



Happy Spring!

Kids' Test Kitchen is pleased to offer a spring club at St. Mary's School. Our mission is to get young aspiring chefs cooking, tasting, and thinking about healthy ingredients!

Each week we'll explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. This winter, we are heating things up with a batch of fresh comfort foods, and a little something for your sweet tooth! Each week will highlight ingredients known to be *really* good for us, and at the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned!

Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is ***always*** optional. ***Each session arrives with fresh new recipes and ideas to inspire your healthy eater!***

Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. ****Please clearly disclose all food allergies and/or dietary restrictions upon registration.***

Winter Session: Classes meet once a week on Mondays from 2:35-3:35

Class Dates: Apr. 22nd, Apr. 29th, May 6th, May 13th, 20th, Jun. 3rd

Please return bottom portion **ONLY** with the \$99 registration fee as soon as possible. Checks should be made out to St. Mary's School. **PLEASE keep the top portion for the information about class start and end dates!**

Kids' Test Kitchen Spring Registration Form

Child's Name: _____ Class _____

Parent or Guardian: _____

Address: _____ City: _____ Zip: _____

Cell Phone: _____

E-Mail _____

Emergency Contact & Phone: _____

Medical Conditions/Allergies: _____

Parent/Guardian Signature _____ Date _____