Social Security must be notified immediately.

Social Security considers many factors in making awards, including ability to work and diagnosis. Some diagnoses qualify a person automatically; others require substantial documentation and may require a physical examination by a physician under contract with the Social Security Administration.

The process of determining your disability is the same for SSI and SSDI. The process takes approximately 120 days and will include consideration of your ability to work in jobs other than the kind you may have done prior to becoming disabled.

MARYLAND MEDICAL CARE PROGRAMS

**Medicare** - Medicare is an insurance program that pays medical bills for people who are at least 65 years old, or who are disabled. It is available to people who receive Social Security benefits regardless of how much money they have. It pays medical bills with money from the Social Security Trust Fund, which most people pay into while they work. Retired and disabled people pay a monthly insurance premium for Medicare Part B. This is usually taken out of their Social Security check before they get the check.

If you are elderly and only applying for assistance with paying your Medicare premiums, co-payments, or deductibles, you may apply at your LDSS for the Qualified Medicare Beneficiary (QMB) or Specified Low-Income Medicare Beneficiary (SLMB) Program. QMB/SLMB applications may be filed by mail or in person. To receive an application, call your LDSS or the area Agency on Aging (AAA). For more information, you may call MDH’s Recipient Relations Hotline at 1-800-492-5231 or (410) 767-5800.

**Medicaid (Medical Assistance) Program** – The Maryland Department of Health (MDH) provides Medical Assistance, also called Medicaid, coverage to individuals determined to be categorically eligible or medically needy. Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI), Temporary Cash Assistance (TCA), or Foster Care. Effective January 1, 2014, Medicaid covers more adults ages 19 to 64, whether they have children or not.

- A single person can make up to $16,243 per year and qualify for Medicaid.
- A family of three can make up to $27,724 per year and qualify for Medicaid.

To qualify for Medicaid coverage through Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien who has lived in the U.S. for five or more years, and be a resident of the state of Maryland. Medicaid is also expanding to cover former foster children under age 26 who left the foster care system on their 18th birthday. Former foster care children do not have to meet income limits, they qualify because of their status as former foster care children.

To apply for Medical Assistance, you can apply through Maryland Health Connection by calling 1-855-MHC-8572 (1-855-642-8572). You can also go to your Local Health Department, Local Department of Social Services (LDSS), or Connector Entity.

**Employed Individuals with Disabilities (EID)** - Want to work and still keep your benefits? Employed Individuals with Disabilities provides Medical Assistance for people with disabilities who work. You pay a monthly premium based on your income. It may be $0-$55 per month. Income can be as high as $71,052 a year for a single person and $95,388 a year for a married couple. For more details: Call Toll Free: 1.800.637.4113, TTY/Voice: 443.514.5034 or 410.767.3360, email: eid@mdod.state.md.us, or visit the website http://mdod.maryland.gov/employment/Pages/eid-program.aspx.
State Level:

1. **Public Assistance for Adults:** Designated for needy adults without children who reside in Residential Rehabilitation Programs (RRPs) funded by the Public Behavioral Health System. Yearly re-application is necessary. Apply through local Department of Social Services.

2. **TEMHA - Transitional Emergency Medical and Housing Assistance:** Provides essential medical, housing, and other services to low-income disabled adults who are ineligible for other categories of assistance. Apply through Local Department of Social Services.

3. **TCA - Temporary Cash Assistance for Families with Dependent Children:** This income support program is administered by the state through the Department of Social Services. This time-limited program provides temporary cash assistance to needy families with dependent children. To be eligible, families must cooperate with child support, participate in work activities, and comply with substance-related provisions.

4. **Energy Assistance, SNAP (Supplemental Nutrition Assistance Program), and the WIC (Women, Infants and Children) Program:** These programs offer specific, limited support with varying eligibility requirements. Information regarding Energy Assistance and Food Stamps can be obtained through the Department of Social Services. The WIC program provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breast feeding, and non-breast feeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. This program can be accessed through your local Health Department.

   To view all Maryland Medical Care Programs visit [https://mmcp.health.maryland.gov/Pages/home.aspx](https://mmcp.health.maryland.gov/Pages/home.aspx).

**INFORMATION FOR PROVIDERS**

In order to become a provider within the PBHS, providers must first enroll in Maryland Medicaid. To receive a State of Maryland Department of Health Medical Care Program Provider Application, contact MDHP provision Enrollment: 410-767-5340. On-line Provider Enrollment in the PBHS can be accessed at: [https://encryptemdhealthchoice.org/emedicaid](https://encryptemdhealthchoice.org/emedicaid). At the same time, you should contact the Office of Health Care Quality at 877-463-3464 to obtain an application packet.

Any provider who is authorized under Health Occupations Article to provide mental health services, or is licensed, approved, or certified, has the requisite experience and complies with Medical Assistance and Mental Health Regulations, can be a provider in the PBHS.

Providers must then register with Beacon Health Options® Maryland through the ProviderConnect System in order to complete authorizations to submit claims for reimbursement. To register with Beacon Health Options® Maryland providers should call 1-800-888-1965 and follow the prompts provided. All PBHS providers are credentialed and contracted by the MDH. The provider information in the MDH system (MMIS II) is downloaded to Beacon Health Options® Maryland weekly. Providers are required to comply with state and federal laws and regulations, including all applicable Medicaid and BHA regulations. All services require preauthorization except emergency services, no exceptions will be granted.

Following enrollment, providers will be supplied with the Public Behavioral Health System Provider Manual and other training materials.


**RECONSIDERATIONS, GRIEVANCES, AND APPEALS**

This section describes the reconsideration, grievance, and appeals process. Through Beacon Health Options® Maryland and the Behavioral Health Administration, the Department offers a reconsideration and grievance process as a benefit to participants. This process can be utilized when a participant receives a clinical service non-authorization decision from Beacon Health Options® Maryland with which he/she disagrees. The participant may provide written authorization for the provider to act on his/her behalf to initiate the reconsideration and grievance process. Maryland Medicaid participants are entitled to appeal rights as specified in COMAR 10.01.04 and Medicaid providers may file an appeal pursuant to COMAR 10.09.36, as detailed in this section.

**Definitions**

An **administrative denial** is a non-payment of a claim resulting from failure to meet administrative requirements set forth by the Department.

An **appeal** is the formal process available to Medicaid participants, as described in COMAR 10.01.04, and to Medicaid providers, as described in COMAR 10.09.36, to request the Office of Administrative Hearings (OAH) to review a decision made by the Department or its designee.
Clinical service non-authorization is defined as a determination by a Beacon Health Options® Maryland Physician Advisor (PA) that based on information submitted the behavioral health services requested are not medically necessary.

A grievance is the process available to participants that have received a clinical service non-authorization and wish to request a review of the decision. The grievance process includes two levels of review, the first to Beacon Health Options® Maryland and the second to the Behavioral Health Administration (BHA).

A Grievance and Appeal Coordinator is a Beacon Health Options® Maryland administrative support staff member who coordinates the resolution of the grievance and appeal request with the appropriate staff.

The Office of Administrative Hearings is an independent state agency that resolves appeals through a formal and impartial hearing conducted by an Administrative Law Judge.

A participant, for the purposes of this document, is an individual with active Medicaid (MA) coverage. Uninsured individuals who receive substance-related disorder services should contact their local health authority for information on grievance rights for grant-funded services.

A Physician Advisor (PA) is a board-certified, Maryland licensed psychiatrist who reviews authorization requests and performs medical necessity determinations for Beacon Health Options® Maryland. Only a PA can make clinical service non-authorization determinations.

A reconsideration is a request for a peer-to-peer review between the provider and a Beacon Health Options® Maryland Physician Advisor (PA) to review an initial non-authorization of service.

Reconsiderations and Grievances

The reconsideration and grievance processes provide participants an alternative to immediate appeal to OAH following a determination by Beacon Health Options® Maryland to deny authorization of a clinical service. The processes are available to participants who have executed a written authorization for their provider to act on their behalf. The participant may appeal a denial of authorization directly to OAH without participating in the reconsideration and grievance processes.

Reconsiderations

The reconsideration process is an option available to participants following a clinical service non-authorization. The participant may seek reconsideration by designating the provider to act on his/her behalf by providing written authorization. Upon receiving authorization from the participant, the provider may request a peer-to-peer review from a Beacon Health Options® Maryland Physician Advisor (PA), if a PA had not participated in such a review during the initial clinical service authorization determination. To request reconsideration, the provider must contact Beacon Health Options® Maryland within three (3) business days of receiving the initial clinical service non-authorization notice.

Beacon Health Options® Maryland Grievance Review I

If, after reconsideration, the participant continues to disagree with Beacon Health Options® Maryland’s decision, the provider, acting on behalf of the participant, may request a review by another Beacon Health Options® Maryland PA as part of the Grievance Review I process. To submit a Grievance Review I, the provider must call or mail Beacon Health Options® Maryland within ten (10) business days of receiving the initial clinical service non-authorization to initiate a review. Providers can call, fax or mail their request to the following:

Call: 1-410-691-4049
Fax: 1-877-381-5571

Mail: Beacon Health Options® Maryland ATTN: Grievances & Appeals Dept. 1099 Winterson Road, Suite 200 Linthicum, MD 21090

Beacon Health Options® Maryland will directly contact the provider to offer a peer-to-peer review and make a timely decision. Beacon Health Options® Maryland will make its determination within 24 hours or close of next business day for an urgent request and five (5) calendar days for non-urgent requests. If the provider declines a peer-to-peer review or is not available within the timeframe for Beacon Health Options® Maryland to make a determination, the Beacon Health Options® Maryland PA will make a determination without a peer-to-peer review and will notify the provider in writing of its decision within two (2) business days. If the PA approves the service request, Beacon Health Options® Maryland will enter the authorization into ProviderConnect® and make it available for the provider to download. If the PA concludes that authorization is not granted, the participant may request a Grievance Review II to the Behavioral Health Administration (BHA).

Behavioral Health Administration Grievance Review II

If the participant does not agree with Beacon Health Options® Maryland’s decision to uphold the clinical service non-authorization, the provider acting on behalf of the participant, may request a Grievance Review II to the BHA. The provider must file a request postmarked within ten (10)
business days of receiving Beacon Health Options® Maryland's decision to uphold the clinical service non-authorization by mailing to BHA a letter stating the rationale for the grievance review, the original denial from Beacon Health Options® Maryland, and any supporting clinical documentation. Materials should be sent to the following address:

Mail:  Behavioral Health Administration ATTN: Grievances and Appeals  
Spring Grove Hospital Center - Dix Building 55 Wade Avenue Catonsville, MD 21228

The BHA's review process may include input from a Core Service Agency (CSA) and/or Local Addictions Authority (LAA) as needed. The BHA generally completes reviews within thirty (30) calendar days and notifies the participant, provider, and Beacon Health Options® Maryland in writing once a decision has been reached.

If the BHA review results in the determination that the requested service is medically necessary, Beacon Health Options® Maryland will enter the authorization into ProviderConnect® and make it available for the provider to download. If the BHA review results in confirmation of non-authorization, the BHA's response to a Grievance Review II is a final determination for uninsured individuals. In the case of Medicaid participants, an appeal can be submitted to the Office of Administrative Hearings (OAH).

Appeals

Maryland Medicaid participants are entitled to appeal rights as specified in COMAR 10.01.04 and Maryland Medicaid providers may file an appeal pursuant to COMAR 10.09.36.

Participant Appeals
A participant may submit an appeal to the Office of Administrative Hearings (OAH) for the reasons listed in COMAR 10.01.04, including appealing the Department's decision to not authorize a service based on a medical necessity determination. The participant can file the appeal him/herself, or designate an authorized representative to act on his behalf. A provider may act on behalf of the participant if the participant designates the provider as an authorized representative in writing with the participant's signature or by providing proof of legal authority outlined in COMAR 10.01.04.12.

To submit an appeal, the participant must file a notice to OAH postmarked within ninety (90) days of the initial denial notice. The participant must make the request in writing, and include the specific reason(s) for the appeal with a copy of the original denial letter from Beacon Health Options® Maryland. Requests for appeal hearings must be submitted via mail to:

Mail:  Maryland Department of Health, Attention: Appeals 201 W. Preston Street, 1st Floor Baltimore, MD 21201

OAH expects the appellant to be present for the hearing. If, for any reason, the appellant or the appellant's authorized representative cannot attend the hearing, OAH must be notified so that the hearing can be rescheduled. OAH does not require the appellant to be represented by a lawyer, but the appellant may choose to be represented by a lawyer. For more information on the OAH hearing process, please refer to the OAH website: http://www.oah.state.md.us/faq.asp.

Provider Appeals
A provider may submit an appeal to the Office of Administrative Hearings (OAH) for the reasons listed in COMAR 10.09.36.9, including that the Department withheld payment for a service that the provider delivered.

To submit an appeal, the provider must file a notice to the OAH within thirty (30) days of the initial denial notice. The provider must make the request in writing, and include the specific reason(s) for the appeal with a copy of the decision being appealed. Requests for appeal hearings must be submitted via mail to:

Mail:  Maryland Department of Health, Attention: Appeals 201 W. Preston Street, 1st Floor Baltimore, MD 21201

Administrative Denials
Beacon Health Options® Maryland may deny a request for authorization of services based on administrative requirements, even in cases where the participant may meet the medical necessity criteria. The majority of administrative denials occur for the following reasons:
1. The provider fails to obtain preauthorization.
2. The provider did not meet the timely filing requirements.
3. The participant is not a Medicaid participant.
4. The same service is provided on the same day by another provider, who has already received payment.

In accordance with COMAR 10.09.59.08, all services must be pre-authorized in order to receive payment. Beacon Health Options® Maryland will review requests for retrospective authorization only in cases where a participant has gained retroactive Medical Assistance benefits. Beacon Health Options® Maryland will process all other requests for retrospective authorization reviews as an administrative denial, including cases of retroactive provider enrollment. The Department encourages providers to utilize the courtesy review process to be compliant with COMAR 10.09.59.08 in cases when a provider is unsure whether a consumer is Medicaid eligible. Please call 1-800-888-1965 to initiate a courtesy review. The Department will honor preauthorizations issued through the courtesy review process and will reimburse for the authorized services covered under Maryland Medicaid.

If the provider believes the administrative denial has resulted from an error, technical or otherwise made by Beacon Health Options®, then documentation of the error must be submitted to Beacon Health Options® Maryland within 30 days from the date of the administrative denial notice by either fax or mail to the following:

Fax: 1-877-381-5571

Mail: Beacon Health Options® Maryland
ATTN: Grievances & Appeals Dept.
1099 Winterson Road, Suite 200
Linthicum, MD 21090

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COMPLAINTS

Beacon Health Options®, Inc. wants to hear from you. Contact us if you have concerns about our services or your mental health or substance-related disorder services. We will work to resolve your concerns right away when possible. Please review the information below to learn how to file a complaint. Complaints are handled by our Quality Management Department.

- **Quality of Service Complaints** – This type of complaint relates to not being satisfied with a service or process from Beacon Health Options®, Inc.
- **Quality of Care Complaints** – This type of complaint relates to not being satisfied with treatment or services from a mental health or substance-related disorder provider or facility.

What to Include in Your Complaint
- Briefly describe the incident or your concern • Dates and time
- People involved
- Contact information (optional): name, telephone, mailing address

How to Submit a Complaint

You have several choices:

Call Toll Free: 1.800.888.1965 or TTY: 1.866.835.2755

Fax: 1-877-381-5571

Mail: Beacon Health Options® Maryland
Attention: Complaints
1099 Winterson Road, Suite 200
Linthicum, MD 21090

What Happens After You Submit a Complaint?
- Quality of Service Complaints – Staff coordinates the investigation of these complaints
- Quality of Care Complaints – Staff forwards these complaints to the Behavioral Health Administration to investigate

Time Frames
Staff sends a letter within 5 calendar days to let you know we received your complaint. We investigate and resolve complaints within 30 calendar days.

We mail another letter to you within this time period that explains:
- Action taken and/or planned to resolve complaint
- If no action is possible or appropriate
• Your right to request a Resolution Review if you do not like the decision • You have 90 calendar days after receipt of our letter to make your request

**Resolution Review Process**
A resolution review is similar to an Appeal. Our Director of Quality Management coordinates this level of review. We mail a letter within 5 calendar days informing you that we received your request. We complete our investigation and send you another letter with the decision within 30 days of receipt of your request.

**Collaboration on Complaints**
We forward all complaints to the Behavioral Health Administration (BHA) daily. BHA has a Complaint Review Committee that meets monthly with representatives from Beacon Health Options®, Inc., Core Service Agencies and Local Addiction Authorities.

**Office of Health Care Quality**
You have the right to file a complaint with the Office of Health Care Quality (OHCQ). OHCQ is a state agency within the Department of Health and Mental Hygiene. They monitor the quality of care in healthcare facilities and community residential programs.

Office of Health Care Quality Community Mental Health Unit Spring Grove Hospital Center Bland Bryant Building
55 Wade Avenue Catonsville, MD 21228

Call Toll Free: 1.877.402.8218 or 410.402.8218


**Provider Complaints**
You have a right to file a complaint with your provider if you are not satisfied with services or have a concern about staff. Health care programs licensed or approved by the OHCQ are required to have a written complaint process. Programs must provide you with a copy if you ask for it. Provider must resolve your complaint in 30 days.

You may also call MSBH at 410-770-4801 and we will assist you.


For questions regarding private insurance please contact:

**MARYLAND INSURANCE ADMINISTRATION – MIA**
200 ST. PAUL PLACE, SUITE 2700,
BALTIMORE, MD 21202-2272

410-468-2000 OR 1-800-492-6116 (TOLL FREE)
1-800-735-2258 (TTY)

Website: [www.insurance.maryland.gov](http://www.insurance.maryland.gov)
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