**Values**

|  |  |  |
| --- | --- | --- |
| Authenticity  Achievement  Adventure  Authority  Autonomy  Balance  Beauty  Boldness  Compassion  Challenge  Citizenship  Community  Competency  Contribution  Creativity  Curiosity  Determination  Fairness  Faith  Fame  Friendships  Fun  Growth  Happiness | Honesty  Humor  Influence  Inner Harmony  Justice  Kindness  Knowledge  Leadership  Learning  Love  Loyalty  Meaningful Work  Openness  Optimism  Peace  Pleasure  Poise  Popularity  Recognition  Religion | Reputation  Respect  Responsibility  Security  Self-Respect  Service  Spirituality  Stability  Success  Status  Trustworthiness  Wealth  Wisdom |

1. Circle the top 5 values in your life that resonate with you.
2. Rank your values 1-5: How well is the value reflected in your life now?

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Needs work Somewhat Lived Fully

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Needs work Somewhat Lived Fully

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Needs work Somewhat Lived Fully

4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Needs work Somewhat Lived Fully

5.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Needs work Somewhat Lived Fully