

High Support

Safe Actions conducts manual tasks training consistent with the Code of Practice: Manual Tasks and based on the needs of workers in the Hospital, Aged and Disability environment. The OSH regulations, risk management and reporting are covered in the theory section.

The Manual Tasks - High Care short course covers assisting an individual:

- To roll in bed
- Using slide sheets to roll an individual in bed
- Using slide sheets to move an Individual up the bed
- Repositioning an individual in their chair
- Using hoists, slings and transfer aids
- Moving beds and hoists



In this 4 hour course, workers are coached in self protective behaviours when completing these tasks and the use of equipment to reduce the risk or effort associated with these activities.

This course is ideal for workers who are new to the health sectors and those requiring a refresher of their manual tasks training.

Attendance certificates and manuals are available on request.

Content can be customised to suit a particular organisation.