

WHEAT CITY PENTATHALON

MASTERS SWIM MEET

(Short Course)

HOST CLUB: BRANDON BLUEFINS MASTERS S.C.

Canada Games Sportsplex Pool, 30 Knowlton Dr., Brandon Mb. R7A 6N7

SANCTION No: 24542

Session 1 Saturday, May 5th, 2018

Warm-up 1:45pm

Start 2:30pm

Meet Management team

| | | |
|------------------------|------------|--|
| Meet Manager: | Scott Kirk | skirk@pmh.mb.ca |
| Meet entries: | Jim Fleury | Fleury1@mymts.net |
| Officials Coordinator: | Scott Kirk | skirk@pmh.mb.ca |

1. Competition

1. MSC rules will be in effect.
2. SNM Scratch Rule in effect (Appendix 3).
3. MSC Warm-up procedures are in effect. (Appendix 2). It is the responsibility of the swimmer to know the safety rules and ensure they are followed.

2. Facility and Timing.

Six 6 Lane, 25 meter competition pool (subject to the number of entries received fewer lanes may be used for competition)

Omega Ares electronic timing system

One or two lanes will be used for warm-up/down during competition.

3. **Eligibility:** All swimmers must be registered with Swim Natation Canada or Masters affiliated FINA affiliated organizations. There are no qualifying standards for this meet.

4. **Age:** Open to all swimmers 18yrs and older.

5. **Event List:** See attached Appendix 1

6. **Entries**

a. **Entry Deadline:**

Midnight April 23rd, 2018

b. **Limitations :** No limit. Enter as many events as you like.

c. All Entries should be submitted with a time. Best guess is Ok.

d. Entries may be submitted via Hy-Tek Team Manager entries file and Team Report File
OR by paper entry.

Hy-Tek entries via Team Manager are strongly encouraged. Each swimmer **must** have a valid SNC swimmer ID number, and correct date of birth and gender. **Errors or omissions in the entry file will cause delays in accepting the file and posting the results.**

Submit Hy-Tek entries and Team Report to;

Jim Fleury: fleury1@mymts.net

7. **Entry Fees:** \$8 per Individual Event (includes \$1.00 splash fee) plus \$6 Swim Manitoba Fee
\$16 per Relay event

Entry Fees must be paid prior to the start of the meet. No swimmer is allowed to swim if their fees are outstanding.

Please provide 1 cheque per club payable to; **Brandon Bluefins Swim Club.**

8. **Refunds.**

Meet Management is not obliged to refund entry fees after the entry deadline date.

Meet Entry Contact:

Jim Fleury, 8 Almond Cresc., Brandon. Mb. 204 727-2904

Late or Deck Entries:

Deck Entries will be accepted with the following guidelines;

Entries must be submitted 30 minutes prior to the end of warm up with a deck entry fee of **\$10 per event.**

No new heats may be created for deck entered swimmers.

New swimmers (ie; not entered in other events) deck entered must pay the **\$6.00 MSM Fee.**

Scratches: Scratches will be made according to the Swim-Natation Manitoba Scratch rule

Scratch Rule attached (Appendix 3).

Competition: All current SNC Rules and SNM Policies are and will be in effect, including the SNM Competition Code of Conduct (Appendix 4).

All changes to the competition or meet package after sanctioning must be approved by SNM prior to the start of the competition or the MSOA during competition

Safety: SNC Warm Up Procedures are in effect (Appendix 2). It is the responsibility of the swimmer to know the safety rules and ensure they are followed.

Appendix 1

WHEAT CITY PENTATHALON

EVENT LIST AND INDIVIDUAL ENTRY FORM

Name: _____ Club: _____ Gender: _____

SNC#: _____ Date of Birth(d/m/yyyy) : _____

| EVENT No. | EVENT | | |
|-----------|---------------------------------|------------|--------|
| 1 | 200 Free | \$8.00 | |
| 2 | 100 Fly | \$8.00 | |
| 3 | 50 Fly | \$8.00 | |
| 4 | 100 I.M. | \$8.00 | |
| 5 | 50 Back | \$8.00 | |
| 6 | 200 I.M. | \$8.00 | |
| 7 | 4 x 50 Free Relay | \$16.00 | |
| 8 | 100 Back | \$8.00 | |
| 9 | 50 Breast | \$8.00 | |
| 10 | 800 Free | \$8.00 | |
| 11 | 50 Free | \$8.00 | |
| 12 | 400 Open Free or I.M. | \$8.00 | |
| 13 | 100 Breast | \$8.00 | |
| 14 | 200 Open Back, Breast or Fly | \$8.00 | |
| 15 | 100 Free | \$8.00 | |
| 16 | 4 x 50 Medley Relay | \$16.00 | |
| | | | |
| | | Total Fees | |
| | | SMB Fee | \$6.00 |
| | | Total | |

Appendix 2



Competition Warm-Up Safety Procedures

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers **MUST** enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announced or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet).
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgement and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first event following the warm-up period in which the violation occurred and alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager..
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated war-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshalls have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules of communicating a concern to a coach.

Judgement, tact and confidence is required and therefore the Safety Marshall should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices

."SWIMMING CANACA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET"

Appendix 3

Swim Manitoba (SNM) Provincial Scratch Rule

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule **SNC 3 (3.1 to 3.4)** at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

SCRATCHES:

1. Time Final Events

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

2. Prelims/Final Events

- a. Scratches from **preliminary heats:**
 - i. May be made at any time.
 - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
 - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee
- b. Scratches from **finals:**
 - i. Must be made within 30 minutes after the end of the preliminary session.
 - ii. **Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.
 - iii. **ALTERNATE SWIMMERS:** Alternates **MUST** report to the Clerk of Course at least 10 minutes prior to the event and be ready to swim if necessary.
 - iv. If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Clerk of Course and is present and ready to swim. The alternate shall become one of the finalists.

3. Relay Events

- a. For time final events scratch rules for **Time Final Events** apply.
- b. For prelims/final events scratch rules for **Prelims/Final Events** apply.
- c. Relay names can be changed up to 30 minutes prior to start of relay event.

Appendix 4



COMPETITION CODE OF CONDUCT

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

Appendix 5

Athlete Waiver and Release Form

In consideration of the acceptance of this entry, I , for myself, executers, administrators, and assigns, do hereby release and discharge the Brandon Bluefins Masters Swim Club, Masters Swimming Manitoba, and Masters Swimming Canada from all claims and damages, demands and actions whatsoever in and manner arising or growing out of my participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate.

Signed: _____ Dated: _____

Emergency Contact:

Name: _____ Number: _____

Club Payment Summary form.

Club Name: _____

| | |
|---------------------------------------|--|
| | |
| Total Individual entries | |
| Total Relay entries | |
| | |
| Total Entry Fees | |
| | |
| Paid by :Cheque: _____ Cash: _____ | |

No of Swimmers: _____