



**Journey Toward Wholeness: A Courage & Renewal® Retreat at Ghost Ranch**  
**Karen Erlichman, DMin, LCSW & Valerie Brown, JD, MA, PCC Courage & Renewal®**  
**Retreat Leaders**  
**May 22-26, 2018**



*In desert and mountain wilderness, people discover liminal places suggesting thresholds between where they have been and where they are going. --Belden C. Lane, from Solace of a Fierce Landscape*

**May 22, Tuesday**

3:00 pm **Session 1: Inner Landmarks: Ghost Ranch, A 'Thin' Place: Opening Circle:**  
Welcome, Retreat Overview, Touchstones, Intentions for the Journey, and Introductions

5:30-6:30 pm Dinner

7:30-8:45 pm **Session 2: Exploring A Hidden Wholeness**

**May 23, Wednesday**

7:00-7:30 am **Session 3: Refresh & Renew: Contemplative Practices for Spiritual Directors**

7:30-8:30 am Breakfast

9:00-11:45 am **Session 4: Steppingstones: Listening Deeply & Cultivating Faithfulness**

12:00-1:00 pm Lunch (Lunch with Focus Persons)

1:00-2:30 pm---Respite---Enjoy the Ranch---rest, hike, paint, explore---you choose!

2:30-5:00 pm **Session 5: The Art of Asking Open Questions**

5:30-6:30 pm---Dinner

7:30-8:30 pm **Session 6: Circle of Light: Harvesting Lessons of the Day**

**May 24, Thursday**

7:00-7:30 am **Session 7: Refresh & Renew: Contemplative Practices for Spiritual Directors**

7:30-8:30 am Breakfast

9:30-11:30 am **Session 8: Coming to Light: Spiritual Discernment in the Clearness Committee**

12:00-1:00 pm Lunch

1:30-6:30 pm **Session 9: Free Time**

**Optional: Healing Waters: Off-Ranch Trip to Ojo Caliente Mineral Springs Resort & Spa. The cost is \$24 entrance fee plus \$50 for transportation.**

We depart Ghost Ranch for **Ojo Caliente Mineral Springs Resort & Spa** after lunch [www.ojospa.com](http://www.ojospa.com). Massage appointments may be arranged at Ojo or Ghost Ranch. *Advanced booking is recommended. Please reserve your Ojo spa treatments after 3:00 pm to allow time for soaking in the many indoor and outdoor pools. Please bring a bathing suit, robe, slippers, and lock. Dinner will be a pack meal or for those who wish, you may purchase dinner at Ojo Caliente.*

6:30-7:30 pm Return to Ghost Ranch

7:30-8:30 pm **Session 10: Circle of Light: Harvesting Lessons of the Day**

### **May 25, Friday**

7:00-7:30 am **Session 11: Refresh & Renew: Contemplative Practices for Spiritual Directors**

7:30-8:30 am Breakfast

9:00-11:45 am **Session 12: What We Need is Here: De-Briefing the Clearness Committee**

12:00-1:00 pm---Lunch

1:00-4:00 pm---Respite---Enjoy the Ranch---rest, hike, paint, explore---you choose!

4:00 pm **Session 13: The Desert Calls: A Visit to Christ in the Desert Monastery for Gregorian Chant at 5:50 pm** [www.christdesert.org](http://www.christdesert.org)

6:30-6:45 pm---Depart Christ in the Desert Monastery for Ghost Ranch/Pack Dinner on Return

7:30-8:30 pm **Session 14: Sabbath Circle of Light: Harvesting Lessons of the Day & Celebration!** –Shabbat candle lighting, reflections and celebrating together

### **May 26, Saturday**

7:30-8:30 am Breakfast

9:00-12:00 pm **Session 15: The Journey Begins: Closing Circle & Ritual, Integration & Next Steps**

12:00-1:00 pm---Lunch & Farewell

*The schedule is subject to change. All events take place at Ghost Ranch unless otherwise noted, and meals are served at the Dining Hall.*

*Thank you,  
Karen and Valerie*