

**RU Girls HS Open
Meet Records
1972-2017**

Event	Athlete	School	Time/ Distance	Year
100m Hurdles	Carol Lewis	Willingboro	13.3	1980
100m Hurdles	Ste'yce	McNeil	13.79 FAT	2012
100m Dash	Michelle Glover	Willingboro	11.5	1981
100m Dash	Shavon Greaves	Lakewood	11.68 FAT	2006
200m Dash	Denise Liles	Kingsway	23.5	1986
400m Dash	Michelle Brown	Seneca	54.17	2009
800m Run	Erin Donohue	Haddonfield	02:08.9	2001
1500m Run	Kristen Traub	Eastern Christian	04:39.2	2012
1600m Run	Michelle Rowen	Washington Twp	04:40.7	1982
Mile Run	Melanie Thompson	Voohees	04:56.3	2008
3000m Run	Danielle Tauro	Southern Regional	09:47.1	2007
3200m Run	Alyssa Alridge	Mainland	10:27.44	2017
2 mile Run	Dana Giordano	Bernards	10:45.5	2012
400m IH	Shquanda Meylor	Woodrow Wilson	01:00.6	2006
5000m Run	Caroline Kellner	West Windsor S.	17:13.9	2012
2000m Steeplechase	Ashley Higginsonsss	Colts Neck	06:50.4	2007
MS 800m Run	Brianna Gess	Haddonfield MS	02:15.1	2013
4x100	Winslow Twp. (DeAnn Cross, Christine Oguledo Cidae'a Woods, Torie Robinson)		47.61	2013
4x200	Woodrow Wilson (Tamara Jones, Shquanda Meylor, Jasmine Still, Samantha Sharper)		01:40.5	2006
4x400	Camden		03:53.9	1976
4x800	Freehold Township (Abigail Faith, Adrien Vitello, Heather Spadola, Emily Bracher)		09:18.9	2012
Distance Medley	Lenape (Camille Franklin, Emily McGee, Amanda Restivo, Natalia Ocasio)		12:01.4	2012
4x1600	Haddonfield (Mary Mulholland, Erin O'Donnell, Holly Cosnett, Erin Donohue)		20:48.7	2000
4x1500	Southern Regional (Alexis Patrick, Kate, Bergin, Jillian Smith, Danielle Tauro)		19:35.2	2007
Sprint Medley	Southern Regional (Katie Rubel, Dana Oholson, Chelsea Cox, Jillian Smith)		04:04.0	2009
Shuttle Hurdles	Winslow Twp. (Cidae'a Woods, Gabrielle Bennett, Brittany Preston, Torie Robinson)		01:01.1	2014
3x400 IH	Edgewood (Pamela Richardson, Tenille Payne, Saudia Saleem)		03:15.2	2001
800m Medley Relay	Camden (Shaterri Alston, Brandi Sewell, Kamics Smalls, Avionne Sloan)		01:45.0	2006
MS 4x100m Relay	Haddonfield		50.6	2010
Pentathlon	Priscilla Frederick	Paul VI	3,305 pts	2007

High Jump	Erin Halpin	C.H. East	5'8"	1985
	Brianna Hunt	Delsea	5'8"	2010
	Tierra Hooker	Timber Creek	5'8"	2017
Long Jump	Carol Lewis	Willingboro	19'6 ³ / ₄ "	1981
Triple Jump	Adaobi Unachukwu	Marlboro	38-03.00"	2009
Shot Put	Alyssa Wilson	Donovan Catholic	54'7 ¹ / ₄ "	2017
Discus	Alyssa Wilson	Donovan Catholic	182'0"	2017
Javelin (old Jav)	Lillian Rivera	Pemberton	145' 0"	1983
Javelin (new Jav)	Maria Jimenez	Vineland	154'11'	2012
Pole Vault	Dana Schweiger	Toms River North	11-06"	2011