

Get the rundown on this month's events, plus latest news from IWC, an Aboriginal community-controlled, non-government and charitable organisation providing services to all, Indigenous and non-Indigenous

IWC Deadly News Update July 2018



Registered charity: Australian Charities and Not-For-Profits Commission

AGPAL National Aboriginal Medical Service of Year 2016

National Disability Insurance Scheme
Local Area Coordination partner for Bundaberg Region



Delivering the NDIS in your community



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IWC client numbers top 13,000

IWC's support and services for our community continues to grow, with around 104,000 Episodes of Care delivered in the past financial year. This has risen from 71,542 in 2015/16 and 94,635 in 2016/17. Client numbers now top 13,000 across IWC services, and rising. Stage 2 of the IWC Health & Wellbeing Complex is under way, and is scheduled for completion in 2019.



[See the latest Stage 2 construction photographs.](#)

Funding from the Australian Government's Building Better Regions Fund supports the Stage 2 construction project.

Charity Golf Day for LifeFlight

On Saturday 7 July IWC will host a Charity Golf Day in partnership with Gayndah Golf Club. The event also is being held as part of NAIDOC Week. This is an inclusive event, open to everyone, for all skill levels. It will raise funds for LifeFlight aeromedical care and helicopter rescue.

Great prizes are on offer, and we'd like to give a big shout out to the following businesses for generously donating prizes for the rolling raffle and winning golfers.

The Zen Den in Agnes Water has offered up a \$175 voucher for accommodation in the seaside resort town. Don't miss out on this and other prizes being donated by:

- Mitre 10 Gayndah
- Burnett Mapping, Mundubbera
- A Little Different Café, Gayndah
- Maddern Citrus Coffee (Vanessa and Brett Meyers)
- Billabong Restaurant, Mundubbera
- Angela's Hair & Beauty, Gayndah
- Gayndah's Big Orange
- Burnett Butchery, Eidsvold

So come along as a player or supporter - it will be a great day!

[Download the flyer](#)

NAIDOC Play & Learn event

Storytelling, bubble pictures, dancing, music, beading, cupcake decorating and flag colouring - they're all lined up for the free 2018 IWC NAIDOC Play & Learn event on 11 July. The free event, delivered by the IWC Families' Wellbeing program, is open to primary school-aged children accompanied by a parent or carer for the whole event, which will run for three hours from 10am-1pm. Play & Learn will be held at the Oasis Church Hall, 24 Sims Rd, Walkervale. Bookings are essential.



[Book your tickets](#)

Funding from the Department of Prime Minister and Cabinet supports the Families' Wellbeing Program.

IWC team members Jenny Springham and Kiama Theuerkauf-Smith have been nominated for the Bundaberg & District NAIDOC 2018 Awards. Voting forms are available at the IWC Health & Wellbeing Centre, where an official voting box is available in the main ground-level foyer.

You can also [vote online](#). Voting is open only to Aboriginal and Torres Strait Islander peoples.

Good luck to all of the nominees. Winners will be announced on 14 July 2018 at the Bundy Gala Ball.

Invitation to join Healing Circle

The latest Healing Circle Work sessions have just closed off, with the participants moving forward significantly, with positive outlooks for their future. Expressions of interest are now being taken for the next Healing Circle Work sessions.



[Find out more about IWC Healing Circle Work](#)

Get advice on diet, nutrition

Get advice from IWC Accredited Practising Dietitian Natalie Selever in our weekly Facebook posts. We'll be talking about the things that matter - from superfoods to fad diets and fibre. Don't miss them every Tuesday [on our Facebook page](#).

IWC Dietetics Services are here for everyone.
[Find out more.](#)



Mayor visits Coffee in the Park

Our warm thanks to North Burnett Mayor Rachel Chambers (pictured) and her team for being among the visitors to the latest Eidsvold Coffee in the Park event in June. The North Burnett Mayor, Deputy Mayor Faye Whelan and Councillors all stopped by for a quick health check. There was a good turnout for the regular event, which takes place in Eidsvold every two months. All welcome.



[See the photographs](#)

The IWC North Burnett team and its services are supported by funding from the Department of Prime Minister and Cabinet, Queensland Health, CheckUP, the Department of Health and the Department of Communities, Child Safety and Disability Services.

And the winners are ...

IWC held a colouring competition as part of Reconciliation Week, and we were very impressed with the entries. Thanks to everyone who took part. The winners were:
School Artwork - St Joseph's Catholic School - Year 3
Senior - Zoe King
Years 3-7 - Preston Eggmolesse
Year 8 - 12 Lily Gadsby - St Joseph's School
13-17 - Aylah Garland and Cody Geffs



Congratulations!

[Read more](#)

Would you like to become part of the IWC team?
We post available roles on [the IWC website](#)

Warmhearted gift is shared

Our thanks to Knitting for Brisbane's Needy (K4BN) for generous contributions of knitted items, which we have been distributing across

our community.

[Read more](#)

Knitting for Brisbane's Needy was started in Jan 2006 by Karen Croke from the Glass House Mountains area of the Sunshine Coast Hinterland. [Find out more](#)



Update your Medicare details



Are you a patient / client of IWC Medical and Health services? Are your Medicare details up to date? You can update them by [downloading form MS013 here](#). It's important that your Medicare details are up to date because as a patient / client you must have your nominated bank account details registered with Medicare to receive your benefit.

Mixed billing at IWC Medical

Would you like to know more about mixed billing and IWC Medical Centre? Download the Q&A here. Mixed billing does NOT apply to:

- Aboriginal and Torres Strait Islander peoples; or
- Holders of a pension card; or
- Holders of a concession card; or
- Children under 16 years of age

[Download the Q&As](#)

IWC mixed billing



for non-Indigenous / private patients

See the list of IWC's July events below

IWC named a Local Legend

IWC has been named as a Local Legend by Hinkler Central, and a video featuring some of our team is running at the shopping centre in Bundaberg. Hinkler says "the introduction of NDIS has changed the lives of locals in the Bundaberg community".



IWC is the National Disability Insurance Scheme (NDIS) Local Area Coordinator for Bundaberg region.

[Watch the video](#)

Politicians push to save IDEAS

IWC was part of the Bundaberg Region Promotion Night at Parliament House in Brisbane on 14 June, where we spoke at length with Dr

Christian Rowan, State Shadow Minister for Aboriginal and Torres Strait Islander Partnerships. He has joined the community push to retain the Indigenous Eyes and Screening (IDEAS) Van service, which IWC has been hosting since early 2016. Dr Rowan spoke in the House on 14 June, prior to attending the Presentation Night. Member for Burnett Stephen Bennett and Member for Bundaberg David Batt have got behind the campaign to save the service.



[Read what he had to say](#)

Did you know our phone number is 1300 492 492, which is 1300 IWC IWC - so easy to remember

NDIS team moves into reviews

IWC's NDIS team is bringing its first plans full circle, over a year since taking on the role of Local Area Coordinator for the Bundaberg region. Over the next six months, our team will be reviewing more than 1100 active plans in the Bundaberg region. These review conversations provide NDIS participants an opportunity to discuss any changes to their goals, safety concerns or major changes in circumstance.



Delivering the NDIS in your community

[Find out more](#)

IWC is the NDIS Local Area Coordinator for Bundaberg region.

Keep up to date with IWC news and views through our website's blog "[Need to Know](#)" sections

Whole school turns out for event

THE whole of Yandaran State School turned up to join in the fun when IWC held its first Coffee in the Park event in the historic township on June 13, 2018. The free three-hour community event was one of 33 being held across Bundaberg and North Burnett this year, and was co-hosted by IWC's NDIS team and Alcohol and Other Drugs (AOD) Program.



[Read more](#) and [see the photographs](#)

The IWC AOD Program is supported by funding from the Department of Prime Minister and Cabinet. IWC is the NDIS Local Area Coordinator for Bundaberg region.

Reconciliation in Action shared

We were delighted to welcome David Dowsett of ABC Wide Bay to the IWC Health & Wellbeing Centre for the official opening of the Reconciliation Week 2018 celebrations. [Listen to IWC Director Cheri Yavu-Kama-Harathunian being interviewed](#) about how IWC opened its doors to the whole community, both Indigenous and non-Indigenous.



Bush tucker on menu

A menu of Bush Tucker delights, and a Smoking Ceremony with didgeridoo and clapsticks were highlights of a Reconciliation Week celebration held by Bundaberg Home Care. Clients enjoyed a delicious Bush Tucker menu including:

- Roo bites marinated in bush spices (bush tomato and mountain pepper)
- Crocodile bites in lemon myrtle (served with pepperberries aioli)
- Damper with Rosella jam
- Local mullet with brown rice and macadamia salad

It was all topped off with white chocolate wattleseed yum balls, lemon myrtle slice and orange and wattleseed mini muffins.



[See more photographs](#)

Home Care services are supported by funding from the Department of Communities, Disability Services and Seniors, and the Department of Health.

For regular updates, become a [Friend on our Facebook page](#) or stay up to date through the [IWC website](#)

Charity Golf Day, Gayndah Golf Club: 7 July

Open to everyone. Celebrating Reconciliation Week 2018 and NAIDOC Week 2018.

[Download the flyer](#)

Mundubbera Coffee in the Park: 4 July

A regular event with free health checks, prizes, giveaways, sausage sizzle and children's activities. On from 10am-1pm and everyone is welcome.



Biggenden Coffee in the Park: 5 July

Everyone welcome. Come along for free health checks, prizes, giveaways, sausage sizzle and children's activities. On from 10am-1pm.

Funding from the Department of Prime Minister and Cabinet, Queensland Health, CheckUP, the Department of Health and the Department of Communities, Disability Services and Seniors support this initiative, delivered by the IWC's North Burnett team.

NAIDOC Play & Learn: 11 July

For primary school-age children and their parents / carers.

[Bookings essential.](#)

Funding from the Department of Prime Minister and Cabinet supports Families' Wellbeing, which is delivering this initiative.

North Bundaberg Coffee in the Park: 11 July

IWC is rolling out the Coffee in the Park events across Bundaberg region during 2018. The next is at North Bundaberg. Come along and find out about the NDIS, our Dental Practice, diet and nutrition, IWC Alcohol & Other Drugs services, our Youth Program, health and fitness sessions, diabetes, our Midwife service and much more. Prizes, giveaways, sausage sizzle, games and activities. These free events run from 10am-1pm and everyone

is welcome.

IWC is the NDIS Local Area Coordination for Bundaberg region. Funding from the Department of Prime Minister and Cabinet also supports this initiative.

Drug Education & Relapse Prevention Support Group - Every Tuesday

The IWC Alcohol and Other Drugs (AOD) program is here to provide a free, confidential support group that offers a flexible rolling program for all in our community. Every Tuesday, from 10am to noon, you are invited to join this support group, which is facilitated by a qualified, experienced AOD social worker. More details: Call Lee Hammond at IWC on 1300 492 492.

[Download the flyer](#)

Funding from the Department of Prime Minister & Cabinet supports this initiative.

Meditation: every Thursday

IWC holds free meditation sessions at the Oasis Church at 24 Sims Rd, adjacent to Walkervale School. Mats and pillows provided. These sessions are led and no experience is required. Free, and all are welcome. Please arrive by 11.45am for a prompt noon start. Session runs for around half an hour. No booking needed. Call Lee Hammond on 1300 492 492 for details.

NDIS IWC Local Area Coordination (LAC) Information Sessions Bundaberg: Mondays and Fridays 10am-noon

These sessions are informal and are here to support people with disability in Bundaberg region, and their carers or family, access the National Disability Insurance Scheme (NDIS). They are held at the IWC Health & Wellbeing Centre, 184 Barolin St, Bundaberg.

NDIS IWC LAC Implementation Workshops: Tuesdays, Wednesdays and Thursdays, 9am-4pm

These informal implementation workshops are for NDIS participants with completed plans, or their family members. They are held at the IWC Health & Wellbeing Centre, 184 Barolin St, Bundaberg.

NDIS IWC Local Area Coordination (LAC) Information Sessions Gin Gin: Wednesdays and Thursdays 10am-1pm

These sessions are informal and are held at the Youth Activity Centre on Walker St, Gin Gin.

NDIS IWC Local Area Coordination (LAC) Information Sessions Childers: Tuesdays and Wednesdays 9.30am-1pm

These sessions are informal and are held at the Isis Cultural Centre.

IWC is the NDIS Local Area Coordinator for Bundaberg region.

IWC Girls' Group: Every Monday

IWC Girls' Group - provided to Indigenous teenage girls by the Youth Program. Find out more by calling Tracey Darby on 1300 492 492.

Funding from the Department of Prime Minister & Cabinet supports this initiative.

Intergenerational AOD Traditional Owners and Elders Group

A regular meeting of Traditional Owners and Elders to address issues around drug and alcohol that face our communities. Find out more by calling Lee Hammond on 1300 492 492.

Funding from the Department of Prime Minister & Cabinet supports this initiative.

STAY CONNECTED:

