



RETURN TO BASKETBALL
CHECKLIST FOR SRI LANKA BASKETBALL
AND AFFILIATED MEMBERSHIP



Introduction

Sri Lanka Basketball Federation (SLBF) has developed a “Return to Basketball” Toolkit in accordance with the guidelines given by the Ministry of Sports & Youth Affairs, FIBA -the International Governing Body and the template provided by the Australian Institute of Sports. SLBF itself and all affiliated bodies to SLBF and their membership and the Basketball Event Organizers of SLBF approved Events/Competitions can leverage to ensure they are ready to recommence training, competitions and programs in a safe, responsible and low risk manner in Post COVID-19 environment. .

The Toolkit complements the Ministry of Sports & Youth Affairs “Guidelines for Resumption of Sports Activities” issued on 21st May 2020 & FIBA COVID-19 Restart Guidelines for National Federation Version 1.0 dated 25th May 2020 by providing comprehensive guidance on a range of key considerations that should be assessed before basketball activities can resume and during the resumption phase.

SLBF has also developed this checklist (Checklist) to provide specific, more targeted guidance to affiliated sporting bodies on the considerations to be taken into account in resuming basketball academies, schools basketball, and recreational sporting activity.

How to use the Checklist

The SLBF itself and all SLBF affiliated Associations, Clubs, Academies, should nominate their own **COVID-19 Safety Coordinator** to oversee the development and implementation of return to Basketball arrangements. This role will be fundamental for helping to ensure the successful and stable return of Basketball across the Sri Lankan Basketball community.

The COVID-19 Safety Coordinator should ensure that their Association, Club, Academies are reviewed against this Checklist as it contains a range of critical considerations that all sporting organisations should take into account in determining their return to Basketball arrangements. All Associations, Clubs and Academies should document their return to sport arrangements in a **COVID-19 Safety Plan**.

The Ministry of Sports is responsible for decisions on the resumption of sport and recreation, both at the professional and community level. They will determine progression through the phases, taking account of local epidemiology, risk mitigation strategies and public health capability. The Checklist must be used subject to measures imposed by Ministry of Sports and to the advice of relevant public health authorities. Associations, Clubs, Academies should consider seeking independent legal and financial advice when finalising plans to return to basketball.



Return to Basketball Checklist

The SLBF & Affiliated Basketball Associations, Clubs, Academies should consider each of the actions set out in this checklist. These actions should act as a guide and prompt further discussion on measures that are appropriate for an organisation.

In the event an affiliated Association, Club, Academy may determine that the organisational capability or risk profile of their basketball activities do not justify undertaking all of the listed actions. However, where an action in this checklist is not undertaken, the affiliated Association, Club, Academy should be able to justify that decision to relevant sport stakeholder groups, including SLBF, Ministry of Sports and public health authorities, on an “if not, why not?” basis. Space is provided at the bottom of each consideration for affiliated Association, Club, Academy to document the rationale behind such decisions.

1. Organisational

Consideration	Action	Y/N
Access to information	1. Have you got all relevant facts about COVID-19 and return to sport requirements?	
	2. Is your Association, Club, Academy staying up to date? Check official information sources including:	
	a. Sri Lanka Basketball Federation: www.slbasketball.com ;;	
	b. World Health Organisation: https://www.who.int/ ;	
	c. Ministry of Health Epidemiology Unit: www.epid.gov.lk	
	d. Ministry of Sports: www.mos.gov.lk	
	e. FIBA -International Basketball Federation: www.fiba.basketball d	
f. Ministry of Sports Letter reference: MS/4/2/1 dated 21 May 2020		
g. FIBA COVID-19 Restart Guidelines for National Federation Version 1.0 dated 25 th May 2020		
Governance	3. Is everyone clear on who within your Association/Club/Academy will make and implement decisions on return to basketball?	
	4. Does everyone within your Association/Club/Academy understand their role?	
	5. Has your Association/Club/Academy nominated an COVID-19 Safety Coordinator to oversee delivery of your return to Basketball plan?	



Strategy	6. Has your Association/Club/Academy reviewed its strategic plan for COVID-19 considerations?	
	7. Has your Association/Club/Academy defined what success looks like?	
	8. Does your Association/Club/Academy need to amend fixtures, playing and training rules or sporting activities to ensure physical distancing?	
Financial	9. Does your Association/Club/Academy know what its new safety/return to sport measures will cost?	
	10. Has your Association/Club/Academy adjusted its budgets as necessary for COVID-19 considerations?	
	11. Has your Association/Club/Academy communicated any financial changes (registration/usage/membership fees etc.) to its participants?	
Legal and compliance	12. Is your Association/Club/Academy across all relevant rules applicable to return to Basketball?	
	13. Has your Association/Club/Academy obtained all necessary consents and approvals to resume Basketball?	
	14. Has your Association/Club/Academy completed a COVID-19 Safety Plan ? Does it outline a staged return to training and competition activities?	
	15. Has your Association/Club/Academy considered how it will respond to non-compliance with its return to sport protocols?	
	16. Have you communicated your specific return to Basketball plans with your insurer(s) or insurance broker and confirm coverage inclusions and exclusions. Clarify if there are any specific exclusions caused by COVID-19, if any conditions apply to your policies, if any specific approvals/consents are required and whether return to sport plans can be noted against relevant policies.	
Communications	17. Does your Association/Club/Academy have a strong communications plan with existing channels – such as email/text/WhatsApp/Facebook groups - to share timely and accurate information with internal and external stakeholder groups?	
Comments		



2. Approvals

Consideration	Action	Y/N
Government	1. Has the Ministry of Sports & Ministry of Health approved the return of community sport?	
	2. Have restrictions on public gatherings been relaxed to allow effective training to occur (e.g. MOS guideline for resumption of sports activities)?	
	3. Has your local Public Health Inspector (PHI) approved the return of community sport and the use of your basketball facilities (if applicable)?	
Sport	4. Have you got the Sri Lanka Basketball Federation Approval to return to sport?	
	5. Have return to sport protocols (e.g. training, hygiene protocols) been distributed to your Association/Club/Academy by the MOS/NOCSL/SLBF?	
	6. Has your committee approved the return to sport for your Association/Club/Academy?	
Comments		

3. Return to Training

Consideration	Action	Y/N
Principles	<p>1. Is your Association/Club/Academy clear on the training protocols allowed under five phases outlined in MOS letter MS/4/2/1 dated 21 May 2020 Framework, where</p> <p>Phase 1 – Individual Virtual Training</p> <p>Phase 2 – Individual Training with Coach at the Venue</p> <p>Phase 3 – Small Group Training with the Coach & Supporting Staff at the Venue</p>	



	<p>Phase 4 – Group Residential Training with the Coach & Supporting Staff at the Venue Phase 5 – Entire Team Residential Training with the Coach & Supporting Staff at the Venue including:</p> <ol style="list-style-type: none"> a. The principle of “Get in, Train, Get Out”; b. Maximum training group sizes, training areas and training times; c. Training must be strictly non-contact (including no high fives, handshakes etc.); d. Physical distancing (>1.5 metres) and density (one participant per 4 square metres); e. Limit the number of people who attend training to essential participants; and f. No access to changerooms and other club facilities (toilets and medical facilities permitted). <p>2. Is your Association/Club/Academy clear on the training and competition protocols allowed under Institute of Sports Medicine (ISM) guidelines for domestic /International Competitions & Framework (will be made available soon), including:</p> <ol style="list-style-type: none"> a. Full training - including contact - and competition allowed; b. Return to full use of club facilities; and c. physical distancing (>1.5 metres) and density (one participant per 4 square metres). <p>3. Has your Association/Club/Academy documented in a COVID-19 Safety Plan, the measures in place to manage training and competition activities?</p>	
Communication and Education	<p>4. Has your Association/Club/Academy communicated its return to training protocols to members, participants, coaches, volunteers and families?</p> <p>5. Does your Association/Club/Academy require participants and others to undertake further COVID-19 infection control training prior to commencing training?</p>	
Attendance Records	<p>6. Will your Association/Club/Academy require an attendance register to be maintained for all training and competition days, including venue entry and exit times and contact details?</p> <p>7. Does your Association/Club/Academy have a system to record, store and if required, share data, subject to privacy law?</p>	
Equipment	<p>8. Are participants encouraged to bring their own water bottles, towels and other personal equipment to avoid sharing equipment where possible?</p> <p>9. Has your Association/Club/Academy established protocols for rotating or sanitising shared equipment?</p>	



	10. Has your Association/Club/Academy established protocols for laundering shared uniform items?	
Comments		

4. Facilities

Consideration	Action	Y/N
Managed Access	1. Is your Association/Club/Academy clear on when it can return to full and unrestricted use of facilities?	
	2. Will your Association/Club/Academy ensure that only essential people attend activities (i.e. participants, coaches, match officials, staff and volunteers involved in operations and parents/guardians of participants) and limit numbers to comply with government staged return to sport requirements?	
	3. Has your Association/Club/Academy confirmed full availability of venues for your season and are appropriate COVID-19 Safety Plans in place for each venue?	
	4. Will your Association/Club/Academy take precautions to minimise transmission among spectators at sporting activities such as spreading spectators throughout viewing areas and designating the use of specific seats/areas that meet physical distancing requirements?	
	5. Can your Association/Club/Academy arrange separate entry and exit points at your facilities?	
	6. Will your Association/Club/Academy manage attendee flows to prevent congestion, including by use of staggered arrival/departure times, one-way movement and use of physical distancing indicators?	
Physical Distancing	7. Has your Association/Club/Academy identified physical distancing protocols to be used within shared facility spaces (e.g. dugouts, bar/canteen, change rooms, toilets, spectator viewing areas, entrance foyers, corridors and clubrooms)?	



	8. Does your Association/Club/Academy have clear messaging for facility attendees on how to maintain physical distancing (>1.5 metres)?	
	9. Has your Association/Club/Academy documented in a COVID-19 Safety Plan the measures in place to enable physical distancing to occur?	
Bar/Canteen Operations	10. Will your Association/Club/Academy permit bar/canteen operations and, if so, are there clear protocols for physical distancing, food and cash handling and hygiene measures?	
Attendance Record	11. Your Association/Club/Academy will require an attendance register to be maintained for all facility users, including venue entry and exit times and contact details?	
	12. Does your Association/Club/Academy have a system to record, store and, if required, share data, subject to privacy law?	
Comments		

5. Hygiene

Consideration	Action	Y/N
Personal infection control	1. Has your Association/Club/Academy communicated to your staff, members and participants about personal infection control – including that they should stay home if they have: <ol style="list-style-type: none"> Any cold or flu symptoms; Been in direct contact with a known case of COVID-19 in the previous 14 days; Travelled internationally in the previous 14 days; or A high risk from a health perspective, including the elderly and those with pre-existing medical health conditions? 	
	2. Will your Association/Club/Academy provide advice to participants, coaches, match officials, staff, volunteers and families on personal hygiene such as: <ol style="list-style-type: none"> Regular and thorough hand washing; Encouraging the carrying and use of hand sanitiser; 	



	<ul style="list-style-type: none"> c. Covering a sneeze or cough with an elbow or a tissue rather than hands; d. Providing bins and encouraging used tissues to be disposed in the bin straight away; e. Avoiding close contact with people who are unwell; f. No touching of eyes, nose or mouth; g. No spitting or clearing nasal/respiratory secretions on field of play or in other sport settings; and h. Limiting contact with other participants – avoid handshakes, high fives, huddles and celebrations? 	
	<p>3. Will your Association/Club/Academy require the use of:</p> <ul style="list-style-type: none"> a. Health/medical clearances for participants to resume training and playing (Pre-screening Health Check); and/or b. Waivers/declarations for participants and volunteers to sign acknowledging that participation is at their own risk? 	
Hygiene	4. Has your Association/Club/Academy established compulsory hygiene protocols such as hand hygiene?	
	5. Does your Association/Club/Academy provide sanitisation stations during training sessions and hand sanitiser in prominent places at facilities, including entry and exit points?	
	6. Has your Association/Club/Academy provided education or clear guidance on your hygiene protocols to members, participants, coaches, staff, volunteers and families?	
	7. Can members, participants, coaches, staff, volunteers and families wash or sanitise their hands regularly?	
	8. Does your Association/Club/Academy have adequate supplies of cleaning and sanitation products?	
	9. Will your Association/Club/Academy display posters within your facilities to provide regular guidance on hygiene ?	
	10. Has your Association/Club/Academy documented in a COVID-19 Safety Plan the measures in place to ensure personal and facility hygiene can be maintained?	
Cleaning	11. Does your Association/Club/Academy have a regular and thorough cleaning schedule to disinfect all common areas?	
	12. Has your Association/Club/Academy established cleaning protocols to ensure high touch surfaces are frequently wiped down with appropriate disinfectant wipes or soap?	
	13. Does your Association/Club/Academy have adequate waste management protocols?	
	14. Has your Association/Club/Academy documented in a COVID-19 Safety Plan the measures in place to ensure effective cleaning of equipment and facilities occurs?	



PPE	15. Does your Association/Club/Academy have an adequate supply of personal protective equipment (e.g. disposable facemasks, gloves etc.)?	
Comments		

6. Management of Illness

Consideration	Action	Y/N
Management	1. Has your Association/Club/Academy established protocols for managing individuals who present with symptoms or become unwell at an activity?	
Notification	2. Does your Association/Club/Academy know how it will notify public health authorities of symptomatic participants?	
	3. Is your Association/Club/Academy able to contact other participants in relation to actual/suspected COVID-19 cases?	
Comments		

7. Employees and Volunteers

Consideration	Action	Y/N
Safe working environment	1. Is your Association/Club/Academy operating a COVID-19 safe work environment?	
	2. Will your Association/Club/Academy provide education to your employees and volunteers on COVID-19 transmission control and your operating protocols?	



	3. Can your Association/Club/Academy adjust work rosters to reduce in-person contact between staff and participants, where reasonable?	
	4. Can your Association/Club/Academy adopt flexible work practices to support more working from home or videoconferencing etc.?	
Mental health	5. Does your organisation facilitate and promote mental health and wellbeing support services for employees, volunteers and participants?	
Comments		

I have reviewed and completed the above Checklist for and on behalf of the Association/Club/Academy listed below. The completed Checklist represents a true and correct reflection of the organisation's approach to each of the considerations set out in the Checklist.

Signed: _____

Name _____

Title: _____

Association/Club/Academy: _____

Date: _____





NOTES (If needed)

