

# LASH CARE

## 24 hours after application

Do **not wash** eyes or wet them.

Avoid saunas, jacuzzis, hot showers, hot yoga and sweat in general, as **heat** can melt or distort the extensions.

## daily maintenance

**Avoid rubbing/pulling** your eyelashes.

**Avoid oil-based** and waterproof mascaras or make-up removers.

Only use **extension-safe mascaras**.

Do not use eyelash curler or tint your eyelashes.

Clean your extensions with an oil-free make-up remover every day.

Avoid oily products near the eye area. If you use eye-moisturizer, best to apply in the morning.

Do not brush your eyelash extensions whilst they are wet.

Avoid liquid eyeliners.

**Avoid heat** close to your extensions such as oven, lighter.

Try to **sleep on your back** or - really carefully - on your side.

**Brush extensions out regularly** to maintain their neat look and avoid that unflattering disheveled look. Close your eyes and brush your lashes out positioning the brush on their top side (opposite to the way we'd apply mascara). Be careful and soft.

## follow-up

[Book a fill appointment](#) every 2-3 weeks, to fill in areas where your natural lashes have fallen out and new lashes are growing in. Never attempt to remove the lashes yourself.

