



Recipe Name **Easy Lentil Soup**

Notes

TYPE OF RECIPE

lunch or dinner

SERVINGS / TOTAL COST (APPROX.)

8 / \$8

TIME TO PREPARE/COOK

7 min / 6-8 hrs

TOOLS NEEDED

Slow Cooker

INGREDIENTS

- 1 bag of green lentils
- 1 qt. low sodium veggie broth
- 1 qt water
- 5 carrots
- 1 onion
- turmeric
- salt
- cayenne pepper
- blk pepper

DIRECTIONS

Chop onions and carrots.

Add all of the ingredients in the slow cooker.

Cook on high for 6-8 hours.