

Summer 2018 Newsletter



Pro Health Training
First Aid & Clinical Training

It has been a busy year for Pro Health Training delivering courses across the UK and Ireland. If you have attended any of our courses this year, we thank you for your support and hope that you have found these courses helpful in your area of work. We look forward to supporting your continuing professional development over the coming year.

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What has Pro Health Training been up to this year?

- We have been working with a number of NHS organisations in the South West and Wales training up Practice Nurses new to Travel Health and updating those that already have a grounding.
- Over the past few months Pro Health Training has been working with MASTA to deliver Flu Training to Pharmacists across the South to get them all ready for this years Flu season.
- Pro Health Training were warmly welcomed to Dublin, Ireland earlier in the year and were pleased to be able to offer Travel Health courses to GP's and Practice Nurses from across Ireland.
- The Students' Union at University of West of England are proactive in encouraging staff and students' from clubs and societies to sign up to First Aid courses. Pro Health Training has been working with them to deliver a range of courses throughout the year.
- Basic Life Support training is an essential component for all clinicians and Pro Health Training has been working with a range of NHS and Private clinical organisations to provide annual updates.

If you have a training need for Immunisation Training, Travel Health, First Aid or Basic Life Support updates in your work place or organisation, please get in touch and Pro Health Training will be able to discuss the best options.

Immunisation update

This year has seen a considerable amount of alerts and updates regarding immunisation. We have picked out some of the key issues below:

Measles Outbreak After declaring the UK Measles free, this year has seen an outbreak that has seen cases reported across the country. Young adults and children 15yrs or over that are not fully vaccinated are most at risk. MMR vaccine is available to adults and children who are not up to date.

Seasonal Influenza The 2017/18 Flu season saw the one of the highest rates of hospital admissions and highest mortality rates in decades. This coming Flu season will see all providers offering the Quadrivalent vaccine for those under 65yrs and the introduction of a new Trivalent with an adjuvant for those 65yrs and over. This adjuvant helps boost the immune response in the elderly. The childhood programme has also been extended up to 9yrs of age.

HPV It was announced in July that the HPV programme will be extended to include boys. It is expected that this will be rolled out in the 2019-20 academic year as part of the school based immunisation service.

Hepatitis B The Hexavalent 6 in 1 vaccine which includes protection against Hepatitis B was introduced in Autumn 2017. This is offered at 8, 12 and 16 weeks.

Supply Issues There have been a number of supply issues and restrictions on use of vaccines over the past year. For an up to date snapshot of supplies, sign up to the PHE vaccine update—details below.

National Minimum Standards February saw the long awaited update to the PHE 'National Minimum Standards and Core Curriculum for Immunisation Training for Registered Healthcare Practitioners'.

To keep up to date with any updates in immunisation—sign up to the Public Health England monthly update here: <https://public.govdelivery.com/accounts/UKHPA/subscribers/new?preferences=true>



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Travel Health update

This year has been a challenging year for all of those involved providing the provision of Travel Health with factors such as vaccine shortages and changes in guidance key. To stay up to date with changes in 'Travel Health' - set up a Nathnac's website <https://travelhealthpro.org.uk/> in your bookmark bar. Below are some of the key news items from the past year.

Green Book Updates Over the past year barely a month goes by without there being a chapter update in 'Immunisation against infectious disease: The Green Book'. Specific to travel, the following chapters have been updated; Tuberculosis, Rabies, Yellow Fever & Japanese Encephalitis. Happy Reading!!

<https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book>

Travel Health Nurse Competencies For anyone working in Travel Health, the RCN 'Competencies: Travel health nursing: career and competence development' is an essential tool in supporting delivery of a safe travel health service. This document was updated this year by the authors Lorna Boyne, Jane Chiodini, Sandra Grieve & Alexandra Stillwell. The framework, tools and resource links will be invaluable to any level of professional in this field.

Guidelines for Malaria Prevention The annual update to the PHE 'Guidelines for malaria prevention in travellers from the UK' were published in October. This saw a significant shift in the approach regarding the recommendations for chemoprophylaxis, with many countries in South East Asia, South America parts of the Caribbean and South Asia now being deemed to be below the threshold of advising chemoprophylaxis.

It is important to note that the Travel Health Pro (Nathnac) website reflect these changes in country specific guidance.

Travax and Fit for Travel websites continue to follow a different risk criteria.

Please note that PHE and the Advisory Committee on Malaria Prevention (ACMP) that publish this guidance state:

'Whilst we recognise that other sources of advice are available, healthcare professionals working in England, Wales or Northern Ireland are advised to use the ACMP guidelines as their preferred source of guidance for malaria prevention.'

Emerging disease: Nipah Virus The World Health Organisation (WHO) continue to identify emerging diseases that could result in epidemics. Kerala in India has experienced an outbreak of one of these diseases - Nipah virus which is passed on to humans from direct contact with sick animals, including pigs and bats. There is currently no treatment other than supportive care, and human deaths have been confirmed. Read more on the Travel Health Pro site.

Yellow Fever Outbreak The ongoing outbreak in South America continues and travellers should be made aware of the risk and have a suitable risk assessment in a clinic that is a registered Yellow Fever Centre. The WHO have a country list with country requirements and recommendations— <http://www.who.int/ith/ith-country-list.pdf?ua=1>

Poliovirus Continues on the path to eradication. However the disease continues to circulate in a number of countries and currently four countries have certificate requirements; Afghanistan, Nigeria, Pakistan & Somalia. Keep up to date with the recommendations at [Travelhealthpro.org.uk](https://travelhealthpro.org.uk).

Basic Life Support & First Aid update

- Some fantastic news was announced in July this year, as part of draft proposals, from 2020 CPR will be introduced in to the school curriculum. Lets keep our fingers crossed that this is followed through and helps save thousands of lives.
- When delivering Basic Life Support Courses, the question is regularly raised about how frequently clinical staff - ie nurses, GP's, pharmacists & allied health professionals should receive BLS training. Pro Health Training always refer to the Resuscitation Council Quality Standards to answer this question and highlight the following points:
 - Clinical Staff should have at least annual updates
 - Hands-on training using simulation and including assessment is recommended for clinical staff

<https://www.resus.org.uk/quality-standards/primary-care-quality-standards-for-cpr/#training>

If you require training in First Aid, BLS, PLS, Oxygen Administration, please free to contact Pro Health Training for guidance

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