




SOULINES
USER GUIDE



2019 USER GUIDE

Welcome to the 3rd annual *Soulines Backcountry Event*.

Soulines is designed to deliver a technical blank canvas of world-class terrain to a hand picked group of avid backcountry enthusiasts.

This is Where Passion, Drives Progression.

If you are reading this then you are interested in being part of a community of backcountry enthusiasts enduring the mountains far away from any services, battling the winter environment and you're fully aware that this is not a jump on the chairlift with a warm coffee kind of weekend. Soulines will provide you as much comfort and safety needed for being 14km away from civilization. Regardless you're still going to be a warrior of the frozen battlefield. That being said, we here at Soulines put together this User Guide to give you tips and checklists to help prepare you to survive the winter backcountry environment.

Use the user guide as a checklist to ensure you have the proper gear to be camping in the backcountry for 3 days/2 nights, know where to go, and how to get there!

Safety Team

There will be a minimum of 10 Safety team members that are experienced, weathered, seasoned and certified.

Minimum Requirements of Canadian Avalanche Association Ops Level 1 and Outdoor Emergency Care Level 3.

If you have any concerns or questions about weather, base, zones or safety related inquiries you can at any time chat with the team. Day of the event you will be introduced to the entire Soulines safety team, so you know exactly what eyes, brains and experience has your back out there.

The core safety team consists of:

Ben Davies / Melissa Ingrid / William Chitty / Derek Melanson / Jason Gretzinger / Douglas Noblet / Rob Leland / Tara Morris / Lindsay Eastwood / Anne Marie Perciasepe (EMT) / Nic Sparrow (Doctor)

Base Camp

The Soulines team will be building a Base Camp on the edge of Whitelady Lake with a clear view of the zone chosen for the Big Line Contest. Here's a list of what is provided within the Base Camp area:

- 2 medium wall tents with wood heat and lighting
 - One of these tents will strictly be for First Aid and one strictly for Media. The general public will not be using these tents as they are only for crew
- 1 Large wall tent with wood head and lighting
 - This tent is for warming up and will be the cook/food tent
- 2 Large enclosed tents that will be heated by propane heaters and lights
 - These tents will be used for drying your gear and some storage
- Generators that can be used upon approval
- 1-2 Outdoor fire-pits
- 1 Warm cooked meal (Chilli dinner Saturday night)
- Designated tent camping areas
- Spare Avy gear (if you lose or break a part from your kit)
- Pop up tents used for Judges/ First Aid/ Sound
- Detailed Avalanche reports/ Weather reports/ Maps of the area (will be found at the First Aid Tents)
- Music/ MC/ DJ

Here's a good website that can help you with tips for backcountry camping:

<http://www.campers-online.com/winter-camping-backpacking-tips/>

Trails

The Soulines team will be putting in all the heavy lifting for you prior to the event. There will be a clear marked snowmobile trail from the Trailhead to Base Camp. You don't need to be an epic sled-neck to be apart of this event. The skin track will be broken from base camp to the top of the contest ridge. Expect about a 45min tour from Base Camp to the top of your line.

Respect and the Trails

Sled Trail

- Keep your head up and drive at a speed that your comfortable with
- Wear a helmet
- Make sure you are on the right trail, there will be 2 trails made in the tighter sections and hill climbs, one for going up and one for going down. Make sure you stay on the appropriate trail to avoid running into anyone or making anyone stop on a hill.

Skin Track

- NO BOOT PACK or SNOWSHOES on the skin track. Let's keep it smooth and easy on the ascent.
- If you need a break or have people on your tail step off and let others pass

Requirements and Entry

There are some basic credentials you will need to be a participant of Soulines. Here's a quick list, make sure to check it over before submitting your application. There are 2 points on this list that are preferred but may not be mandatory: A Sled and a 3-4 season tent. However those who have these tools you will have priority in being accepted into the event.

- AST 1 or Higher avalanche training. You must display competency in using basic avalanche gear which includes a beacon, shovel and probe. We will be doing a beacon search once you arrive at Base Camp. You will have **5 minutes** to locate and probe strike a buried beacon
- Proper overnight backcountry gear: 3-4 season tent, winter rated sleeping bag (-15 degrees C or colder)
- Backcountry and winter camping experience preferred
- Snowmobile preferred

Equipment

You will be expected to provide all necessary avalanche gear and camping supplies. Here's a list of what you should be packing up to Base Camp with you:

Avalanche Kit

- **Beacon** – with fresh batteries (no less than 75%)
 - It is highly recommended that you update to a new beacon every few years. They tend to get bumped around and abused and will lose their accuracy over time
- **Probe** – 3 meter length is ideal
- **Shovel** (collapsible)
- Extra **Non-Walmart** batteries for your beacon
- **Backcountry Backpack** – Make sure you can securely carry your shovel and probe without the possibility of falling out
- **Whistle**

Camping Checklist

- 3 or 4 Season tent
- Winter rated sleeping bag (-15 degrees C or colder rated)
- Camping Stove
- Butane/Propane Bottles (1 per day)
- Cooking pot
- Dehydrated Food Packets
- Trailmix / Rice / Oatmeal / Proteins
- Electrolyte powder
- Water Bottle
- Binoculars
- Knife
- Cutlery
- Plastic Bag
- Paper Towel
- Toilet Paper
- Small First Aid Kit
- Head Lamp w/ Extra Batteries
- Lighter
- Tea Light Candles
- Disposable Hand Warmers
- Duct tape
- Compass

Gear Checklist

- Base layer (wool) X 2
- Puffy jacket for under your shell
- Waterproof shell jacket
- Waterproof Pants
- Night time sweater/ pants / wool socks /boots / toque
- 2 Snowboard / Ski socks
- Sunglasses
- 2 Pairs of Goggles
- 2 Pairs of Warm Gloves
- 1 Pair of Thinner Finger Gloves
- Face warmer
- Skins (for touring)
- Collapsible touring poles
- Scraper for board and touring equipment
- Extra toe pin for touring bindings
- Tool to tighten bindings and touring hardware
- 2 way radio
- Something to keep track of time
- We HIGHLY RECOMMEND you bring a pair of dunlops or warm winter boots other than your ski/board boots

Transportation

As a participant you are required to find your own means to get from the Red Fish FSR trailhead up to Base Camp. This is about a 14km trail (12km on a FSR). Ideally double up on a sled and arrange your own way to Base Camp that is best if you do not own a sled.

The trailhead is located at the base of Red Fish Forest Service Road (FSR). This FSR is located just off of **Beggs Road**, Nelson, BC. Its 30 minutes (31km) up the North Shore on HWY 3A. Look for the Balfour Fire Hall and it's the road the hall is on. Attached with registration confirmation will be a map sectioned of where to go once you turn off the HWY onto Beggs Road to Park, Unload and Check In.

There is limited parking on the FSR. Make sure to angle your vehicle along the road to allow everyone smooth access of on/off loading of their sleds. Once the FSR parking fills up there is overflow parking down beside the fire hall. DO NOT park in the fire hall parking lot or block its access. If you are parking in the overflow you will be able to go to the trailhead on the FSR to drop your sled off. Then take your truck back down to the overflow and get a ride back up to your sled. DO NOT drop your sled off at the overflow and drive it up the residential road.

Itinerary

Soulines is a 3 Day/2 night Event. Here is a layout of the rough schedule and what's going on for each day.

****Note**** Weather can change which day the contest is on.

Relatively good weather is needed for the contest day, so whichever day that looks to be we will make that call no closer than 3 days prior to the event. Improvising is the name of the game when it comes to backcountry riding.

Feb 28 – Day prior

- Plan to be in Nelson, Ideally. Tomorrow morning will be busy Parking/ Off Loading/ Beacon search test. Yes you will be required to Find and Probe Strike a buried beacon in **5 min or less**.
- If you are planning on hiking into the event come this day as you will need a good 5 hours to make the 1300m elevation gain over the 14km.

March 1 – Day 1

- 7:00am – Meet at trailhead to unload, beacon test, receive avalanche report, weather report, confirm entry with signing waiver & check in.
- Sled up to Base Camp (14km – 1hr travel time roughly)
- Once checked in at Base Camp and completed you beacon search you can either set up or drop camping gear off and start exploring the zone. Familiarize yourself, get a few soulines and capture the moment for submission to the photo contest.
- 7:00 pm Briefing for Safety Team
- 8:00pm PM meeting for Athletes in the Big Line contest (Athlete Pass)

March 2 – Day 2

- 7:00 am Safety Team Briefing
- 7:30 am Contest Rider Briefing then Safety Team starts hiking to top of contest ridge for set up
- 8:30 am Contest Riders are allowed to start hiking contest zone 1. ***Note ** See “Contest Format” below for details on Contest
- 4:30 pm Contest ends, Safety Team descends from ridge
- 5-6:00 pm Dinner at Basecamp
- 7:30 pm Contest winners 1/2/3rd announced

March 3 – Day 3

- 8:00 am Morning briefing on avalanche/weather for the day
- 9:00 am Space Bear Big Air - see the “Contest Format” section for more info
- Spend the day exploring the zone, getting soul turns, capturing moments with the homies while enjoying the backcountry terrain
- 5:00-7:00 pm tear down and head out

March 4 - Wrap up Dinner 9pm @ Bloom Night Club, Nelson

- There will be a wrap up party at Bloom in Nelson this evening
- There will be the announcement of the contest winners/ slideshow of photos/ and highlights video put together
- There will be live music as well as some prize giveaways
- Drinks will not be provided by Soulines but they will have a full bar to choose from.
- 1030pm we will be holding a after party down at Bloom Nightclub with live music. Artists TBA

Contest Format

Big Line Contest

- This is a one-day contest that will be judged by a panel of Judges located at Base Camp. 40 spots in total Mens Ski/Board, Womens Ski/Board
- The runs will be judged as your overall line top to bottom. Every aspect will be considered. Line choice (creativity), Technicality, Pace and most importantly Style and Expression through this Technical Canvas.
- Cash Prizing
 - o All categories
 - 1st Place - **\$700**
 - 2nd Place - **\$500**
 - 3rd Place - ***Gear (Sponsor prizing)***

Space Bear Big Air

- This contest sponsored by **Space Bear Company**
- **\$3000** Best Big Air. Half (**\$1500**) will go to the rider and half will be a charitable donation to a charity of the rider's choice.
- We will be spreading out our filmers into the zone with one per "hotspot" or in a place where there are a good amount of interest by the riders to ride. Groups of riders will then ride the sections chosen and compile shots that will later gather edit and make individual clips
- The judging format will be announced at the event
- You must sign up the night before to enter this contest and we will set you up with a crew to go out with

Photo Contest

- Every participant is encouraged to get involved with the photo contest. It's going to be an open format running all weekend where you get to go out with your crew and capture moments that express and highlight how you express yourself in the technical terrain that is accessible. Capture the moment and submit the moment captured. We will also have out professional photographers out there getting shots
- There will be 3 categories for submissions
 - o Most Soul - Sponsor Prizing
 - o Most Air - Sponsor Prizing
 - o Most Style - Sponsor Prizing
- Each category's prizing will be split between the photographer that captured the moment and the rider that's captured in the moment.
- Entry will be submitted via dropbox or google drive
- When the event is over you will have the week to submit your photos ending March 10th.
- Each participant can submit one photo for each category
- A judging format will be announced at the event

Maps

Maps will be provided to all participants once registration is confirmed. These maps will include:

- Google map of Beggs Rd/ Parking / Trailhead
- Google Earth maps of the entire zone
- Pictures of the contest venue and other terrain in the zone

Get stoked cause this is where

Passion Drives Progression



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