



Event Calendar 2018

Hikers are expected to have **appropriate footwear**, bring their own **snacks, water** or something to rehydrate, **bug repellent**, and on evening hikes a flash light or head lamp.
Well socialized, leashed dogs are welcome.

Sunday, May 13 | 2 pm | "Mother's Day Walk"
with Ruth Goodwin (250 427-5404)

Meeting point: Riverside Campground Entrance | Level: moderate 2-hour hike
Sights: Sunflower Hill, sunflowers blooming along with other wildflowers

Sunday, May 20 | 1 pm | "Is the Snow All Gone?"
with Ellen and Dan Chase (250 427-5517)

Meeting point: Swan Avenue Entrance | Level: 2.5-3 hour meander | Sights: flume & creek

Saturday, June 2 | 10 am | "Beginners Trail Bike"
with Peter McConnachie (250 427-2419)

Meeting point: Visitor Centre in Platzl parking lot | Level: moderate trails

Saturday, June 9 | 10 am | "Explore Horse Barn Valley"
with Struan Robertson (250 427-5048)

Meeting point: Matthew Creek turn off, (6.8km) on St. Mary Lake Road (drive up to HBV)
Level: 3-hour hike | Sights: Cedar Grove, Half Way Cabin & Coral Route

Sunday, June 17 | 10 am | "Father's Day Hike"
with Randy McLeod (250 427-0116)

Meeting point: Higgins Street entrance | Level: 3-hour hike

Friday, June 22 | 6 pm | "Poetry in the Park"

with Helen Robertson (778 484-1998) and Shinobu Murata for Haiku 101
Meeting point: Swan Avenue entrance | Level: 3-hour hike | Sights: poetry stops
Bring your favorite poem to share, pen and paper.

Sunday, June 24 | "Round the Mountain"
www.roundthemountain.ca

Sunday, July 1 | 9 am | "Oh Canada"
with Dennis Bathory (403 651-5061)

Meeting point: Swan Avenue entrance | Level: 3-hour hike | Sights: Trans Canada Trail

Saturday, July 7/14/21/28 | 9 am | "Gateway to Nature Hike"
with various leaders including Flo Brokop (250 427-2019)

Each Saturday in July. Meeting point: Riverside Campground Entrance
Level: 2.5-hour moderate guided interpretive hike

Sunday, July 8 | 10 am | "Hike for Young Families"
with Sherrin Perrouault (250 427-2694)

Meeting point: Higgins Street entrance | Level: easy 2 hour walk to Eimer's Lake and back
Children must be accompanied by a parent.

Saturday, July 14 | 9 am | "Into the Tora Bora"
with Struan Robertson (250 427-5048)

Meeting point: Matthew Creek turn off, (6.8km) on St. Mary's Lake Road & drive up to HBV
Level: 3-hour hike | Sights: mysterious Tora Bora Valley





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Sunday, July 22 | 9 am | "Ridges & Kettles"
with Kent Goodwin (250 427-5404)

Meeting point: Swan Avenue entrance | Level: 6 km 2-3 hour meandering walk (100 m elevation gain) | Sights: ridges and kettles created at the end of the last ice age
Trails: Stump, Cabin, Hillside, Ponderosa and Trickle-down (the park's newest trail)

Saturday, July 28 | 9 am | "Berries, Berries, Berries"
with Glenda Johnson (250 427-4000)

Meeting point: Higgins Street entrance | Level: 2.5-3 hour moderate hike

Saturday, August 4/11/18/25 & September 1 | 9 am | "Gateway to Nature Hike"
with various leaders including Flo Brokop (250 427-2019)

Each Saturday in August. Meeting point: Riverside Campground Entrance
Level: 2.5-hour moderate guided interpretive hike

Sunday, August 12 | 7:30 pm | "Sun/Moon Set, Planets, Stars..."
with Paul Paronetto (250 427-1950)

Meeting point: Riverside Campground entrance | Level: 4 hour loop | Sights: sunset & constellations, SW Passage viewpoint, Sunflower Hill. Bring warm clothing, flashlight, (suggestions) camera, tripod, binoculars. Optional: view the Perseid meteor shower at approx. 11:30 pm. Please phone Paul to confirm.

Saturday, August 25 & Sunday, August 26 | "Black Spur Ultra Race"
www.blackspurultra.com

Thursday, September 13 | 7 pm | "Moon/Jupiter Conjunction, Sun/Moon set, Stars"
with Paul Paronetto (250 427-1950)

Meeting point: Riverside Campground entrance | approx. 4 hour loop | Sights: sunset & constellations; SW Passage viewpoint; Sunflower Hill. Bring warm clothing, flashlight, (suggestions) camera, tripod, binoculars. Please phone Paul to confirm.

Sunday, September 16 | 10 am | "Myrtle the Magnificent"
with Suzanne McAllister (250 432-5692)

Meeting point: Nordic Trail Parking lot | Level: 3-hour hike with moderate elevation gain
Sights: Myrtle Mountain

Sunday, October 7 | 10 am | "Chasing the Colours"
with Dennis Bathory (403 651-5061)

Meeting point: Nordic Trails parking lot | 3-hour hike | Sights: Dipper Lake & viewpoint

Sunday, October 14 | 9 am or 9:30 am "Golden Larch Hike"
with Struan Robertson (250 427-5048)

Meeting points: either Nordic Trails parking lot at 9 am or junction of St. Mary's Lake Road and Matthew Creek at 9:30 am
Sights: Horse Barn Valley, Dipper Lake, golden fall hues of the Western Larch

