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ESSENTIAL  
— BEAUTY & AESTHETICS —

Not only are we a five star clinic in the most prestige location with sea views. We bring health and well being to you in a holistic and clinical approach. From nutrition advise, to injectable treatments, to skin health and beauty therapy.

We are here to help you!

We pride ourselves at Essential in using only the best in products, ingredients and equipment to ensure results and customer satisfaction. We use high standard award winning cosmeceutical products. Cosmeceuticals are medical grade cosmetic products which can only be purchased with skin specialists due to the high dose of active ingredients.



## Medical Treatments with Dr John Buckmaster- 10% off ALL FIRST TREATMENTS

### Ultra V Mini Thread Non Surgical Facelift

3 areas - £950.00

SPECIAL Introductory offer - £850

Other areas - e.g. chin, brow, hands, arms and buttocks - £500

### Azzalure (Botulinum Toxin) (Anti-Wrinkle Injections)

Areas Treated: Frown Lines, Brow Lift, Bunny Lines and Crow's Feet.

Free review and top-up if necessary after two weeks.

1 Area - £165

2 Areas - £240

3 Areas - £265

4th Area - £50

Supplementary charge for men - £25

### Dermal Fillers

For Nasolabial Lines, Mid - Face Enhancement Cheek Plumping, Volumisation, Lip Redefinition, Lip Plumping, Marionette

Restylane Dermal Fillers

0.5ml - £225

1.0ml - £325

2.0ml - £550

### Skin Boosters

Face, Neck, Décolletage, Hands and Upper Arms

Course of 3 treatments each a month apart - each treatment - £265

Total for 3 treatments (recommended) - £650

### Hyperhidrosis

For excessive underarm and scalp sweating - £450

### Sclerotherapy (Treatment of Thread Veins in the Legs)

Second treatment after 6 weeks if needed

Each area approximately the size of the palm of your hand - £350

### Minor Surgery- Such as moles, warts, skin tags... From £75

New patients are usually asked to provide a deposit of £50 to secure an appointment which is refundable if treatment cannot be carried out for medical reasons.

## What is laser hair removal?

Laser hair removal is brilliant technology which allows you to kill of hair follicles without damaging any of the surrounding tissue. Laser hair removal works by a red laser beam attracting to the pigmentation in the hair shaft, the laser light travels down the hair shaft and coteries the follicle. With our latest medical technology, our diode laser is able to treat many different types of hair AND all skin types with up to a 95% permanent hair reduction!

Area	ONE	SIX
Underarm	£60	£300
Standard Bikini	£60	£300
High Bikini	£70	£360
Brazilian/Hollywood	£95	£510
Navel to pubis	£35	£150
Abdomen	£95	£510
Fingers	£35	£150
Hands	£55	£270
Forearm	£95	£510
Full arm	£135	£750
Areoloa	£35	£150
Chest	£95	£510
Toes	£35	£150
Feet	£55	£270

Area	One	Six
Shoulders	£95	£510
Buttocks	£95	£510
Upper lip	£45	£210
Chin	£45	£210
Lip & Chin	£75	£390
Cheeks/Sideburns	£75	£390
Neck	£60	£300
Half face	£95	£510
Full face	£110	£600
Monobrow	£35	£150
Half leg	£150	£840
¾ leg	£200	£1140
Full leg	£240	£1380
For men		
Abdomen/Chest	£135	£750
Full back	£150	£840
Abdomen & Chest	£200	£1140
Half back/Shoulders	£135	£750
Full back, chest & Abd	£250	£1440

Payment plans available up to 5months payment break down to ensure the best results and affordability for every body.

**Fibroblast** is a non-surgical treatment that shrinks excess skin, bags and wrinkles. It is revolutionary in wrinkle smoothing and eyelid tightening, dramatically reducing hooded eyelids. This treatment can also be used very effectively for skin tags and non surgical face and neck lift.

Prices start from £100.00

**Chemical skin peels** are famously known for deeply exfoliating the dead skin cells allowing skin to look more brighter, even skin tone and texture while fresh new skin cells come to the surface as well as working with specific ingredients to penetrate deeper into the skin to work with individual concerns.

Prices start from £50.00

**Mesotherapy** with use of Nanotechnology means that we can fight against ageing, stretch marks, scarring and pigmentation. With Mesotherapy we can work with ingredients to speed up the process of fighting concerns and allowing deeper penetration of the right ingredients.

**Micro-Needling** means we can stimulate skin cell renewal while stimulating collagen and elastin in the skin.

Price start from £125.00

Spray tanning and eye treatments require patch test up to 24 hours before booked appointment.

Treatment	Price	Treatment	Price
Waxing		Eyelash extensions	£50.00
Half leg	£17.00	Infills prices	From £25.00
Full leg	£22.00	Eyebrow tint	£7.00
Half arm	£15.00	Eyelash tint	£10.00
Full arm	£18.00	Eyelash & Brow tint	£15.00
Chest/Back	£24.00	Defined Brows	£12.00
Chest & Back	£35.00	Eyelash Lift	From £25.00
Bikini	£15.00	Manicure (Gel optional)	£20.00
Hollywood/ Brazillian	£20.00	Pedicure (Gel optional)	£23.00
Eyebrow shape	£6.00	File & Polish	£10.00
Lip/Chin	£5.00	Gel polish	£15.00
Lip & Chin	£8.00	Essential spray tan	£15.00
Abdomen	£10.00		
Underarm	£10.00		

A person is receiving a back massage. The therapist's hands are visible, applying pressure to the person's back. The person is wearing a purple towel.

In the world of stress, health issues and environmental damage, people underestimate the power of holistic therapies. Although holistic therapies are seen as a luxury, it is so important to look after the body physically and physiologically.

Treatment	Time	Price
Full body massage	60 minuets	£40.00
Back, neck & shoulders	30 minuets	£25.00
Indian head massage	30 minuets	£25.00
Luxury facial to suit	60 minuets	£30.00
Hopi ear candles	45 minuets	£30.00

Each treatment is tailored to individuals wants and needs. The benefit of holistic therapies is endless.

**Microdermabrasion** is a classic aesthetic treatment. Benefits include; deep exfoliation of dead skin cells on the top layer of the skin, stimulation of blood, stimulation of lymphatic system which makes this great for dull skin and puffy eyes. The crystal exfoliation helps against the removal of large blocked pores, black heads and stimulates cell renewal. This treatment is amazing for someone who has dull, oily or congested skin.

Price start from £35.00

**LED** lights come in various different colours which promotes skin rejuvenation, each light works with cells in the skin to help with concerns. We choose the colour suited to your skin concern. We can also treat various concerns such as pigmentation, oily, acne, ageing, dry, dehydrated and sensitive skin.

Price starts from £20.00

**Micro blading** is a form of semi permanent make up where we insert pigment into the epidermis to create natural hair stroke looking eyebrows which lasts 9-12 months. Micro blading is brilliant for natural looking brows, over plucked brows, and to reshape and re define natural brows.

Price is £180.00 for the 2 treatments required

**Dermaplaning** is a form of manual deep exfoliation on the top layer of the skin. This treatment is perfect for dull, ageing and dry skin. Other benefits of dermaplaning include; Prepares skin for peeling, removes dead skin cells, stimulates new skin cells, helps to even skin texture, creates a healthier glow to the skin, allowing deeper penetration of products, brings fresh new skin cells to the surfaces of the skin. Price from £50.00

Do you want to be a Essential member?

We have our bronze, silver, gold and platinum package depending on peoples wants, needs and budgets.

Our membership schemes will entitle you to;

Skin care product renewal

Personal training sessions

Exclusive discounts and offers

Free birthday treatments and product of choice

First priority to come in for **FREE** and minimal charged treatments when we teach, have training days or bring in new treatments

**FREE** treatments

Gift vouchers

And much more

Our membership has been put together so that we can show clients the importance of internal and external wellbeing, so that it enables clients to feel there best and confident in there own bodies and so that we can ensure you are well looked after.

We also offer 0% interest free payment plans, this has been designed so that treatments can be affordable for everybody. Our payment schemes can be used on various treatments such as medical grade facials, laser hair removal, courses of treatments.

If you would like more information please ask one of the team!

