

OHIO HERITAGE CONFERENCE

CONSTITUTION

ARTICLE I – NAME AND PURPOSE

SECTION 1. This association shall be known as the OHIO HERITAGE CONFERENCE

SECTION 2. The purpose of this association shall be to promote fair and wholesome competition, fellowship, and educational experiences among member schools; to promote sportsmanship at contests; to regulate and award championships in interscholastic activities as recognized by the Conference; to promote uniformity in the arrangement and control of all contests; to protect the mutual interests of the members of the association; and to develop and encourage the qualities of generosity, respect, fair play and a genuine concern for others among students, staff members and fans.

ARTICLE II – MEMBERSHIP

SECTION 1. The members of the Ohio Heritage Conference shall be the following schools; Catholic Central, Cedarville, Fairbanks, Greeneview, Madison Plains, Mechanicsburg, Northeastern, Southeastern, Triad, and West Liberty-Salem. Constitutions shall be issued when membership changes.

SECTION 2. The Conference shall be governed by the rules of the Ohio High School Athletic Association and each member school district shall abide by the Conference rules as voted upon and adopted by the Board of Control.

SECTION 3. A school may withdraw from the Conference when it has met all of the conference obligations and has submitted written notification of its intention to the Conference Commissioner two (2) years prior to February 1 of the current school year.

SECTION 4. A school may be dropped from the Conference by a unanimous vote of the other members for a serious infraction of Conference rules or for a violation of the spirit of good sportsmanship that should govern all activities.

SECTION 5. Additional members may be added by a three-fourths (3/4) majority of all members. Applications for membership must be filed in writing with the Conference Commissioner.

SECTION 6. Before a new member is accepted into the Conference, a resolution must be presented in writing from its Board of Education stating the intent to remain in the Conference for a period of at least four (4) years from the date of its first scheduled athletic contest.

SECTION 7. Any member school that fails to notify the conference of its intent to withdraw as outlined in Article II, Section 3, will subject itself to a penalty payment of \$10,000 to the Ohio Heritage Conference or honoring all adopted conference athletic contracts, whichever is the lesser of the two.

ARTICLE III – BOARD OF CONTROL

SECTION 1. The high school principal shall be the primary representative of the member schools. When the principals meet together they shall comprise the Board of Control. In case of emergencies the High School Principal shall designate a representative from the member school as a replacement.

SECTION 2. Only principals, or designees, shall make motions or cast votes on Conference business.

SECTION 3. Each member school shall have one (1) vote on the Board of Control.

ARTICLE IV – ADMINISTRATION-OFFICERS AND DUTIES

SECTION 1. The officers of this conference shall be President and Vice President.

SECTION 2. The officers shall be selected from the principals on a school alphabetical rotation basis. Term of office shall be one (1) year commencing on August 1 st. The president must have been a member of the Conference at least two (2) years prior to assuming that position.

SECTION 3. The duties of the president are to preside at all meetings of the Board of Control, to appoint committees and to perform all acts necessary to maintain the best interests of the Conference.

SECTION 4. In the case of the absence of the president, the vice president shall assume his/her duties.

SECTION 5. The Board of Control shall employ a commissioner and assigners to serve the capacity outlined in the By-Laws.

SECTION 6. The compensation for the Commissioner's position shall be set forth following his/her annual evaluation.

SECTION 7. The Athletic Directors' Committee shall consist of the Athletic Directors from the high schools of the member districts. The Commissioner shall serve as the chairman of the Athletic Directors' Committee. The committee's function and duties shall be as described in the Conference By-Laws

ARTICLE V – MEETINGS

SECTION 1. Periodic meetings of the Board of Control shall be scheduled to conduct official Conference business. There shall be a minimum of four (4) meetings scheduled during the school year.

SECTION 2. A majority of the member schools must be represented to constitute a quorum. No business may be conducted in the absence of a quorum.

SECTION 3. Special meetings may be called by the president or upon request of a majority of the Board of Control. Meetings may take place as soon as representatives from all schools can attend.

ARTICLE VI – FEES AND REVENUE

SECTION 1. Member schools will be assessed an annual membership fee to help defray the necessary expenses of the Conference. Additional assessments may be imposed as needed. All assessments are to be determined by the Board of Control.

SECTION 2. Net receipts from any Conference-sponsored meet or event shall be deposited in the Conference treasury.

ARTICLE VII – AWARDS

SECTION 1. Awards shall be granted for Championships in all competitive activities sponsored by the Conference.

SECTION 2. Conference activities will be those sponsored by at least fifty percent (50%) of the member schools. The basic Conference Organization form will be the guideline for all activities of the Conference.

SECTION 3. The Conference award system is described in the appropriate section of the By-Laws.

ARTICLE VIII – CONTRACTS/SCHEDULES

SECTION 1. Conference schedules will be developed by the Commissioner in conjunction with the Athletic Directors' Committee and submitted to the Board of Control for approval.

SECTION 2. Contracts will be issued for all conference contests. Games will be played on days designed by the approved conference schedule unless changed by mutual agreement between involved schools. If schools cannot agree, the Commissioner will make the final determination.

ARTICLE IX – AMENDMENTS

SECTION 1. This Constitution may be amended by three-fourths (3/4) vote of the member schools and may become effective immediately.

SECTION 2. Amendments may be voted on at any Board of Control meeting, provided that the proposed amendment(s) has been read and submitted in writing to the Commissioner at a previous meeting.

SECTION 3. Within ten days after the Board of Control's ratification, the Commissioner shall send updated constitutions to all principals and athletic directors of member schools.

ARTICLE X – BY-LAWS

SECTION 1. The By-Laws shall be the working rules of the Conference.

SECTION 2. The By-Laws may be established or amended by a majority vote of the Board of Control. Suggested By-Laws can originate from members of the Board of Control, or the Athletic Directors' Committee.

SECTION 3. All procedures approved by the Board of Control that are in effect at the beginning of a current school year will remain in effect for the entire school year.

Revised: 11/26/07
Revised April 9, 2015
Revised October 5, 2015

ARTICLE 1

BY-LAWS COMMISSIONER:

Duties of the Commissioner:

- 1.1 Keep records of all business transactions.
- 1.2 Keep minutes of all meetings.
- 1.3 Send copies of minutes to each member school.
- 1.4 Pay all bills as allowed by the committee.
- 1.5 Notify committee members of all regular and special meetings.
- 1.6 Order all necessary materials and supplies.
- 1.7 Responsible for making all arrangements for tournaments and meets.
- 1.8 Serve as Junior High commissioner.
- 1.9 Responsible for all schedules.
- 1.10 Fulfill all duties of the commissioner as assigned.

ARTICLE 2

By Laws: General Rules for All Sports

- 2.1 All Schools shall be governed by OHSAA rules and regulations for all sports.
- 2.2 The home team is responsible for the safety of the officials at all times.
- 2.3 When performed, The National Anthem will be before introduction of the teams. Players will be introduced in alternating fashion with visitors being introduced first.
- 2.4 The home school is responsible for contacting The Springfield News and Sun with results of games and matches.
- 2.5 Conference games will not be scheduled on any day when school is not in session because of national or religious holidays.
- 2.6 Adjustments to conference schedule will be made by the commissioner with the approval of the athletic directors.
- 2.7 Each school is responsible for calling their results in to their local media.
- 2.8 All schedules will be adopted by the Athletic Directors as published by the Ohio Heritage Conference Commissioner.
- 2.9 Only Ohio Heritage Conference passes will be accepted at conference meets or tournaments. No individual school passes will be recognized.
- 2.10 When admission is charged, the price will be established by the conference.
- 2.11 Officials are the responsibility of the conference assignor and must meet OHSAA guidelines.
- 2.12 Crowd control for all contests is the responsibility of the host school.
- 2.13 For conference sponsored events, profits and/or losses after expenses will be the responsibility of the conference.
- 2.14 The conference will pay for all awards.

ARTICLE 3

By Laws: Baseball/Softball

- 3.1 The Ohio Heritage Conference (OHC) Athletic Directors shall adopt the OHC schedule as published by the OHC Commissioner. The following Guidelines will be followed.
- 3.11 The conference varsity schedule will consist of home and home with each member school. The conference reserve schedule will be played the same day as the varsity at the opposite site.
 - 3.12 The school designated as the "home" team (for each) will be responsible for paying the umpires and furnishing the game balls.
 - 3.13 Conference games will be scheduled on Mondays, Tuesdays, and Fridays.
 - 3.14 Thursdays in the month of April are conference make-up days. Wednesdays and Thursdays in the month of May are conference Make-up days.
 - 3.15 No conference games will be scheduled on "Good Friday".
 - 3.16 The site of the first round varsity game **can** be switched if the scheduled home site is not playable and the visitor's school site is playable. If the first round is switched then the second round will also be switched. This will allow the varsity teams to play on the scheduled date.
 - 3.17 The site of the second round varsity game **may** be switched upon mutual agreement of both schools.
 - 3.18 Games that are postponed must be played on or before the first available conference assigned make-up date. If the two schools mutually agree to play a postponed game prior to the first conference assigned make-up date they may do so.
 - 3.19 Suspended games will fall under the OHSAA baseball/softball guidelines.
- 3.2 Game times for weekday conference games will be 5:00 PM.
- 3.21 The home team will take infield on or before 4:25 PM and finished on or before 4:40 PM. The traveling team will take infield no later than 4:40 PM and will be finished by 4:55 PM. The umpires conference will begin at 4:55 PM.
 - 3.22 Before Daylight Saving Time games will start at 4:30 PM if possible.
- 3.3 Conference games will take precedence over all other games except OHSAA Tournament games falling on a scheduled conference play date.
- 3.31 Tournament games **may not** be counted as conference games
 - 3.32 Schools **will play** scheduled conference games if they are the day prior to or the day after OHSAA tournament games
- 3.4 At least two (2) umpires should be used for all varsity games per OHSAA recommendation. At least one (1) and preferably two (2) umpires should be used for all reserve conference games.
- 3.41 Umpires should be assigned through a conference approved assignor.

ARTICLE 4

By-Laws: Boys' and Girls' Basketball

- 4.1 The Conference schedule will be a fourteen (14) game double round, playing each school home and away.
- 4.2 Conference games for boys will be played on Tuesday and Friday. Girls will play on Thursday and Saturday. Reserve games will have six (6) minute quarters on school nights and seven (7) minute quarters on Friday and Saturday. The home school of Girl's basketball program has the option of moving the Saturday games to the afternoon. The starting times for all games will be at 6:00 PM.
- 4.3 When Freshmen play the same day as the varsity and reserves, a starting time of 4:45 PM during the week and on weekends, six (6) minute quarters. The home school has the option of moving the freshman game to another date. There will be a conference freshman tournament and it will begin next to the last Saturday of the varsity boys' season. The tournament will be rotated among member schools. Schools will be seeded by their regular season conference standings.
- 4.4 There should be a minimum of two (2) security personnel for boys' varsity contests and adequate security should be provided for the girls' contests.
- 4.5 Only the home pep band will be permitted to play.
- 4.6 Officials for all varsity and reserve games will be assigned the league assignor.
- 4.7 Cheerleaders from the competing schools will be introduced ten minutes prior to tip off.

ARTICLE 5

By-Laws: Football

- 5.1 Varsity contest will be on Fridays at 7:30PM. Reserve football games follow the same schedule as the varsity with the game played on Saturday, and the site being opposite the varsity site. (Varsity home, reserve away). Reserve game start time will be 10:00 AM with ten minute quarters. Reserve football shall be open to 9th, 10th and 11th graders. Halftimes for the varsity football games shall be twenty (20) minutes.
- 5.2 The All-Conference Team will not be released to the press until the last conference team is out of the playoffs.(Revised April 6, 2005)
- 5.3 **Film Exchange Procedures:**
 - 5.31 The scout will deliver two (2) films from the preceding two (2) games of the team being scouted on game night. If, for some reason, scout does not deliver films, he or school personnel must see that the films are in the hands of the opponent by 8:00AM, Saturday morning/next day.

ARTICLE 6

By-Laws: Boy's and Girl's Golf

- 6.2 All schools shall abide by the current rules and regulations of the OHSAA and USGA Rules of Golf.
- 6.3 The Conference schedule will use the following criteria:
- 6.21 Conference schedule will be a double round home and home schedule. A team will earn one point for each league match that they win.
- 6.22 One 18-hole Tournament will be a part of the conference schedule. The 18-hole round will occur the week prior to the sectional. A team will earn two points for each team they beat in the tournament.
- 6.23 Starting time for Conference matches will be 4:30PM.
- 6.24 The home school is responsible for determining inclement weather and the league commissioner or tournament committee is responsible for determining inclement weather for the 18 hole tournament.
- 6.25 The conference champion will be the team that has accumulated the most points during the regular season and the tournament.
- 6.26 The 18-hole round will be played on a course chosen by the Athletic Directors and coordinated by the league commissioner.
- 6.27 The Rules Committee, for the 18-hole rounds, will be established by the coaches.
- 6.28 The Commissioner, with the approval from the Athletic Directors, can make any adjustments to the neutral course requirement.
- 6.4 All-Conference teams will be determined in the following manner:
- 6.31 **The score qualifying chart will be used to determine the number of scores each coach needs to report for each player prior to the OHC tournament. These scores are used in the all conference selection process.**

CHART TO DETERMINE NUMBER OF REGULAR SEASON SCORES USED FOR ALL CONFERENCE SELECTION PROCESS

Number of teams	8	7	6	5	4	3	2
Number of league matches	14	12	10	8	6	4	2
Number of scores counted	10	9	7	6	4	3	2
Percent	71.4	75.0	70.0	75.0	67.0	75.0	100.0

NO MORE THAN 50% OF SCORES SUBMITTED MAY COME FROM THE SAME COURSE. ALL SCORES WILL BE REPORTED IN RELATIONSHIP TO PAR. EXAMPLE (+3 OR -2)

- 6.32 Two (2) times each player's 18-hole tournament score will be added to the **qualifying scores** and a 9-hole average will be determined from these scores. The commissioner or his designee will average these scores.

- 6.33 The six players with the lowest average scores as determined above will be on the **first team** all-conference team. The six players with the next lowest average scores will be considered second team all-conference. The next scores in succession, equal to the number of teams, will be considered honorable mention.
- 6.34 If there are fewer than 4 golf teams in the conference, an individual 18-hole tournament will still be held to determine All-Conference selections. If there are fewer than 4 teams there will be no **second team** or honorable mention awards.
- 6.35 The player with the lowest average will be the Player-of-the-Year for golf.

The ball will be played “down” at all OHC matches as stated by USG unless otherwise determined by the rules committee.

ARTICLE 7

By-Laws: Boys’ and Girls’ Soccer

- 7.1 All varsity matches will be established by the master schedule adopted by the Athletic Directors two (2) years in advance.
- 7.2 A double round robin schedule will be used.
- 7.3 Play days will be Tuesdays and Thursdays.
- 7.4 Make-up of conference matches shall be made by mutual agreement between the schools. All conference matches must be played *unless postponements do not allow this to be completed AND the OHC League Champion has already been determined.*
- 7.5 Starting time will be 5:30 PM.
- 7.6 When facilities permit, the matches will be played as doubleheaders with the girls playing the first match *unless the schools mutually agree to switch.*
- 7.7 Halftime will be ten (10) minutes and the second match shall start no more than fifteen (15) minutes after the completion of the first match.
- 7.8 There is no official assignor for the conference in soccer. The home school is responsible for hiring at least two (2) registered officials from a conference approved Officials Association for each contest.
- 7.9 The home school principal or their designee, in addition to the coaches, shall be present throughout the contests.

ARTICLE 8

By-Laws: Tennis

- 8.1 The Conference Varsity schedule will consist of a double round (home and away with each member school).

- 8.2 Matches will be scheduled on Mondays and Wednesdays during the Fall girl's season and on Tuesday, Thursday and Fridays during the Spring boy's season.
- 8.3 Each school will be designated as the "home" school for one of the two (2) matches. The "home" school will supply the tennis balls for its home matches.
- 8.4 The tennis balls used must be: only "championship" quality USTA approved extra duty felt.
- 8.5 Each match requires two (2) new tennis balls.
- 8.6 Suspended matches will fall under OHSAA guidelines.
- 8.7 The OHSAA guidelines on "stacking" must be followed. If a player is injured, ill or absent you must play a substitute for that player. Singles players must play in order of team rank. The better doubles team must play at #1 doubles. This does not mean that the best player on the team must play 1st singles. However, if he/she is going to play singles, he/she must play at the #1 position.
- 8.8 There are no paid officials. Each player shall call his/her own lines and the player will mutually keep their match scores. If a dispute arises either player may request a "line judge/scorekeeper" and the "home" school will provide one.
- 8.9 Each team match will consist of three (3) singles matches and two (2) doubles matches. Each match will consist of the best two (2) out of (3) tiebreaker sets. The twelve (12) point tiebreaker will be used.
- 8,10 A player may compete in a singles or a doubles match but not both.
- 8.11 Team lineups will be exchanged prior to the start of the match.
- 8.12 Starting time of the matches will be 4:30 PM.

ARTICLE 9

By-Laws: Track

- 9.1 The Conference weekday meet schedule will be followed.
- 9.2 Conference champions will be determined at the Ohio Heritage Track and Field Championship Meet for both boys and girls, junior and senior high teams.
- 9.3 The Conference meet will be held on all-weather track at a member school following the guidelines published in the OHC Track Appendix to the by-laws.
- 9.4 Meet officials shall consist of these paid positions:

Meet Manager	Clerk of Course
Field Events Judge	Finish Line Judge
Head Starter	Assistant Starter
- 9.5 Member schools will provide additional timers and event judges if needed by the meet manager.
- 9.6 The host school will be paid for routine care of the facility and the necessary gate workers, custodians, etc... to care for the facility.
- 9.7 All OHSAA sanctioned events will be scored for this meet.
- 9.8 Team scoring will be according to OHSAA rules.
- 9.9 Each team may enter two (2) participants per individual event and one team per relay event.

ARTICLE 10

By-Laws: Cross Country

- 10.1 **All-League Meets:**
- 10.2 The Ohio Heritage Conference will sponsor a conference meet any year half the schools sponsor a team at that level. Other schools that do not have teams may enter individuals in the league meet.
- 10.3 The site of the Cross Country meet will rotate among participating schools. The host of the meet will be rotated alphabetically between participating schools. The Conference Meet will be held the week prior to the District Meet.
- 10.4 The host school will select the site, arrange for the meet manager and a qualified timer. The host school is responsible for providing information prior to the meet to all local newspapers and to provide meet results to the same newspapers following the event. The host school will submit an itemized bill for all related expenses to be reimbursed by the league. Expenses will include the starter and possibly a finish line judge.
- 10.5 **Modified Scoring:** Any conference school that has a cross country program can be considered a team if they have at least 4 runners. the scoring of the meet will still involve five runners. A school that has only 4 runners will be assigned the last scoring position for the fifth runner. If more than 1 school has only 4 runners, the appropriate number of scoring positions will be added and points divided.
- 10.6 The OHC Championship Races will remain "open" races (all team members may participate) and only the scoring runners (top seven finishers for each team) according to OHSAA and National Federation Rules, are eligible to earn all OHC honors.

ARTICLE 11

By-Laws: Volleyball

- 11.1 All schools shall abide by the current rules and regulations of the OHSAA for volleyball. The OHSAA shall govern all play.
- 11.2 The Athletic Directors shall adopt the OHC volleyball schedule as published by the OHC Commissioner.
- 11.3 The conference varsity and reserve schedules will be double round robin with a home and home.
- 11.4 The reserve and varsity contests will be at the same site on the same day.
- 11.5 The conference matches will be played on Mondays and Thursdays.
- 11.6 The home school is responsible for providing warm-up balls and the appropriate state approved match ball.
- 11.7 Game time for the reserve match will begin at 5:30 PM.

11.8 Recommended that the home school will provide line judges, preferably adults.

ARTICLE 12

By-Laws: Wrestling

- 12.1 All Schools shall abide by the OHSAA rules and regulations for wrestling.
- 12.2 The Conference schedule will follow the format approved by the athletic directors.
- 12.3 The Conference championship will be determined by a round robin tournament. The tournament will be held the weekend before the OHSAA Sectional Tournament.
- 12.4 The Conference Tournament host is determined by the rotation on the attached schedule.
- 12.5 The conference tournament will follow the tournament format approved by the athletic directors.
- 12.6 The all-conference first team and honorable mentions will be determined by the championship tournament results.
- 12.7 The middle school Conference Championship Tournament will be held on the same date and same site as the high school tournament.

WRESTLING AWARDS

The champion in each weight class in the conference tournament will receive a medal and placed on the All-Conference first team. The runner-up will receive a certificate and placed on the second team all-conference.

If there are fewer than 4 wrestling teams in the conference, each weight class champion will still be used to determine All-Conference selections

Player of the Year will be selected in each sport according to procedures:

- Only OHC tournament weight class champions are eligible.
- Each coach can nominate up to two of his school's weight class champions for the MVW award.
- The ballot will contain names and information for each nominated wrestler.
- Coaches may not vote for their own team's wrestlers.
- Coaches will indicate their first choice with a 1 and their second choice with a 2.
- First place votes will be tallied with 3 pts. earned.
- Second place votes will be tallied with 1 pt. earned.
- The wrestler that has the most points after receiving all head coach votes will be named the OHC Most Valuable Wrestler.
- All results and voting information will be shared with AD's as soon as all coaches have turned in their votes. (Ballots do not remain anonymous.)

(This procedure happens the day of the tournament. The tournament director will facilitate.)

Article 12 A

By-laws: Bowling

- 1.0 Ohio High School Athletic Association
 - 1.1 All schools shall abide by the current rules and regulations of the OHSAA and USBC for bowling.
- 2.0 Scheduling
 - 2.1 All matches will be established by the conference master schedule. All matches will count toward the conference championship. Conference matches will begin on week three of the OHSAA schedule. The conference schedule will conclude one week prior to the sectional tournament. Adjustments may be made due to bowling house availability. In case of cancellations each school is responsible for rescheduling matches that are on the composite schedule. Every effort should be made to complete all conference matches prior to the beginning of the sectional tournament.
 - 2.2 All conferences matches shall consist of two games of ten pin bowling and four Bakers games. If the match is tied, there will be a ninth and tenth frame roll off between one player from each team selected by the respective head coach. This roll off will be repeated until the tie is broken. For each respective tie breaker, the winner of a coin toss will select their starting lane. Bowlers will rotate lanes for the tenth frame and any additional frames.
 - 2.3 The home school coach shall serve as the contest official, enforcing all OHSAA regulations and USBC rules.
 - 2.4 Conference Tournament
 - a. There will be a conference tournament and site. Conference championships will be awarded providing there are at least four schools participating.
 - b. The host school will provide an official tournament manager, who will be in charge of scoring, rules interpretation and presentation of awards. The conference will pay for the conference tournament manager, ticket taker, and lane expenses.
 - c. The tournament site will rotate between participating schools.
 - d. The tournament will consist of three games of ten pin bowling and five Bakers games.
 - e. The conference tournament will be held one week prior to the sectional tournament.
 - f. During tournament play each school will be assigned one lane based on a pill draw prior to the match.
- 3.0 Crowd Control
 - 3.1 It is the responsibility of the host school, or in the case of the conference tournament, the tournament manager or his designee, to maintain crowd control.
- 4.0 Officials
 - 4.1 The host school is responsible for designating an official for all league matches. It is recommended that the tournament host school designate a tournament official.
- 5.0 Awards
 - 5.1 The league champion(s) will be awarded the standard conference award.

- 5.2 There will be a conference champion provided there are a minimum of four schools competing, based on conference record and tournament points. If there is not the number of required teams, no conference trophy will be awarded. Each school will receive two points for winning a league match and two points for each team they defeat in tournament play.
- 5.3 The all conference first team will consist of seven (7) players based on the ten pin average for all league games and the conference tournament. The next seven (7) players will be named honorable mention. First team all-conference players will receive a medal. Honorable mention players will receive a certificate. A minimum of 75% of the ten pin games must be played in order to be considered for the all conference team
- 6.0 General Guidelines and Regulations
- 6.1 The host school will be responsible for any bowling house fees for conference home matches. House fees for the conference tournament will be paid by the conference.
- 6.2 Bowlers must wear a collared or mock turtle neck shirt with school name in 2" lettering on the back. No jeans or t-shirts will be allowed.

ARTICLE 13

By-Laws: Awards

- 13.1 First Team All Conference will receive medals. Second team All Conference will receive certificates. Honorable Mention will receive certificates.
- 13.2 No individual can earn more than one (1) All Conference Medal per sport, per year (this applies to football).
- 13.4 Scholar Athlete-Certificate is given at the end of the year. Recipient must have been on the honor roll two out of the three grading periods for the year (nine week grading periods and have received a varsity letter) The award is determined at the end of the third grading period.

ARTICLE 14

By-Laws All-League Selection

Coaches will meet at the end of the season as arranged by the Conference Commissioner. If a school does not have a representative at the meeting, no players from that school will be recognized.

1. The OHC will choose and recognize a first team, second team, and honorable mention team.

2. The number selected for the first and second team will equal the number of players on the field or court. The honorable mention team will be one (1) times the number of schools sponsoring teams except in wrestling and track.
3. If the conference does not recognize a team champion, then the only all conference selection in that sport will be first team.
4. Player of the year will be selected.
5. Scaled voting will be used. Each ballot will be read publicly for counting purposes. A coach may **NOT** vote for his/her own player(s). For example...Basketball (vote for 5) top player will receive 6 points—next player will receive 4 points—next player will receive 3 points—fourth player will receive 2 points—fifth player will receive 1 point. Top point receiver will be the conference player of the year. If there is a tie for the last first team spot...the athletes tied will be voted on to break the tie. Scaled voting will not be used. Ballots will be read publicly for counting purposes. If there is a tie for player of the year...the athletes tied will be voted on to break the tie. Scaled voting will not be used. Ballots will be read publicly for counting purposes.

Second team selection will be voted in the same manner. Those players receiving points for first team, but not selected for first team, will have their points carry over for second team selection. Scaled voting will be used and ballots will be read publicly for counting purposes. A coach may **NOT** vote for their own player(s). Ties for second team will not be broken.

The honorable mention team will be voted in the same manner. Those players receiving points for second team, but not selected for second team, will have their points carry over for honorable mention selection. Scaled voting will be used and ballots will be read publicly for counting purposes. A coach may **NOT** vote for their own player(s). Ties for honorable mention will not be broken.

6. Upon arrival at the all conference selection meeting the coach will submit the nominee(s) from his/her school for first team all conference. Each coach will have the opportunity to talk about their nominee(s). Then the voting will take place as outlined above (#5). Player of the year and first team all conference will be chosen.

Additional nominations will then be taken for second team all conference. They will be added to the first team nominees not selected to first team. Each coach will have the opportunity to talk about his/her nominee(s). Then the voting for second team all conference will take place as outlined in number (# 5).

Additional nominations will then be taken for honorable mention all conference. They will be added to the second team nominees not selected to the second team. Each coach will have the opportunity to talk about his/her nominee(s). Then the voting will take place as outlined in number (#5).

7. The following is the number of athletes selected in each sport:

	First	Second	HM
Soccer	11	11	one X # of schools
Football	22	11	8
Volleyball	6	6	8
Basketball	5	5	8
Baseball	9	9	8
Softball	9	9	8
Tennis	7	7	one X # of schools

Golf	6	6	one X # of schools
Cross Country	7	7	one X # of schools
Wrestling	14	14	
Track	58	58	
Bowling	5	5	one X # of schools
Quick Recall	12	8	

ARTICLE 15

By-Laws: Trophies Awarded

15.1 Varsity Sport Conference Championship Trophies will be awarded to the following sports:

<u>Boys</u>	<u>Girls</u>
Football*	Volleyball*
Cross-Country	Cross-Country
Golf	Golf
Basketball*	Basketball*
Baseball*	Track
Track	Tennis*
Wrestling*	Softball*
Tennis *	Soccer*
Soccer*	

* Based on Conference Record

- (Others based on outcome of Conference Meet and/or Tournament)

15.2 Conference trophy will be awarded for Junior High Football based on season record.

15.3 Trophies for Freshman and Junior High Tournament Champions:

Basketball (F-7-8)	Volleyball (F-7-8)
Wrestling	Basketball (F-7-8)
Track	Track
Cross-Country	Cross-Country

15.4 Only Championship Trophy will be awarded. Rationale: Coaches and Players strive for League Championships.

ARTICLE 16

Junior High Athletic Guidelines

16.1 The Ohio Heritage Conference Junior High Athletic program will abide by and compete under all rules and regulations established by the Ohio High School Athletic Association and guidelines established by the Athletic Directors and Administrators of the member schools of the Ohio Heritage Conference.

- 16.2 Charter member schools of the Ohio Heritage Conference in good standing are: Catholic Central, Cedarville, Greeneview, Mechanicsburg, Northeastern, Southeastern, Triad and West Liberty-Salem.
- 16.3 The following Junior High athletic programs will be recognized by the Conference beginning in August, 2001, if a minimum of four of the eight conference schools are competing:

Fall	Winter	Spring
Football	Boys Basketball	Boys Track
Volleyball	Girls Basketball	Girls Track
Cross Country	Wrestling	
Cheerleading	Cheerleading	

- 16.4 A majority vote by OHC member schools will be required to add or delete a sport from the previous stated list.
- 16.5 For Junior High matters, vote shall be cast by the Junior High Principal or his/her designated representative.

ARTICLE 17

JUNIOR HIGH BY-LAWS

17.1 Schedules:

- 17.11 Schedules will be drawn up two years in advance.
- 17.12 The Commissioner will prepare league schedule, league tournaments and meets of all Junior High Conference Tournaments.

17.2 Team Designation

- 17.21 For Boys and Girls Basketball and Volleyball. 7th Graders will play on 7th grade teams and 8th Graders will play on 8th grade teams.
EXCEPTION: The only exception to this rule will be if there are not enough players at one level (grade) to start or finish a contest. Teams **MUST** be notified in advance, agree to play, and accept the outcome of the contest.

17.3 Sports:

- 17.31 Football
- 17.32 Contests will begin at 5:00 PM. Unless agreed upon by both schools.
- 17.33 Eight (8) minute quarters.
- 17.34 At least two OHSAA registered officials.
- 17.35 Ten (10) minute halftime.
- 17.36 A "5th" quarter of exhibition may be played, if agreed upon by both teams.
- 17.37 A separate 7th grade only game(s) may be scheduled.
- 17.4 Boys and Girls Basketball.
- 17.41 Contests begin at 5:00 PM.
- 17.42 7th Grade 6 minute quarters.
- 17.43 8th Grade 6 minute quarters.
- 17.44 7 minute halftime.
- 17.45 15 minute warm-up between games.

- 17.46 Recommended that 2 OHSAA registered officials be used.
- 17.47 It is strongly recommended that the Score Keeper and Official Timer be 18 years of age or older.
- 17.48 A seventh (7 th) and eighth (8 th) grade tournament will be held at the end of the season for both boys and girls to determine the conference champion.
- 17.5 Cross Country – See High School By-Laws.
- 17.51 The conference championship will be held on the same day and at the same site as the high school meet to determine the conference champion.
- 17.52 At the conference meet, ribbons will be awarded to runners placing first (1 st) through fourteenth (14 th).
- 17.6 Track
- 17.61 A Conference schedule will be followed.
- 17.62 One or more OHSAA track and field official required
- 17.63 National Federation Track and Field rules should be followed.
- 17.64 Regular events (Quad Meets) unlimited participants per school, per event.
- 17.65 Conference track meet will be held on the same day and same site as the high school meet to determine the conference champion
- 17.66 At the conference meet, ribbons will be awarded to the individuals placing first (1 st) thru sixth (6 th) in each event.
- 17.7 Volleyball
- 17.71 A fourteen (14) match conference schedule will be followed.
(home & home with each conference member)
- 17.72 Contests begin at 5:00 PM.
- 17.73 Fifteen (15) minute warm-up between games.
- 17.74 At least one OHSAA registered official.
- 17.75 Recommended to have adult line judges.
- 17.76 A seventh (7 th) and eighth (8 th) grade tournament will be held at the end of the season to determine the conference champion.
- 17.8 Wrestling
- 17.81 Conference champion will be determined by the conference tournament held on the same date and same site as the high school tournament.
- 17.82 Individual conference champions and runner-ups in each weight class will be awarded a medal.
- 17.9 Cheerleading
- 17.91 No mounts, pyramids or stacks are permitted.
(Revised August 2007)

ARTICLE 18

BY-LAWS CONFLICT RESOLUTION PROCEDURES

When a conflict arises between schools over the operation of a contest or the expectations as outlined in the By-Laws, the following steps should be followed in an attempt to resolve the conflict.

- 18.1 The athletic directors, in cooperation with the coaches of the schools involved, will attempt to resolve the conflict.
- 18.2 If no resolution is found in step 1, or if the behavior of the coach or crowd is a part the issue, the principals from the schools involved should attempt to resolve the conflict.
- 18.3 If no satisfactory resolution is found through step 2 the schools involved should follow the grievance procedure.
- 18.4 If the conflict is not resolved at step 1 or 2, the school that initiated the complaint against another school, is responsible for filing a written summary of the complaint and steps taken to resolve the issue. Copies shall be sent to the commissioner and the conference president.

ARTICLE 19

BY-LAWS GRIEVANCE PROCEDURE

If one or more schools in the conference feel that it has just cause to file a grievance or complaint against one or more of the conference member(s), that can be supported by reliable testimony, films, materials, or other data, the following procedures shall be followed.

- 19.1 Within five (5) school days of the contest or incident leading to the grievance, a formal letter of grievance should be filed by the Principal(s) with the conference President, giving such information as is deemed necessary in support of the complaint. Such things as material evidence, reliable eyewitness accounts, statements from officials, etc.
- 19.2 Upon receipt of such a letter, the conference President shall immediately notify the school(s) against whom the complaint has been lodged as to the nature of the complaint and within three (3) days of such notice, such school(s) shall file, with the conference President, any materials in a formal letter that will support the position or contention of the school(s) accused. This should include such things as mentioned above.
- 19.3 Upon receipt of the letter from the defendant(s), the conference President shall form a committee of three (3) principals not involved in the complaint to conduct an inquiry into the claims as stipulated by the plaintiff. Such an investigation will be held within one week of receipt of the letter from the defendant. Should the complaint involve so many schools that three (3), unaffected principals are not available the investigation and decision shall be made by all principals acting as a committee of the whole.
- 19.4 All schools involved in the grievance will be called in separately

before the grievance committee to explain their position in the matter. The committee will report their findings and judgment to the league President within three (3) days of the hearing. The President will report to the school involved. The penalties, if any, will be left to the discretion of the grievance committee with the understanding that each case has its own particular set of circumstances and must be treated individually. The suggested penalties are as follows.

19.41 Written reprimand - copy will be given to each principal.

19.42 Probation – Consequences for a violation of the probation shall be included.

19.43 Forfeiture of a complete game.

19.44 Conference standings forfeited in the sport involved as well as individual All-Conference Awards.

19.45 Conference standing forfeited in all sports, in which the school participated, as well as individual all conference awards. This penalty is not to be retroactive to a prior season.

19.46 Recommendation for expulsion from the league.

19.5 All complaints against team in the conference by another team shall be filed formally with the league President for a ruling by the conference. Should, for any reason, any school, its coaches, or administrators cause another school be accused publicly by arbitrarily displaying, or causing to be displayed, any grievance with another school, with a group not officially representing the conference, such school shall be called before a grievance committee to answer for their misconduct in ethics. A penalty, to be decided by the grievance committee, shall be given to such a school. It is recognized that a school cannot be responsible for individuals acting on their own initiative and without official standing within the school.

19.6 Finally, that no action beyond the conference be taken until the conference, through its own grievance, formally rules on a grievance and determines the necessity for involving outsiders such as superintendents, boards of education, the OHSAA, etc.

ARTICLE 20

SPORTSMANSHIP BY-LAWS

THE FOLLOWING RULES ARE ESTABLISHED BY THE OHIO HERITAGE CONFERENCE SCHOOLS TO INSURE POSITIVE AND BENEFICIAL ACTIONS OF ALL FANS AT ATHLETIC CONTESTS. THE PURPOSE IS TO ENCOURAGE FAN SUPPORT OF THE TEAMS. ANY KIND OF DISRESPECTFUL BEHAVIOR WILL NOT BE TOLERATED.

- 20.1 In the spirit of sportsmanship, OHC athletic board policy prohibits the use of noise makers at indoor contests except school approved bands. Home school signs that decorate facilities may not be derogatory to the visiting schools.
- 20.2 No megaphones or any other means of increasing the volume of the voice may be used except by cheerleaders at indoor contests.
- 20.3 No objects such as spirit sticks may be brought to contests.
- 20.4 Visiting schools may not bring in any signs, posters or banners.
- 20.5 Only school approved personnel such as players, cheerleaders, mascots, and marching bands are permitted on the playing surface (court, floor, or field) before, during, and/or after the contest. However, the administration of the home school reserves the right to approve others for the purpose of pre-game or half time ceremonies or other special occasions. Furthermore, at indoor events, the administration of the home team may allow fan interaction with players during introductions as long as that interaction does not include the presence of spectators within the competition area (high fives with students standing outside the court is an acceptable example). At outdoor events, it is up to the discretion of the administration if home fans are permitted to form tunnels leading to the field prior to the game or if home fans are permitted on the field after the game. But, out of respect the host school/team, at no time should visiting fans be present on the playing surface (including end zones).
- 20.6 Seating for the visitors, both student and adult, will be together when ever possible. When possible the player's bench shall be in front of their own fans or two rows should reserved for managers, statisticians, etc. directly behind the bench.
- 20.7 The home school will make sure the necessary supervision of fans is provided. This includes police and staff supervision.
- 20.8 The official representatives form the visiting school should identify themselves with home school officials at all varsity contests so they can be found in case of emergency. Prior to the ejection of a student from a varsity contest, the official representative of that student's school should be notified.
- 20.9 Parading around the playing surface shall be prohibited. Teams are to go to their assigned warm up area immediately after entering the playing surface.
- 20.10 Unsportsmanlike tactics and taunting of another athlete shall be discouraged at all times. This dimension of the policy shall be the direct responsibility of the head coach. This is also covered by OHSAA.
- 20.11 Varsity team members will introduced on an alternating basis to allow athletes to shake hands.

ARTICLE 21

CHEERLEADING BY-LAWS

- 21.1 The OHC prohibits pyramids, mounts or standing on shoulders of another cheerleader at any league contest as stated by the OHSAA.
- 21.2 During the basketball season, the visiting cheerleaders have the first opportunity to cheer during the first and third quarters and the home cheerleaders the second and fourth quarters.
- 21.3 Cheerleaders from the competing schools will be introduced ten minutes prior to tip off.

ARTICLE 22

FUNCTIONS/DUTIES OF THE ATHLETIC DIRECTORS COMMITTEE

- Section 1:** During Athletic Director Committee meetings, coordinate OHC game schedules with the assistance of the OHC Commissioner.
- Section 2:** During Athletic Director Committee Meetings, submit written proposals to the Board of Control regarding policies and procedures as recorded in the meeting minutes.
- Section 3:** Implementation of all OHC Constitutional policies and By-Law procedures.
- Section 4:** Participate in the annual evaluation of the Commissioner.
- Section 5:** Perform other duties as assigned by the Board of Control.

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