

Copyright © 2019 Ad-Duha Institute, Inc.

2<sup>nd</sup> Edition

Baltimore, Maryland, USA

[www.ad-duha.org](http://www.ad-duha.org)

[support@ad-duha.org](mailto:support@ad-duha.org)

All Rights Reserved

No part of this publication may be reproduced, stored in any retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of Ad-Duha Institute, Inc. Any right not specifically mentioned herein is reserved by Ad-Duha Institute.

ISBN-13: 978-1-64561-008-3

Printed in the United States of America



*Ad-Duha Institute*

Storytime Series | Book 2

# Sleepytime in Slumberland

*Dear little reader,*

Join the families of Slumberwood as they get ready for bed and learn the du'aa\* for going to sleep.

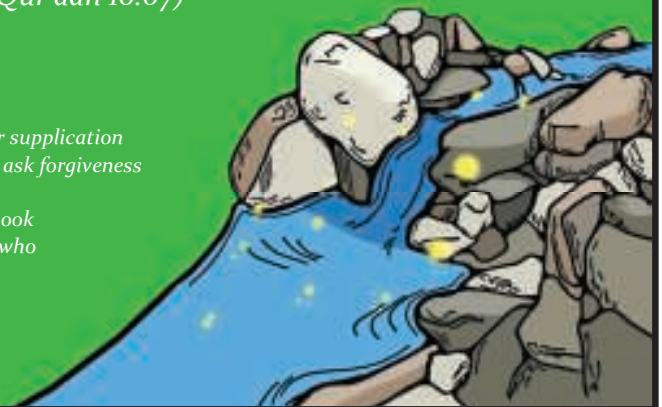
The night is a time for rest, as Allah (God) has taught us in the Qur'aan\*...

*"It is He (Allah) who made for you the night to rest therein and the day, giving sight. Indeed, in that are signs for a people who listen."*

*(Qur'aan 10:67)*

*\*A du'aa is a spoken prayer or supplication to thank, praise, seek help, or ask forgiveness from Allah.*

*\*\*The Qur'aan is the sacred book (revelation) of Islaam. Those who follow the teachings of the Qur'aan are Muslims.*



The sun has set, and the stars are glittering in the sky like diamond lanterns. The wind is cool and gentle. Nighttime has come to the forest of Slumberwood.

Inside a small log cabin, two children sit by the warm fireplace playing with toys. Their mother calls from the kitchen door,

*“The night has come, the day is done,  
Time to rest after having fun.  
Come little ones, have a snack before bed,  
I made you sweet milk and warm buttered bread.”*



The children happily run to the table and sit on their parents' laps.

The bread Ummi<sup>1</sup> baked is crispy on the outside, warm and chewy on the inside, just the way the children like it. She generously spreads butter on each slice and drizzles honey for the perfect sweetness.

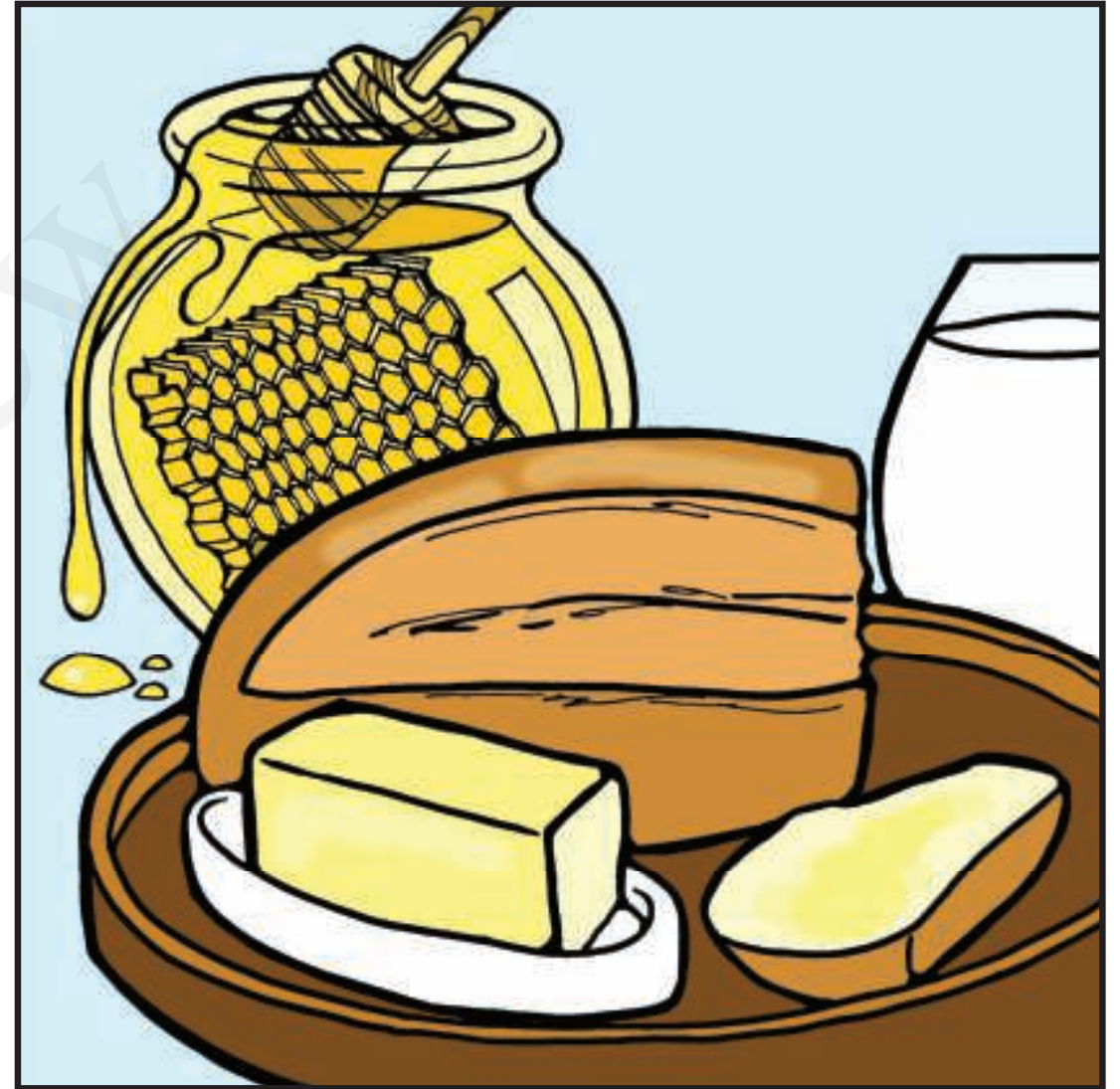
All the while, Baba<sup>2</sup> tells funny stories about his adventures at work during the day, making everyone giggle and laugh.

Many smiles, tickles, and hugs are shared, as they enjoy their bedtime treat together.

---

<sup>1</sup> Arabic name for "Mother."

<sup>2</sup> Arabic name for "Father."



Meanwhile, in the peaceful meadows of Slumberwood, two bear cubs play outside their den. Fuzzy paws and soft noses peek above the tall grass, as the cubs swat and chase glowing fireflies. Their mother, a great big brown bear, calls<sup>3</sup> from the mouth of their cave,

*“The night has come, the day is done,  
Time to rest after having fun.  
Come little cubs, have a snack before bed,  
I found you sweet berries of purple and red.”*

---

<sup>3</sup> Allah has taught us in the Qur’aan that animals have their own languages (Surah 27: Verse 18) and families/communities (Surah 6: Verse 38) just like we do.



The tiny cubs run to their mother. They are hungry after playing all day. She leads them slowly down to the river to snack on wild blueberry and raspberry bushes.

The cubs roll and tumble along the way, but Mama is patient. She nudges them with her paw, and then they run off towards the bushes again.

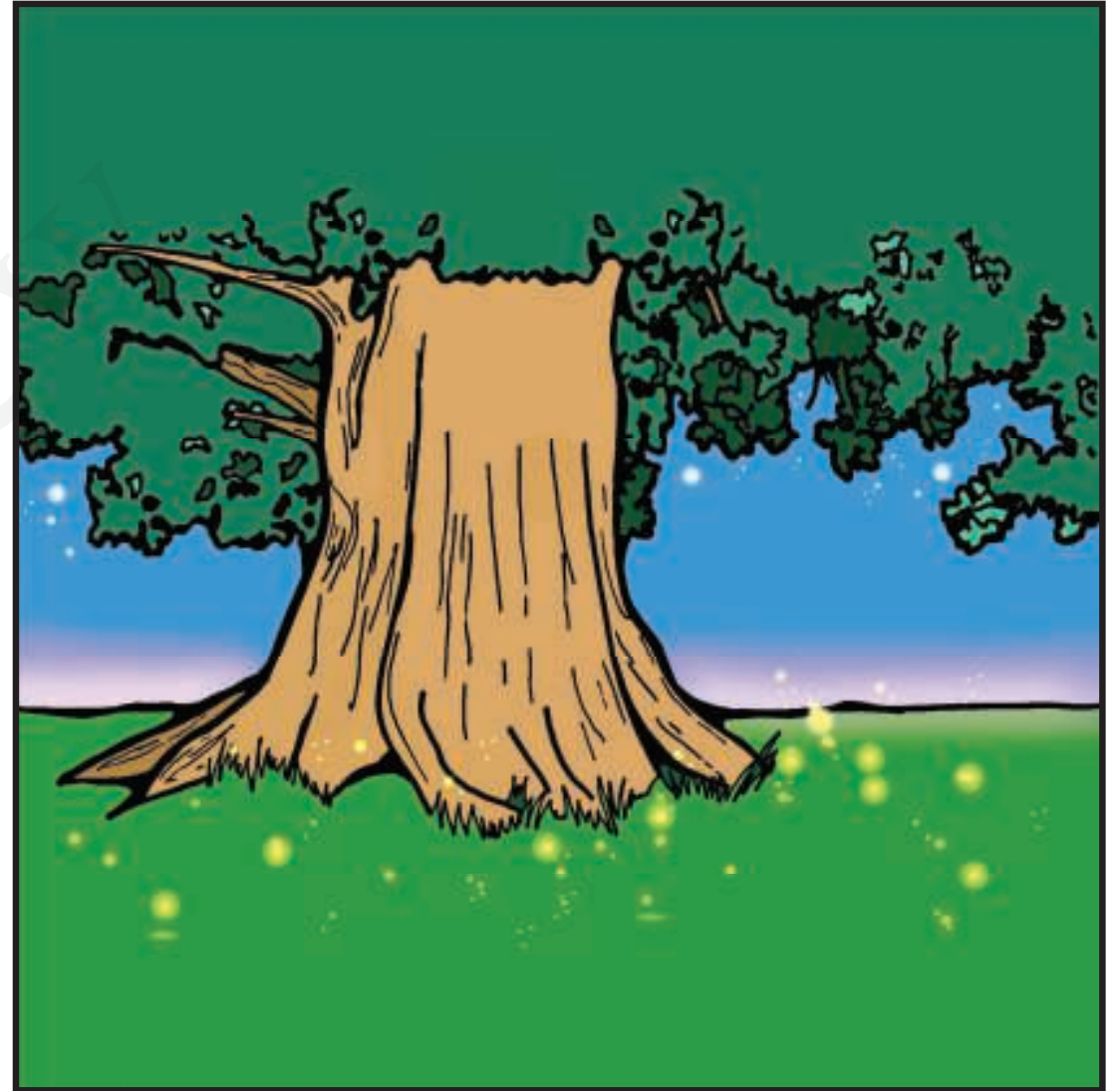
The berries are ripe, juicy, and sweet. Mama bear and the cubs fill their tummies as they happily enjoy their meal together.



All the while, in a lofty Slumberwood tree, is a comfortable nest. Two baby blue birds, with soft downy feathers and glistening black eyes, watch ants march in single file down their tree.

The baby birds' mommy and daddy finally arrive back to the nest with treats in their beaks. Daddy, perched at the edge of the nest, chirps,

*“The night has come, the day is done,  
Time to rest after having fun.  
Come little chicks, have a snack before bed,  
We brought you fresh seeds and pieces of bread.”*



The baby birds chirp and hop excitedly to their parents. It has been a long day, and they are very hungry.

Mommy and Daddy bird eat the crunchy seeds, while the chicks peck at the soft bread.

The bird family chirps and fluffs their wings as they enjoy their tasty meal together.

