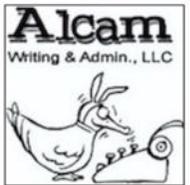


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More of the Best of the Valley

October 10, 2018

Sea of pink at 7th annual 5K Saturday supports Seymour Pink

By Patricia Villers

Photos by Dajana Damjanovich, Kellie McKane-Manchisi, Dawn Scott, Citizens' Engine Co. No.2., Patricia Villers

SEYMOUR - Saturday's gray skies failed to dim the brightness of a sea of pink downtown at the 7th annual Pounding the Pavement for Seymour Pink.

This year the number of participants in the popular 5K run/walk was capped at 2,750.

That was the biggest number of runners and walkers registered to support the nonprofit Seymour Pink, a community's fight against breast cancer.

Mary Deming founded Seymour Pink in 2009 to honor the memory of her mother, Theodosia McInerney, who died from breast cancer.



In an email the day after the event Deming thanked everyone who helped to make the event such a success.

She wrote in part:

“Probably the most difficult part of the 5K happens the day after, when I try to put into words what the 5K meant to me!

Perhaps it's a trite saying, but I am at a loss for words which would even come close to describing what yesterday meant to me and what it felt to me.

There are so many times during the morning when the view my eyes capture brings me to tears; yes tears of sadness but so much tears of joy. The sadness is selfish! I think of the loss of my mother and I think to myself another time, another place, life would've been different. But the tears of joy overwhelm those tears of sadness.

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Sea of pink at 7th annual 5K Saturday supports Seymour Pink

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Yesterday, the aerial view of all of you lined up to start the race (yes you all made it behind the starting arch before 9 am...a former student whispered, later to me, that my "teacher voice" came out...sorry), brought me to the edge. The line of runners and walkers seemed ENDLESS!

Then as you all headed down Derby Avenue, I saw a 'See of Pink'...Pink, Pink and more Pink, and once again my eyes filled."



The Seymour Lions Club
49TH ANNUAL
BENEFIT CAR SHOW

Sunday - October 14, 2018
 PLAQUE SPONSORED BY VIN DADDIO

Seymour Lions Club holding annual car show

SEYMOUR - The Seymour Lions Club will hold its 49th annual benefit Car Show on Sunday.

Antique, Custom, Stock, Hot Rod, Muscle, Street Rod Classics, Truck and Motorcycles are welcome.

It is being held at M.P.I. Corporation, Silvermine Industrial Park, 4 Progress Ave.

Breakfast and Lunch will be available in our Lions Kitchen!

There will be music and entertainment throughout the day.

Times:

- Registration: 8 - 11 a.m.
- General Admission: 8:30 a.m. - 2:00 p.m.
- Trophies will be awarded at 2:00pm.

Admission:

- Registration: \$10,
- General Admission: \$5,
- Seniors (65+): \$3.
- Under 12: Free

