

Falls Risk Transfers Strategy and Management

Safe Actions conducts manual tasks training looking specifically at how to minimise the risk of injury to the worker and the individual in falls risk transfers.

This training is a great addition to the underpinning knowledge gained from standard Falls Prevention training and will further up skill Support Workers who assist individuals with transfers from chair to chair, bed to chair or walking.

The Manual Tasks and Falls Risk Transfers: Strategies and Management short course covers:

- OSH Act, Regulations, Code of Practice Manual Tasks and their implications for transferring individuals where there is a falls risk
- Transfers with a falls risk
- Risk factors when walking individuals
- Sitting and standing an individual
- Various methods of walking and supporting an individual, using equipment and quick release holds
- Chair to chair transfers
- Use of a chair and normal movement patterns to assist an individual after a fall
- One method to slowly slide an individual to the floor

In this full day course, workers are coached in self protective behaviours when completing these tasks. The use of thorough assessment of the individual and risk assessment processes prior to undertaking any falls risk transfers is emphasized.

Due to the physical nature of this course, it is essential that the participant have completed an approved basic manual tasks training course (please contact SafeActions to discuss), can squat to 80 degrees with feet remaining flat on the floor and can kneel on one knee and return to standing without needing to lean on equipment.

This course is ideal for workers who assist individuals in any of the above mentioned key risk transfers.

Attendance certificates and manuals are available on request.