What is sleep apnea?

Obstructive sleep apnea (OSA) occurs with frequent collapse and obstruction of a person's airway during sleep.

Symptoms of OSA

- Loud snoring & gasping for air during sleep
- Excessive sleepiness
- Irritability & depression
- Lack of energy
- Trouble concentrating

Why treat my apnea NOW?

Sleep apnea increases your chances of getting in a car accident by 2.5X and leads to life threatening conditions like heart attack and stroke. Left untreated, the risk of death is up to 4 times greater!"
Modern Sleep Apnea Surgery: better than CPAP

Sleep apnea can now be effectively treated with a simple surgical procedure with few side effects. Surgery eliminates much of sleep apnea’s health risk and is better than CPAP by 31% in reducing the risk of death.\(^2\)

31% better than CPAP

The AirLift™ Procedure

In a quick and safe procedure, sutures are placed around the hyoid bone and small suture anchors are placed under the chin. Your doctor then re-positions the hyoid bone forward. This opens your airway. If needed, your doctor can also place a suture loop to help prevent the tongue from blocking the airway.

Benefits of the AirLift Procedure

A study comparing surgical treatment to no treatment demonstrated significant reduction in the risk of death after surgical treatment of sleep apnea\(^3\).

Is the AirLift Procedure right for me?

Talk to your doctor to see if you are a good candidate for the AirLift Procedure.

Risk of Death after 5 Years (%)

- 20% Untreated Sleep Apnea
- 3% Surgically Treated Sleep Apnea