

Just here for the **Savasana**

Keep **Trying**

Greet each **Sun Salutation** with a smile

**Balance**

body and

**love** and

hands and

**feet** without fear

Breathe & Let Go

Smile & Be Happy

How awesome is my  
head stand

Active Gluts  
make buns  
of steel

Embrace  
the **Wild**  
**Yogi within**

My Body, My Yoga

**Everything** looks better **from the mat**

I am the Warrior,  
**Goddess,**

Archer, Sage, Eagle, Cat, Cobra

a strong PYRAMID, a tall

**TREE** - I am all these things

because I practice **YOGA**

My **PRANNA** is kind of a big deal